CDC Workplace Health Model

www.cdc.gov/workplacehealthpromotion/model/index.html

Assessment

Planning/Implementation

Evaluation

Individual (e.g. demographics, health risks, use of services)

Organizational (e.g. current practices, work environment, infrastructure)

Community (e.g. transportation, food and retail, parks and recreation)

Programs (e.g. education and counseling)

Policies (e.g. organizational rules)

Health Benefits (e.g. insurance, incentives)

Environmental Support (e.g. access, opportunity, physical/social)

Worker Productivity (e.g. absenteeism, presenteeism)

Healthcare Costs (e.g. quality of care, performance standards)

Improved Health Outcomes (e.g. reduced disease and disability)

Organizational Change “Culture of Health” (e.g. morale, recruitment, retention, alignment of health and business objectives)

Workplace Governance (e.g. leadership support, dedicated resources, health improvement plan, staffing, partners/vendors, communications, informatics)

Contextual Factors (e.g. company size, company sector, capacity, geography)