

**1**

## FITTING INSTRUCTIONS:

### Step 1

Hold respirator in your hand as shown, with the nosepiece at your fingertips and the headbands hanging freely below your hand.

**2**

### Step 2

Unfold the respirator (as shown) by pulling the top part (with foam and metal nosepiece) up and the bottom part down so the respirator is all the way open. Put the respirator against your face, with the bottom part under your chin and top part across your nose. Pull the top headband over your head and place it at the top back of your head. Then, pull the bottom headband over your head and place it behind your ears. Use your hands to bend the metal nosepiece to fit against firmly against your nose and face.

**3**

### Step 3

To fit check: a) cup both hands over the mask being careful not to disturb position, b) inhale vigorously, c) exhale vigorously. If air leaks around the edges during inhalation or exhalation, re-position the straps or adjust strap tension to better fit. Repeat (a), (b) and (c). If there are still noticeable leaks then this mask may not be suitable for you and we advise you to seek another style from our range.

**4**

### Step 4

Careful observance of these fitting instructions is an important step in safe respirator use.

### Caution:

The respirator should be fit checked for each wearing. Place both hands completely over the respirator and exhale. If air leaks around nose or the edges, adjust the nosepiece and/or headbands until a good fit is achieved.