

What is the problem?

The 2007 Iowa Youth Risk Behavior Survey indicates that among high school students:

Sexual Risk Behaviors

- 43% ever had sexual intercourse.
- 4% had sexual intercourse for the first time before age 13 years.
- 13% had sexual intercourse with four or more persons during their life.
- 34% were currently sexually active. (1)
- 34% did not use a condom during last sexual intercourse. (2)

Alcohol and Other Drug Use

- 18% drank alcohol or used drugs before last sexual intercourse. (2)
- 1% used a needle to inject any illegal drug into their body one or more times during their life.

What are the solutions?

Better health education • Supportive policies

What is the status?

The 2008 Iowa School Health Profiles indicates that among middle schools and high schools:

Health Education

- 46% required students to take two or more health education courses.
- 51% taught 11 key pregnancy, HIV, or STD prevention topics in a required course during grades 6, 7, or 8.
- 68% taught 8 key pregnancy, HIV, or STD prevention topics in a required course during grades 9, 10, 11, or 12.
- 57% taught 3 key topics related to condom use in a required course during grades 9, 10, 11, or 12.
- 81% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 28% had a lead health education teacher who received professional development during the two years before the survey on HIV prevention.

Supportive Policies

- 53% had policies on students or staff who have HIV infection or AIDS that addressed attendance of students with HIV infection, procedures to protect HIV-infected students and staff from discrimination, and maintaining confidentiality of HIV-infected students and staff.
- 15% had a gay/straight alliance or similar club.

1. Had sexual intercourse with at least one person during the 3 months before the survey.
2. Among students who were currently sexually active.

Where can I get more information? Visit www.cdc.gov/healthyouth or call 800 CDC INFO (800 232 4636).



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION

