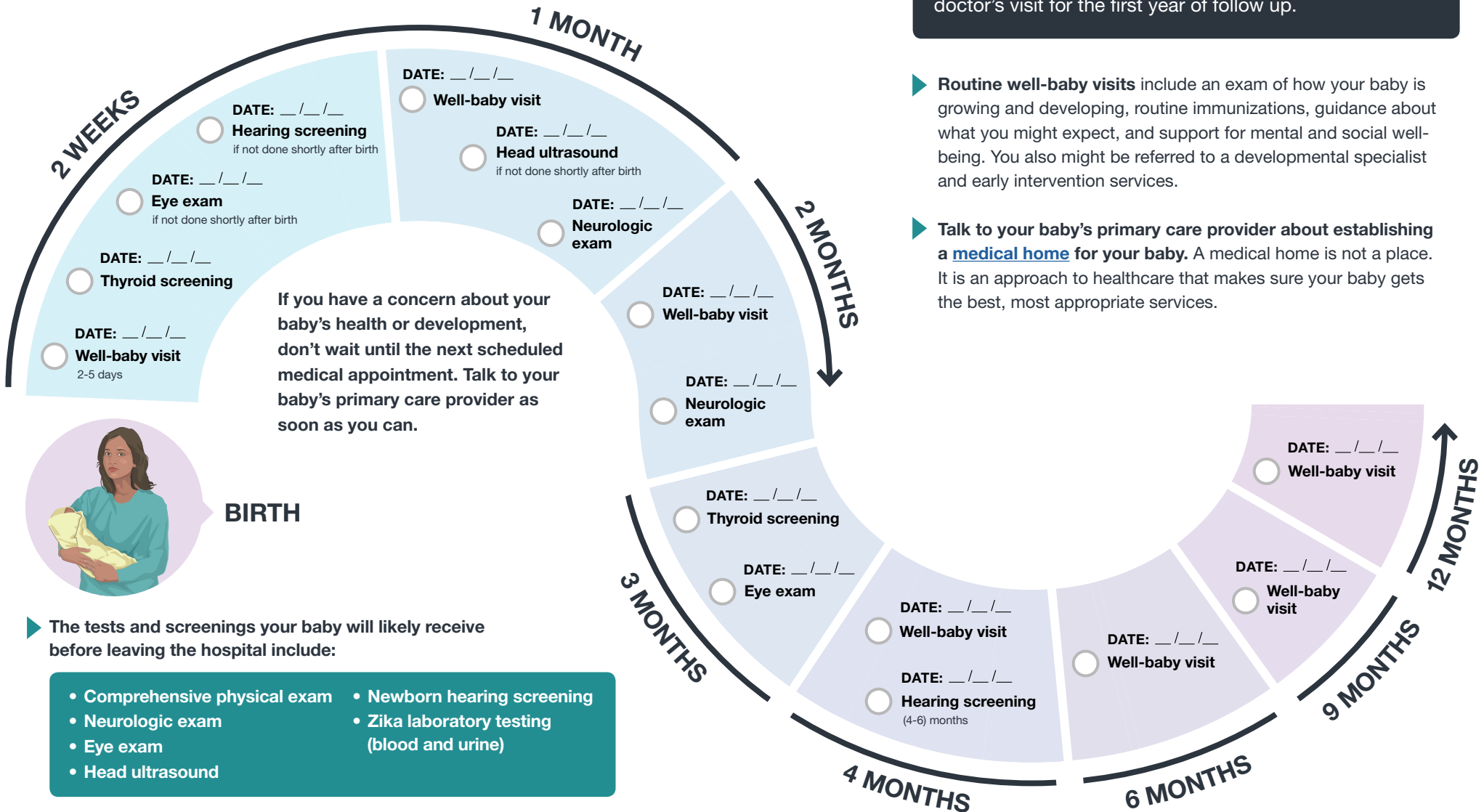


ROADMAP FOR PARENTS OF BABIES WITH CONGENITAL ZIKA SYNDROME

This document should be used as a guide to discuss the screening and testing your baby may receive with his or her primary care provider. Each baby is different, and it is possible that your baby may need more tests or fewer tests.



Follow the roadmap to check off each **recommended** doctor's visit for the first year of follow up.

▶ **Routine well-baby visits** include an exam of how your baby is growing and developing, routine immunizations, guidance about what you might expect, and support for mental and social well-being. You also might be referred to a developmental specialist and early intervention services.

▶ **Talk to your baby's primary care provider about establishing a medical home for your baby.** A medical home is not a place. It is an approach to healthcare that makes sure your baby gets the best, most appropriate services.



▶ The tests and screenings your baby will likely receive before leaving the hospital include:

- Comprehensive physical exam
- Neurologic exam
- Eye exam
- Head ultrasound
- Newborn hearing screening
- Zika laboratory testing (blood and urine)

If your baby does not pass any of these screenings, you may be referred for additional follow-up.



APPOINTMENT LOG

Use this table to keep track of your baby's medical appointments.

DATE	PROVIDER OR CLINIC	NOTES (Reason for visit, tests performed, care provided, etc.)	NEXT APPOINTMENT DATE	CLINIC PHONE NUMBER