

Table 71. Overweight children and adolescents 6–19 years of age, according to sex, age, race, and Hispanic origin: United States, selected years 1963–65 through 1999–2000

[Data are based on physical examinations of a sample of the civilian noninstitutionalized population]

Age, sex, race, and Hispanic origin ¹	1963–65 1966–70 ²	1971–74	1976–80 ³	1988–94 ⁴	1999–2000 ⁴
6–11 years of age					
Percent of population (standard error)					
Both sexes	4.2	4.0	6.5	11.3 (1.0)	15.3 (1.7)
Boys	4.0	4.3	6.6	11.6 (1.3)	16.0 (2.3)
White	4.4	4.1	6.7	11.3 (1.7)	---
Black	1.6	5.3	6.7	12.3 (1.4)	---
White, non-Hispanic	---	---	6.1	10.7 (2.0)	*12.0 (3.0)
Black, non-Hispanic	---	---	6.8	12.3 (1.4)	17.1 (2.7)
Mexican	---	---	13.3	17.5 (2.4)	27.3 (3.1)
Girls	4.5	3.6	6.4	11.0 (1.4)	14.5 (2.4)
White	4.5	3.7	5.7	9.8 (1.7)	---
Black	4.5	3.3	11.1	16.7 (1.5)	---
White, non-Hispanic	---	---	5.2	*9.8 (2.0)	*
Black, non-Hispanic	---	---	11.2	17.0 (1.6)	22.2 (3.3)
Mexican	---	---	9.8	15.3 (2.5)	19.6 (3.1)
12–19 years of age					
Both sexes	4.6	6.1	5.0	10.5 (0.9)	15.5 (1.2)
Boys	4.5	6.1	4.8	11.3 (1.3)	15.5 (1.6)
White	4.7	6.3	4.7	12.1 (1.7)	---
Black	3.1	5.3	6.1	10.4 (1.4)	---
White, non-Hispanic	---	---	3.8	11.6 (1.9)	12.8 (2.4)
Black, non-Hispanic	---	---	6.1	10.7 (1.4)	20.7 (2.6)
Mexican	---	---	7.7	14.1 (1.8)	27.5 (3.0)
Girls ⁵	4.7	6.2	5.3	9.7 (1.1)	15.5 (1.6)
White	4.5	5.4	4.5	9.0 (1.4)	---
Black	6.4	10.1	10.7	16.3 (2.0)	---
White, non-Hispanic	---	---	4.6	8.9 (1.7)	12.4 (2.1)
Black, non-Hispanic	---	---	10.7	16.3 (2.1)	26.6 (2.7)
Mexican	---	---	8.8	*13.4 (3.1)	19.4 (2.8)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error of 20–30 percent.

--- Data not available.

¹The race groups, white and black, include persons of Hispanic and non-Hispanic origin. Conversely, persons of Hispanic origin may be of any race.

²Data for 1963–65 are for children 6–11 years of age; data for 1966–70 are for adolescents 12–17 years of age, not 12–19 years.

³Data for Mexicans are for 1982–84. See Appendix I, National Health and Nutrition Examination Survey (NHANES).

⁴Standard errors of estimates for 1988–94 and 1999–2000 are shown. 1999–2000 estimates are based on a smaller sample size than estimates for earlier time periods and therefore are subject to greater sampling error.

⁵Excludes pregnant women starting with 1971–74. Pregnancy status not available for 1963–65 and 1966–70.

NOTES: Overweight is defined as body mass index (BMI) at or above the sex- and age-specific 95th percentile BMI cutoff points from the 2000 CDC Growth Charts: United States. Advance data from vital and health statistics; no. 314. Hyattsville, Maryland: National Center for Health Statistics, 2000. Age is at time of examination at mobile examination center. Crude rates, not age-adjusted rates, are shown. Some data for 1971–74, 1976–80 and 1988–94 have been revised and differ from the previous edition of *Health, United States*.

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey, Hispanic Health and Nutrition Examination Survey (1982–84), and National Health Examination Survey (1963–65 and 1966–70).