

Introduction

The Youth Risk Behavior Surveillance System (YRBSS) is an epidemiologic surveillance system that was established by the Centers for Disease Control and Prevention (CDC) to monitor the prevalence of youth behaviors that most influence health. The 1993 national school-based Youth Risk Behavior Survey (YRBS) is one component of the YRBSS.

The YRBS focuses on priority health-risk behaviors established during youth that result in the most significant mortality, morbidity, disability, and social problems during both youth and adulthood. These include: behaviors that result in unintentional and intentional injuries; tobacco use; alcohol and other drug use; sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STDs), and unintended pregnancies; dietary behaviors; and physical activity.

Results from the YRBS will be used by CDC to: (1) monitor how priority health-risk behaviors among high school students (grades 9-12) increase, decrease, or remain the same over time; (2) evaluate the impact of broad national, state, and local efforts to prevent priority health-risk behaviors; and (3) monitor progress in achieving relevant national health objectives for the year 2000. Results also will be used to help focus programs and policies for comprehensive school health education on the behaviors that contribute most to the leading causes of mortality and morbidity.

To make the data more widely available, a standardized diskette has been prepared for distribution. This Data Documentation Manual contains a detailed description of the diskette.

Data Characteristics

Record Length: 107

Number of Records: 16,296

User Services

Questions and comments concerning the 1993 national school-based YRBS may be addressed to:

1993 YRBS
Division of Adolescent and School Health
National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention
Mailstop K-33
4770 Buford Highway, NE
Atlanta, Georgia 30341-3724

or call Laura Kann at (404) 488-5330.

The Division of Adolescent and School Health will assist users as much as possible within the constraints of time and staff availability.

Methodology

The 1993 national school-based Youth Risk Behavior Survey (YRBS) used a three-stage cluster sample design to produce a nationally representative sample of 9th through 12th grade students in the United States. The target population consisted of all public and private school students in grades 9 through 12 in the fifty states and the District of Columbia. The first-stage sampling frame included 1,928 primary sampling units (PSUs) consisting of large counties or groups of smaller, adjacent counties. Fifty PSUs were selected from sixteen strata formed on the basis of urbanization and the relative percentage of black and Hispanic students in the PSU. The PSUs were selected with probabilities proportional to school enrollment size. At the second stage of selection, 199 schools were selected with probability proportional to school enrollment size. Schools with substantial numbers of black and Hispanic students were sampled at relatively higher rates than all other schools. The final stage of sampling consisted of randomly selecting within each chosen school at each grade 9 through 12, one or two intact classes of a required subject such as English or social studies. All students in selected classes were eligible to participate.

Survey Procedures

Survey procedures were designed to protect student privacy and allow for anonymous participation. The 87-item questionnaire was administered in the classroom by trained data collectors. Students recorded responses on computer scannable answer sheets. Parental consent was obtained prior to survey administration.

Response Rate

The school response rate was 78 percent and the student response rate was 90 percent. All totaled, 16,296 questionnaires were completed in 155 schools. The overall response rate was 70 percent.

Weighting

A weighting factor was applied to each student record to adjust for nonresponse and the oversampling of black and Hispanic students in the sample. The final, overall weights were scaled so that the weighted count of students was equal to the total sample size and the weighted proportions of students in each grade matched national population projections.

1993 NATIONAL SCHOOL-BASED YRBS CODEBOOK

Data Location	Item Number	Label and Code	Frequency
1-1	Q1	How old are you?	
		1 12 years old or younger	11
		2 13 years old	28
		3 14 years old	1564
		4 15 years old	3469
		5 16 years old	4079
		6 17 years old	4308
		7 18 years old or older	2809
		Missing	28
2-2	Q2	What is your sex?	
		1 Female	8233
		2 Male	8020
		Missing	43
3-3	Q3	In what grade are you?	
		1 9th grade	3927
		2 10th grade	3806
		3 11th grade	4126
		4 12th grade	4373
		5 Ungraded or other	32
		Missing	32
4-4	Q4	How do you describe yourself?	
		1 White - not Hispanic	6619
		2 Black - not Hispanic	3679
		3 Hispanic	4699
		4 Asian or Pacific Islander	543
		5 Native American or Alaskan Native	182
		6 Other	508
		Missing	66

Data Location	Item Number	Label and Code	Frequency
5-5	Q5	Compared to other students in your class, what kind of student would you say you are?	
		1 One of the best	3356
		2 Far above the middle	3111
		3 A little above the middle	3532
		4 In the middle	4700
		5 A little below the middle	1006
		6 Far below the middle	222
		7 Near the bottom	222
		Missing	147
6-6	Q6	How often do you wear a seat belt when riding in a car driven by someone else?	
		1 Never	1207
		2 Rarely	2447
		3 Sometimes	3501
		4 Most of the time	4740
		5 Always	4380
		Missing	21
7-7	Q7	During the past 12 months, how many times did you ride a motorcycle?	
		1 0 times	12355
		2 1 to 10 times	2592
		3 11 to 20 times	425
		4 21 to 39 times	193
		5 40 or more times	544
		Missing	187
8-8	Q8	When you rode a motorcycle during the past 12 months, how often did you wear a helmet?	
		1 I did not ride a motorcycle during the past 12 months	12272
		2 Never wore a helmet	1435
		3 Rarely wore a helmet	367
		4 Sometimes wore a helmet	304
		5 Most of the time wore helmet	388
		6 Always wore a helmet	1260
		Missing	270

Data Location	Item Number	Label and Code	Frequency
9-9	Q9	During the past 12 months, how many times did you ride a bicycle?	
		1 0 times	4781
		2 1 to 10 times	5919
		3 11 to 20 times	1824
		4 21 to 39 times	1008
		5 40 or more times	2363
		Missing	401
10-10	Q10	When you rode a bicycle during the past 12 months, how often did you wear a helmet?	
		1 I did not ride a bicycle during the past 12 months	4742
		2 Never wore a helmet	10302
		3 Rarely wore a helmet	280
		4 Sometimes wore a helmet	239
		5 Most of the time wore a helmet	134
		6 Always wore a helmet	173
		Missing	426
11-11	Q11	During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?	
		1 0 times	9825
		2 1 time	1868
		3 2 or 3 times	2419
		4 4 or 5 times	706
		5 6 or more times	1452
		Missing	26
12-12	Q12	During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?	
		1 0 times	13797
		2 1 time	924
		3 2 or 3 times	802
		4 4 or 5 times	200
		5 6 or more times	359
		Missing	214

Data Location	Item Number	Label and Code	Frequency
13-13	Q13	During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?	
		1 0 days	12169
		2 1 day	696
		3 2 or 3 days	888
		4 4 or 5 days	340
		5 6 or more days	1902
		Missing	301
14-14	Q14	During the past 30 days, on how many days did you carry a gun?	
		1 0 days	14539
		2 1 day	453
		3 2 or 3 days	408
		4 4 or 5 days	170
		5 6 or more days	559
		Missing	167
15-15	Q15	During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?	
		1 0 days	14160
		2 1 day	426
		3 2 or 3 days	423
		4 4 or 5 days	157
		5 6 or more days	944
		Missing	186
16-16	Q16	During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	
		1 0 days	15189
		2 1 day	515
		3 2 or 3 days	313
		4 4 or 5 days	81
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		Missing	26

Data Location	Item Number	Label and Code	Frequency
17-17	Q17	During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?	
		1 0 times	14915
		2 1 time	627
		3 2 or 3 times	393
		4 4 or 5 times	131
		5 6 or 7 times	49
		6 8 or 9 times	37
		7 10 or 11 times	16
		8 12 or more times	99
		Missing	29
18-18	Q18	During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?	
		1 0 times	10852
		2 1 time	2719
		3 2 or 3 times	1870
		4 4 or 5 times	409
		5 6 or 7 times	151
		6 8 or 9 times	75
		7 10 or 11 times	25
		8 12 or more times	167
		Missing	28
19-19	Q19	During the past 12 months, how many times were you in a physical fight?	
		1 0 times	9324
		2 1 time	2601
		3 2 or 3 times	2223
		4 4 or 5 times	679
		5 6 or 7 times	312
		6 8 or 9 times	156
		7 10 or 11 times	99
		8 12 or more times	514
		Missing	388

Data Location	Item Number	Label and Code	Frequency
20-20	Q20	The last time you were in a physical fight, with whom did you fight?	
		1 I have never been in a physical fight	6164
		2 A total stranger	1434
		3 A friend or someone I know	4141
		4 A boyfriend, girlfriend, or date	454
		5 A family member	1859
		6 Someone not listed above	1052
		7 More than one of the persons listed above	1062
		Missing	130
21-21	Q21	During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?	
		1 0 times	15448
		2 1 time	553
		3 2 or 3 times	111
		4 4 or 5 times	24
		5 6 or more times	26
		Missing	134
22-22	Q22	During the past 12 months, how many times were you in a physical fight on school property?	
		1 0 times	13351
		2 1 time	1687
		3 2 or 3 times	687
		4 4 or 5 times	113
		5 6 or 7 times	44
		6 8 or 9 times	34
		7 10 or 11 times	10
		8 12 or more times	70
		Missing	300
23-23	Q23	During the past 12 months, when you went swimming in places such as a pool, lake, or ocean, how often was an adult or a lifeguard watching you?	
		1 I did not go swimming during the past 12 months	3255
		2 Never	2460
		3 Rarely	2777
		4 Sometimes	2520
		5 Most of the time	2800
		6 Always	2464
		Missing	20

Data Location	Item Number	Label and Code	Frequency
24-24	Q24	During the past 12 months, did you ever seriously consider attempting suicide?	
		1 Yes	3894
		2 No	12375
		Missing	27
25-25	Q25	During the past 12 months, did you make a plan about how you would attempt suicide?	
		1 Yes	3032
		2 No	13226
		Missing	38
26-26	Q26	During the past 12 months, how many times did you actually attempt suicide?	
		1 0 times	13477
		2 1 time	808
		3 2 or 3 times	489
		4 4 or 5 times	101
		5 6 or more times	115
		Missing	1306
27-27	Q27	If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	
		1 I did not attempt suicide during the past 12 months	13439
		2 Yes	435
		3 No	1072
		Missing	1350
28-28	Q28	Have you ever tried cigarette smoking, even one or two puffs?	
		1 Yes	11260
		2 No	4895
		Missing	141

Data Location	Item Number	Label and Code	Frequency
29-29	Q29	How old were you when you smoked a whole cigarette for the first time?	
		1 I have never smoked a whole cigarette	7038
		2 Less than 9 years old	789
		3 9 or 10 years old	1115
		4 11 or 12 years old	2039
		5 13 or 14 years old	2804
		6 15 or 16 years old	1756
		7 17 or more years old	426
		Missing	329
30-30	Q30	Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?	
		1 Yes	3265
		2 No	12487
		Missing	544
31-31	Q31	How old were you when you first started smoking cigarettes regularly? (at least one cigarette every day for 30 days)	
		1 I have never have smoked cigarettes regularly	12477
		2 Less than 9 years old	100
		3 9 or 10 years old	187
		4 11 or 12 years old	538
		5 13 or 14 years old	1214
		6 15 or 16 years old	969
		7 17 or more years old	228
		Missing	583
32-32	Q32	During the past 30 days, on how many days did you smoke cigarettes?	
		1 0 days	11258
		2 1 or 2 days	1146
		3 3 to 5 days	642
		4 6 to 9 days	407
		5 10 to 19 days	490
		6 20 to 29 days	493
		7 All 30 days	1262
		Missing	598

Data Location	Item Number	Label and Code	Frequency
33-33	Q33	During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?	
		1 I did not smoke cigarettes during the past 30 days	11245
		2 Less than 1 cigarette per day	937
		3 1 cigarette per day	757
		4 2 to 5 cigarettes per day	1757
		5 6 to 10 cigarettes per day	601
		6 11 to 20 cigarettes per day	386
		7 More than 20 cigarettes per day	131
		Missing	482
34-34	Q34	During the past 30 days, on how many days did you smoke cigarettes on school property	
		1 0 days	14217
		2 1 or 2 days	597
		3 3 to 5 days	287
		4 6 to 9 days	153
		5 10 to 19 days	222
		6 20 to 29 days	222
		7 All 30 days	378
		Missing	220
35-35	Q35	During the past 6 months, did you try to quit smoking cigarettes?	
		1 Did not smoke	11350
		2 Yes	2809
		3 No	2072
		Missing	65
36-36	Q36	During the past 30 days, did you use chewing tobacco, such as Redman, Levi Garrett, or Beechnut, or snuff, such as Skoal, Skoal Bandits, or Copenhagen?	
		1 No, I did not use chewing tobacco or snuff during the past 30 days	14963
		2 Yes, chewing tobacco only	384
		3 Yes, snuff only	407
		4 Yes, both chewing tobacco and snuff	446
		Missing	96

Data Location	Item Number	Label and Code	Frequency
37-37	Q37	During the past 30 days, did you use chewing tobacco, such as Redman, Levi Garrett, or Beechnut, or snuff, such as Skoal, Skoal Bandits, or Copenhagen on school property?	
		1 No, I did not use chewing tobacco or snuff during the past 30 days	15464
		2 Yes, chewing tobacco only	186
		3 Yes, snuff only	307
		4 Yes, both chewing tobacco and snuff	231
		Missing	108
38-38	Q38	How old were you when you had your first drink of alcohol other than a few sips?	
		1 I have never had a drink of alcohol other than a few sips	2946
		2 Less than 9 years old	1729
		3 9 or 10 years old	1152
		4 11 or 12 years old	2167
		5 13 or 14 years old	3926
		6 15 or 16 years old	2660
		7 17 or more years old	463
		Missing	1253
39-39	Q39	During your life, on how many days have you had a least one drink of alcohol?	
		1 0 days	2960
		2 1 or 2 days	2153
		3 3 to 9 days	2474
		4 10 to 19 days	1749
		5 20 to 39 days	1840
		6 40 to 99 days	1647
		7 100 or more days	2039
		Missing	1434
40-40	Q40	During the past 30 days, on how many days did you have at least one drink of alcohol?	
		1 0 days	7990
		2 1 or 2 days	3303
		3 3 to 5 days	1782
		4 6 to 9 days	1160
		5 10 to 19 days	901
		6 20 to 29 days	197
		7 All 30 days	126
		Missing	837

Data Location	Item Number	Label and Code	Frequency
41-41	Q41	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	
		1 0 days	11354
		2 1 day	1487
		3 2 days	1007
		4 3 to 5 days	1051
		5 6 to 9 days	588
		6 10 to 19 days	327
		7 20 or more days	143
		Missing	339
42-42	Q42	During the past 30 days, on how many days did you have at least one drink of alcohol on school property?	
		1 0 days	15078
		2 1 or 2 days	709
		3 3 to 5 days	178
		4 6 to 9 days	68
		5 10 to 19 days	41
		6 20 to 29 days	11
		7 All 30 days	42
		Missing	169
43-43	Q43	How old were you when you tried marijuana for the first time?	
		1 I have never tried marijuana	10891
		2 Less than 9 years old	264
		3 9 or 10 years old	297
		4 11 or 12 years old	703
		5 13 or 14 years old	1728
		6 15 or 16 years old	1757
		7 17 or more years old	436
		Missing	220
44-44	Q44	During your life, how many times have you used marijuana?	
		1 0 times	10894
		2 1 or 2 times	1374
		3 3 to 9 times	1113
		4 10 to 19 times	650
		5 20 to 39 times	635
		6 40 to 99 times	472

Data Location	Item Number	Label and Code	Frequency
		7 100 or more times	903
		Missing	255
45-45	Q45	During the past 30 days, how many times did you use marijuana?	
		1 0 times	13281
		2 1 or 2 times	1051
		3 3 to 9 times	733
		4 10 to 19 times	360
		5 20 to 39 times	271
		6 40 or more times	338
		Missing	262
46-46	Q46	During the past 30 days, how many times did you use marijuana on school property?	
		1 0 times	15140
		2 1 or 2 times	463
		3 3 to 9 times	233
		4 10 to 19 times	125
		5 20 to 39 times	55
		6 40 or more times	90
		Missing	190
47-47	Q47	How old were you when you tried any form of cocaine, including powder, crack, or freebase, for the first time?	
		1 I have never tried cocaine	15049
		2 Less than 9 years old	39
		3 9 or 10 years old	47
		4 11 or 12 years old	86
		5 13 or 14 years old	338
		6 15 or 16 years old	407
		7 17 or more years old	206
		Missing	124
48-48	Q48	During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?	
		1 0 times	15045
		2 1 or 2 times	448
		3 3 to 9 times	230
		4 10 to 19 times	108
		5 20 to 39 times	95
		6 40 or more times	188
		Missing	182

Data Location	Item Number	Label and Code	Frequency
49-49	Q49	During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?	
		1 0 times	15702
		2 1 or 2 times	235
		3 3 to 9 times	115
		4 10 to 19 times	66
		5 20 to 39 times	27
		6 40 or more times	63
		Missing	88
50-50	Q50	During your life, how many times have you used the crack or freebase forms of cocaine?	
		1 0 times	15589
		2 1 or 2 times	288
		3 3 to 9 times	110
		4 10 to 19 times	53
		5 20 to 39 times	35
		6 40 or more times	81
		Missing	140
51-51	Q51	During your life, how many times have you used any other type of illegal drug, such as LSD, PCP, ecstasy, mushrooms, speed, ice, heroin, or pills without a doctor's prescription?	
		1 0 times	14036
		2 1 or 2 times	850
		3 3 to 9 times	571
		4 10 to 19 times	295
		5 20 to 39 times	187
		6 40 or more times	300
		Missing	57
52-52	Q52	During your life, how many times have you taken steroid pills or shots without a doctor's prescription?	
		1 0 times	15818
		2 1 or 2 times	187
		3 3 to 9 times	89
		4 10 to 19 times	51
		5 20 to 39 times	27
		6 40 or more times	65
		Missing	59

Data Location	Item Number	Label and Code	Frequency
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Data Location	Item Number	Label and Code	Frequency
53-53	Q53	During your life, have you ever injected (shot up) any illegal drug?	
		1 Yes	238
		2 No	15989
		Missing	69
54-54	Q54	During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?	
		1 Yes	3833
		2 No	12398
		Missing	65
55-55	Q55	Have you ever been taught about AIDS/HIV infection in school?	
		1 Yes	13583
		2 No	1624
		3 Not sure	1049
		Missing	40
56-56	Q56	Have you ever talked about AIDS/HIV infection with your parents or other adults in your family?	
		1 Yes	10661
		2 No	4738
		3 Not sure	854
		Missing	43
57-57	Q57	Have you ever had sexual intercourse?	
		1 Yes	9019
		2 No	6873
		Missing	404
58-58	Q58	How old were you when you had sexual intercourse for the first time?	
		1 I have never had sexual intercourse	6872
		2 Less than 12 years old	1060
		3 12 years old	914
		4 13 years old	1308
		5 14 years old	1807
		6 15 years old	1866
		7 16 years old	1357
		8 17 or more years old	696
		Missing	416

Data Location	Item Number	Label and Code	Frequency
59-59	Q59	During your life, with how many people have you had sexual intercourse?	
		1 I have never had sexual intercourse	6859
		2 1 person	2755
		3 2 people	1569
		4 3 people	1156
		5 4 people	733
		6 5 people	545
		7 6 or more people	2227
		Missing	452
60-60	Q60	During the past 3 months, with how many people did you have sexual intercourse?	
		1 I have never had sexual intercourse	6871
		2 I have had sexual intercourse, but not in the past 3 months	2556
		3 1 person	4433
		4 2 people	978
		5 3 people	433
		6 4 people	217
		7 5 people	81
		8 6 or more people	299
		Missing	428
61-61	Q61	Did you drink alcohol or use drugs before you had sexual intercourse the last time?	
		1 I have never had sexual intercourse	6866
		2 Yes	1739
		3 No	7260
		Missing	431
62-62	Q62	The last time you had sexual intercourse, did you or your partner use a condom?	
		1 I have never had sexual intercourse	6850
		2 Yes	4913
		3 No	3990
		Missing	543

Data Location	Item Number	Label and Code	Frequency
63-63	Q63	The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?	
		1 I have never had sexual intercourse	6868
		2 No method was used to prevent pregnancy	1750
		3 Birth control pills	1124
		4 Condoms	4367
		5 Withdrawal	1178
		6 Some other method	250
		7 Not sure	180
		Missing	579
64-64	Q64	How many times have you been pregnant or gotten someone pregnant?	
		1 0 times	14503
		2 1 time	1088
		3 2 or more times	355
		4 Not sure	194
		Missing	156
65-65	Q65	Have you ever been told by a doctor or nurse that you had a sexually transmitted disease such as genital herpes, genital warts, chlamydia, syphilis, gonorrhea, AIDS, or HIV infection?	
		1 Yes	681
		2 No	15526
		Missing	89
66-66	Q66	How do you think of yourself?	
		1 Very underweight	482
		2 Slightly underweight	2582
		3 About the right weight	7699
		4 Slightly overweight	4657
		5 Very overweight	788
		Missing	88
67-67	Q67	Which of the following are you trying to do?	
		1 Lose weight	6420
		2 Gain weight	3775
		3 Stay the same weight	3074
		4 I am not trying to do anything about my weight	2944
		Missing	83

Data Location	Item Number	Label and Code	Frequency
68-68	Q68	During the past 7 days, which one of the following did you do to lose weight or to keep from gaining weight?	
		1 I did not try to lose weight or keep from gaining weight	7909
		2 I dieted	942
		3 I exercised	4074
		4 I exercised and dieted	2370
		5 I used some other method, but I did not exercise or diet	896
		Missing	105
69-69	Q69	During the past 7 days, which one of the following did you do to lose weight or to keep from gaining weight?	
		1 I did not try to lose weight or keep from gaining weight	9728
		2 I made myself vomit	300
		3 I took diet pills	227
		4 I made myself vomit and took diet pills	69
		5 I used some other method, but I did not vomit or take diet pills	5841
		Missing	131
70-70	Q70	Yesterday, did you eat fruit?	
		1 No	7238
		2 Yes, once only	5196
		3 Yes, twice or more	3746
		Missing	116
71-71	Q71	Yesterday, did you drink fruit juice?	
		1 No	6530
		2 Yes, once only	5000
		3 Yes, twice or more	4645
		Missing	121
72-72	Q72	Yesterday, did you eat green salad?	
		1 No	11762
		2 Yes, once only	3764
		3 Yes, twice or more	643
		Missing	127

Data Location	Item Number	Label and Code	Frequency
73-73	Q73	Yesterday, did you eat cooked vegetables?	
		1 No	9249
		2 Yes, once only	5448
		3 Yes, twice or more	1482
		Missing	117
74-74	Q74	Yesterday, did you eat hamburger, hot dogs, or sausage?	
		1 No	8843
		2 Yes, once only	5734
		3 Yes, twice or more	1602
		Missing	117
75-75	Q75	Yesterday, did you eat french fries or potato chips?	
		1 No	6802
		2 Yes, once only	7319
		3 Yes, twice or more	2052
		Missing	123
76-76	Q76	Yesterday, did you eat cookies, doughnuts, pie, or cake?	
		1 No	6649
		2 Yes, once only	6500
		3 Yes, twice or more	3012
		Missing	135
77-77	Q77	On how many of the past 7 days did you exercise or participate in sports activities for at least 20 minutes that made you sweat and breathe hard, such as basketball, jogging, fast dancing, swimming laps, tennis, fast bicycling, or similar aerobic activities?	
		1 0 days	3117
		2 1 day	1463
		3 2 days	1735
		4 3 days	1892
		5 4 days	1453
		6 5 days	2239
		7 6 days	1090
		8 7 days	3181
		Missing	126

Data Location	Item Number	Label and Code	Frequency
78-78	Q78	On how many of the past 7 days did you do stretching exercises, such as toe touching, knee bending, or leg stretching	
		1 0 days	4810
		2 1 day	1562
		3 2 days	1660
		4 3 days	1758
		5 4 days	1171
		6 5 days	2083
		7 6 days	761
		8 7 days	2362
		Missing	129
79-79	Q79	On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting	
		1 0 days	5298
		2 1 day	1423
		3 2 days	1693
		4 3 days	1913
		5 4 days	1287
		6 5 days	1852
		7 6 days	652
		8 7 days	2044
		Missing	134
80-80	Q80	On how many of the past 7 days did you walk or bicycle for at least 30 minutes at a time (including walking or bicycling to or from school)?	
		1 0 days	6849
		2 1 day	1756
		3 2 days	1603
		4 3 days	1238
		5 4 days	759
		6 5 days	1381
		7 6 days	388
		8 7 days	2182
		Missing	140
81-81	Q81	In an average week when you are in school, on how many days do you go to physical education (PE) classes?	
		1 0 days	8239
		2 1 day	489
		3 2 days	486
		4 3 days	775
		5 4 days	379

Data Location	Item Number	Label and Code	Frequency
		6 5 days	5785
		Missing	143
82-82	Q82	During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?	
		1 I do not take PE	7770
		2 Less than 10 minutes	690
		3 10 to 20 minutes	1263
		4 21 to 30 minutes	2167
		5 More than 30 minutes	4259
		Missing	147
83-83	Q83	During the past 12 months, on how many sports teams run by your school, did you play?	
		1 0 teams	9092
		2 1 team	3661
		3 2 teams	2010
		4 3 or more teams	1347
		Missing	186
84-84	Q84	During the past 12 months, on how many sports teams run by organizations outside of your school, did you play?	
		1 None	10874
		2 1 team	3287
		3 2 teams	1177
		4 3 or more teams	799
		Missing	159
85-85	Q85	During this school year, in how many class periods were you taught about AIDS/HIV infection?	
		1 0 periods	4833
		2 1 to 2 periods	7076
		3 3 to 5 periods	1703
		4 6 to 10 periods	463
		5 11 or more periods	282
		6 Not sure	1424
		Missing	515
86-86	Q86	How far in school did your mother go?	
		1 Did not finish school	3218
		2 Graduated from high school	3784
		3 Some after high school	3298
		4 Graduated from college	4123

Data Location	Item Number	Label and Code	Frequency
		5 Not sure	1246
		Missing	627
87-87	Q87	How far in school did your father go?	
		1 Did not finish school	2895
		2 Graduated from high school	3385
		3 Some after high school	2727
		4 Graduated from college	4563
		5 Not sure	2089
		Missing	637
88-97	WEIGHT	Weight variable*	
98-102	PSU	Primary sampling unit	
103-106	STRATUM	Stratum	
107-107	GREG	Geographic Region	
		1 Northeast	2261
		2 Midwest	2474
		3 South	7462
		4 West	4099

*The Weight field contains a decimal point in position 89.