

PREGNANT AND LIVING IN AN AREA WITH RISK OF ZIKA?



What we know about Zika

- Zika can be passed from a pregnant woman to her fetus.
- Zika infection during pregnancy can cause certain birth defects.
- Zika is spread mostly by the bite of an infected *Aedes* species (*Ae. aegypti* and *Ae. albopictus*) mosquito.
 - » Protect yourself and family from mosquito bites all day and night, whether you are inside or outside.
- There is no vaccine to prevent or medicine to treat Zika.
- Zika can be passed through sex from a person who has Zika to his or her partners.



What we don't know about Zika

- When during pregnancy Zika might cause harm to the fetus.
- How likely it is that Zika infection will affect your pregnancy.
- If your baby will develop birth defects from the infection.

Symptoms of Zika

Most people with Zika won't even know they have it. The illness is usually mild with symptoms lasting for several days to a week.

The most common symptoms of Zika are

- Fever
- Rash
- Headache
- Joint Pain
- Red Eyes
- Muscle Pain

