Mosquitoes can give you Zika when they bite:
- Zika can hurt your pregnancy
- Zika symptoms are fever, rash, headache, joint pain, red eyes, and muscle pain.

Protect yourself from mosquito bites outside:
- Use insect repellent
- Wear long-sleeved shirts and long pants

Get rid of mosquitoes at home:
- Dump water inside and outside
- Use screens on windows and doors
- Cover trashcans and rain barrels

Has your partner been to an area with risk of Zika?
If yes, use condoms every time you have sex.
- Women: Use condoms for at least 8 weeks.
- Men: Use condoms for at least 6 months.