

**Table 16D**  
**2007 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Nation**  
**Summary of Trends in Maternal Health Indicators**

Summary of Trends in Maternal Health Indicators <sup>(2)</sup>										
Year	Prepregnancy BMI <sup>(3)</sup>			Weight Gain <sup>(4)</sup>			Anemia (Low Hb/Hct) <sup>(5)</sup>			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
2007	1,175,574	10.9	44.5	922,658	25.0	42.8	180,176	33.5	414,735	29.8
2006	1,081,550	11.2	43.7	872,976	24.8	43.1	161,665	32.2	359,221	29.2
2005	802,205	11.4	44.0	662,736	25.8	43.3	125,168	31.2	278,233	29.4
2004	793,629	11.8	43.2	643,206	25.6	43.6	128,870	30.8	263,784	28.8
2003	698,707	12.1	43.0	595,532	25.2	44.1	102,837	30.6	260,650	29.4
2002	659,747	12.6	42.2	552,961	25.7	43.1	102,684	31.3	243,271	28.2
2001	668,632	13.0	41.5	556,591	25.8	43.3	97,910	29.4	253,388	29.2
2000	683,844	13.7	40.5	556,545	25.9	42.9	110,322	29.7	262,307	28.0
1999	627,258	14.1	39.9	506,860	28.4	41.3	99,312	29.9	245,079	27.1
1998	555,609	14.4	38.9	482,921	33.1	37.5	84,916	29.3	226,374	27.4
1997	482,982	15.0	37.7	411,596	34.6	35.9	80,380	28.1	203,395	26.5
1996	429,582	16.0	36.1	357,766	32.1	36.4	64,317	27.5	179,275	26.0
1995	436,109	16.4	35.1	364,363	31.1	37.8	65,267	30.2	194,313	30.8
1994	299,803	16.2	34.6	257,442	27.9	38.7	49,675	28.8	81,101	33.8
1993	240,411	17.4	32.7	209,213	32.1	32.3	45,249	25.9	94,668	30.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

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	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
1992	296,407	17.0	32.4	171,013	35.0	33.2	72,352	26.5	97,895	28.2
1991	178,457	19.0	30.8	110,861	32.7	36.0	58,562	29.5	95,789	26.9
1990	203,989	19.4	30.1	118,756	33.8	36.0	66,735	29.8	128,660	29.8
1989	217,654	18.9	29.8	104,495	35.6	32.0	56,952	30.5	110,334	29.7
1988	104,859	19.7	29.5	17,690	36.5	33.2	31,911	29.8	50,181	29.1
1987	97,794	20.1	28.7	0	*	*	27,379	29.5	54,324	27.4
1986	71,338	20.5	27.1	0	*	*	22,013	29.1	41,361	27.4
1985	64,836	20.6	26.8	0	*	*	21,031	28.3	39,241	25.5
1984	76,745	21.4	26.1	0	*	*	24,115	29.5	45,248	29.6
1983	30,748	21.9	24.2	0	*	*	10,064	26.5	17,933	30.8

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