

Handanhy Donning Instructions (Horizontal Fold-Flat Masks)

FITTING INSTRUCTIONS

To be followed each time respirator is worn.

1. Hold the respirator horizontally and pull open with nose piece on top.
2. Cup the respirator firmly against your face with the nosepiece on the bridge of your nose.
3. Stretch and pull the lower headband over the head and position below your ears. Stretch and pull the top headband on the back of your head above your ears.
4. Press soft metal or plastic nosepiece to conform snugly around your nose.
5. To test fit, cup both hands over the respirator and exhale vigorously. If air flows around your nose, tighten the nosepiece. If air leaks around the edges, reposition the headband for better fit.
6. Change respirator immediately if breathing becomes difficult or respirator becomes damaged or distorted, or a proper face fit cannot be maintained. Careful observance of these instructions is an important step in safe respirator use.

If you **CANNOT** achieve a proper fit, **DO NOT** enter the contaminated area. See your supervisor.



REMOVAL INSTRUCTIONS

1. Remove the top strap from crown of head and rest it on chest.
2. Grab strap around neck and pull over head.