

# Fact Sheet Work@Health Wellness Champion

# What is a Work@Health Wellness Champion?

Work@Health provides expert training, technical assistance, and support to employers nationwide for building effective worksite health programs.

Work@Health Wellness Champions use their networks and contacts to promote the program to potential employers and professionals who are interested in becoming Work@Health certified trainers.

#### These organizations include:

- Health departments
- Business coalitions
- Professional associations
- Public health-based nonprofits
- Trade associations.



### Work@Health Wellness Champion Benefits

- CDC recognition as a Work@Health program partner
- Worksite wellness expertise and capacity-building for your organization and members
- Access to up-to-date worksite wellness resources that you can share
- Priority placement for future Work@Health training opportunities and classes

## What do Work@Health Wellness Champions Do?

- Promote Work@Health to network members and prospective participants
- Appoint Work@Health point-of-contact to coordinate Work@Health promotion
- Assist Work@Health team with follow-up activities

Consider participating in the Work@Health Train-the-Trainer program and being a resource for its membership.

More information can be found at: <a href="www.cdc.gov/workathealth">www.cdc.gov/workathealth</a>.

You also may e-mail workplacehealth@cdc.gov.

