



### What is the problem?

The 2009 San Bernardino Youth Risk Behavior Survey indicates that among high school students:

#### Sexual Risk Behaviors

- 49% ever had sexual intercourse.
- 7% had sexual intercourse for the first time before 13 years.
- 14% had sexual intercourse with four or more persons during their life.
- 36% had sexual intercourse with at least one person during the 3 months before the survey.
- 40% did not use a condom during last sexual intercourse. (1)
- 90% did not use birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy. (1)
- 19% were never taught in school about AIDS or HIV infection.

#### Alcohol and Other Drug Use

- 22% drank alcohol or used drugs before last sexual intercourse. (1)
- 2% used a needle to inject any illegal drug into their body one or more times during their life.

### What are the solutions?

Better health education • More comprehensive health services • More supportive policies

### What is the status?

The 2008 San Bernardino School Health Profiles indicates that among high schools:

#### Health Education

- 20% required students to take two or more health education courses.
- 40% taught 8 key pregnancy, HIV, or other STD prevention topics in a required course.
- 60% taught 3 key topics related to condom use in a required course.
- 80% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 40% had a lead health education teacher who received professional development during the two years before the survey on HIV prevention.
- 0% had a lead health education teacher who received professional development during the two years before the survey on pregnancy prevention.

#### Health Services

- 29% had a full-time registered nurse.

#### Supportive Policies

- 83% had policies on students or staff who have HIV infection or AIDS that addressed attendance of students with HIV infection, procedures to protect HIV-infected students and staff from discrimination, and maintaining confidentiality of HIV-infected students and staff.
- 71% had a gay/straight alliance or similar club.

1. Among students who were currently sexually active.

Where can I get more information? Visit [www.cdc.gov/healthyouth](http://www.cdc.gov/healthyouth) or call 800-CDC-INFO (800-232-4636).

