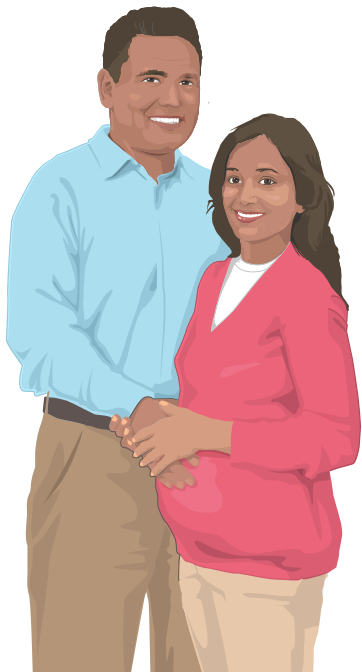


ZIKA AND SEX: INFORMATION FOR MEN WHO HAVE PREGNANT PARTNERS AND LIVE IN OR RECENTLY TRAVELED TO AREAS WITH RISK OF ZIKA

Accessible Version: <https://www.cdc.gov/zika/prevention/sexual-transmission-prevention.html>



What we know

- Zika virus can be spread by a man with Zika to his sex partners.
- Zika can be passed through sex, even if the person does not have symptoms at the time.
- Zika can remain in semen longer than in other body fluids, including vaginal fluids, urine, and blood.

What we don't know

- How long Zika virus can stay in the semen of infected men or spread through sex.

What you should know about Zika and sex

Because Zika can cause certain birth defects, take steps to prevent your partner from getting Zika during her pregnancy.



If you have vaginal, anal, or oral (mouth-to-penis) sex, use a condom from start to finish, every time you have sex during your partner's pregnancy.

OR

Don't have sex with your partner during the pregnancy.



If you think you may have or had Zika, tell your doctor or healthcare provider

- About your symptoms.
- If you have taken steps to prevent mosquito bites.
- If you had sex without a condom with your pregnant partner.

www.cdc.gov/zika



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention