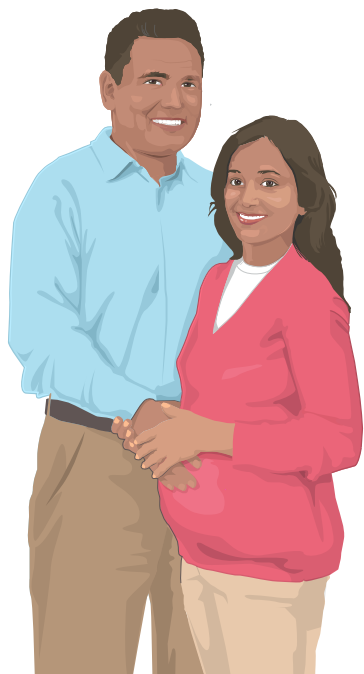


# **ZIKA AND SEX:** INFORMATION FOR MEN WHO HAVE PREGNANT PARTNERS AND LIVE IN OR RECENTLY TRAVELED TO AREAS WITH RISK OF ZIKA



## **What we know**

- Zika virus can be spread by a man with Zika to his sex partners.
- Zika can be passed through sex, even if the person does not have symptoms at the time.
- Zika can remain in semen longer than in other body fluids, including vaginal fluids, urine, and blood.

## **What we don't know**

- How long Zika virus can stay in the semen of infected men or spread through sex.

## **What you should know about Zika and sex**

Because Zika can cause certain birth defects, take steps to prevent your partner from getting Zika during her pregnancy.



**If you have vaginal, anal, or oral (mouth-to-penis) sex, use a condom from start to finish, every time you have sex during your partner's pregnancy.**

**OR**

**Don't have sex with your partner during the pregnancy.**



## **If you think you may have or had Zika, tell your doctor or healthcare provider**

- About your symptoms.
- If you have taken steps to prevent mosquito bites.
- If you had sex without a condom with your pregnant partner.

[www.cdc.gov/zika](http://www.cdc.gov/zika)



**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention