CALLING ALL EMPLOYERS
Supporting the well-being of your employees benefits them, and it also makes good business sense!

HEART DISEASE AND STROKE ARE BAD FOR BUSINESS

Cardiovascular disease costs the U.S. more than $329 BILLION each year, more than any other health condition.

AVERAGE YEARLY COST PER EMPLOYEE
over a week in absences and $1,100 more in lost productivity.

$199 BILLION Direct Costs (medical and pharmacy costs)

$130 BILLION Indirect Costs (productivity loss from premature mortality)

$53.2 BILLION for high blood pressure alone²

16% of employers provided information* to their employees last year on how to manage cardiovascular disease³

23% of employers provided at least one of these screenings to their employees last year: blood pressure (23%), cholesterol (20%), diabetes (19%)³

THERE’S MORE EMPLOYERS CAN DO, AND IT DOESN’T HAVE TO COST A LOT

1. Provide Onsite Screenings
2. Go for a Walk
3. Go Smokefree

Visit the Workplace Health Resource Center for more information and ideas.

www.cdc.gov/whrc/

