Effective mosquito control requires a combination of methods. Everyone should do their part to help control mosquitoes and protect pregnant women from Zika.

State or Local Government
- Apply insecticides to control mosquitoes. This may include truck, plane, or handheld spraying.
- Treat water with larvicides to kill larvae that hatch from eggs.
- Track mosquitoes and the viruses they carry.

Community
- Remove standing water in and around your community.
- Use, install, or repair window and door screens.
- Keep windows and doors shut.
- Use air conditioning when available.
- Use larvicides in water that can’t be removed and won’t be used for drinking.

Neighbors
- Remove standing water in and around your home.
- Use, install, or repair window and door screens.
- Keep windows and doors shut.
- Use air conditioning when available.

You
- Wear insect repellent.
- Cover up with long-sleeved shirts and long pants.
- Treat clothes with permethrin or buy treated clothes and gear.
- Use condoms with a partner who has been in an area with Zika.

Her
- Use insect repellent.
- Wear protective clothing.
- Use condoms with a partner who has been in an area with Zika.
- Talk to her doctor.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention