Your nephew here

Your sister here

Your student here

cousin here

Your grandchild here

Your cousin here

Your niece here

Your brother here

PLACES THAT BUILD HAPPY, HEALTHY CHILDREN SHOULDN'T BE DESERTED

Children who spend too much time in front of a computer or TV may be missing out. Being part of a team, like playing in an orchestra or other group activity, can increase their capacity to learn, develop self-discipline, and instill an appreciation for the rewards that come from hard work. Open the world to the children in your life by encouraging them to go out and play.

Visit **www.VERBparents.com** for information on activities for children.

A CAMPAIGN TO BUILD HEALTHY CHILDREN

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