Safe and effective COVID-19 vaccines are now available.

I worked late at the daycare. After work, I went straight over to the clinic to get my COVID-19 vaccine.

I didn’t see you at all yesterday! Where were you?

You got your vaccine?! Were you afraid?

I was a little nervous, so I called my brother. He’s a doctor at the family health clinic.

He said I might have pain or redness on my arm, get tired, have chills, or get a mild fever.

But these vaccines are so new! Are they safe?

I learned from my brother and the nurse at the clinic that the vaccines are tested very carefully to make sure they are safe and effective.

These won’t last long—just a few days—and they are normal signs that my body is building protection!
They also told me to check out the updates on the CDC website—you know, the Centers for Disease Control and Prevention. They’re the experts on this stuff.

Here, I’ll text you the link. Take a look for yourself!

I do want to travel and see my family again. And not miss work!

I was thinking the same thing! That’s why I got my shot as soon as I could.

Wait—why are you still wearing a mask after getting the vaccine?

I got a single-dose vaccine, so I will be considered fully vaccinated in 2 weeks. Until then, I need to keep taking precautions to protect myself and others.

I had no idea. I guess I need to check out the website to really understand more—and get my vaccine, too!

I’m way past ready to have our Friday lunches again!

Important Ways to Protect Yourself and Others Against COVID-19:

Get a COVID-19 vaccine as soon as you can.

Until you are fully vaccinated, take all precautions, including:

- Wear a mask that covers your mouth and nose.
- Stay at least 6 feet (about 2 arm lengths) from others who don’t live with you.

https://cdc.gov/vaccines/covid-19