

## Section C

# Psychological/ Emotional Victimization Scales



- C1. Abusive Behavior Inventory
- C2. Composite Abuse Scale (CAS)
- C3. Index of Psychological Abuse
- C4. Measure of Wife Abuse
- C5. Multidimensional Measure of Emotional Abuse
- C6. Partner Abuse Scale—Non-Physical
- C7. Profile of Psychological Abuse
- C8. Psychological Maltreatment of Women Inventory (PMWI)
- C9. Psychological Maltreatment of Women Inventory (PMWI)—Short Form
- C10. Revised Conflict Tactics Scales (CTS-2)
- C11. Safe Dates—Psychological Abuse Victimization
- C12. Women's Experiences with Battering (WEB)

## Description of Measures

Victimization Assessments					
Construct	Scale/Assessment	Characteristics*	Target Groups	Psychometrics	Developer
C. Psychological/Emotional Victimization	C1. Abusive Behavior Inventory	30-item scale with 2 subscales that measure the frequency of physical and psychological abusive behaviors. The psychological abuse subscale includes 17 items.	Females with current or former intimate partners.	Internal consistency: Psychological abuse = .88 to .92.  Evidence of convergent, discriminant, criterion, and factorial validity.	Shepard & Campbell, 1992  Copyright 1992
	C2. Composite Abuse Scale (CAS)	30-item scale with 4 subscales that measure severe combined abuse, emotional abuse, physical abuse, and harassment. The emotional abuse subscale includes 11 items.	Females with current or former intimate partners for longer than one month.	Internal consistency: Emotional abuse = .93.  Evidence of content, construct, criterion, and factorial validity.	Hegarty, Sheehan, & Schonfeld, 1999; Hegarty, Bush, & Sheehan, 2005  Copyright 1999
	C3. Index of Psychological Abuse	33-item scale that measures the degree to which assailants used ridicule, harassment, criticism, and emotional withdrawal.	Females in dating and marital relationships.	Internal consistency: .97.	Sullivan & Bybee, 1999; Sullivan, Parisian, & Davidson, 1991; O'Leary, 1999
	C4. Measure of Wife Abuse	60-item scale with 4 subscales that measure the frequency of physical, sexual, psychological, and verbal abusive behaviors. The psychological abuse subscale includes 15 items and the verbal abuse subscale includes 14 items.	Females with current or former intimate partners.	Internal consistency: Total scale = .93; Verbal abuse = .83; Psychological abuse = .94.  Evidence of convergent and factorial validity.	Rodenburg & Fantuzzo, 1993  Copyright 1993
	C5. Multidimensional Measure of Emotional Abuse	28-item scale (reduced from 54 items) that measures restrictive engulfment, hostile withdrawal, denigration, and dominance/intimidation.	College students reporting on current or past dating relationships.	Internal consistency: Restrictive engulfment = .85; Hostile withdrawal = .91; Denigration = .92; Dominance/Intimidation = .91.  Evidence of convergent and discriminant validity.	Murphy & Hoover, 1999; Murphy, Hoover, & Taft, 1999
	C6. Partner Abuse Scale—Non-Physical	25-item scale that measures the magnitude of perceived non-physical abuse received from a spouse or partner; 2 of the items assess sexual abuse.	Partners in dating, cohabiting, and marital relationships.	Internal consistency: > .90.  Evidence of content and factorial validity.	Hudson, 1997  Copyright 1992
	C7. Profile of Psychological Abuse	21-item scale that measures a wide variety of psychological abuse.	Abused females.	Internal consistency: Jealous control = .85; Ignore = .80; Ridicule traits = .79; Criticize behavior = .75.  Evidence of convergent and criterion validity.	Sackett & Saunders, 1999  Copyright 1999

## Description of Measures (continued)

Victimization Assessments					
Construct	Scale/Assessment	Characteristics*	Target Groups	Psychometrics	Developer
	C8. Psychological Maltreatment of Women Inventory (PMWI)	58-item scale that measures psychological maltreatment of women by their male intimate partners.	Females in intimate relationships.	Internal consistency: Dominance/Isolation = .95; Emotional/Verbal = .93;  Evidence of convergent, discriminant, criterion, and factorial validity.	Tolman, 1989; 1999
	C9. Psychological Maltreatment of Women Inventory (PMWI)—Short Form	14-item scale that measures psychological maltreatment of women by their male intimate partners.	Females in intimate relationships.	Internal consistency: Dominance/Isolation = .88; Emotional/Verbal = .92.  Evidence of construct, convergent, and discriminant validity.	Tolman, 1999
	C10. Revised Conflict Tactics Scales (CTS-2)	78-item scale that assesses both victimization and perpetration. The 39-item victimization scale includes 5 subscales that measure physical assault, psychological aggression, sexual coercion, negotiation, and injury between partners. The psychological aggression subscale includes 8 items that assess verbal and symbolic acts that are intended to cause fear or psychological distress.	Partners in dating, cohabiting, and marital relationships.	Internal consistency: Psychological aggression = .80 (Mechanic et al., 2000b); .82 (Lucente et al., 2001) .	Straus, Hamby, Boney-McCoy, & Sugarman, 1996; Straus, Hamby, & Warren, 2003  Copyright 2003
	C11. Safe Dates—Psychological Abuse Victimization	14-item scale that measures psychological victimization in dating relationships.	Male and female students in grades 8-9.	Internal consistency: .91.	Foshee, Linder, Bauman et al., 1996; Foshee et al., 1998
	C12. Women's Experiences with Battering (WEB)	10-item scale that measures prevalence of the battering of women.	Females with current or former male intimate partners.	Internal consistency: .91 to .99.  Evidence of convergent, discriminant, and criterion validity.	Smith, Earp, & DeVellis, 1995; Smith, Smith, & Earp, 1999; Smith, Thornton, DeVellis, Earp, & Coker, 2002  Copyright 2002

\* Scale and subscale names in characteristics column are those that scale authors use and thus are not always consistent with CDC's terminology.

# C1. Abusive Behavior Inventory

Here is a list of behaviors that many women report have been used by their partners or former partners. We would like you to estimate how often these behaviors occurred during the past six months. Your answers are strictly confidential.

CIRCLE a number for each of the items listed below to show your closest estimate of how often it happened in your relationship with your partner or former partner during the past six months.

- 1 = Never
- 2 = Rarely
- 3 = Occasionally
- 4 = Frequently
- 5 = Very Frequently

1. Called you a name and/or criticized you	1	2	3	4	5
2. Tried to keep you from doing something you wanted to do (example: going out with friends, going to meetings)	1	2	3	4	5
3. Gave you angry stares or looks	1	2	3	4	5
4. Prevented you from having money for your own use	1	2	3	4	5
5. Ended a discussion with you and made the decision himself	1	2	3	4	5
6. Threatened to hit or throw something at you	1	2	3	4	5
7. Pushed, grabbed, or shoved you	1	2	3	4	5
8. Put down your family and friends	1	2	3	4	5
9. Accused you of paying too much attention to someone or something else	1	2	3	4	5
10. Put you on an allowance	1	2	3	4	5
11. Used your children to threaten you (example: told you that you would lose custody, said he would leave town with the children)	1	2	3	4	5
12. Became very upset with you because dinner, housework, or laundry was not ready when he wanted it or done the way he thought it should be	1	2	3	4	5
13. Said things to scare you (examples: told you something "bad" would happen, threatened to commit suicide)	1	2	3	4	5
14. Slapped, hit, or punched you	1	2	3	4	5
15. Made you do something humiliating or degrading (example: begging for forgiveness, having to ask his permission to use the car or do something)	1	2	3	4	5
16. Checked up on you (examples: listened to your phone calls, checked the mileage on your car, called you repeatedly at work)	1	2	3	4	5

17. Drove recklessly when you were in the car	1	2	3	4	5
18. Pressured you to have sex in a way that you didn't like or want	1	2	3	4	5
19. Refused to do housework or childcare	1	2	3	4	5
20. Threatened you with a knife, gun, or other weapon	1	2	3	4	5
21. Spanked you	1	2	3	4	5
22. Told you that you were a bad parent	1	2	3	4	5
23. Stopped you or tried to stop you from going to work or school	1	2	3	4	5
24. Threw, hit, kicked, or smashed something	1	2	3	4	5
25. Kicked you	1	2	3	4	5
26. Physically forced you to have sex	1	2	3	4	5
27. Threw you around	1	2	3	4	5
28. Physically attacked the sexual parts of your body	1	2	3	4	5
29. Choked or strangled you	1	2	3	4	5
30. Used a knife, gun, or other weapon against you	1	2	3	4	5

Note: Item 21 was deleted from scale by scale developers due to low response rate and negative correlation with total scale.

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## Scoring Instructions

Psychological abuse items include 1, 2, 3, 4, 5, 8, 9, 10, 11, 12, 13, 15, 16, 17, 19, 22, and 23. The mean score of these items is computed by summing the values of the items and dividing by the applicable number of items. Higher scores are indicative of greater psychological abuse.

## Reference

Shepard MF, Campbell JA. The Abusive Behavior Inventory: a measure of psychological and physical abuse. *Journal of Interpersonal Violence* 1992;7:291–305.

## C2. Composite Abuse Scale (CAS)

This section asks about your experiences in adult intimate relationships. By adult intimate relationship, we mean a husband, partner or boy/girlfriend for longer than one month.

1. Have you ever been in an adult intimate relationship?  
(Since you were 16 years of age)      Yes .....1 *Go to question 2*  
No .....2 *If no, please go to end of questionnaire*
2. Are you currently in a relationship?      Yes .....1  
No .....2 *Go to question 4*
3. Are you currently afraid of your partner?      Yes .....1  
No .....2
4. Have you ever been afraid of any partner?      Yes .....1  
No .....2
5. We would like to know if you experienced any of the actions listed below and how often it happened during the past twelve months. If you were not with a partner in the past twelve months, could you please answer for the last partner that you had.

Please circle the number, which matches the frequency, over a 12- month period that it happened to you.

Actions	How often it happened					
	Never	Only Once	Several Times	Once/ Month	Once/ Week	Daily
1. Told me that I wasn't good enough	0	1	2	3	4	5
2. Kept me from medical care	0	1	2	3	4	5
3. Followed me	0	1	2	3	4	5
4. Tried to turn my family, friends and children against me	0	1	2	3	4	5
5. Locked me in the bedroom	0	1	2	3	4	5
6. Slapped me	0	1	2	3	4	5
7. Raped me	0	1	2	3	4	5
8. Told me that I was ugly	0	1	2	3	4	5
9. Tried to keep me from seeing or talking to my family	0	1	2	3	4	5
10. Threw me	0	1	2	3	4	5
11. Hung around outside my house	0	1	2	3	4	5
12. Blamed me for causing their violent behaviour	0	1	2	3	4	5
13. Harassed me over the telephone	0	1	2	3	4	5

Actions	How often it happened					
	Never	Only Once	Several Times	Once/Month	Once/Week	Daily
14. Shook me	0	1	2	3	4	5
15. Tried to rape me	0	1	2	3	4	5
16. Harassed me at work	0	1	2	3	4	5
17. Pushed, grabbed or shoved me	0	1	2	3	4	5
18. Used a knife or gun or other weapon	0	1	2	3	4	5
19. Became upset if dinner/housework wasn't done when they thought it should be	0	1	2	3	4	5
20. Told me that I was crazy	0	1	2	3	4	5
21. Told me that no one would ever want me	0	1	2	3	4	5
22. Took my wallet and left me stranded	0	1	2	3	4	5
23. Hit or tried to hit me with something	0	1	2	3	4	5
24. Did not want me to socialize with my female friends	0	1	2	3	4	5
25. Put foreign objects in my vagina	0	1	2	3	4	5
26. Refused to let me work outside the home	0	1	2	3	4	5
27. Kicked me, bit me or hit me with a fist	0	1	2	3	4	5
28. Tried to convince my friends, family or children that I was crazy	0	1	2	3	4	5
29. Told me that I was stupid	0	1	2	3	4	5
30. Beat me up	0	1	2	3	4	5

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## Scoring Instructions

CAS-emotional abuse subscale should be created by summing frequency scores of items 1, 4, 8, 9, 12, 19, 20, 21, 24, 28, and 29. Higher scores are indicative of greater emotional abuse.

## References

Hegarty K, Sheehan M, Schonfeld C. A multidimensional definition of partner abuse: development and preliminary validation of the Composite Abuse Scale. *Journal of Family Violence* 1999;14:399–415.

Hegarty K, Bush R, Sheehan M. The Composite Abuse Scale: further development and assessment of reliability and validity of a multidimensional partner abuse measure in clinical settings. *Violence and Victims* 2005;20:529-547.

## C3. Index of Psychological Abuse

Could you tell me, to the best of your recollection, how many times in the last 6 months (assailant's name) has done any of these things to annoy or hurt you?

- 1 = Never
- 2 = Rarely
- 3 = Sometimes
- 4 = Often
- 8 = Not applicable (i.e., no children, no pets)

- \_\_\_\_\_ 1. How often has he refused to talk to you
- \_\_\_\_\_ 2. Accused you of having or wanting other sexual relationship(s)
- \_\_\_\_\_ 3. Told you about other sexual relationships he wanted or was having in order to hurt you
- \_\_\_\_\_ 4. Refused to do things with you that you wanted to
- \_\_\_\_\_ 5. Forbid you to go out without him
- \_\_\_\_\_ 6. Tried to control your money
- \_\_\_\_\_ 7. Tried to control your activities
- \_\_\_\_\_ 8. Withheld approval, appreciation or affection as punishment
- \_\_\_\_\_ 9. Lied to you or deliberately misled you
- \_\_\_\_\_ 10. Made contradictory demands or requests of you
- \_\_\_\_\_ 11. Called you names
- \_\_\_\_\_ 12. Tried to humiliate you
- \_\_\_\_\_ 13. Ignored or made light of your anger
- \_\_\_\_\_ 14. Ignored or made light of your other feelings
- \_\_\_\_\_ 15. Ridiculed or criticized you in public
- \_\_\_\_\_ 16. Ridiculed or insulted your most valued beliefs
- \_\_\_\_\_ 17. Ridiculed or insulted your religion, race, heritage, or class
- \_\_\_\_\_ 18. Ridiculed or insulted women as a group
- \_\_\_\_\_ 19. Criticized your strengths, or those parts of yourself which you are or once were proud of
- \_\_\_\_\_ 20. Criticized your intelligence
- \_\_\_\_\_ 21. Criticized your physical appearance and/or sexual attractiveness
- \_\_\_\_\_ 22. Criticized your family or friends to you
- \_\_\_\_\_ 23. Harassed your family or friends in some way

- \_\_\_ 24. Discouraged your contact with family and friends
  - \_\_\_ 25. Threatened to hurt your family or friends
  - \_\_\_ 26. Broke or destroyed something important to you
  - \_\_\_ 27. Abused or threatened to abuse pets to hurt you
  - \_\_\_ 28. Punished or deprived the children when he was angry at you
  - \_\_\_ 29. Threatened to take the children if you left him
  - \_\_\_ 30. Left you somewhere with no way to get home
  - \_\_\_ 31. Threatened to end the relationship if you didn't do what he wanted
  - \_\_\_ 32. Tried to force you to leave your home
  - \_\_\_ 33. Threatened to commit suicide when he was angry at you
- 

## Scoring Instructions

To create a summary score, sum across item responses 1–4 and divide by the applicable number of items. Higher scores are indicative of greater psychological abuse.

## References

- Sullivan CM, Bybee DI. Reducing violence using community-based advocacy for women with abusive partners. *Journal of Consulting and Clinical Psychology* 1999;67:43–53.
- Sullivan CM, Parisian JA Davidson WS. Index of psychological abuse: development of a measure. Poster presentation at the annual conference of the American Psychological Association, San Francisco (CA); 1991.

## C4. Measure of Wife Abuse

Please, write in the number of times your partner did these actions to you during the past six months, or during the last six months of the time you and your partner were together. Also, please circle one answer for how hurt or upset you were by each action. If your partner did not do these actions, please write a zero in the blank space.

*Number of times this happened  
in the last SIX months:*

1. Your partner screamed at you \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------
  
2. Your partner squeezed your pelvis \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------
  
3. Your partner imprisoned you in your house \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------
  
4. Your partner threw objects at you \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------
  
5. Your partner kneed you in the genital area \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------
  
6. Your partner called you a whore \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------
  
7. Your partner slapped you \_\_\_\_\_  
How much did this hurt or upset you? (Please circle below)  

This never hurt or upset me	This rarely hurt or upset me	This sometimes hurt or upset me	This often hurt or upset me
--------------------------------	---------------------------------	------------------------------------	--------------------------------

*Number of times this happened  
in the last SIX months:*

8. Your partner locked you out of your home  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
9. Your partner squeezed your breast  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
10. Your partner told you that you were crazy  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
11. Your partner put foreign objects in your vagina  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
12. Your partner mutilated your genitals  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
13. Your partner bit you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
14. Your partner held you down and cut your pubic hair  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
15. Your partner burned your hair  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_

*Number of times this happened  
in the last SIX months:*

16. Your partner harassed you at work  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
17. Your partner told you they would kill your children  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
18. Your partner scratched you with their fingernails  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
19. Your partner locked you in the bedroom  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
20. Your partner tried to rape you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
21. Your partner took your wallet leaving you stranded  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
22. Your partner punched you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
23. Your partner told you they were going to kill you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
24. Your partner kicked you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_

*Number of times this happened  
in the last SIX months:*

25. Your partner kidnapped your children  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
26. Your partner stole your possessions  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
27. Your partner took your car keys  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
28. Your partner told you that no one would ever want you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
29. Your partner disabled your car  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
30. Your partner told you that you were lazy  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
31. Your partner stabbed you with a knife  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
32. Your partner called you a bitch  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
33. Your partner told you they were going to take away your children  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_

*Number of times this happened  
in the last SIX months:*

34. Your partner attempted suicide  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
35. Your partner called you a cunt  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
36. Your partner hit you with a belt  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
37. Your partner raped you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
38. Your partner threw you onto the furniture  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
39. Your partner harassed you over the telephone  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
40. Your partner hung around outside your home  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
41. Your partner told you that you were a horrible wife  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
42. Your partner took porno pictures of you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_

*Number of times this happened  
in the last SIX months:*

43. Your partner prostituted you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
44. Your partner told you that you weren't good enough  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
45. Your partner shook you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
46. Your partner forced you to have sex with other partners  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
47. Your partner forced you to have sex with animals  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
48. Your partner treated you as a sex object  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
49. Your partner pushed you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
50. Your partner followed you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
51. Your partner told you they were going to kill your parents or family  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_

*Number of times this happened  
in the last SIX months:*

52. You partner told you that you were stupid  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
53. Your partner ripped your clothing off  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
54. You partner shot you with a gun  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
55. Your partner forced you to do unwanted sex acts  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
56. Your partner choked you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
57. Your partner turned off the electricity  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
58. Your partner stole food or money from you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
59. Your partner told you that you were ugly  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_
60. Your partner whipped you  
How much did this hurt or upset you? (Please circle below)
- |                                |                                 |                                    |                                |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| This never hurt<br>or upset me | This rarely hurt<br>or upset me | This sometimes<br>hurt or upset me | This often hurt<br>or upset me |
|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
- \_\_\_\_\_

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## Scoring Instructions

Psychological abuse scales include items 3, 8, 16, 19, 21, 25, 26, 27, 29, 34, 39, 40, 50, 57, and 58.

Verbal abuse scales include items 6, 10, 17, 23, 28, 30, 32, 33, 35, 41, 44, 51, 52, and 59.

Although item 1 assesses verbal abuse, it was not included in the authors' psychometric analyses because either no raters in a card sort procedure agreed that it belonged in an abuse category or the item only attained a 50% agreement level.

Psychological and verbal abuse scale scores can be obtained by summing the frequency counts or by summing the severity ratings.

Higher scores are indicative of greater psychological and verbal abuse.

## Reference

Rodenburg FA, Fantuzzo JW. The Measure of Wife Abuse: steps toward the development of a comprehensive assessment technique. *Journal of Family Violence* 1993;8:203–228.

## C5. Multidimensional Measure of Emotional Abuse

The following questions ask about the relationship with your partner or ex-partner. Please report how often each of these things has happened in the last six months. Please circle a number using the scale below to indicate how often you have done each of the following things, and a number to indicate how often your partner has done each of the following things. Indicate how many times you have done this where it says “you,” and how many times your partner has done this where it says “your partner.” If you or your partner did not do one of these things in the past 6 months, but it has happened before that, circle “7.”

- 1 = Once            4 = 6–10 times            7 = Never in the past six months, but it has happened before.  
 2 = Twice            5 = 11–20 times            0 = This has never happened  
 3 = 3–5 times        6 = More than 20 times

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
1. Asked the other person where they had been or who they were with in a suspicious manner								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
2. Secretly searched through the other person’s belongings								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
3. Tried to stop the other person from seeing certain friends or family members								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
4. Complained that the other person spends too much time with friends								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
5. Got angry because the other person went somewhere without telling him/her								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
6. Tried to make the other person feel guilty for not spending enough time together								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
7. Checked up on the other person by asking friends or relatives where they were or who they were with								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
9. Called the other person worthless								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
10. Called the other person ugly								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
11. Criticized the other person's appearance								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
12. Called the other person a loser, failure, or similar term								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
13. Belittled the other person in front of other people								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
14. Said that someone else would be a better partner (better spouse, better girlfriend or boyfriend)								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
15. Became so angry that they were unable or unwilling to talk								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
16. Acted cold or distant when angry								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
17. Refused to have any discussion of a problem								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
18. Changed the subject on purpose when the other person was trying to discuss a problem								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	Never in the past six months, but it has happened before	This has never happened
19. Refused to acknowledge a problem that the other person felt was important								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
20. Sulked or refused to talk about an issue								
You	1	2	3	4	5	6	7	0
(Your Partner)	1	2	3	4	5	6	7	0
21. Intentionally avoided the other person during a conflict or disagreement								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
22. Became angry enough to frighten the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
23. Put his/her face right in front of the other person's face to make a point more forcefully								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
24. Threatened to hit the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
25. Threatened to throw something at the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
26. Threw, smashed, hit, or kicked something in front of the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
27. Drove recklessly to frighten the other person								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0
28. Stood or hovered over the other person during a conflict or disagreement								
You	1	2	3	4	5	6	7	0
Your Partner	1	2	3	4	5	6	7	0

## Scoring Instructions

Items can be used to create one total scale score and four subscale scores. The 7-item Restrictive Engulfment subscale consists of items 1–7. The 7-item Denigration subscale consists of items 8–14. The 7-item Hostile Withdrawal subscale consists of items 15–21. The 7-item Dominance/Intimidation subscale consists of items 22–28.

Two types of scores for the total scale score and for the subscale scores can be computed. One scoring method involves assigning a score of 0 if the respondent reports that her partner has never done a particular act, and a score of 1 if a respondent reports that her partner has done a particular act. A second scoring method involves using frequency counts in specific intervals of time. In this scoring method, a score of 7 is recoded to 0, and then the 0–6 point items are summed. Higher scores are indicative of greater levels of emotional abuse.

## References

Murphy CM, Cascardi M. Psychological abuse in marriage and dating relationship. In: Hampton RL, editor. *Family violence: prevention and treatment*. 2nd ed. Thousand Oaks (CA): Sage; 1999. p. 198–226.

Murphy CM, Hoover SA. Measuring emotional abuse in dating relationships as a multifactorial construct. *Violence and Victims* 1999;14:39–53.

## C6. Partner Abuse Scale—Non-physical (PASNP)

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

This questionnaire is designed to measure the nonphysical abuse you have experienced in your relationship with your partner. It is not a test, so there are no right or wrong answers. Answer each item as carefully and as accurately as you can by placing a number beside each one as follows:

- 1 = None of the time
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Most of the time
- 7 = All of the time

- |   |  |
|---|--|
| _____ 1. My partner belittles me.   | _____ 14. My partner demands that I stay home.                             |
| _____ 2. My partner demands obedience to his or her whims.  | _____ 15. My partner feels that I should not work or go to school.         |
| _____ 3. My partner becomes surly and angry if I say he or she is drinking too much.              | _____ 16. My partner does not want me to socialize with my female friends. |
| _____ 4. My partner demands that I perform sex acts that I do not enjoy or like.                  | _____ 17. My partner demands sex whether I want it or not.                 |
| _____ 5. My partner becomes very upset if my work is not done when he or she thinks it should be. | _____ 18. My partner screams and yells at me.                              |
| _____ 6. My partner does not want me to have any male friends.                                    | _____ 19. My partner shouts and screams at me when he or she drinks.       |
| _____ 7. My partner tells me I am ugly and unattractive.  | _____ 20. My partner orders me around.                                     |
| _____ 8. My partner tells me I couldn't manage or take care of myself without him or her.         | _____ 21. My partner has no respect for my feelings.                       |
| _____ 9. My partner acts like I am his or her personal servant.                                   | _____ 22. My partner acts like a bully towards me.                         |
| _____ 10. My partner insults or shames me in front of others.                                     | _____ 23. My partner frightens me.   |
| _____ 11. My partner becomes very angry if I disagree with his or her point of view.              | _____ 24. My partner treats me like a dunce.                               |
| _____ 12. My partner is stingy in giving me money.  | _____ 25. My partner is surly and rude to me.                              |
| _____ 13. My partner belittles me intellectually.   |  |

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## Scoring Instructions

To obtain permission to use and obtain scoring information, contact:

WALMYR Publishing Company  
PO Box 12217  
Tallahassee, FL 32317

(850) 383-0045  
walmyr@walmyr.com

## Reference

Hudson WW. The WALMYR assessment scales scoring manual. Tallahassee (FL): WALMYR Publishing Company; 1997

## C7. Profile of Psychological Abuse

Please show below how often you have experienced each of the behaviors from your partner by circling either “never,” “less than once a month,” “once a month,” “2–3 times a month,” “once a week,” “2–3 times a week,” or “daily.” If you are not sure of the exact frequency, please give your best estimate. If you are no longer with a partner, answer as though it was your last time with him.

How often does your partner:	Never	Less than once month	Once a month	2-3 times a month	Once a week	2-3 times a week	Daily
1. Become angry or upset if you want to be with someone else and not with him?	1	2	3	4	5	6	7
2. Ask that everything be done in an exact way?	1	2	3	4	5	6	7
3. Not let you have your mail or telephone calls?	1	2	3	4	5	6	7
4. Make you account for the time you spend away from him?	1	2	3	4	5	6	7
5. Ignore you when you start to talk?	1	2	3	4	5	6	7
6. Say you're crazy or stupid?	1	2	3	4	5	6	7
7. Become jealous of your friends, family or pets?	1	2	3	4	5	6	7
8. Put you down if you cry or ask for emotional support?	1	2	3	4	5	6	7
9. Tell you that you are worthless?	1	2	3	4	5	6	7
10. Ask for detailed reports of your activities?	1	2	3	4	5	6	7
11. Ignore your need for help when you're sick or tired?	1	2	3	4	5	6	7
12. Tell you your cooking or cleaning is not right?	1	2	3	4	5	6	7
13. Ridicule the things that you value most in yourself?	1	2	3	4	5	6	7
14. Make critical comments about your work inside or outside the home?	1	2	3	4	5	6	7
15. Check up on you throughout the day?	1	2	3	4	5	6	7
16. Make the TV, a magazine, the newspaper, or other people seem more important than you are?	1	2	3	4	5	6	7
17. Threaten to hurt pets, friends, or relatives if you don't do what he wants?	1	2	3	4	5	6	7
18. Call you names like “slut” or “whore”?	1	2	3	4	5	6	7
19. Wrongly accuse you of having affairs?	1	2	3	4	5	6	7
20. Refuse to do what was sexually satisfying to you?	1	2	3	4	5	6	7
21. Discourage your plans or minimize your successes?	1	2	3	4	5	6	7

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## Scoring Instructions

The following subscales can be calculated:

- The Jealous Control subscale consists of items 1, 3, 4, 7, 10, 15, 17, and 19.
- The Ignore subscale consists of items 5, 8, 11, 16, and 20.
- The Ridicule Traits subscale consists of items 6, 9, 13, 18, and 21.
- The Criticize Behavior subscale consists of items 2, 12, and 14.

To score each subscale, sum the responses to the applicable items. To score the total scale, sum the responses across all 21 items. Higher scores are indicative of greater abuse.

## Reference

Sackett LA, Saunders DG. The impact of different forms of psychological abuse on battered women. *Violence and Victims* 1999;14:105–177.

## C8. Psychological Maltreatment of Women Inventory (PMWI)

This questionnaire asks about actions you may have experienced in your relationship with your partner. Answer each item as carefully as you can by circling each one as follows:

In the Past Six Months:	Never	Rarely	Occasionally	Frequently	Very Frequently	N/A Not Applicable
1. My partner put down my physical appearance.	1	2	3	4	5	N/A
2. My partner insulted me or shamed me in front of others.	1	2	3	4	5	N/A
3. My partner treated me like I was stupid.	1	2	3	4	5	N/A
4. My partner was insensitive to my feelings.	1	2	3	4	5	N/A
5. My partner told me I couldn't manage or take care of myself without him.	1	2	3	4	5	N/A
6. My partner put down my care of the children.	1	2	3	4	5	N/A
7. My partner criticized the way I took care of the house.	1	2	3	4	5	N/A
8. My partner said something to spite me.	1	2	3	4	5	N/A
9. My partner brought up something from the past to hurt me.	1	2	3	4	5	N/A
10. My partner called me names.	1	2	3	4	5	N/A
11. My partner swore at me.	1	2	3	4	5	N/A
12. My partner yelled and screamed at me.	1	2	3	4	5	N/A
13. My partner treated me like an inferior.	1	2	3	4	5	N/A
14. My partner sulked or refused to talk about a problem.	1	2	3	4	5	N/A
15. My partner stomped out of the house or yard during a disagreement.	1	2	3	4	5	N/A
16. My partner gave me the silent treatment or acted like I wasn't there.	1	2	3	4	5	N/A
17. My partner withheld affection from me.	1	2	3	4	5	N/A
18. My partner did not let me talk about my feelings.	1	2	3	4	5	N/A
19. My partner was insensitive to my sexual needs and desires.	1	2	3	4	5	N/A
20. My partner demanded obedience to his whims.	1	2	3	4	5	N/A
21. My partner became upset if dinner, housework, or laundry was not done when he thought it should be.	1	2	3	4	5	N/A
22. My partner acted like I was his personal servant.	1	2	3	4	5	N/A
23. My partner did not do a fair share of the household tasks.	1	2	3	4	5	N/A
24. My partner did not do a fair share of childcare.	1	2	3	4	5	N/A
25. My partner ordered me around.	1	2	3	4	5	N/A
26. My partner monitored my time and made me account for my whereabouts.	1	2	3	4	5	N/A
27. My partner was stingy in giving me money to run our home.	1	2	3	4	5	N/A
28. My partner acted irresponsibly with our financial resources.	1	2	3	4	5	N/A

In the Past Six Months:	Never	Rarely	Occasionally	Frequently	Very Frequently	N/A Not Applicable
29. My partner did not contribute enough to supporting our family.	1	2	3	4	5	N/A
30. My partner used our money or made important financial decisions without talking to me about it.	1	2	3	4	5	N/A
31. My partner kept me from getting medical care that I needed.	1	2	3	4	5	N/A
32. My partner was jealous or suspicious of my friends.	1	2	3	4	5	N/A
33. My partner was jealous of other men.	1	2	3	4	5	N/A
34. My partner did not want me to go to school or do other self-improvement activities.	1	2	3	4	5	N/A
35. My partner did not want me to socialize with my female friends.	1	2	3	4	5	N/A
36. My partner accused me of having an affair with another man.	1	2	3	4	5	N/A
37. My partner demanded that I stay home and take care of the children.	1	2	3	4	5	N/A
38. My partner tried to keep me from seeing or talking to my family.	1	2	3	4	5	N/A
39. My partner interfered in my relationships with other family members.	1	2	3	4	5	N/A
40. My partner tried to keep me from doing things to help myself.	1	2	3	4	5	N/A
41. My partner restricted my use of the car.	1	2	3	4	5	N/A
42. My partner restricted my use of the telephone.	1	2	3	4	5	N/A
43. My partner did not allow me to leave the house.	1	2	3	4	5	N/A
44. My partner did not allow me to work.	1	2	3	4	5	N/A
45. My partner told me my feelings were irrational or crazy.	1	2	3	4	5	N/A
46. My partner blamed me for his problems.	1	2	3	4	5	N/A
47. My partner tried to turn my family against me.	1	2	3	4	5	N/A
48. My partner blamed me for causing his violent behavior.	1	2	3	4	5	N/A
49. My partner tried to make me feel crazy.	1	2	3	4	5	N/A
50. My partner's moods changed radically.	1	2	3	4	5	N/A
51. My partner blamed me when he was upset.	1	2	3	4	5	N/A
52. My partner tried to convince me I was crazy.	1	2	3	4	5	N/A
53. My partner threatened to hurt himself if I left.	1	2	3	4	5	N/A
54. My partner threatened to hurt himself if I didn't do what he wanted me to do.	1	2	3	4	5	N/A
55. My partner threatened to have an affair.	1	2	3	4	5	N/A
56. My partner threatened to leave the relationship.	1	2	3	4	5	N/A
57. My partner threatened to take our children away from me.	1	2	3	4	5	N/A
58. My partner threatened to commit me to an institution.	1	2	3	4	5	N/A

There is no fee to use the scale, but author's permission must be obtained before using the scale by registering at <http://sitemaker.umich.edu/pmwi>.

## Scoring Instructions

Items are grouped into two subscales. The 26-item Dominance/Isolation subscale consists of items 1, 5, 7, 21, 22, 25–28, 30–36, 38–44, 47, 52, and 55. The 23-item Emotional/Verbal subscale consists of items 2–4, 8–20, 45, 46, and 48. Point values given in response to each item are summed to create total subscale scores. Higher scores are indicative of more maltreatment.

## References

- Tolman RM. The development of a measure of psychological maltreatment of women by their male partners. *Violence and Victims* 1989;4:159–177.
- Tolman RM. The validation of the Psychological Maltreatment of Women Inventory. *Violence and Victims* 1999;14:25–37.

## C9. Psychological Maltreatment of Women Inventory (PMWI)—Short Form

This questionnaire asks about actions you may have experienced in your relationship with your partner. Answer each item as carefully as you can by circling one number on each line:

In the Past Six Months:	Never	Rarely	Occasionally	Frequently	Very Frequently	N/A Not Applicable
1. My partner called me names.	1	2	3	4	5	N/A
2. My partner swore at me.	1	2	3	4	5	N/A
3. My partner yelled and screamed at me.	1	2	3	4	5	N/A
4. My partner treated me like an inferior.	1	2	3	4	5	N/A
5. My partner told me my feelings were irrational or crazy	1	2	3	4	5	N/A
6. My partner blamed me for his problems.	1	2	3	4	5	N/A
7. My partner tried to make me feel crazy.	1	2	3	4	5	N/A
8. My partner monitored my time and made me account for my whereabouts.	1	2	3	4	5	N/A
9. My partner used our (my) money or made important financial decisions without talking to me about it.	1	2	3	4	5	N/A
10. My partner was jealous or suspicious of my friends.	1	2	3	4	5	N/A
11. My partner accused me of having an affair.	1	2	3	4	5	N/A
12. My partner interfered in my relationships with other family members.	1	2	3	4	5	N/A
13. My partner tried to keep me from doing things to help myself.	1	2	3	4	5	N/A
14. My partner restricted my use of the telephone.	1	2	3	4	5	N/A

There is no fee to use the scale, but author's permission must be obtained before using the scale by registering at <http://sitemaker.umich.edu/pmwi>.

### Scoring Instructions

Items are grouped into two subscales. The 7-item Dominance/Isolation subscale consists of items 8–14. The 7-item Emotional/Verbal subscale consists of items 1–7. Responses for each item are summed to create total subscale scores. Higher scores are indicative of more maltreatment.

### Reference

Tolman RM. The validation of the Psychological Maltreatment of Women Inventory. *Violence and Victims* 1999;14:25-37.

## C10. Revised Conflict Tactics Scales (CTS-2)

No matter how well a couple gets along, there are times when they disagree, get annoyed with the other person, want different things from each other, or just have spats or fights because they are in a bad mood, are tired, or for some other reason. Couples also have many different ways of trying to settle their differences. This is a list of things that might happen when you have differences. Please circle how many times you did each of these things in the past year, and how many times your partner did them in the past year. If you or your partner did not do one of these things in the past year, but it happened before that, circle “7.”

How often did this happen?

1 = Once in the past year

5 = 11–20 times in the past year

2 = Twice in the past year

6 = More than 20 times in the past year

3 = 3–5 times in the past year

7 = Not in the past year, but it did happen before

4 = 6–10 times in the past year

0 = This has never happened

Sample of 2 of the 8 psychological aggression scale items:

My partner called me fat or ugly.	1	2	3	4	5	6	7	0
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My partner shouted or yelled at me.	1	2	3	4	5	6	7	0
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### Scoring Instructions

To see entire scale, obtain permission to use, and obtain scoring information, contact:

Western Psychological Services  
Attn. Susan Weinberg  
12031 Wilshire Boulevard  
Los Angeles, CA 90025

weinberg@wpspublish.com  
(800) 648-8857

### References

Straus MA, Hamby SL, Boney-McCoy S, Sugarman DB. The Revised Conflict Tactics Scale (CTS2): development and preliminary psychometric data. *Journal of Family Issues* 1996;17:283–316.

Straus MA, Hamby SL, Warren WL. *The Conflict Tactics Scale handbook*. Los Angeles (CA): Western Psychological Services; 2003.

## C11. Safe Dates—Psychological Abuse Victimization

How often has anyone that you have ever been on a date with done the following things to you? Please circle one number on each line.

	Very Often	Sometimes	Seldom	Never
1. Damaged something that belonged to me. . . . .	3	2	1	0
2. Said things to hurt my feelings on purpose. . . . .	3	2	1	0
3. Insulted me in front of others. . . . .	3	2	1	0
4. Threw something at me but missed. . . . .	3	2	1	0
5. Would not let me do things with other people. . . . .	3	2	1	0
6. Threatened to start dating someone else. . . . .	3	2	1	0
7. Told me I could not talk to someone of the opposite sex. . .	3	2	1	0
8. Started to hit me but stopped. . . . .	3	2	1	0
9. Did something just to make me jealous. . . . .	3	2	1	0
10. Blamed me for bad things they did. . . . .	3	2	1	0
11. Threatened to hurt me. . . . .	3	2	1	0
12. Made me describe where I was every minute of the day. . . .	3	2	1	0
13. Brought up something from the past to hurt me. . . . .	3	2	1	0
14. Put down my looks. . . . .	3	2	1	0

### Scoring Instructions

The psychological abuse victimization score is calculated by summing responses across all 14 items. Summed scores are recoded as follows:

- 0 = 0 and indicates no victimization.
- 1–5 = 1 and indicates mild psychological abuse.
- 6–9 = 2 and indicates moderate psychological abuse.
- 10 and greater = 3 and indicates severe psychological abuse.

### References

Foshee VA, Bauman KE, Arriaga XB, Helms RW, Koch GG, Linder GF. An evaluation of Safe Dates, an adolescent dating violence program. *American Journal of Public Health* 1998;88:45–50.

Foshee VA, Linder GF, Bauman KE, et al. The Safe Dates project: theoretical basis, evaluation design, and selected baseline findings. *American Journal of Preventive Medicine* 1996;12:39–47.

## C12. Women’s Experience with Battering (WEB)

Following are a number of statements that women have used to describe their relationships with their “male partners.” Please read each statement and then circle the answer that best describes how much you agree or disagree in general with each one as a description of your relationship with your “partner.” If you do not now have a partner, think about your last one. There are no right or wrong answers; just circle the number that seems to best describe how much you agree or disagree with it.

Description of How Your Partner Makes You Feel	Agree Strongly	Agree Somewhat	Agree a Little	Disagree a Little	Disagree Somewhat	Disagree Strongly
1. He makes me feel unsafe even in my own home.	1	2	3	4	5	6
2. I feel ashamed of the things he does to me.	1	2	3	4	5	6
3. I try not to rock the boat because I am afraid of what he might do.	1	2	3	4	5	6
4. I feel like I am programmed to react a certain way to him.	1	2	3	4	5	6
5. I feel like he keeps me prisoner.	1	2	3	4	5	6
6. He makes me feel like I have no control over my life, no power, no protection.	1	2	3	4	5	6
7. I hide the truth from others because I am afraid not to.	1	2	3	4	5	6
8. I feel owned and controlled by him.	1	2	3	4	5	6
9. He can scare me without laying a hand on me.	1	2	3	4	5	6
10. He has a look that goes straight through me and terrifies me.	1	2	3	4	5	6

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### Scoring Instructions

Items are reverse-scored and then summed. Scores can range from 10 to 60. A score of greater than 19 indicates battering.

### References

Smith PH, Earp JL, DeVellis R. Measuring battering: development of the Women’s Experiences with Battering (WEB) Scale. *Women’s Health: Research on Gender, Behavior, and Policy* 1995;1:273–288.

Smith PH, Smith JB, Earp JL. Beyond the measurement trap: a reconstructed conceptualized and measurement of woman battering. *Psychology of Women Quarterly* 1999;23:177–193.

Smith PH, Thornton GE, DeVellis R, Earp J, Coker AL. A population-based study of the prevalence and distinctiveness of battering, physical assault, and sexual assault in intimate relationships. *Violence Against Women* 2002;8:1208–1232.



