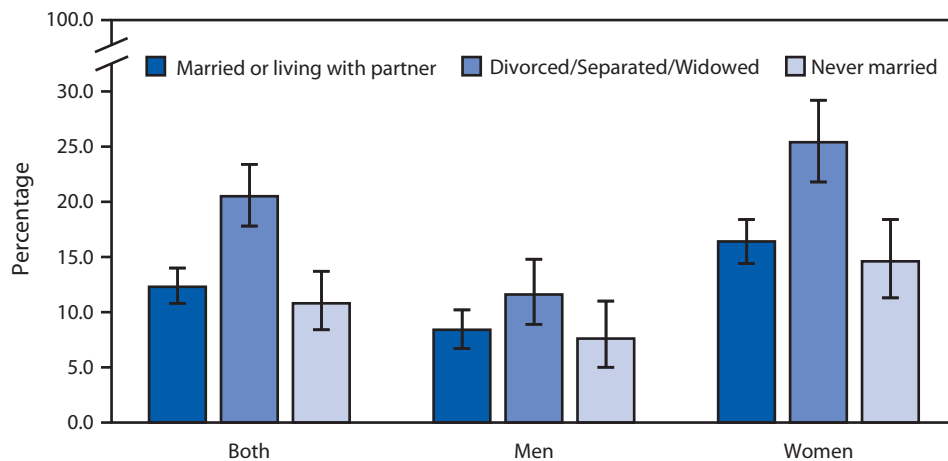


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage of Adults Aged ≥ 20 Years Who Used Antidepressant Medications* in the Past 30 Days, by Sex and Marital Status — National Health and Nutrition Examination Survey, United States, 2015–2018



* The names of prescription medications taken in the last 30 days were obtained from containers reviewed during the household interview. Antidepressants were identified using a database from the medical information provider, Cerner Multum, Inc.

During 2015–2018, 13.6% of adults aged ≥ 20 years used prescription antidepressant medications in the past 30 days. Antidepressant use was higher among divorced, separated, or widowed (20.5%) adults than among either married or living with partner (12.3%) or never married (10.8%) adults. There was no difference in use between married and never married adults. These same patterns were observed for both men and women. Within every marital status category, a higher percentage of women compared with men took antidepressants.

Source: Brody DJ, Gu Q. Antidepressant use among adults: United States, 2015–2018. NCHS Data Brief, no 377. Hyattsville, MD: National Center for Health Statistics. 2020.

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