



# Get vaccinated. Get your smartphone. Get started with v-safe.

## What is v-safe?

**V-safe** provides personalized and confidential health check-ins via text messages and web surveys so you can quickly and easily share with CDC how you or your dependent feel after getting a COVID-19 vaccine. It takes just a few minutes to enroll and your participation in **v-safe** helps us monitor the safety of COVID-19 vaccines for everyone.

## V-safe features:

- **Enroll your dependents** and complete check-ins on their behalf
- **Enter** and report how you feel after **first, second, additional, and booster doses**

## How can I enroll and how does it work?

You can enroll in **v-safe** after any dose of COVID-19 vaccine by using your smartphone and going to [vsafe.cdc.gov](https://vsafe.cdc.gov).

During the first week after each vaccination, **v-safe** will send you a text message each day to ask how you are feeling. After that, you will receive occasional check-ins, which you can opt out of at any time. Depending on your answers, someone from CDC may call to get more information. Your personal information in **v-safe** is protected so it's safe and private\*.

## How can I enroll my child or dependent?

You can enroll any family member (or friend) who is eligible to be vaccinated in **v-safe**. Children under 16 years old must be enrolled using a parent or guardian's **v-safe** account. You can add a dependent to your existing account or create a new account if you don't have one yet. Creating an account to enroll a dependent does not require that you enter your own vaccination information or complete health check-ins for yourself.

Need step-by-step instructions? Go to: [www.cdc.gov/vsafe](https://www.cdc.gov/vsafe)



Sign up with your  
smartphone's browser  
at [vsafe.cdc.gov](https://vsafe.cdc.gov)

OR

Aim your smartphone's  
camera at this code



**Need help with v-safe?**  
Call 800-CDC-INFO (800-232-4636)  
TTY 888-232-6348  
Open 24 hours, 7 days a week  
Visit [www.cdc.gov/vsafe](https://www.cdc.gov/vsafe)

\***v-safe** uses existing information systems managed by CDC, FDA, and other federal agencies. These systems use strict security measures to keep information confidential. These measures comply, where applicable, with the following federal laws, including the Privacy Act of 1974; standards enacted that are consistent with the Health Insurance Portability and Accountability Act of 1996 (HIPAA); the Federal Information Security Management Act, and the Freedom of Information Act.

