

# Fact Sheet

## Tobacco-Use Prevention

From CDC’s School Health Policies and Programs Study (SHPPS) 2000

### About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the *Journal of School Health*, Volume 71, Number 7, September 2001.

### School Policy and Environment

A “tobacco-free environment” exists if the state, district, or school has a policy prohibiting cigarette, cigar, and pipe smoking, and smokeless tobacco use by students, faculty, staff, and visitors; the policy prohibits tobacco use in school buildings, on school grounds, in school buses or other vehicles used to transport students, and at off-campus, school-sponsored events.

- “Tobacco-free environment” policies exist in 24.5% of states, 45.5% of districts, and 44.6% of schools.

### Health Services

- 19.6% of states and 59.8% of districts require that districts or schools provide one-on-one or small-group discussions on tobacco-use prevention to students when needed (not including classroom instruction).
- 10.0% of states and 42.0% of districts require districts or schools to provide tobacco-use cessation to students when needed.
- 34.3% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on tobacco-use prevention to students when needed, and 29.0% have arrangements to provide tobacco-use cessation.

### Percentage of Schools Providing One-on-One or Small-Group Discussions on Tobacco-Use Prevention and Percentage of Schools Providing Tobacco-Use Cessation, by School Level

Service provider	Tobacco-Use Prevention <sup>1</sup>			Tobacco-Use Cessation		
	Elementary schools	Middle/junior high schools	Senior high schools	Elementary schools	Middle/junior high schools	Senior high schools
School health services staff <sup>2</sup>	47.2	45.0	52.7	N/A <sup>3</sup>	29.2	42.0
School mental health or social services staff <sup>2</sup>	64.5	70.2	70.4	N/A	61.7	66.9
Organizations or professionals outside the school	29.3	23.8	32.5	N/A	21.1	28.6

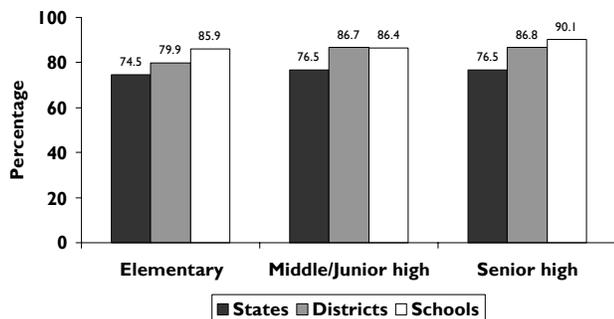
<sup>1</sup>Not including classroom instruction.

<sup>2</sup>As part of standard school health services.

<sup>3</sup>Data not available—question not asked at this level.

## Health Education

**Percentage of States, Districts, and Schools Requiring Tobacco Use Prevention Education, by School Level**



### During the two years preceding the study:

- 84.0% of states and 59.5% of districts provided funding for or offered staff development on tobacco-use prevention education to health education teachers.
- 22.0% of elementary school classes, 35.1% of required health education courses in middle/junior high schools, and 31.5% of required health education courses in senior high schools had a teacher who received staff development on tobacco-use prevention education.
- Among teachers of required health education, elementary school teachers who provided tobacco-use prevention education spent a median of 3 hours per school year teaching the topic, middle/junior high school teachers spent a median of 4 hours, and senior high school teachers spent a median of 5 hours.

**Percentage of Schools Teaching Topics and Skills Related to Tobacco-Use Prevention in at Least One Required Class or Course, by Topic and Skill**

	All schools	Elementary schools	Middle/junior high schools	Senior high schools
<b>Topic</b>				
Influence of the media on tobacco use	88.0	82.9	93.5	96.2
Risks of cigar and pipe smoking	71.1	69.3	71.8	76.5
Short-term health consequences of cigarette smoking	94.8	93.2	96.7	97.1
Short-term health consequences of smokeless tobacco use	73.5	65.6	80.8	88.1
Social or cultural influences on tobacco use	80.2	76.5	83.1	88.2
<b>Skill</b>				
Communication skills to avoid tobacco use	93.4	93.6	95.7	88.5
Decision-making skills to avoid tobacco use	95.0	94.4	97.6	93.0
Goal-setting skills to avoid tobacco use	58.1	49.7	66.4	73.0
Resisting peer pressure to use tobacco	95.2	94.6	97.7	92.5

**For additional information** on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 888-231-6405, <http://www.cdc.gov/shpps>.