CDC’s Response to Zika

ROADMAP FOR BABIES WITH CONGENITAL ZIKA INFECTION

This document should be used as a guide to discuss the screening and testing your baby may receive with his or her primary care provider. Each baby is different, and it is possible that your baby may need more tests or fewer tests. This roadmap outlines care for 1) babies who are born with birth defects or other clinical findings related to Zika virus infection during pregnancy 2) babies who test positive for Zika virus infection but may look healthy at birth.

Follow the roadmap to check off each recommended doctor’s visit for the first year of follow up.

- Routine well-baby visits include an exam of how your baby is growing and developing, routine immunizations, guidance about what you might expect, and support for mental and social well-being.
- You might be referred to a developmental specialist, family support services, and early intervention services. Your baby’s doctor also might recommend you take your baby to a specialist, or someone who is an expert in a certain type of medicine. Your baby might be referred to an infectious disease specialist, clinical geneticist, neurologist, or other doctor based on the results of his or her screenings and tests.
- Talk to your baby’s primary care provider about establishing a medical home for your baby. A medical home is not a place. It is an approach to healthcare that makes sure your baby gets the best, most appropriate services.

The tests and screenings your baby will likely receive before leaving the hospital include:

- Comprehensive physical exam
- Newborn hearing screening
- Zika laboratory testing (blood, urine, and maybe cerebrospinal fluid)

If your baby does not pass any of these screenings, you may be referred for additional follow-up.

If you have a concern about your baby’s health or development, don’t wait until the next scheduled medical appointment. Talk to your baby’s primary care provider as soon as you can.

The tests and screenings your baby will likely receive as you follow this roadmap include:

- ABR Hearing screening automated
- Eye exam by an ophthalmologist
- Head ultrasound

If your baby does not pass any of the screenings given during a well-baby visit, you may be referred for additional follow-up.

If you have a concern about your baby’s health or development, don’t wait until the next scheduled medical appointment. Talk to your baby’s primary care provider as soon as you can.

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**APPOINTMENT LOG**  Use this table to keep track of your baby’s medical appointments.

<table>
<thead>
<tr>
<th>DATE</th>
<th>PROVIDER OR CLINIC</th>
<th>NOTES (Reason for visit, tests performed, care provided, etc.)</th>
<th>NEXT APPOINTMENT DATE</th>
<th>CLINIC PHONE NUMBER</th>
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