



CDC WORKSITE HEALTH SCORECARD

2019 Employer Tobacco Cessation Program Profile

The CDC ScoreCard is a tool to help employers assess whether their health promotion programs are based on the best evidence for improving employees' health and wellness.

<https://www.cdc.gov/workplacehealthpromotion/initiatives/healthscorecard/index.html>

Tobacco use remains the leading cause of preventable disease, disability, and death in the United States with over 47 million U.S. adults currently using any tobacco product.¹ Smoking harms nearly every organ of the body, causing many diseases and affecting the health of smokers in general. Quitting smoking has immediate as well as long-term health benefits.

What Evidence-Based Practices Does the ScoreCard Assess?

PROGRAMS



Opportunities to begin, change, or maintain health behaviors

POLICIES



Formal or informal statements to protect or promote health

ENVIRONMENTAL SUPPORTS



Physical factors at work that help protect and enhance health

BENEFITS



Overall compensation, including health insurance

How Are Employers Doing in Promoting Tobacco Cessation?

70% of employers have a comprehensive workplace tobacco control program^a including education, policies, and benefits strategies

739 worksites (**76%**) have a tobacco use ban policy in place covering 705,277 employees

On average, employers have 5 of 8 (**63%**) Tobacco Control ScoreCard strategies in place



¹ Wang TW, Asman K, Gentzke AS, et al. Tobacco Product Use Among Adults — United States, 2017. MMWR Morb Mortal Wkly Rep 2018;67:1225–1232. DOI: <http://dx.doi.org/10.15585/mmwr.mm6744a2>.

^aComprehensive programs refer to a coordinated set of strategies, which include programs, policies, benefits, environmental supports, and links to the surrounding community that are designed to meet the health and safety needs of all employees. The 2019 CDC ScoreCard tobacco use module does not include any questions related to environmental supports.



Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion

**TOBACCO CONTROL
SCORECARD STRATEGIES**

STRATEGY^b

**PERCENTAGE OF
WORKSITES^c WITH
STRATEGY IN PLACE
(2019 SCORE)**



Prohibit the sale of tobacco products on worksite premises

94%



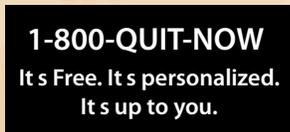
Provide health insurance coverage with free or subsidized out-of-pocket costs for FDA approved prescription tobacco cessation medications

77%



Have and promote a written policy banning tobacco use at the worksite

76%



Provide educational materials that address tobacco cessation

71%



Provide and promote free or subsidized lifestyle coaching/counseling or self-management programs that equip employees with skills and motivation to quit using tobacco

68%



Provide health insurance coverage with free or subsidized out-of-pocket costs for FDA approved over-the-counter nicotine replacement products

64%



Provide and promote interactive educational programming on tobacco cessation

52%



Provide financial incentives for being a current nonsmoker and for current smokers who are actively trying to quit tobacco by participating in a free or subsidized, evidence-based cessation program

41%

^b Evidence-based practices (i.e., programs, policies, environmental supports, benefits) in the CDC Worksite Health ScoreCard have a weighted score from 1 to 3 points, derived from the strategy's impact on population health outcomes and the strength of the scientific evidence supporting this impact.

^c Percentages based on 970 ScoreCard submissions in 2019.