



### What is the problem?

The 2009 Arizona Youth Risk Behavior Survey indicates that among high school students:

#### Sexual Risk Behaviors

- 49% ever had sexual intercourse.
- 6% had sexual intercourse for the first time before 13 years.
- 14% had sexual intercourse with four or more persons during their life.
- 34% had sexual intercourse with at least one person during the 3 months before the survey.
- 40% did not use a condom during last sexual intercourse. (1)
- 81% did not use birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy. (1)
- — were never taught in school about AIDS or HIV infection.

#### Alcohol and Other Drug Use

- 22% drank alcohol or used drugs before last sexual intercourse. (1)
- 2% used a needle to inject any illegal drug into their body one or more times during their life.

### What are the solutions?

Better health education • More comprehensive health services • More supportive policies • More family involvement

### What is the status?

The 2010 Arizona School Health Profiles indicates that among high schools:

#### Health Education

- 33% required students to take 2 or more health education courses.
- 67% had a health education curriculum that addresses all 8 national standards for health education.
- 57% taught 8 key pregnancy, HIV, or other STD prevention topics in a required course.
- 24% taught 4 key topics related to condom use in a required course.
- 100% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 0% had a lead health education teacher who received professional development during the 2 years before the survey on HIV prevention.
- 0% had a lead health education teacher who received professional development during the 2 years before the survey on pregnancy prevention.

#### Health Services

- 41% had a full-time registered nurse who provides health services to students at school.

#### Supportive Policies

- 100% had a gay/straight alliance or similar club.
- 4% provided curricula or supplementary materials and engaged in 5 practices related to lesbian, gay, bisexual, transgendered, or questioning (LGBTQ) youth.

#### Family Involvement

- 19% provided parents and families health information to increase parent and family knowledge of HIV prevention, STD prevention, or teen pregnancy prevention.

1. Among students who were currently sexually active.  
- Data not available.

Where can I get more information? Visit [www.cdc.gov/healthyyouth](http://www.cdc.gov/healthyyouth) or call 800-CDC-INFO (800-232-4636).