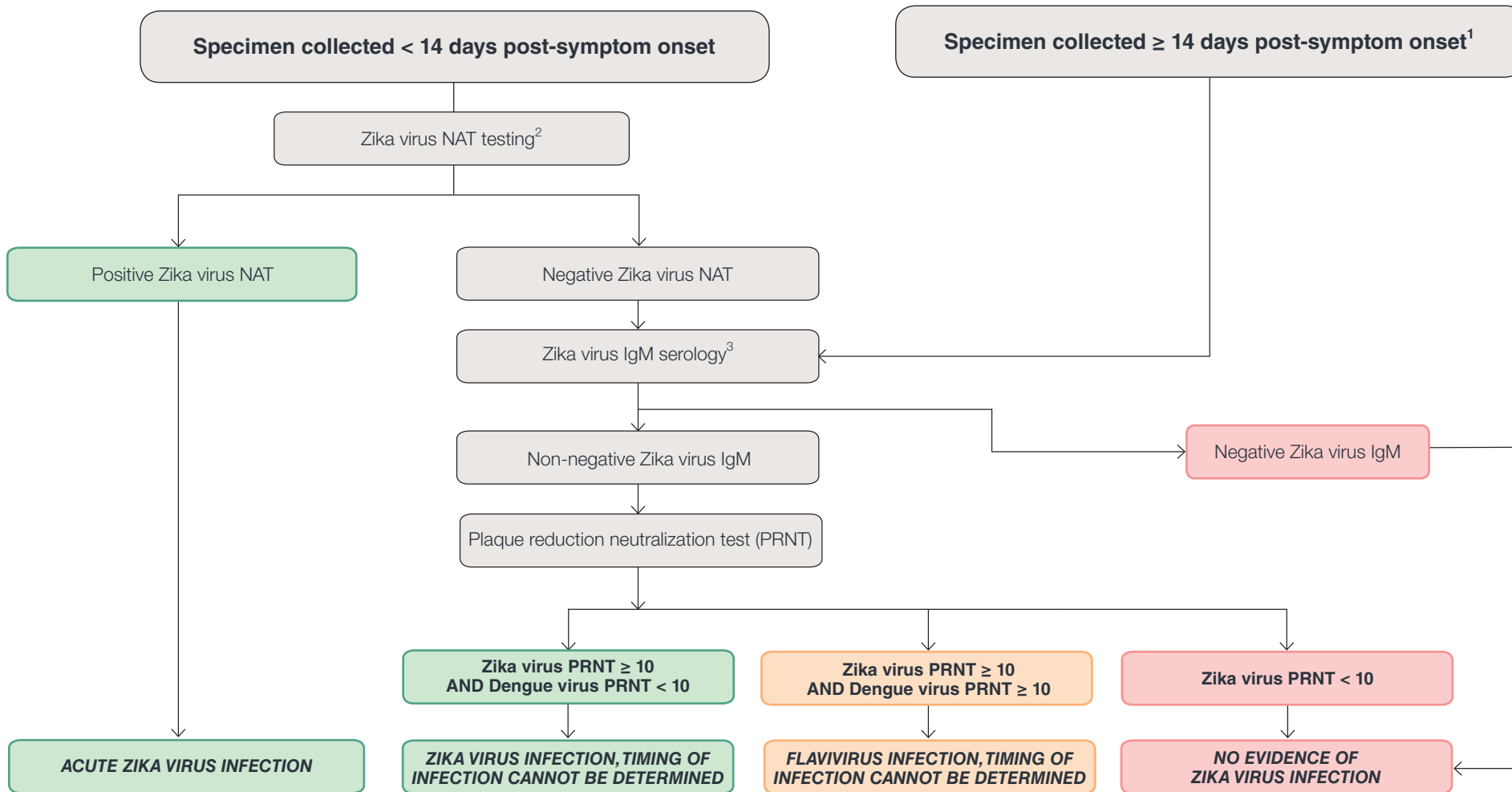


# ZIKA VIRUS TESTING GUIDANCE: SYMPTOMATIC NON-PREGNANT INDIVIDUALS WITH POSSIBLE ZIKA VIRUS EXPOSURE



## Testing Recommendations for Healthcare Providers



**INTERPRETATION**

Abbreviations: IgM = immunoglobulin M; NAT = nucleic acid test

1. NAT testing is not recommended for specimens obtained ≥ 14 days post-symptom onset.

2. Acceptable specimens for NAT testing include serum, or patient-matched serum and urine. Repeat NAT testing of a positive result is not indicated. Dengue and chikungunya virus NAT testing should be performed for patients at risk of exposure and with clinically compatible illness.

3. Dengue IgM serology should also be performed for patients at risk of exposure, and with clinically compatible illness.

See full Guidance for US Laboratories Testing for Zika Virus Infection: <https://www.cdc.gov/zika/laboratories/lab-guidance.html>



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention