A safe and effective COVID-19 vaccine is now available.

I didn’t see you at all yesterday! Where were you?

I worked late at the daycare. After work, I went straight over to the clinic to get my COVID-19 vaccine.

I was a little nervous, so I called my brother. He’s a doctor at the family health clinic. He said I might have a sore arm, get tired, have chills or get a mild fever.

These won’t last long—just a few days—and it’s a sign that the vaccine is working!

You got your vaccine?! Were you afraid?

But these vaccines are so new! Are they safe?

I learned from my brother and the nurse at the clinic that the vaccines are tested very carefully to make sure they are safe and effective.
They also told me to check out the updates on the CDC website—you know, the Centers for Disease Control and Prevention. They’re the experts on this stuff.

Here, I’ll text you the link. Take a look for yourself!

I do want to travel and see my family again. And not miss work!

I was thinking the same thing! That’s why I got my shot as soon as it was available to me.

Wait—why are you still wearing a mask after getting the vaccine?

I get why that could be confusing. My brother said that, for now, it’s important to keep using all the tools we have.

I had no idea. I guess I need to check out the website to really understand more—and get my vaccine, too!

I’m way past ready to have our Friday lunches again!

Important Ways to Protect Yourself and Others Against COVID-19:

- Get the COVID-19 vaccine when available.
- Wear a mask that covers your mouth and nose.
- Stay at least 6 feet (about 2 arm lengths) from others who don’t live with you.