



CDC's Public Health Grand Rounds Presents:

“Preventing Suicide: A Comprehensive Public Health Approach”

Tuesday, September 15, 2015

1:00 p.m. – 2:00 p.m., EDT

Global Communications Center (Building 19)

Alexander D. Langmuir Auditorium

Roybal Campus

Suicide is preventable and is a significant public health issue. In 2013, there were over 41,000 suicides in the United States – an average of 113 each day. Each suicide takes a substantial toll on individuals, families and communities. The medical costs and lost wages associated with suicide are estimated to be \$44.6 billion per year. These numbers underestimate the severity of the problem. In the United States, for every one suicide there are 25 attempted suicides. In 2013, over 494,000 people were treated in US emergency departments for self-inflicted injuries. In addition, many more people struggle with thoughts of suicide. During 2008–2009, over 8 million adults reported having suicidal thoughts in the previous year and 2.2 million adults reported having made suicide plans.

The risk for suicidal behavior is complex. People of all genders, ages, and ethnicities can be at risk for suicide but some groups are at higher risk than others. Men are about four times more likely than women to die from suicide. However, women are more likely to express suicidal thoughts and to make nonfatal attempts than men. In the past, suicide was addressed by providing mental health services to people who were already experiencing or showing signs of suicidal thoughts or behavior. While such services are critical, preventing suicide at a national level will require approaches that go beyond mental health issues to address broader family, community, and societal issues.

This session of Grand Rounds discusses the strategies needed to promote broader awareness of suicide and the role that public health can play in identifying factors that reduce the risk of suicide, and in promoting actions and programs that protect people from engaging in suicidal behavior.

Presented By:

Alex Crosby, MD, MPH

*Chief, Surveillance Branch, Division of Violence Prevention
National Center for Injury Prevention and Control, CDC*

“Suicide: An Urgent Public Health Problem”

Eric D. Caine, MD

*Professor and Chair, Department of Psychiatry
Director, Injury Control Research Center for Suicide Prevention*

University of Rochester Medical Center

“Implementing Promising Suicide Prevention Approaches While Enhancing the Evidence Base”

Jarrold Hindman, MS

Violence and Suicide Prevention Section Manager, Prevention Services Division

Colorado Department of Public Health and Environment

“Using Data to Increase Awareness and Prevention of Suicide: Colorado’s Public Health Approach”

Jerry Reed, PhD, MSW

Director, Suicide Prevention Resource Center

Co-Director, Injury Control Research Center for Suicide

Vice President, Education Development Center

“Progress, Partnerships, and Optimism in Preventing Suicide”

Facilitated By:

John Iskander, MD, MPH, Scientific Director, Public Health Grand Rounds

Phoebe Thorpe, MD, MPH, Deputy Scientific Director, Public Health Grand Rounds

Susan Laird, MSN, RN, Communications Director, Public Health Grand Rounds

Continuing Education for Grand Rounds

ALL Continuing Education hours for Public Health Grand Rounds (PHGR) are issued online through the [CDC/ATSDR Training and Continuing Education Online system](#). If you have questions, [e-mail](#) or call Learner Support at 1-800-418-7246 (1-800-41TRAIN).

Those who attend PHGR either in person, Envision, IPTV, or “web on demand” and who wish to receive continuing education must complete the online seminar evaluation. Thirty days from the initial seminar the course number will change to WD2346 and will be available for continuing education until February 18, 2016. The course code for PHGR is **PHGR10**.

Target Audience: Physicians, nurses, epidemiologists, pharmacists, veterinarians, certified health education specialists, laboratorians, others

Objectives:

1. List key measures of burden of disease involving morbidity, mortality, and/or cost.
2. Describe evidence-based preventive interventions and the status of their implementations.
3. Identify one key prevention science research gap.
4. Name one key indicator by which progress and meeting prevention goals is measured.

CE certificates can be printed from your computer immediately upon completion of your online evaluation. A cumulative transcript of all CDC/ATSDR CE’s obtained through the TCE Online System will be maintained for each user. We hope that this will assist CDC staff and other public health professionals to fulfill the requirements for their professional licenses and certificates.

For Continuing Medical Education for Physicians (CME):

The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

The Centers for Disease Control and Prevention designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For Continuing Nursing Education for Nurses (CNE):

The Centers for Disease Control and Prevention is accredited as a provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 1.0 contact hours.

For Continuing Education Contact Hours in Health Education (CECH):

Sponsored by the *Centers for Disease Control and Prevention*, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) to receive up to **1.0** Category I CECH in health education. CDC provider number **GA0082**.

IACET Continuing Education Units (CEU):

The CDC has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102. The CDC is authorized by IACET to offer **0.1** ANSI/IACET CEU's for this program.

For Continuing Pharmacy Education (CPE):



(For EV2346 (SC) - live course)

The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is a designated event for pharmacists to receive 1.0 Contact Hours in pharmacy education. The Universal Activity Number is 0387-0000-15-082-L04-P.

(For WD2346 -Web on demand)

The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is a designated event for pharmacists to receive 1.0 Contact Hours in pharmacy education. The Universal Activity Number is 0387-0000-15-082-H04-P.

Course Category: This activity has been designated as knowledge-based.

There is no cost for this program.

In compliance with continuing education requirements, all presenters must disclose any financial or other associations with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters as well as any use of unlabeled product(s) or product(s) under investigational use. CDC, our planners, and the presenters for this seminar do not have financial or other associations with the manufacturers of commercial products, suppliers of commercial services, or commercial

supporters. This presentation does not involve the unlabeled use of a product or product under investigational use. CDC does not accept commercial support.