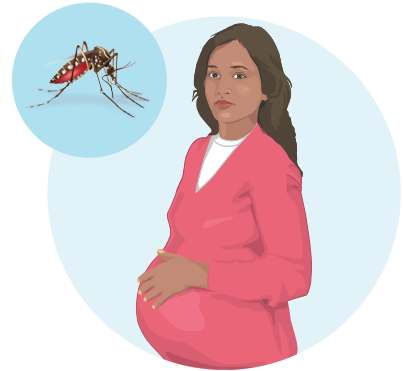


# WHAT YOU NEED TO KNOW ABOUT ZIKA



## Mosquitoes can give you Zika when they bite:

- Zika can hurt your pregnancy
- Zika symptoms are fever, rash, headache, joint pain, red eyes, and muscle pain.



- **Protect yourself from mosquito bites outside:**
- Use insect repellent
- Wear long-sleeved shirts and long pants

## Get rid of mosquitoes at home:

- Dump water inside and outside
- Use screens on windows and doors
- Cover trashcans and rain barrels



## Has your partner been to an area with risk of Zika? If yes, use condoms every time you have sex.

- Women: Use condoms for at least 8 weeks.
- Men: Use condoms for at least 6 months.



**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention