



CDC WORKSITE HEALTH SCORECARD

2017 Employer Profile

The ScoreCard is a tool to help employers assess whether their health promotion programs are based on the best evidence for improving employees' health and wellness.

What Evidence-Based Practices Does the ScoreCard Assess?

PROGRAMS



Opportunities to begin, change, or maintain health behaviors

POLICIES



Formal or informal statements to protect or promote health

ENVIRONMENTAL SUPPORTS



Physical factors at work that help protect and enhance health

BENEFITS



Overall compensation, including health insurance

“ The CDC Worksite Health ScoreCard provides us with an objective and holistic way to measure wellness topics. It also helps us develop action items to improve our score from year to year.

—Kevin Kauffman
Wellness champion, CoreSource, a mid-sized national provider of benefit plan administration and care management services.

How Are Employers Doing?

26% of employers will spend the same amount or more on wellness programs next year

Average employer scored 6% higher in 2017 than 2016

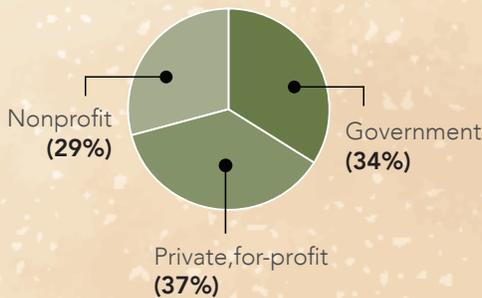
Employers have reached 579,641 employees with ScoreCard strategies

49% of employers have a paid health promotion coordinator

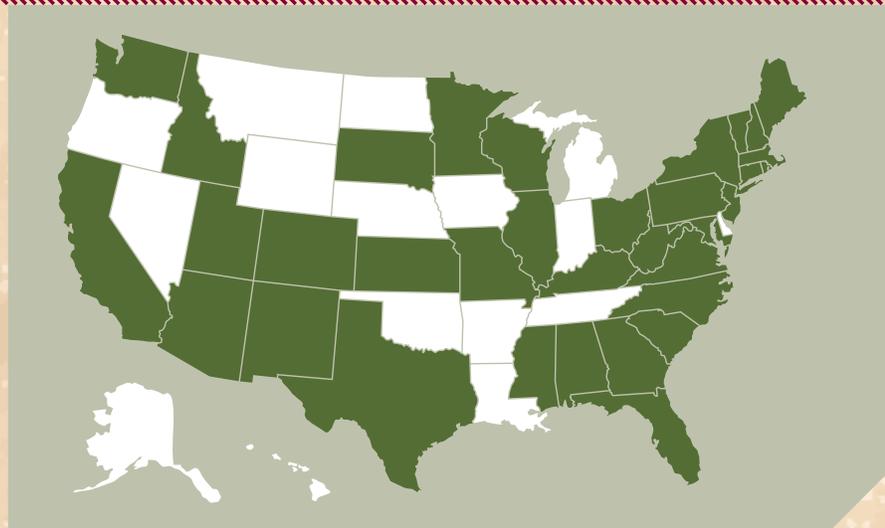
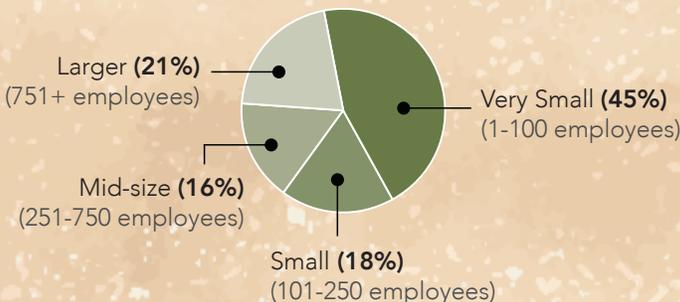
Average employer has 80 of 122 (66%) ScoreCard strategies in place

Who Is Using the ScoreCard?

BUSINESS TYPE



EMPLOYER SIZE



568 worksites from 363 employers in 34 states submitted ScoreCards



Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion

**SCORECARD
TOPIC**

STRATEGY

**% WORKSITES WITH
STRATEGY
IN PLACE (2017 SCORE)**



Tobacco Control

Have a policy banning tobacco use

81%



Lactation Support

Provide private space for mothers to pump

79%



Vaccine Preventable Diseases

Provide on-site flu shots

79%



Organizational Support

Have a health promotion champion

77%



Emergency Response to Heart Attack and Stroke

Have Automated External Defibrillator(AED)inplace

75%



Occupational Health and Safety

Have an occupational health and safety professional

67%



Stress Management

Involve employees in decisions about workplace issues that affectstress

62%



High Blood Pressure

Provide blood pressure screening

56%



Physical Activity

Have physical activity programs

55%



Depression

Offer depression counseling

53%



Diabetes

Have diabetes self-management programs

52%



Weight Management

Provide education on weight management

49%



High Cholesterol

Provide cholesterol screening

43%



Signs and Symptoms of Heart Attack and Stroke

Post information in common areas about the signs of a heart attack

32%



Nutrition

Make a majority of items in vending machines, cafeterias, and snack bars healthy

26%