

## **Health Services**

Has a district health services (HSV)	•
coordinator  Requires each school to have an HSV	
coordinator	0
Requires schools to provide the following hea	Ith services when needed:
Administration of fluoride rinses	0
Administration of medications	•
Administration of sports physicals	•
Alcohol- or other drug-use treatment	•
Application of dental sealants	0
Assistance with accessing benefits for	
students with disabilities	•
Assistance with enrolling in Medicaid	
or SCHIP⁴	•
Assistance with enrolling in WIC <sup>5</sup> or	_
accessing food stamps or food banks	•
Cardiopulmonary resuscitation (CPR)	•
Case management for students with	
chronic health conditions	•
Case management for students with	_
disabilities	•
Counseling for emotional or behavioral	_
disorders	•
Crisis intervention for personal	_
problems	•
Eating disorders treatment	•
First aid	•
HIV counseling, testing, and referral	•
Identification of emotional or	_
behavioral disorders	•
Identification of or referral for physical,	_
sexual, or emotional abuse	•
Identification of or referrals for oral	•
health problems	•
Identification or school-based	
management of acute illnesses	•
Identification or school-based	
management of chronic health	•
conditions	
Identification or treatment of STDs	0
Immunizations	•
Instruction on self-management of	•
chronic health conditions	•
Prenatal care referrals	•
Referrals for after-school programs	•
Referrals for child care for teen	
mothers	•
Services for gay, lesbian, or bisexual	
students	<u> </u>



	•	
Stress management	•	
Tobacco-use cessation	•	
Tracking of students with chronic		
health conditions		
Weight management	•	
Requires schools to provide the following pre	vention services:	
Alcohol- or other drug-use prevention	•	
HIV prevention	•	
Injury prevention and safety		
counseling	_	
Nutrition and dietary behavior		
counseling	_	
Physical activity and fitness counseling	•	
Pregnancy prevention	•	
STD prevention	•	
Suicide prevention	•	
Tobacco-use prevention	•	
Violence prevention	•	
Requires the following immunizations or vacc	inations for entry into kinde	rgarten or first grade:
Chicken pox (varicella)	•	
Diphtheria	•	
Haemophilus influenzae type B	•	
Hepatitis B	•	
Influenza	•	
Measles-containing	•	
Polio	•	
Tetanus	•	
Requires the following immunizations or vacc	inations for entry into middl	e school and high
school:	•	3
	Middle School	High School
Chicken pox (varicella)	0	0
Hepatitis A	0	0
Hepatitis B	•	•
Second measles-containing	•	•
Tetanus booster	•	•
Requires schools to make condoms		
available to students	0	
Has adopted a policy related to who may		
administer medications to a student at	•	
school		
Requires the following documentation before	school staff may administe	r medication:
Written information on possible side-		
effects	_	
Written instructions from the physician	•	
Written request from the parent or		
guardian	_	
Allows students to carry and self-administer t	he following medications:	
Epinephrine auto-injector	ne renewing meandanens.	
	•	
Insulin or other injected medications		
	•	



Prescription quick-relief inhaler	•
	niversal precautions be available in the following
locations:	·
In all classrooms	•
In the gymnasium, on playgrounds, or	•
on playing fields	•
On school buses or in other vehicles	
used to transport students	•
	infection or acquired immunodeficiency syndrome
(AIDS) to engage in the following activities as	s long as they are able:
Attend classes	•
Participate in school sports	•
Participate in any other school	
activities	•
Requires schools to allow teachers and	
staff with HIV infection or AIDS to work as	•
long as they are able	
Requires schools to:	·
Complete injury reports	•
Complete illness reports	•
Requires schools to screen students for the f	ollowing health problems:
Hearing problems	•
Height and weight or body mass	
problems	•
Oral health problems	0
Scoliosis	•
Vision problems	•
Specifies a maximum student-to-school	0
nurse ratio	Č
Requires at least one full-time school nurse	0
per school	Ü
Requires school nurse participation in	_
Individualized Education Programs (IEPs)	•
when indicated	
Requires school nurse participation in	•
Individualized Health Plans (IHPs)	-
Requires school nurse participation in 504	•
plans when indicated	-
Requires health services staff to follow "Do	0
Not Resuscitate" (DNR) orders	
Has schools that serve as Medicaid	
providers by providing health services to	•
students	
Has school-based health centers (SBHCs)	
that serve as Medicaid providers by	•
providing health services to students	
Provides funding for any school-based	•
health centers	
Requires minimum education level for	NA <sup>6</sup>
newly hired school nurses	



Requires newly hired school nurses to have the following licenses and certifications:		
LPN license	0	
RN license	0	
National certification from the National		
Board for Certification of School	0	
Nurses		
State school nurse certification	0	
Provided funding for staff development or offer	ered staff development to school nurses during the	
past two years on the following health service		
Accessing benefits for students with		
disabilities	•	
Administration of fluoride rinses	0	
Administration of medications	•	
After-school programs	•	
Alcohol- or other drug-use treatment	•	
Application of dental sealants	0	
Case management for students with		
chronic health conditions	•	
Case management for students with		
disabilities	•	
Child care options for teen mothers	•	
Counseling for emotional or behavioral		
disorders	•	
CPR	•	
Crisis intervention for personal		
problems	•	
Eating disorders treatment	•	
Emergency preparedness	•	
Enrollment in WIC or accessing food		
stamps or food banks		
Enrollment in Medicaid or SCHIP	•	
Federal laws that protect the privacy of		
student health information		
First aid	•	
Foodborne illness outbreak detection	•	
and response		
HIV counseling, testing, and referral	•	
Identification of emotional or behavioral	•	
disorders	-	
Identification of or referral for physical,	•	
sexual, or emotional abuse		
Identification or school-based	•	
management of acute illnesses		
Identification or school-based	•	
management of chronic illnesses		
Identification or treatment of STDs	•	
Immunizations	•	
Infectious disease prevention	•	
Oral health problems	•	
Prenatal care referrals		



Services for gay, lesbian, or bisexual	_
students	•
Sports physicals	•
Stress management	•
Teaching self-management of chronic	
health conditions	•
Tobacco-use cessation	•
Tracking of students with chronic	_
health conditions	•
Weight management	•
Provided funding for staff development or offer	ered staff development to school nurses during the
past two years on the following prevention se	
Alcohol- or other drug-use prevention	•
HIV prevention	•
Injury prevention and safety counseling	•
Nutrition and dietary behavior	
counseling	•
Physical activity and fitness counseling	•
Pregnancy prevention	•
STD prevention	•
Suicide prevention	•
Tobacco-use prevention	•
Violence prevention	•
	ered staff development to teachers or other school
staff during the past two years on the following	ng health topics:
HIV infection or AIDS	•
Severe food or other allergies	•
Chronic health conditions	•
Infectious disease prevention	•
Provides model policies to schools on the foll	owing health topics:
HIV infection or AIDS	•
Severe food or other allergies	•
Chronic health conditions	•
Infectious disease prevention	•
	health services program during the past two years:
Quality of school health services	
program	•
School health services policies	•
School health services staff	
development or in-service programs	



This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes district-level data collected during the School Health Policies and Programs Study (SHPPS) 2006 from each of the 22 local education agencies funded by the Division of Adolescent and School Health. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.

## **Footnotes**

1	Unless otherwise indicated,
	• Yes
	O No
	NA Not Applicable
	? Incomplete Data
2	
2	Requires
	Recommends or Encourages
	O Neither Requires, Recommends, nor Encourages
	? Incomplete Data
3	<ul><li>Prohibits</li></ul>
	Discourages
	Neither Prohibits nor Discourages
	? Incomplete Data

SCHIP is the State Children's Health Insurance Program.

5

WIC is the Special Supplemental Food Program for Women, Infants, and Children.



6	•	Associate's Degree in Nursing

- Undergraduate Degree in Nursing
- ●●● Graduate Degree in Nursing
- Associate's Degree in Any Field
- OO Undergraduate Degree in Any Field
- OOO Graduate Degree in Any Field
- NA Not Applicable
- ? Incomplete Data
- Undergraduate Degree in Specific Field
  - Master's Degree in Specific Field
  - ●●● Doctoral Degree in Specific Field
  - Undergraduate Degree in Any Field
  - OO Master's Degree in Any Field
  - OOO Doctoral Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data
- High school diploma or GED
  - Associate's degree in nutrition or a related field
  - ••• Undergraduate degree in nutrition or a related field
  - Graduate degree in nutrition or a related field
  - NA Not Applicable
  - ? Incomplete Data
- Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - O No
  - ? Incomplete Data
- Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.





- Both on School Property and at Off-Campus, School-Sponsored Events
  - On School Property Only
  - O Neither on School Property nor at Off-Campus, School-Sponsored Events
  - ? Incomplete Data
- Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - O Not Required on Any Faculty or Staff
  - ? Incomplete Data