

**Table 2D**  
**2007 Pregnancy Nutrition Surveillance** (1)  
**Nation**  
**Summary of Health Indicators**

Summary of Health Indicators (2)		
	National Prevalence	
	Number	%
Prepregnancy BMI (3)		
Underweight	1,175,574	10.9
Normal Weight	1,175,574	44.6
Overweight	1,175,574	15.1
Obese	1,175,574	29.4
Maternal Weight Gain (4)		
Less Than Ideal	922,658	25.0
Ideal	922,658	32.2
Greater Than Ideal	922,658	42.8
Anemia (Low Hb/Hct) (5)		
1st Trimester	377,717	7.1
2nd Trimester	343,815	11.5
3rd Trimester	180,176	33.5
Postpartum	414,735	29.8
Parity (6)		
0	966,532	45.6
1	966,532	25.9
2	966,532	15.3
≥ 3	966,532	13.2
Interpregnancy Interval		
< 6 Months	606,104	13.0
6 - <18 Months	606,104	26.8
≥18 Months	606,104	60.3
Gestational Diabetes	230,547	3.9
Hypertension During Pregnancy	280,574	4.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI < 19.8), normal weight (BMI 19.9 to 26.0), overweight (BMI >26.0 to 29.0), obese (BMI >29.0).

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

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	National Prevalence	
	Number	%
Medical Care		
1st Trimester	612,462	79.4
No Care	612,462	4.7
WIC Enrollment		
1st Trimester	1,034,046	31.3
2nd Trimester	1,034,046	35.1
3rd Trimester	1,034,046	18.2
Postpartum (3)	1,034,046	15.4
Prepregnancy Multivitamin Consumption (4)	98,170	15.7
Multivitamin Consumption During Pregnancy (5)	238,509	75.9
Smoking		
3 Months Prior to Pregnancy	895,227	26.6
During Pregnancy	826,305	15.8
Last 3 Months of Pregnancy	716,629	15.8
Postpartum	688,071	18.2
Smoking Changes (6)		
Quit Smoking by First Prenatal Visit	208,650	42.0
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	161,864	35.1
Smoking in Household		
During Pregnancy	572,120	20.9
Postpartum	486,636	22.6
Drinking		
3 Months Prior to Pregnancy	998,472	7.1
Last 3 Months of Pregnancy	758,070	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

(6) Among women who smoked 3 months prior to pregnancy.

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	National Prevalence	
	Number	%
Birthweight (3)		
Very Low	1,039,036	1.1
Low	1,039,036	7.1
Normal	1,039,036	85.1
High	1,039,036	6.7
Preterm (4)	947,705	11.9
Full term Low Birth Weight (5)	856,467	3.7
Multiple Births	1,026,255	1.5
Breastfeeding		
Ever Breastfed	936,194	64.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.