

Respected

Reliable

Redesigned

Rediscover the National Health Interview Survey.

[NHIS Logo with text "Since 1957"]

NHIS is the nation's longest-running, household-based health survey.

NHIS is the gold standard for health care access data, health insurance data, and disability data.

NHIS was redesigned in 2019 to provide better, more meaningful data to users.

Reasons for a survey redesign include (1) increase survey relevance, (2) decrease respondent burden, and (3) enhance data quality.

New topics were added to the NHIS questionnaire.

More data are now available on functioning and disability, mental health, chronic pain and opioid use, preventive services, and children's health.

NHIS continues to ask about chronic conditions, health insurance, health care access and use, tobacco use, and immunizations.

In some years, content will also include physical activity, sleep and fatigue, injuries, allergies, and alcohol use.

The NHIS redesign provides a more complete picture of our nation's health.

To further improve NHIS, several questions have been reworded to improve accuracy.

Participants can complete the survey much faster.

NHIS has also improved how data are analyzed, described, and disseminated.

These changes provide better information to those who use NHIS to influence positive change.

The redesign strengthens NHIS's standard of providing the most reliable data available.

Monitoring the Nation's Health Since 1957.

[www.cdc.gov/nchs/nhis](http://www.cdc.gov/nchs/nhis)

[Centers for Disease Control and Prevention Logo]