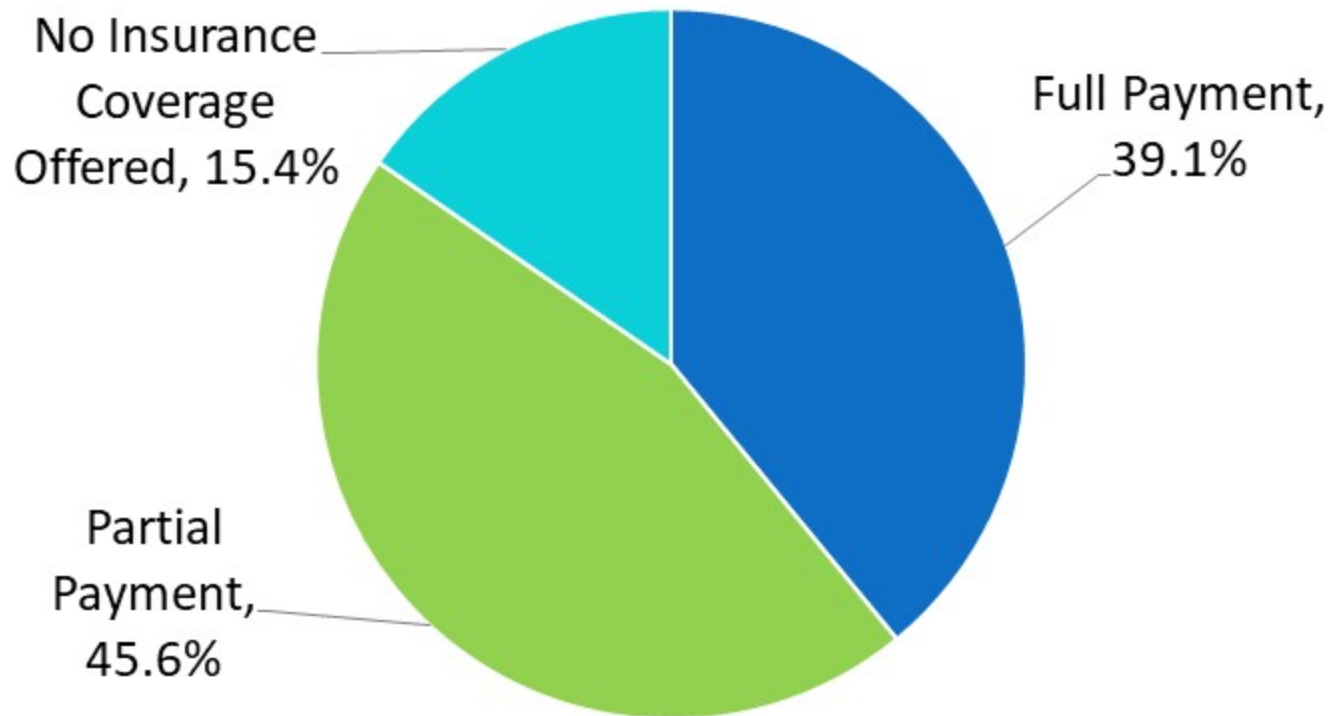




# **Centers for Disease Control and Prevention Workplace Health in America Survey, 2017**

## **Data Chart Pack Release Date: 4/22/19**

# Percentage of U.S. Worksites Offering Full, Partial, or No Payment of Premiums for Full-Time Employees' Health Insurance, 2017



Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.  
84.7% of employers offered either full or partial health insurance.

Source: CDC Workplace Health in America Survey, 2017



## Percentage of U.S. Worksites that Offered Employees a Health Risk Assessment, 2017



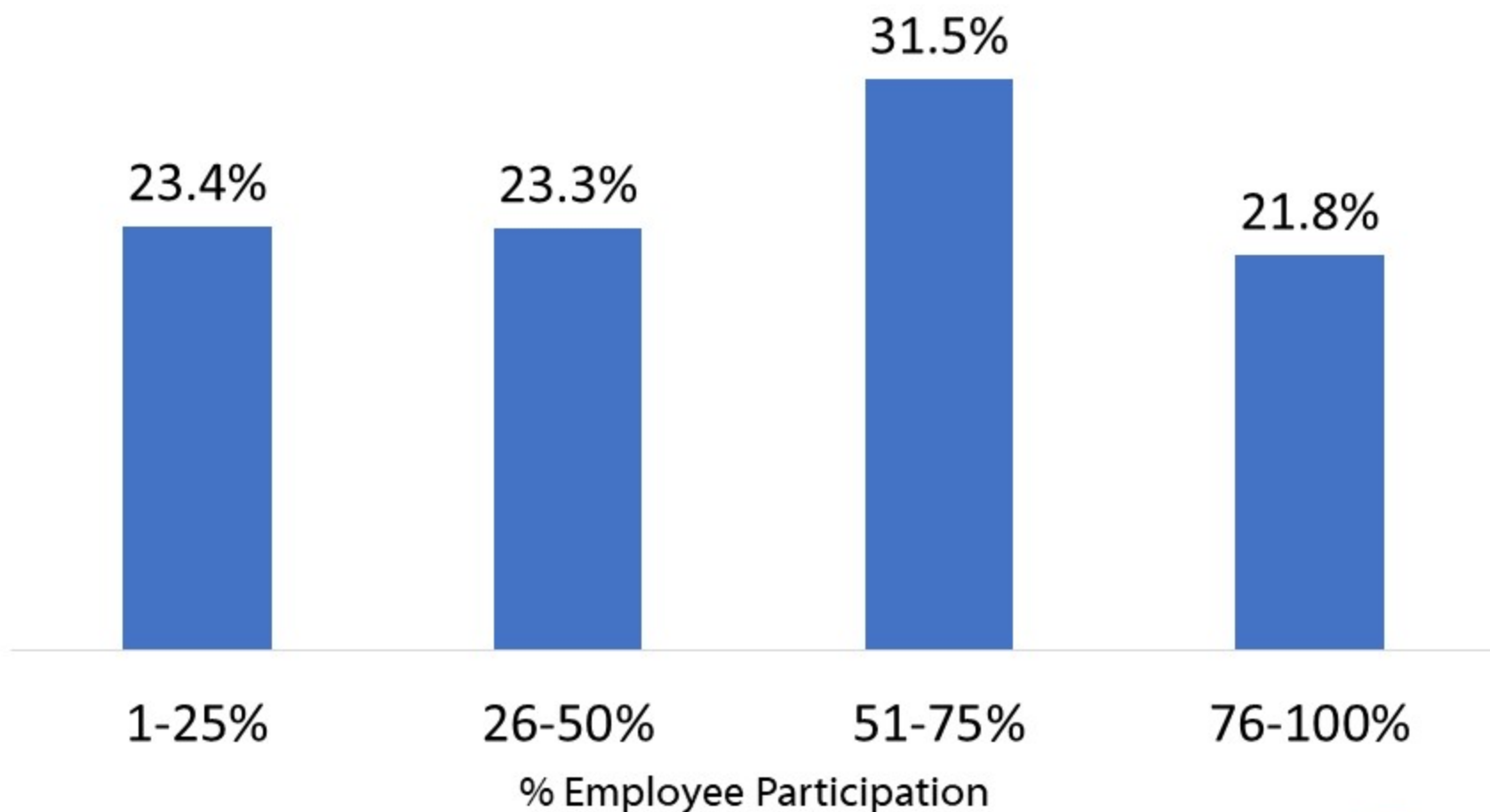
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Level of Employee Participation in Health Risk Assessments, 2017

Among U.S. worksites that offered a health risk assessment



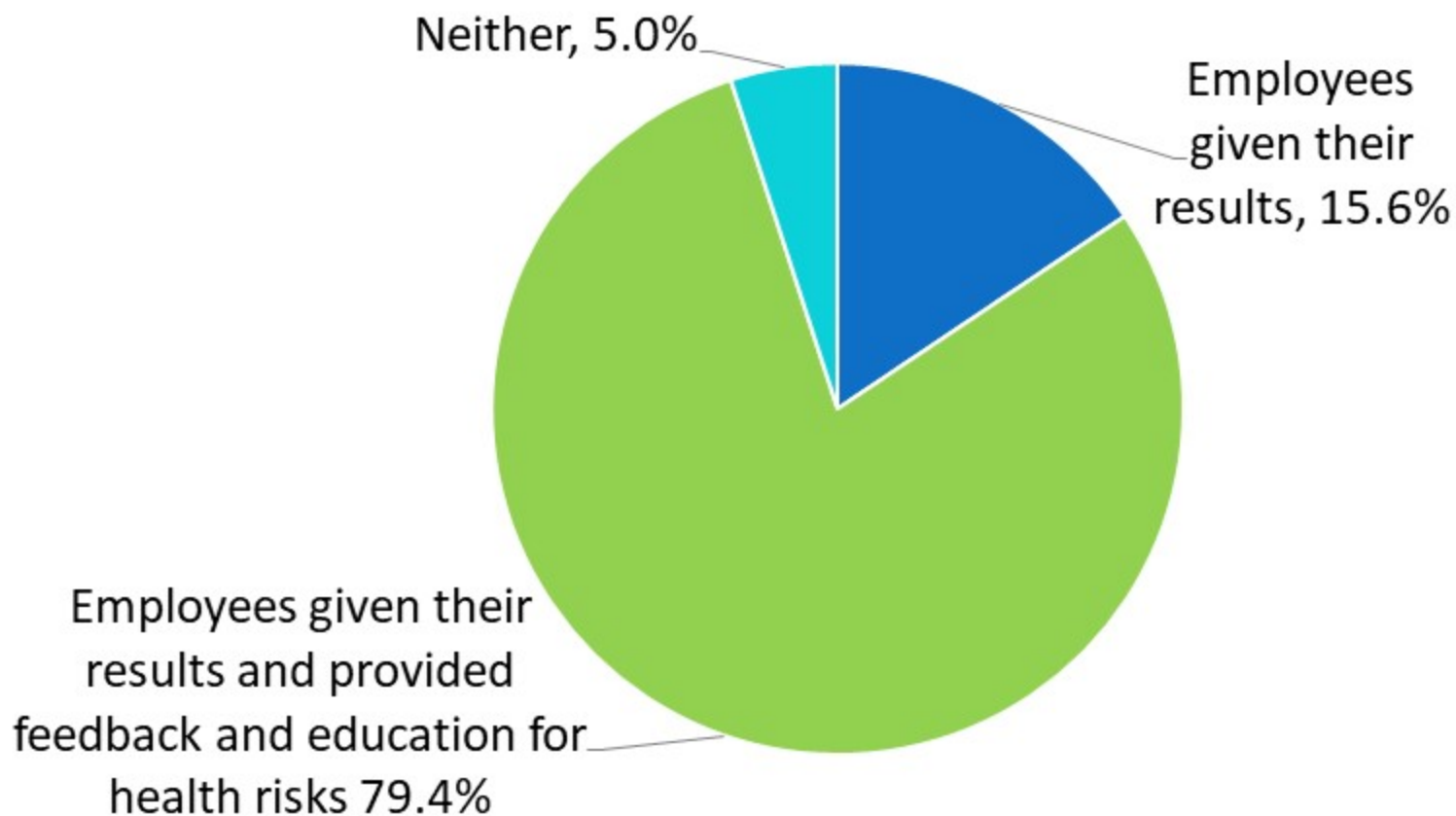
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Action Taken after Employees Completed a Health Risk Assessment, 2017

Among U.S. worksites that offered a health risk assessment



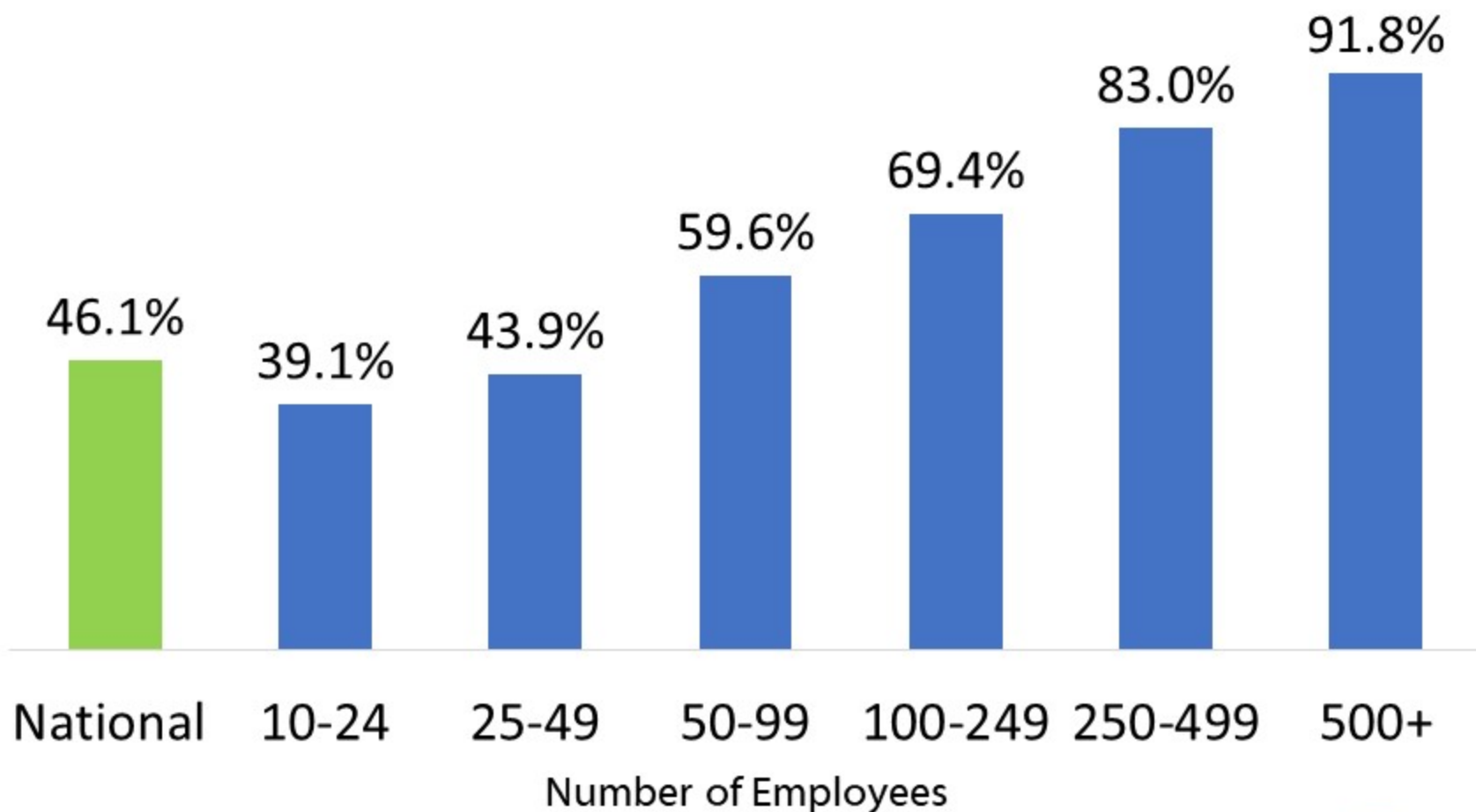
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites Offering Any Type of Health Promotion Program by Worksite Size, 2017

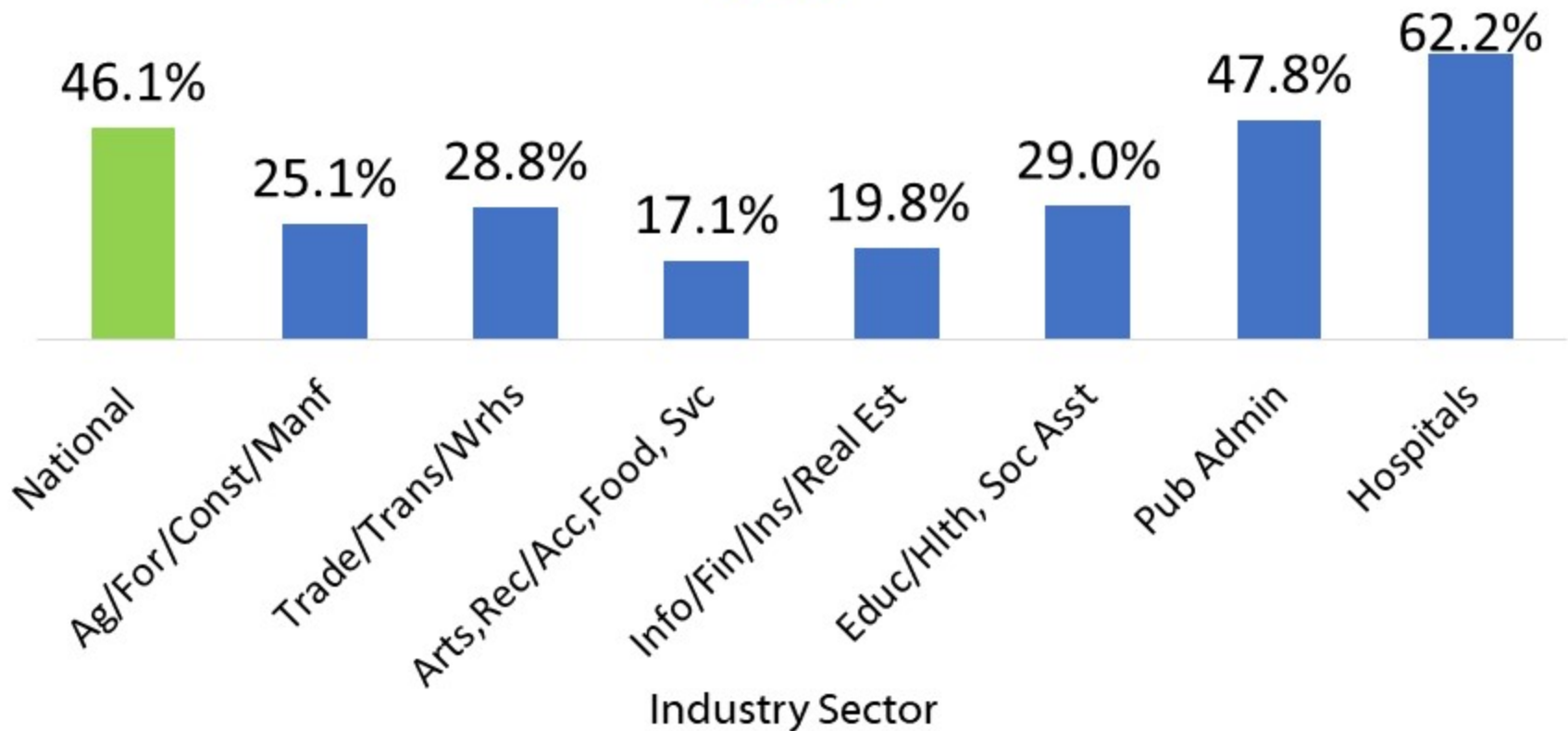


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Offering Any Type of Health Promotion Program by Industry Group, 2017



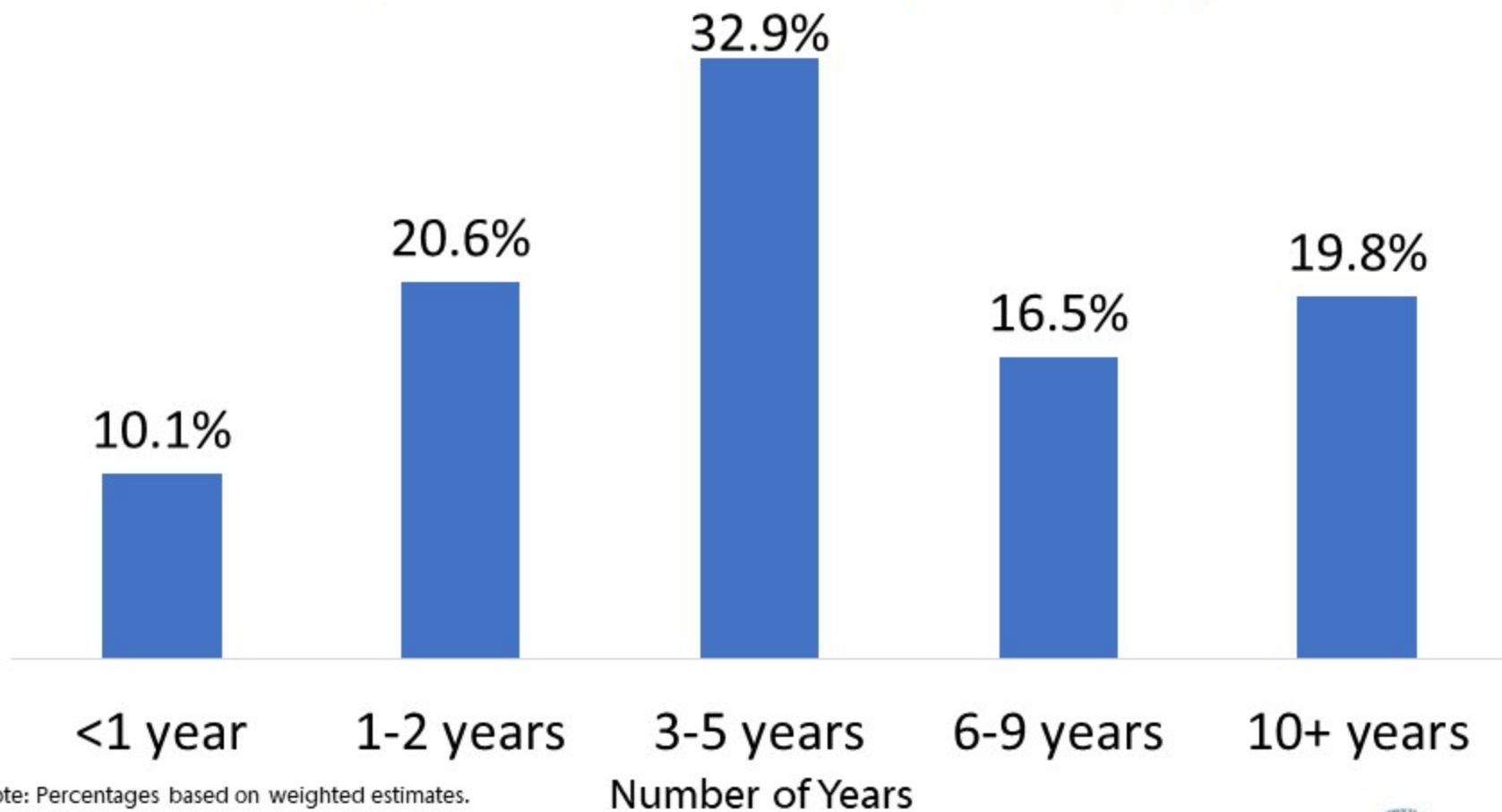
Note: Ag/For/Const/Manf = Agriculture, Forestry, Fishing; Mining; Utilities; Construction; Manufacturing  
Trade/Trans/Wrhs = Wholesale/Retail Trade; Transportation; Warehousing  
Arts, Rec/Acc, Food, Svc = Arts, Entertainment, Recreation; Accommodations and Food Service; Other Services  
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Management; Administration Support; Waste Management  
Educ/Hlth, Soc Asst = Education Services; Health Care & Social Assistance  
Pub Admin = Local, State, and Federal Public Administration.  
Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites with a Health Promotion Program in Place for Less than 1 Through More than 10 Years, 2017

Among U.S. worksites with a health promotion program



Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

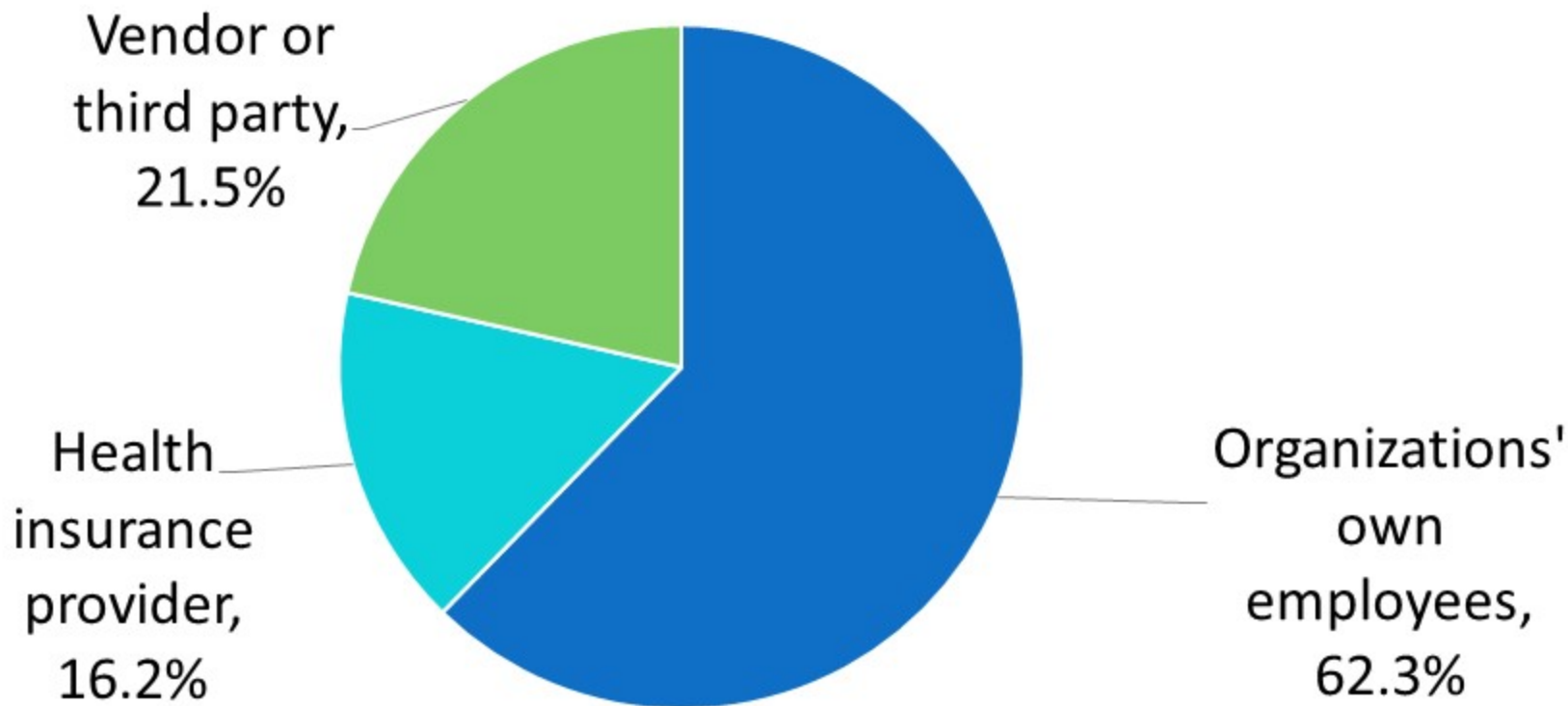
Source: CDC Workplace Health in America Survey, 2017





# Organization with Primary Responsibility for Managing Worksite Health Promotion Programs, 2017

Among U.S. worksites with a health promotion program



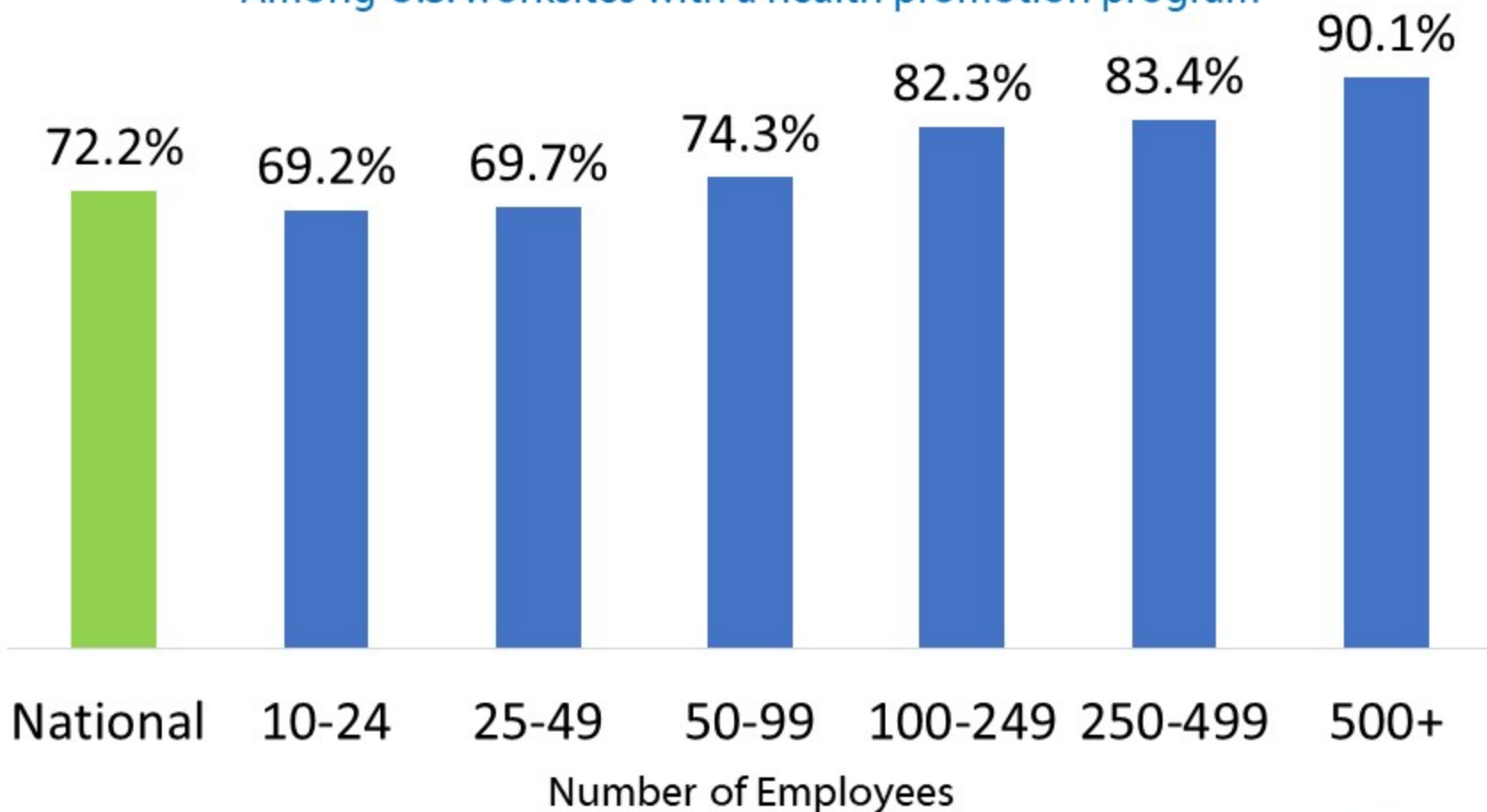
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites with At Least One Person Assigned Responsibility for Health Promotion at the Worksite by Worksite Size, 2017

Among U.S. worksites with a health promotion program



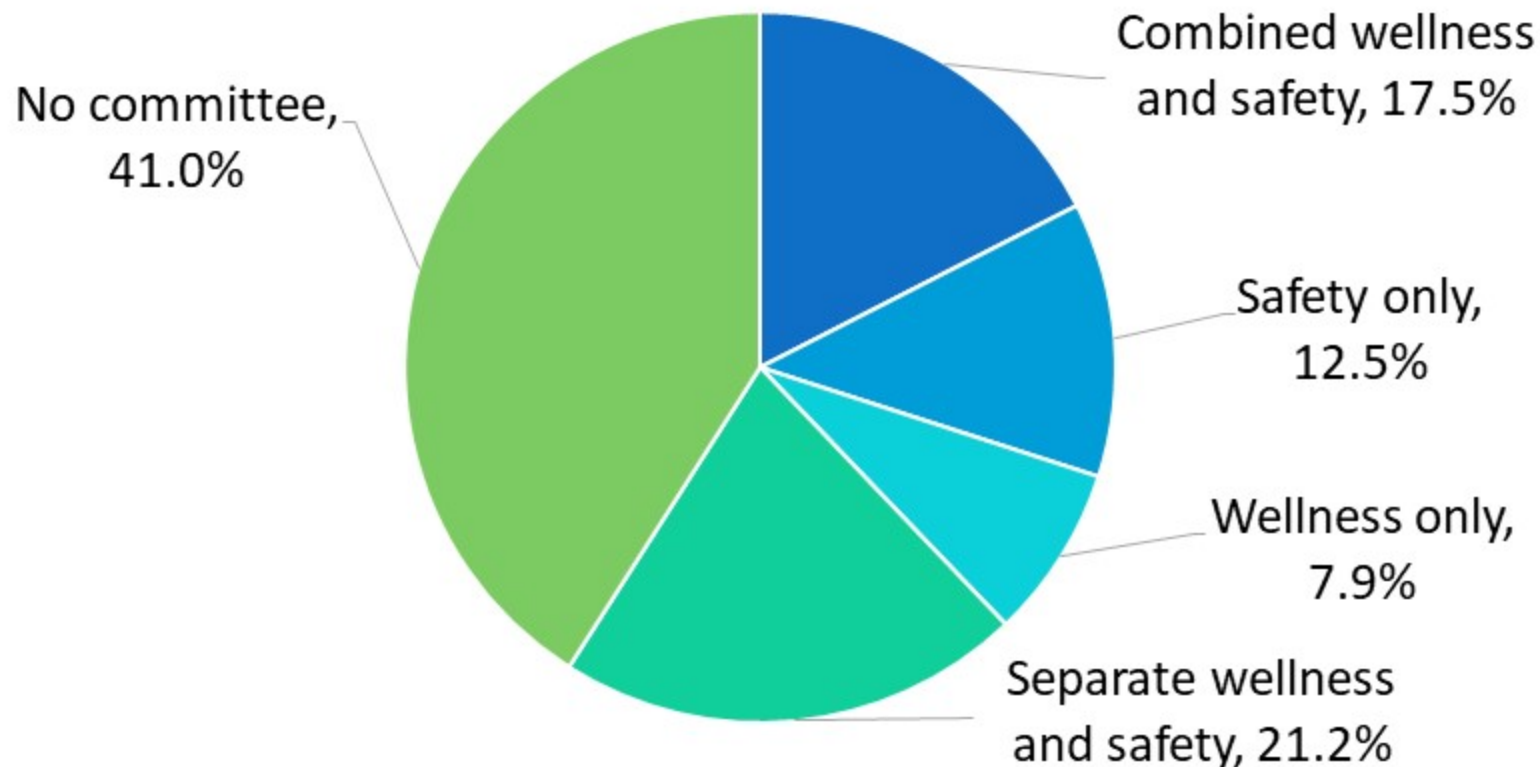
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites with Committees that Address Health Promotion, Safety, or Both, 2017

Among U.S. worksites with a health promotion program



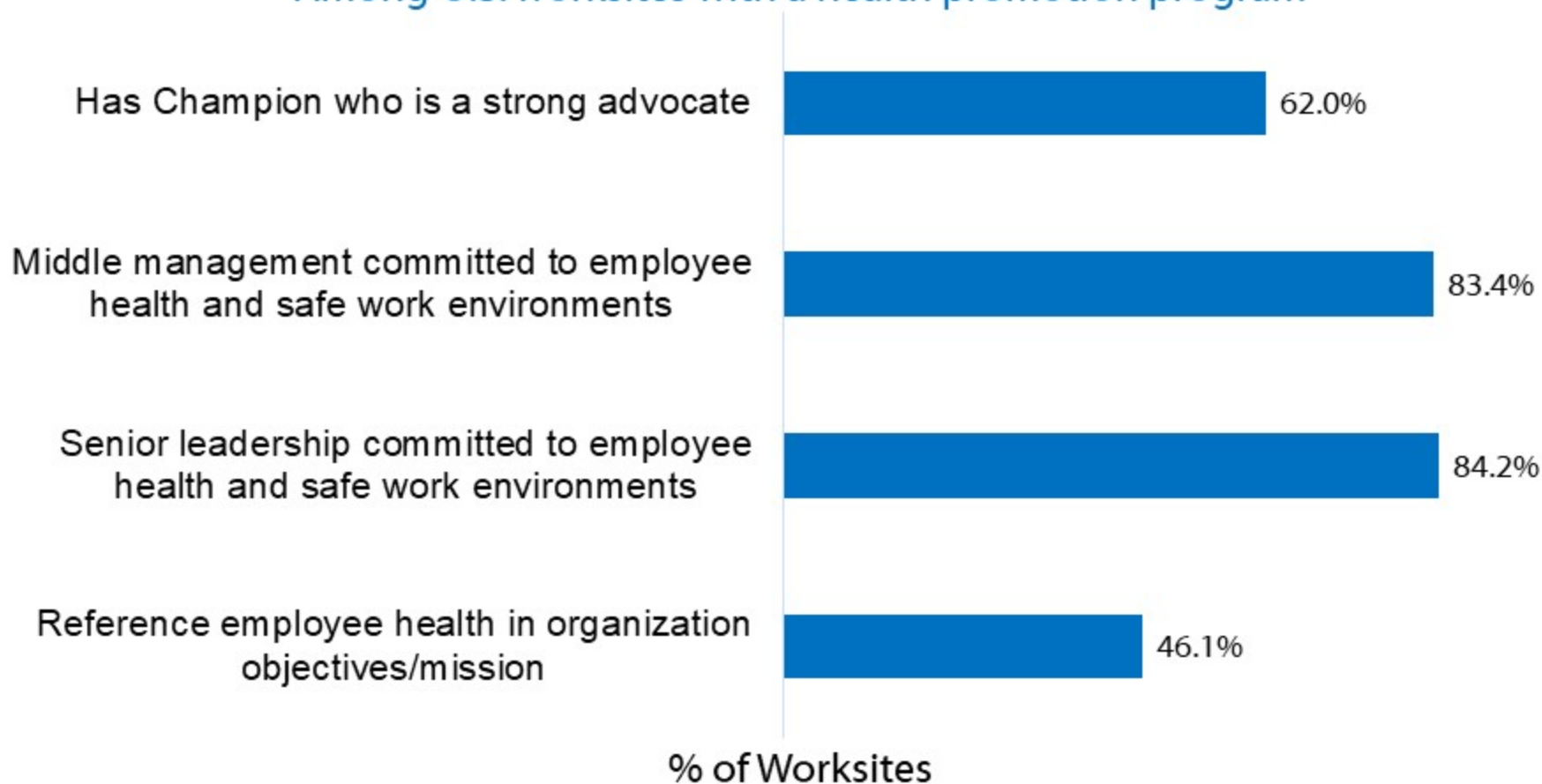
Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites with Visible Support for Employee Health, 2017

Among U.S. worksites with a health promotion program



Note: Percentages based on weighted estimates.

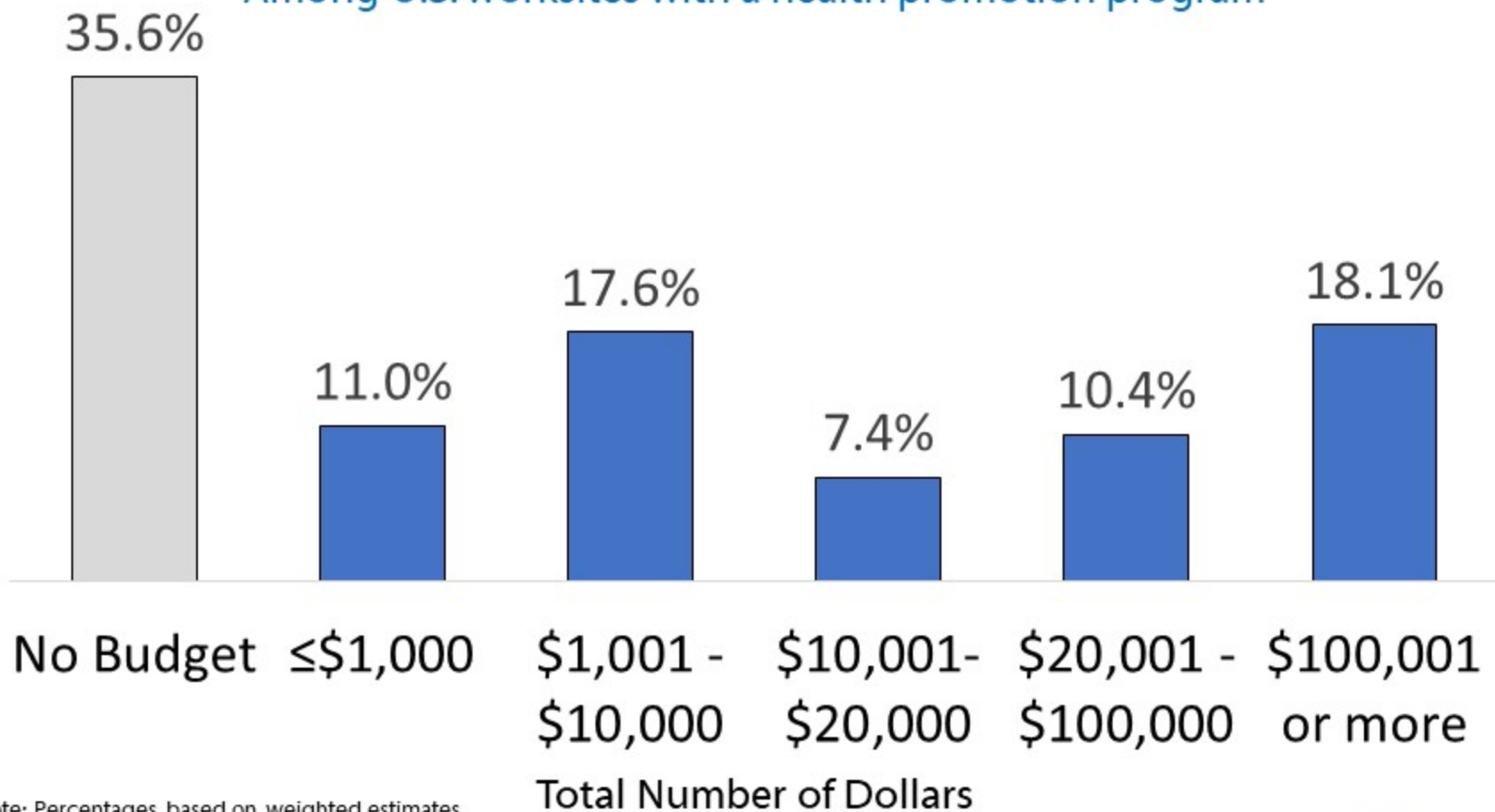
Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites with an Annual Budget for Health Promotion, 2017

Among U.S. worksites with a health promotion program



Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites with Annual Health Promotion Planning and Plan Features, 2017

Among U.S. worksites with a health promotion program

Program uses data to help decide what to offer 53.3%

Has annual health promotion plan 58.9%

Among U.S. Worksites with an annual health plan:

Plan includes clear implementation responsibilities 77.8%

Plan includes strategies to promote the program 88.8%

Plan has specific measurable goals 65.3%

% of Worksites

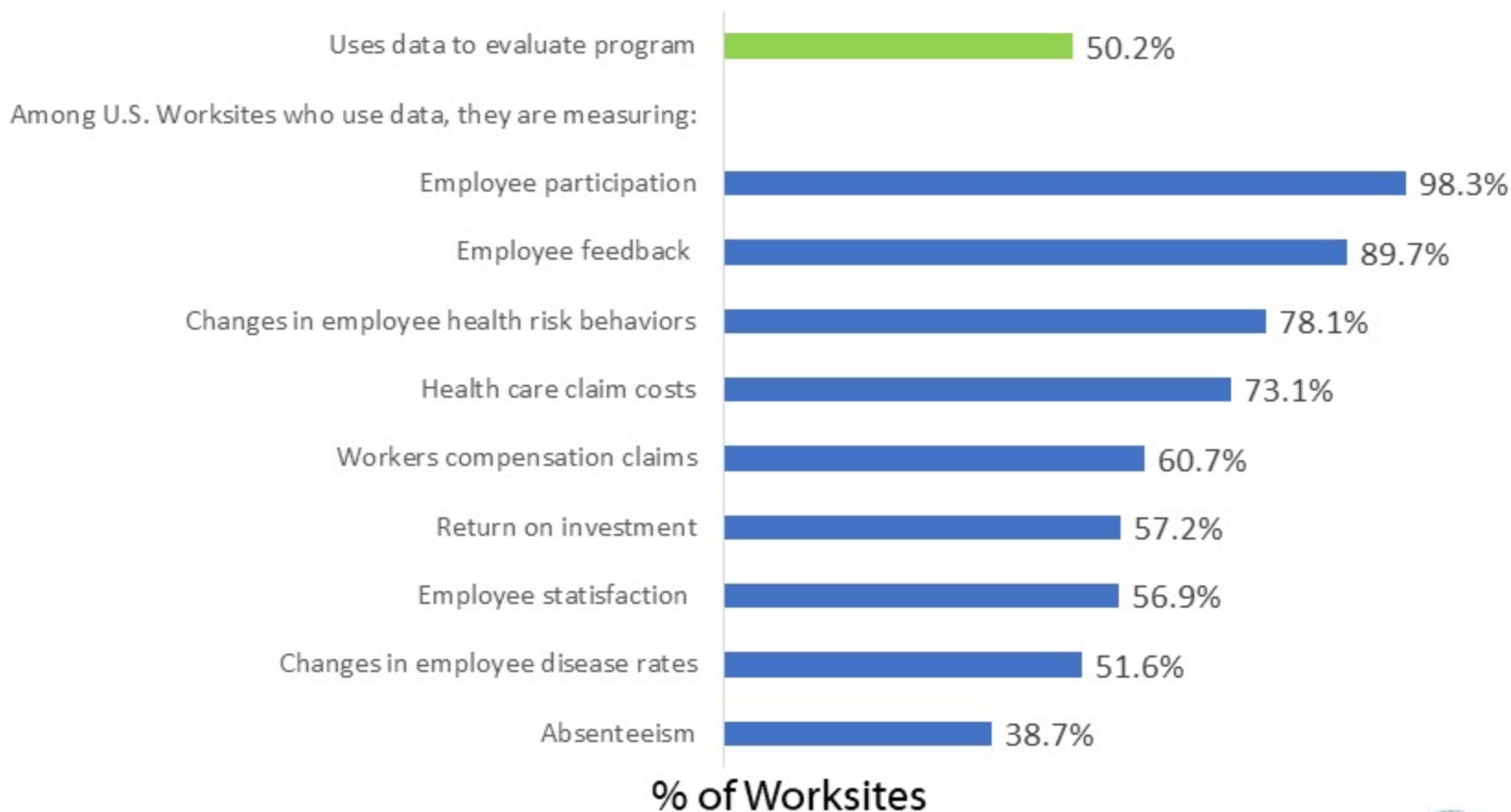
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Using Data to Evaluate Programs and the Types of Measurement Performed, 2017

Among U.S. worksites with a health promotion program



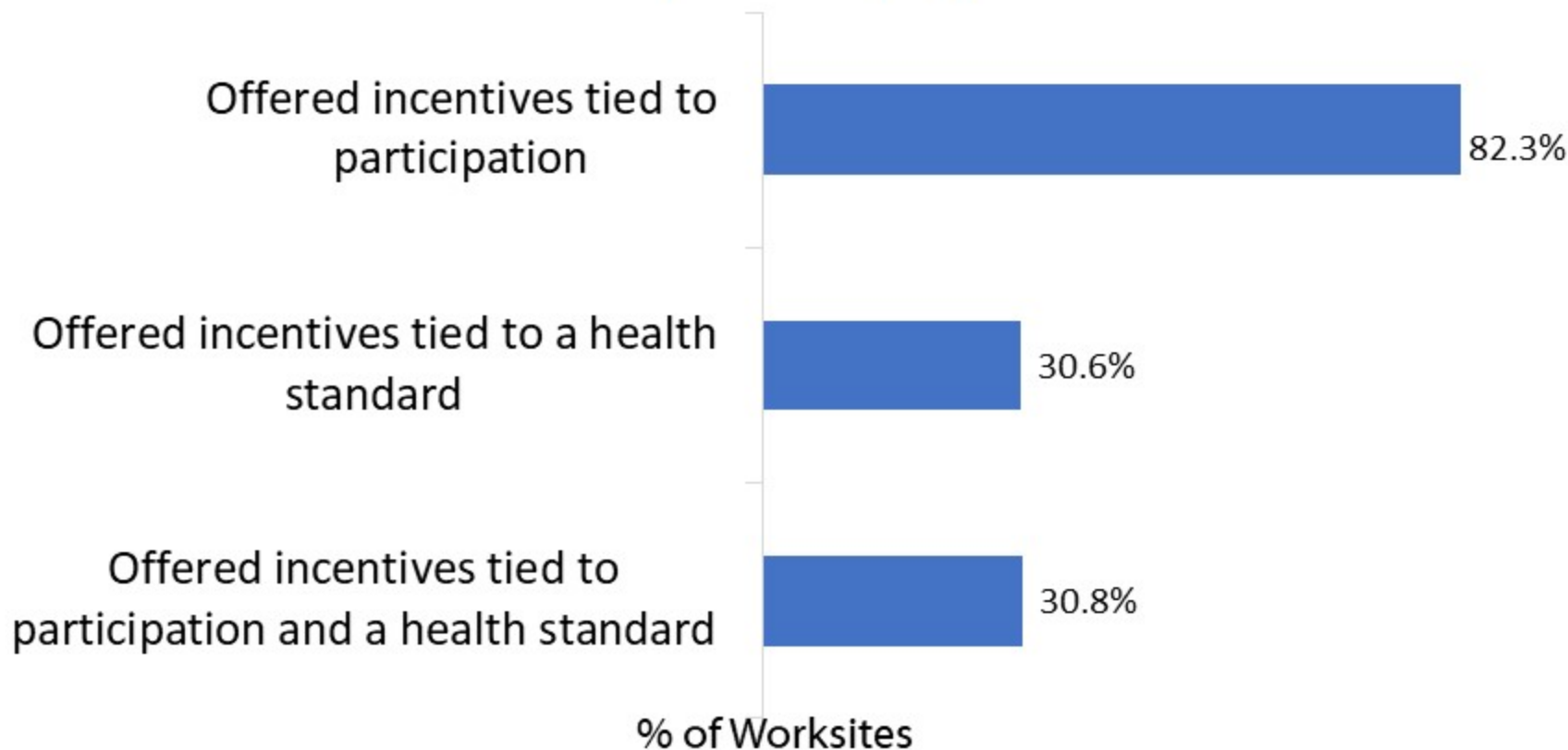
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentages of U.S. Worksites Using Incentives and How they are Used, 2017

53.0% of U.S. worksites with a health promotion program offered incentives. Of those:



Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Types of Incentives Offered by U.S. Worksites, 2017

Among U.S. worksites with a health promotion program offering incentives



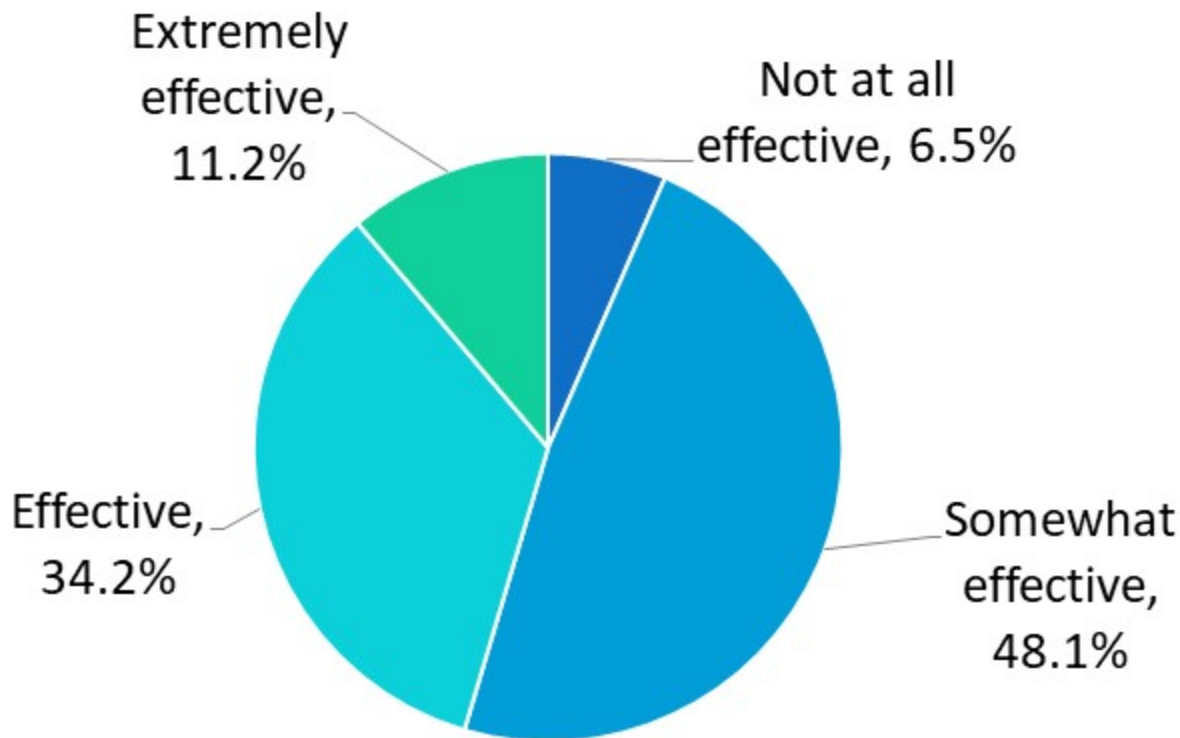
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Employers' Ratings of the Effectiveness of Incentives for Achieving Intended Outcomes, 2017

Among U.S. worksites with a health promotion program offering incentives



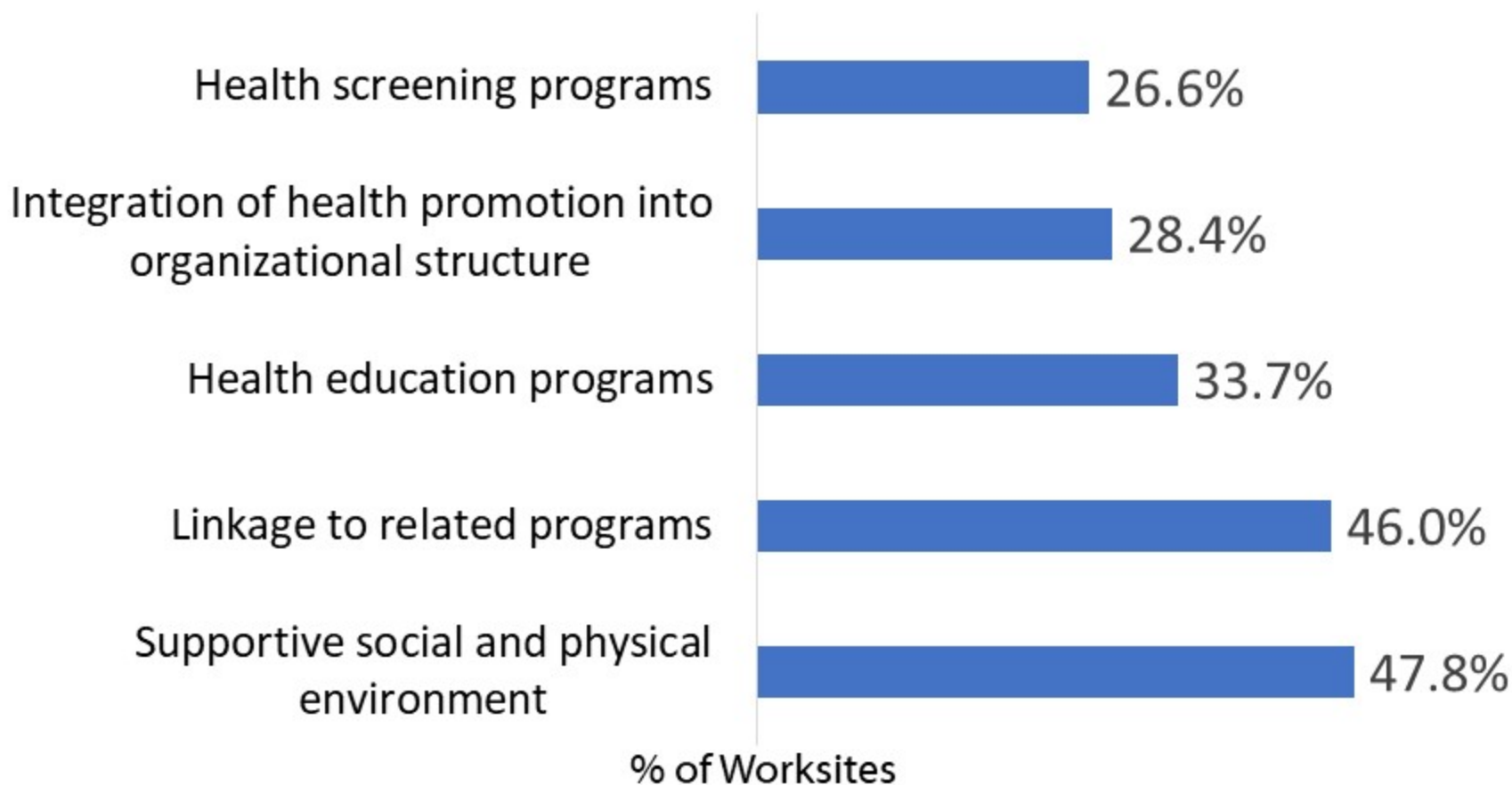
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites with Each Element of a Comprehensive Health Promotion Program, 2017

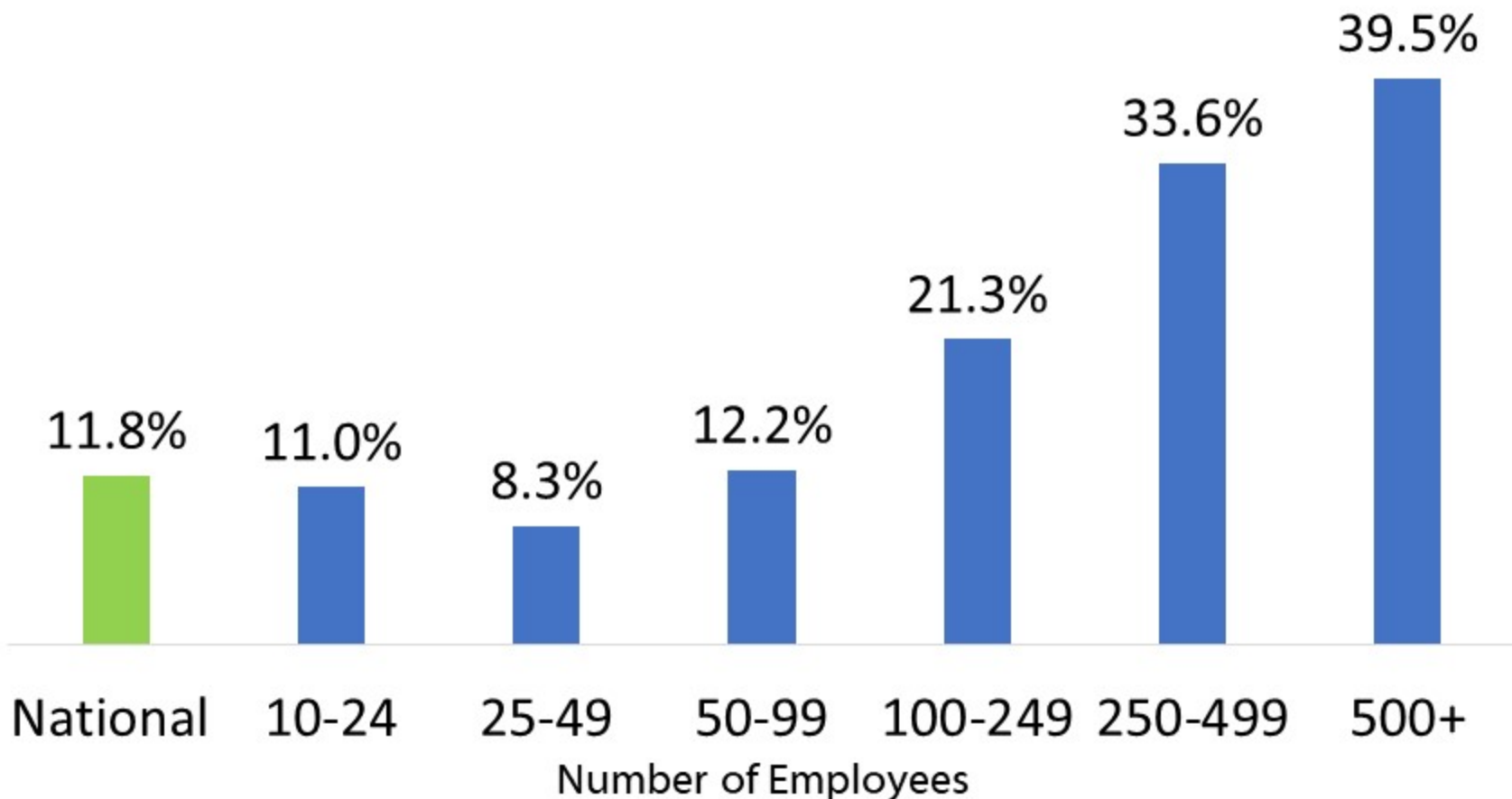


Note: 5 elements of a comprehensive health promotion program as defined by Healthy People 2010.  
Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of Worksites with All Five Elements of a Comprehensive Health Promotion Program by Worksite Size, 2017



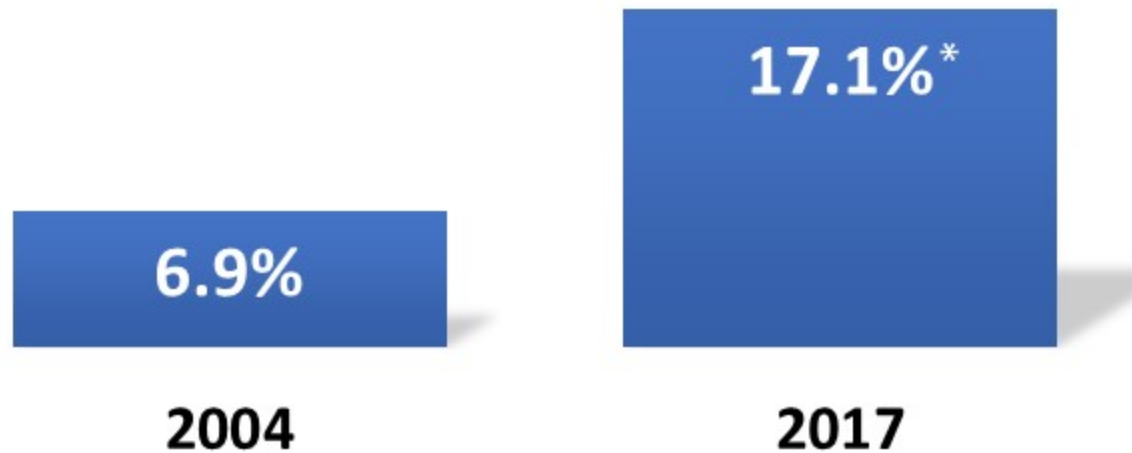
Note: Elements of a Comprehensive Workplace Health Program as defined by Healthy People 2010: 1) Health education; 2) Links to related employee services; 3) Supportive physical and social environment for health improvement; 4) Integration of health promotion into the organizational culture; 5) Employee screenings with adequate treatment and follow-up.

Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Comparing U.S. Worksites with Comprehensive Health Promotion Programs between 2004 and 2017



Note: Percentages based on weighted estimates.

\* Estimate is significantly different from previous year shown ( $p < .0001$ ).

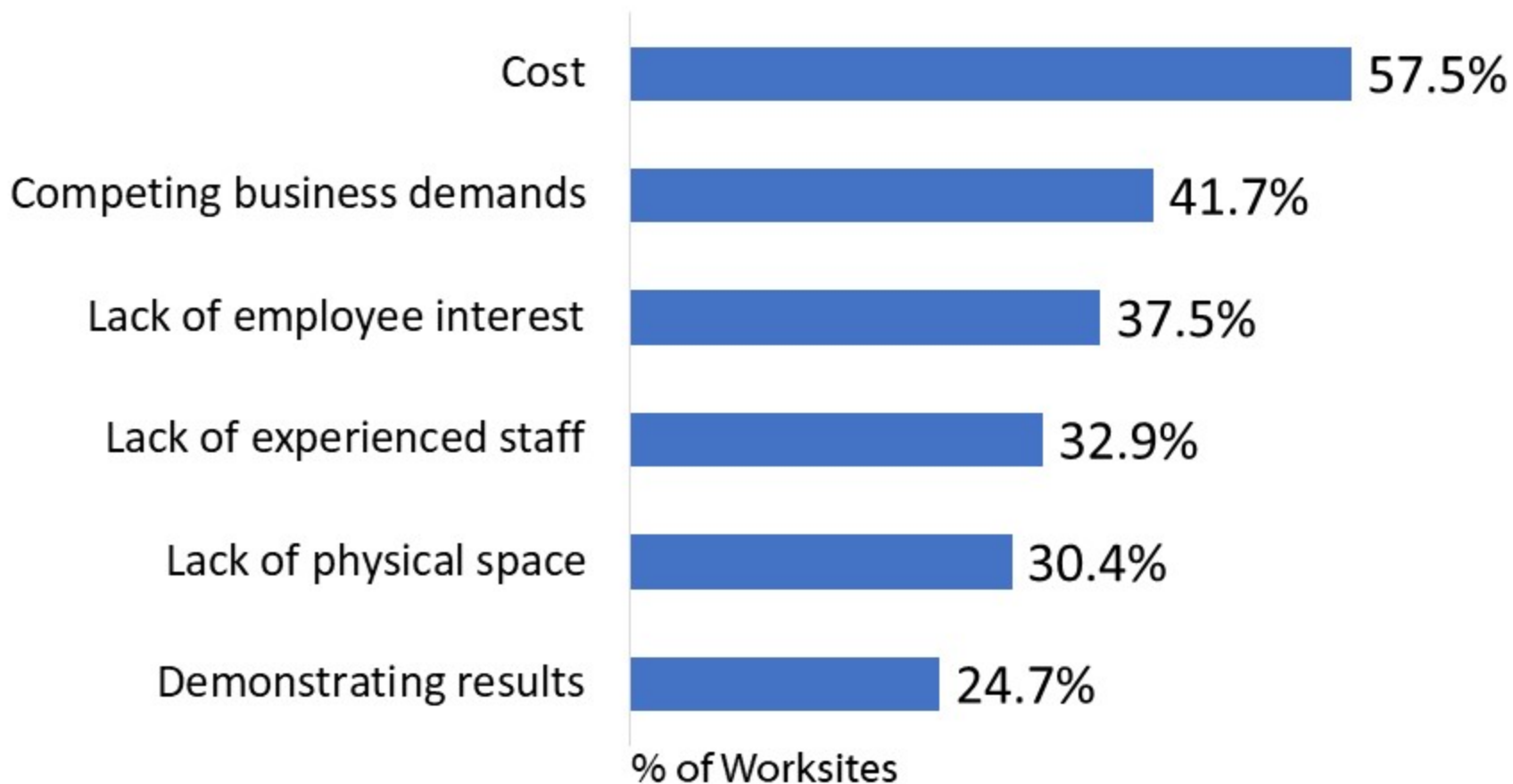
For the 2017 estimate, respondents had to answer "yes" to all five elements of a Comprehensive Workplace Health Program as defined by Healthy People 2010: 1) Health education; 2) Links to related employee services; 3) Supportive physical and social environment for health improvement; 4) integration of health promotion into the organizational culture; 5) Employee screenings with adequate treatment and follow-up to be counted.

The 2017 sample was adjusted to be comparable to the 2004 national worksite health promotion survey results by removing worksites with fewer than 50 employees and those in the public administration industry group.

Source: CDC Workplace Health in America Survey, 2017  
National Worksite Health Promotion Survey, 2004



## Barriers to Offering Health Promotion Programs among U.S. Worksites, 2017



Note: Percentages include U.S. worksite who responded "challenging" or "extremely challenging" on a 5 point Likert scale. Percentages based on weighted estimates.

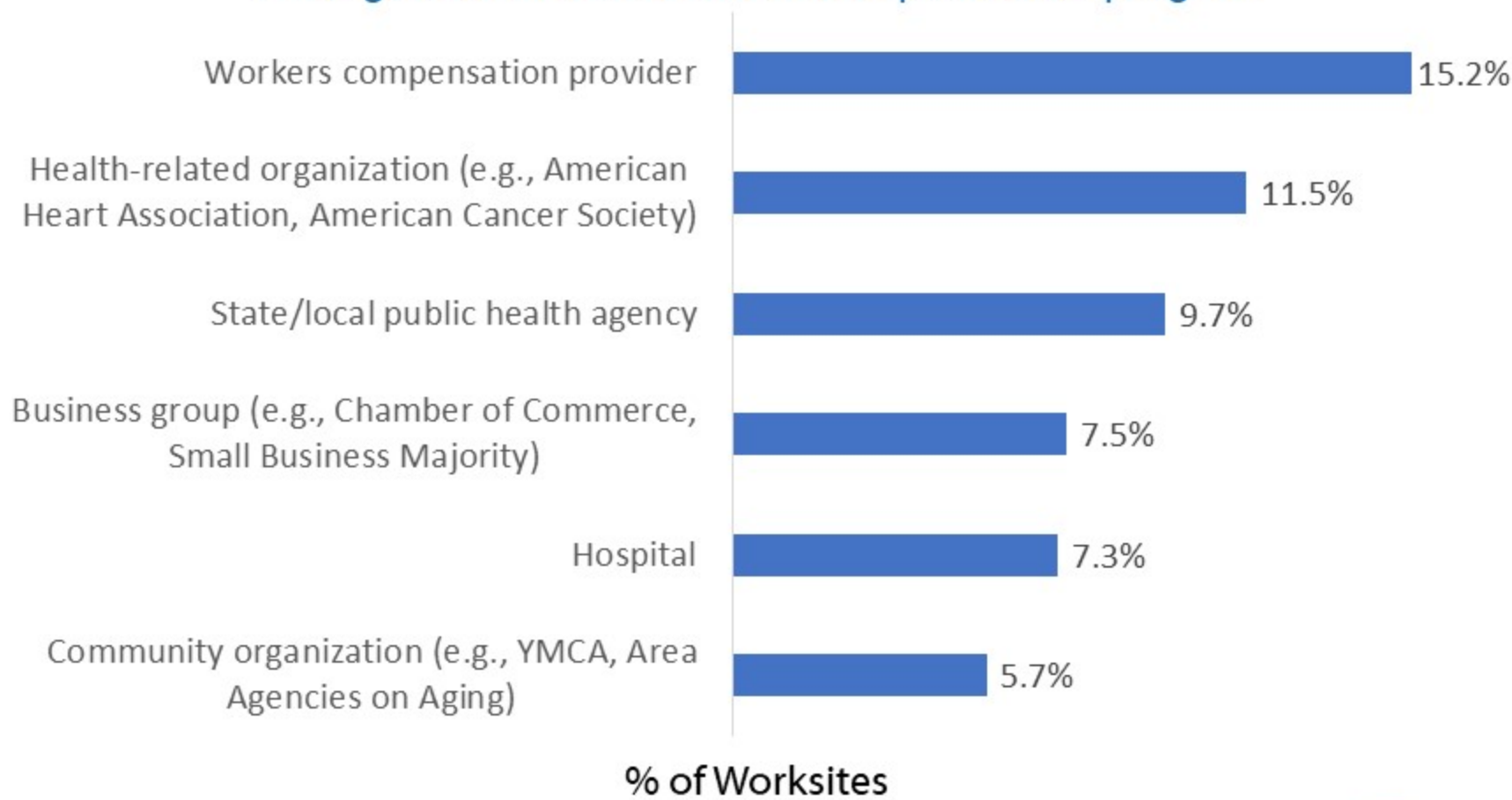
Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites that Partnered with Different Types of Organizations to Offer Employee Health Programs, 2017

Among U.S. worksites with a health promotion program



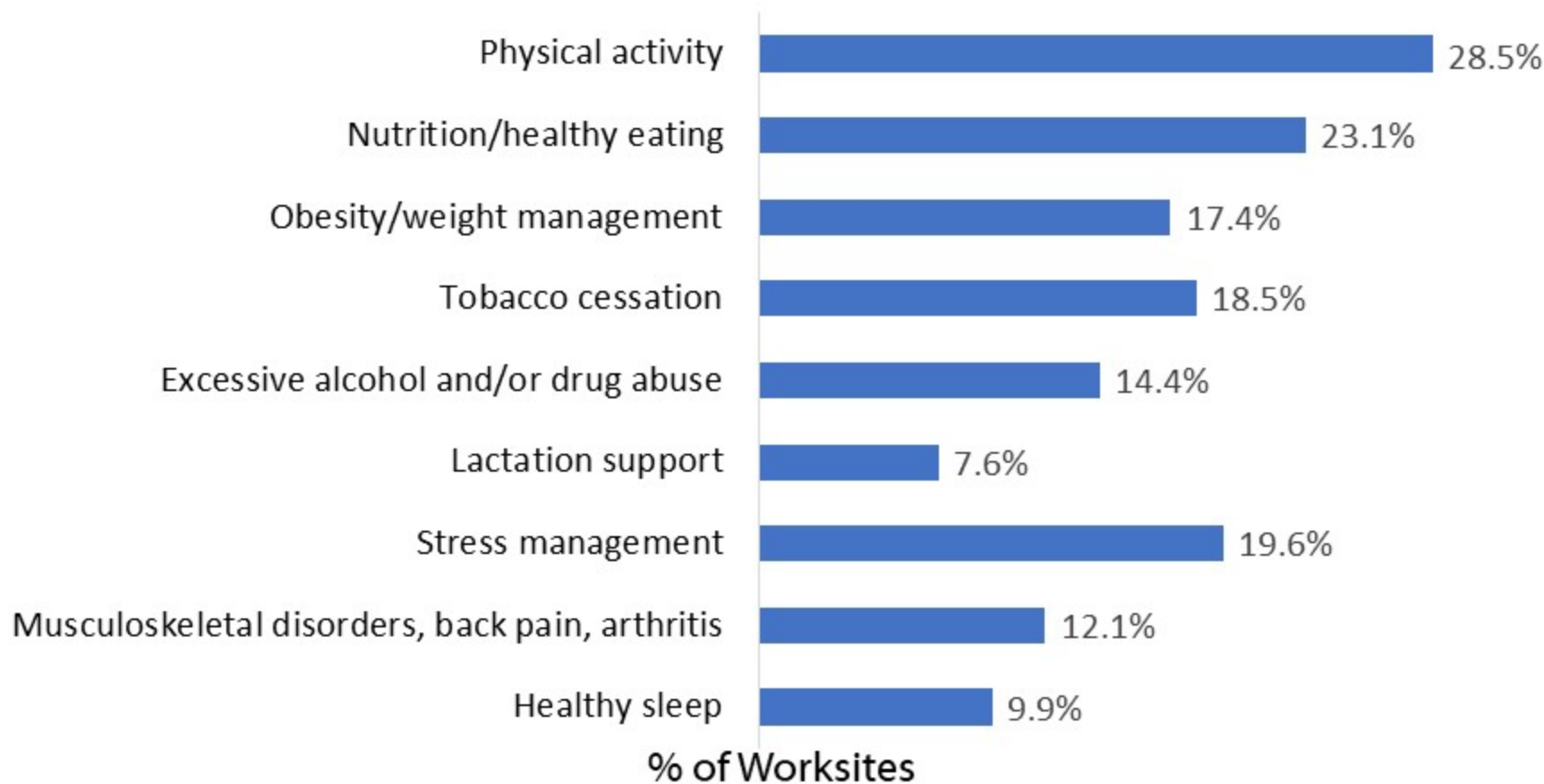
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites that Offered Specific Health Programs, 2017

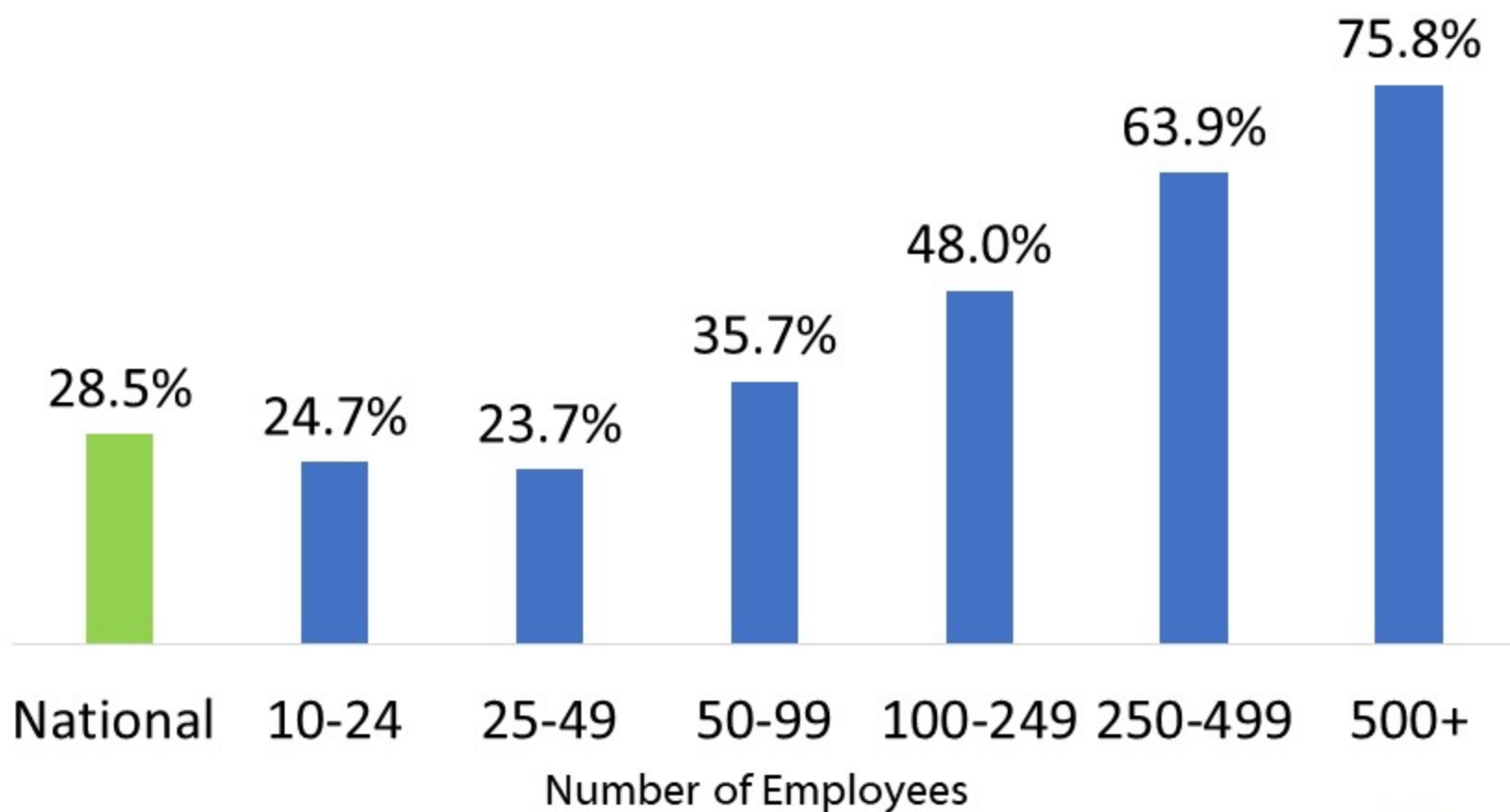


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered a Physical Activity Program by Worksite Size, 2017

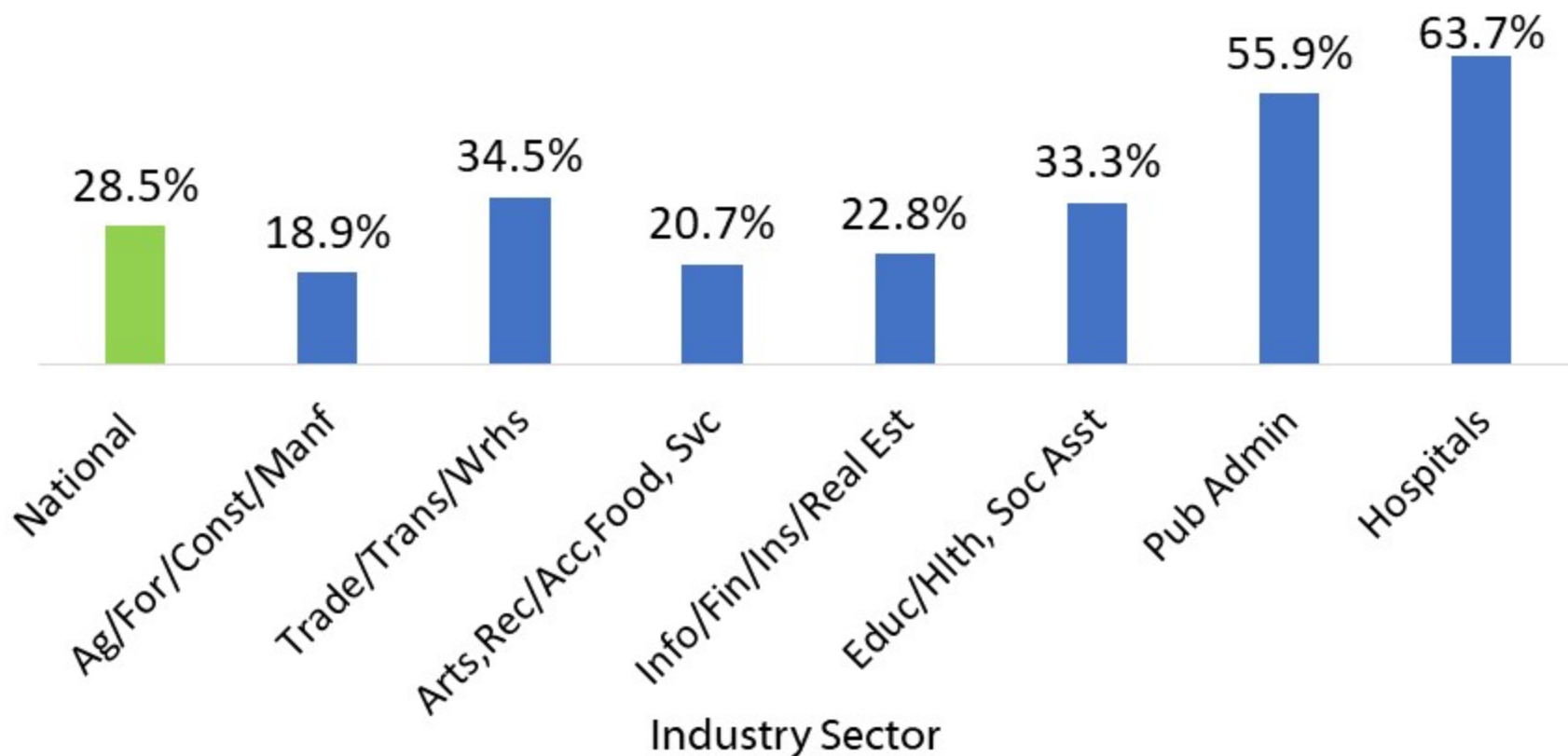


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered a Physical Activity Program by Industry Group, 2017



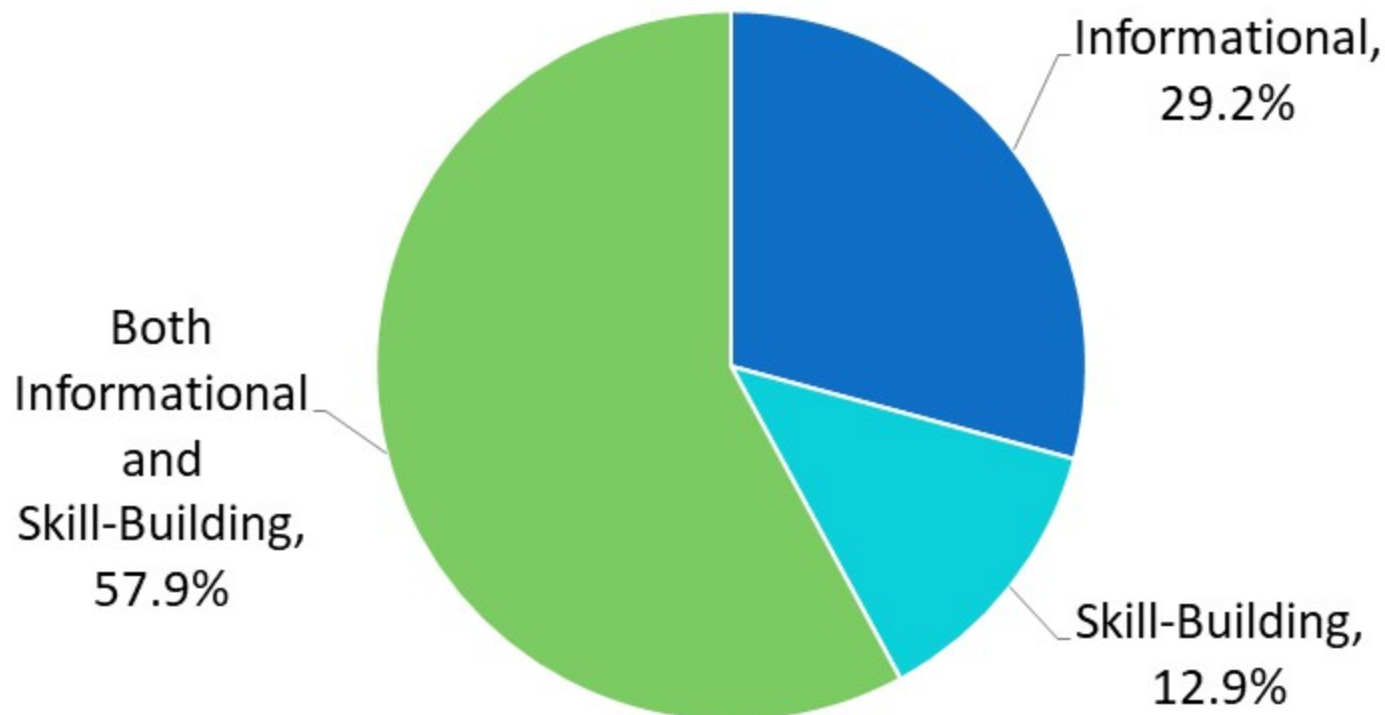
Note: Ag/For/Const/Manf = Agriculture, Forestry, Fishing; Mining; Utilities; Construction; Manufacturing  
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Management; Administration Support; Waste Management  
Educ/Hlth, Soc Asst = Education Services; Health Care & Social Assistance  
Pub Admin = Local, State, and Federal Public Administration.  
Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Type of Worksite Physical Activity Programs Offered to Employees, 2017

Among U.S. worksites with a physical activity program



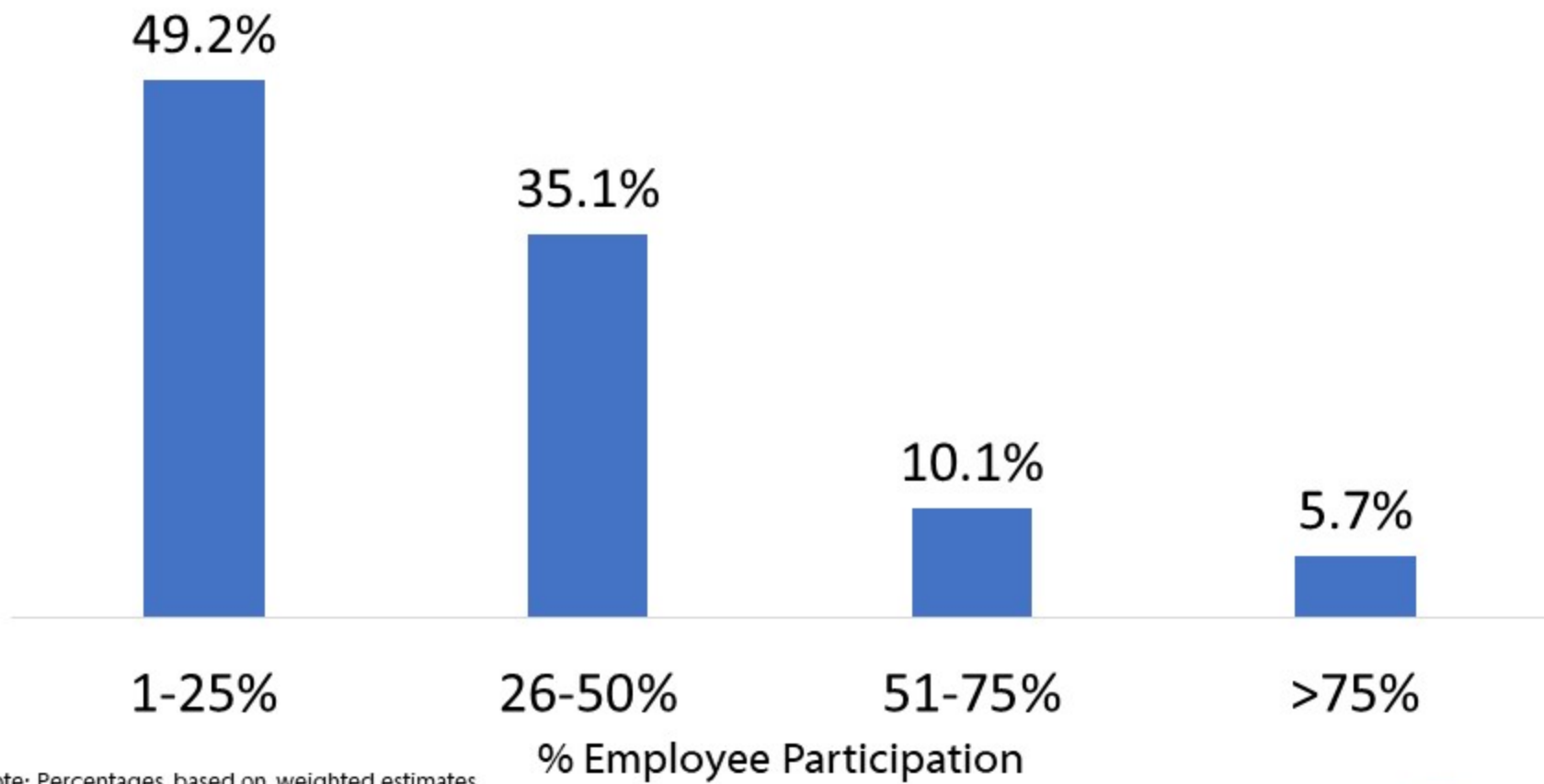
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Level of Employee Participation in Worksite Physical Activity Programs, 2017

Among U.S. worksites with a physical activity program



Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites Offering Evidence-Based Strategies to Encourage Physical Activity, 2017



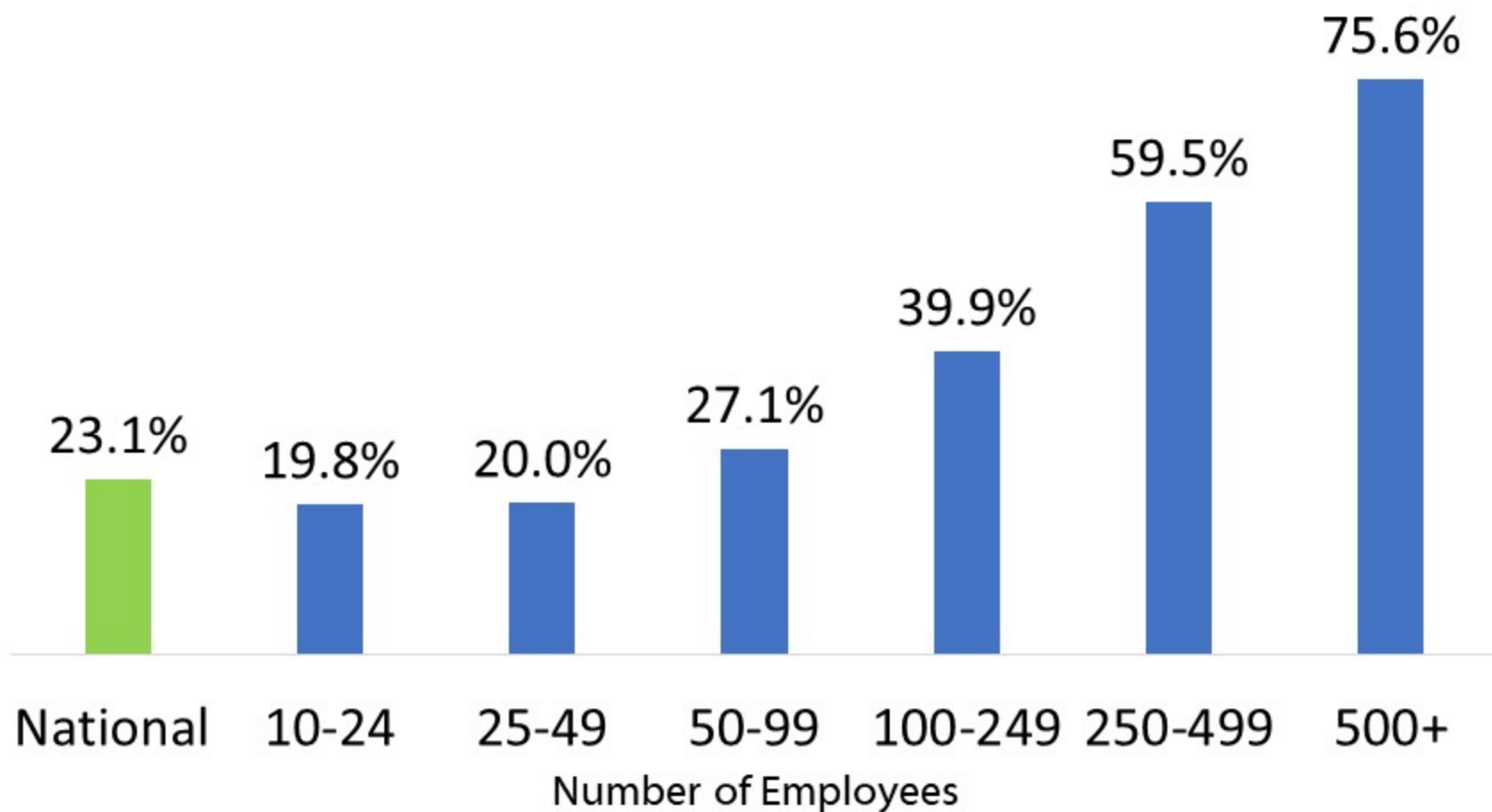
Note: Percentages based on weighted estimates.

Environmental Supports for physical activity include: walking trails or tracks, maps of measured walking/jogging routes, bicycle racks, showers and changing rooms, open space for recreation, weight rooms

Source: CDC Workplace Health in America Survey, 2017



## Percentage of U.S. Worksites that Offered a Nutrition Program by Worksite Size, 2017

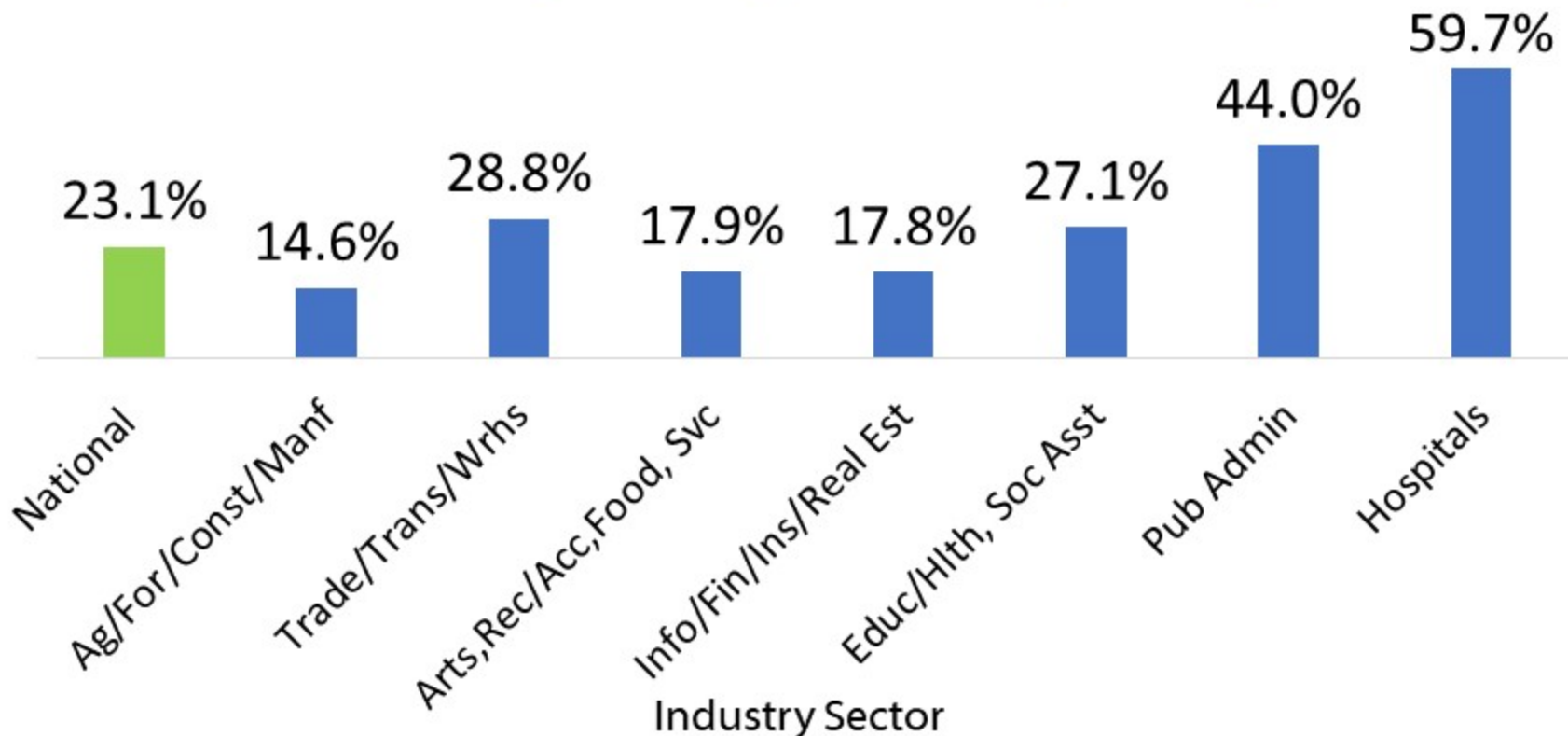


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered a Nutrition Program by Industry Group, 2017



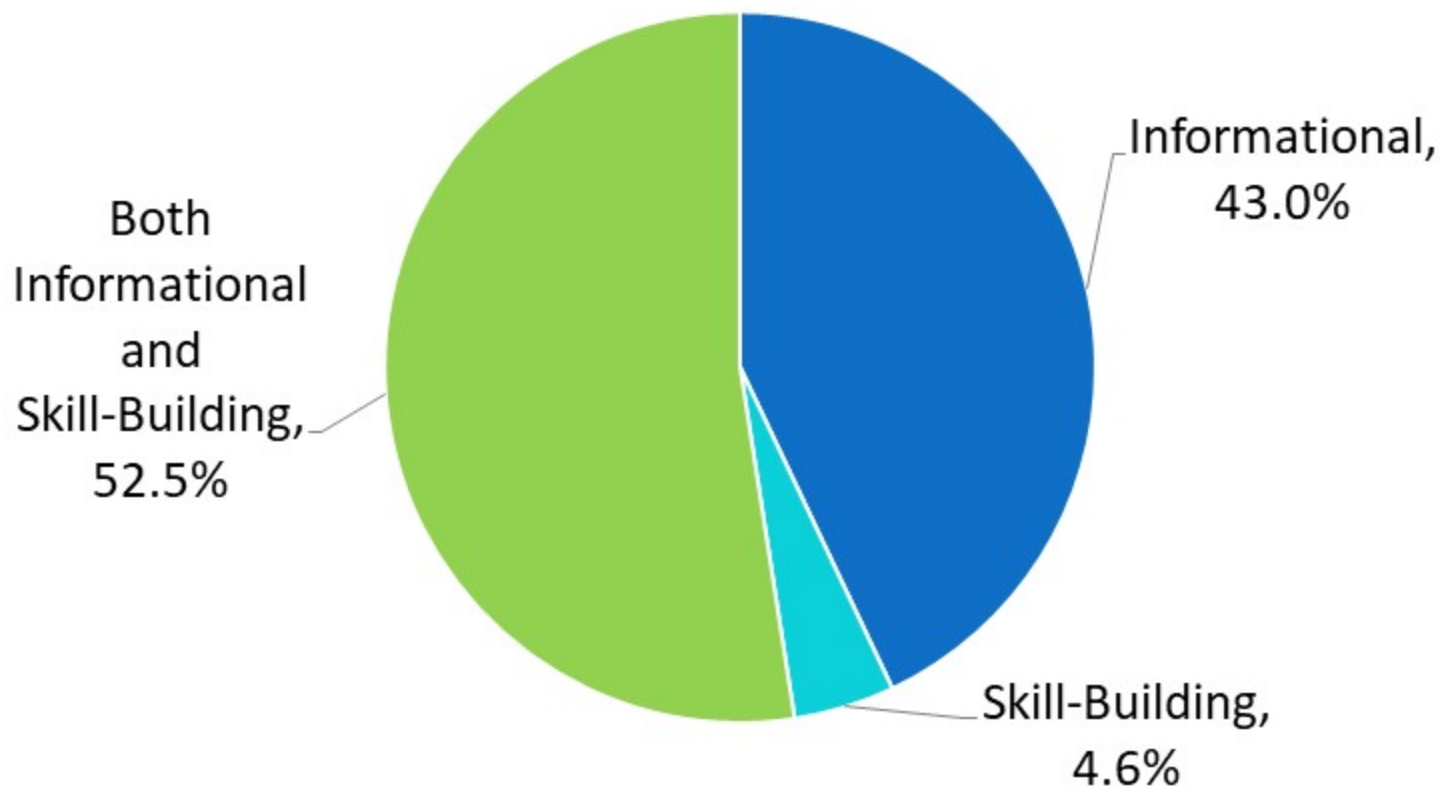
Note: Ag/For/Const/Manf = Agriculture, Forestry, Fishing; Mining; Utilities; Construction; Manufacturing  
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Management; Administration Support; Waste Management  
Educ/Hlth, Soc Asst = Education Services; Health Care & Social Assistance  
Pub Admin = Local, State, and Federal Public Administration.  
Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Type of Worksite Nutrition Programs Offered to Employees, 2017

Among U.S. worksites with a nutrition program



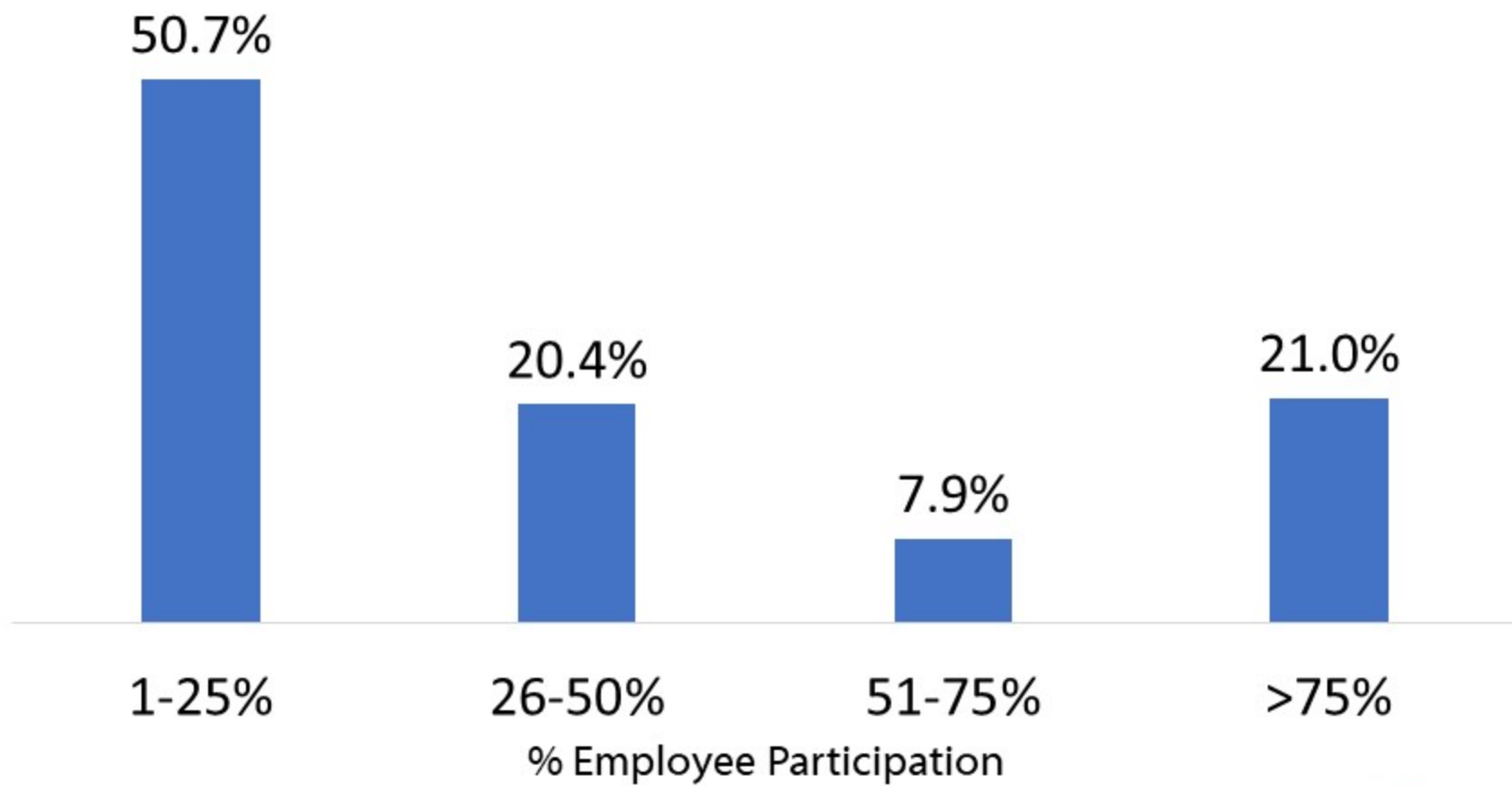
Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017



# Level of Employee Participation in Worksite Nutrition Programs, 2017

Among U.S. worksites with a nutrition program



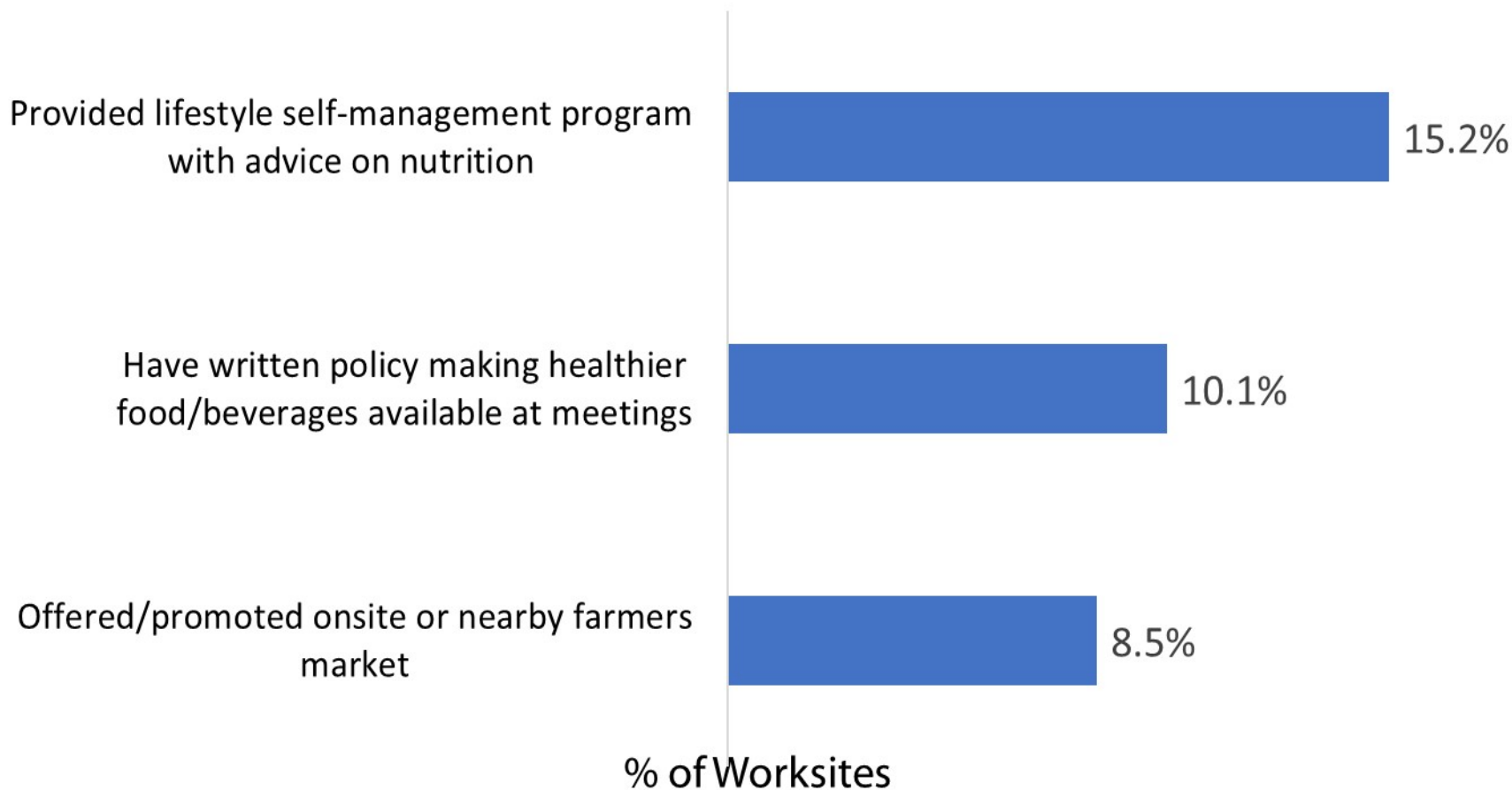
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites Offering Evidence-Based Strategies to Encourage Healthy Eating, 2017

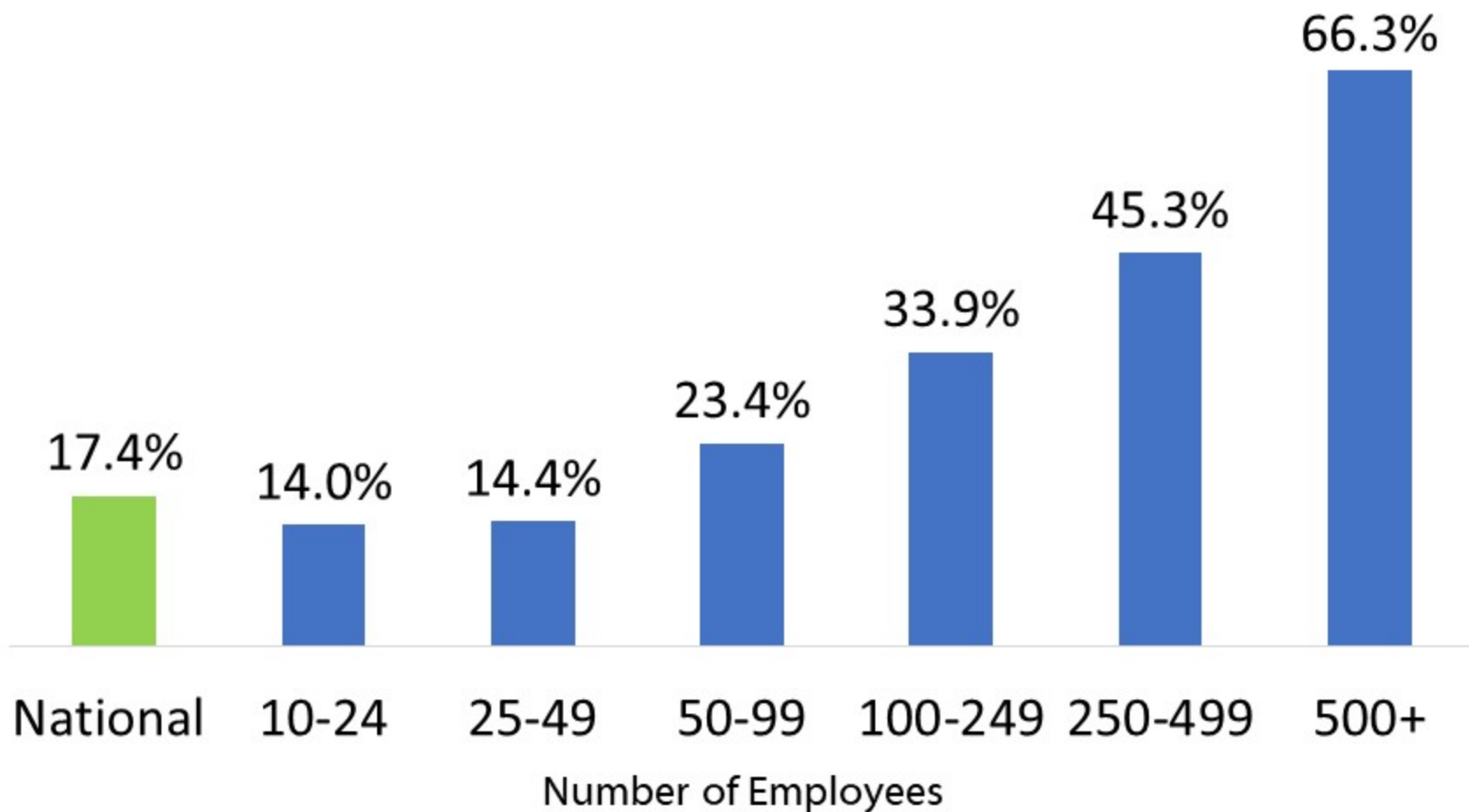


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered an Obesity/Weight Management Program by Worksite Size, 2017

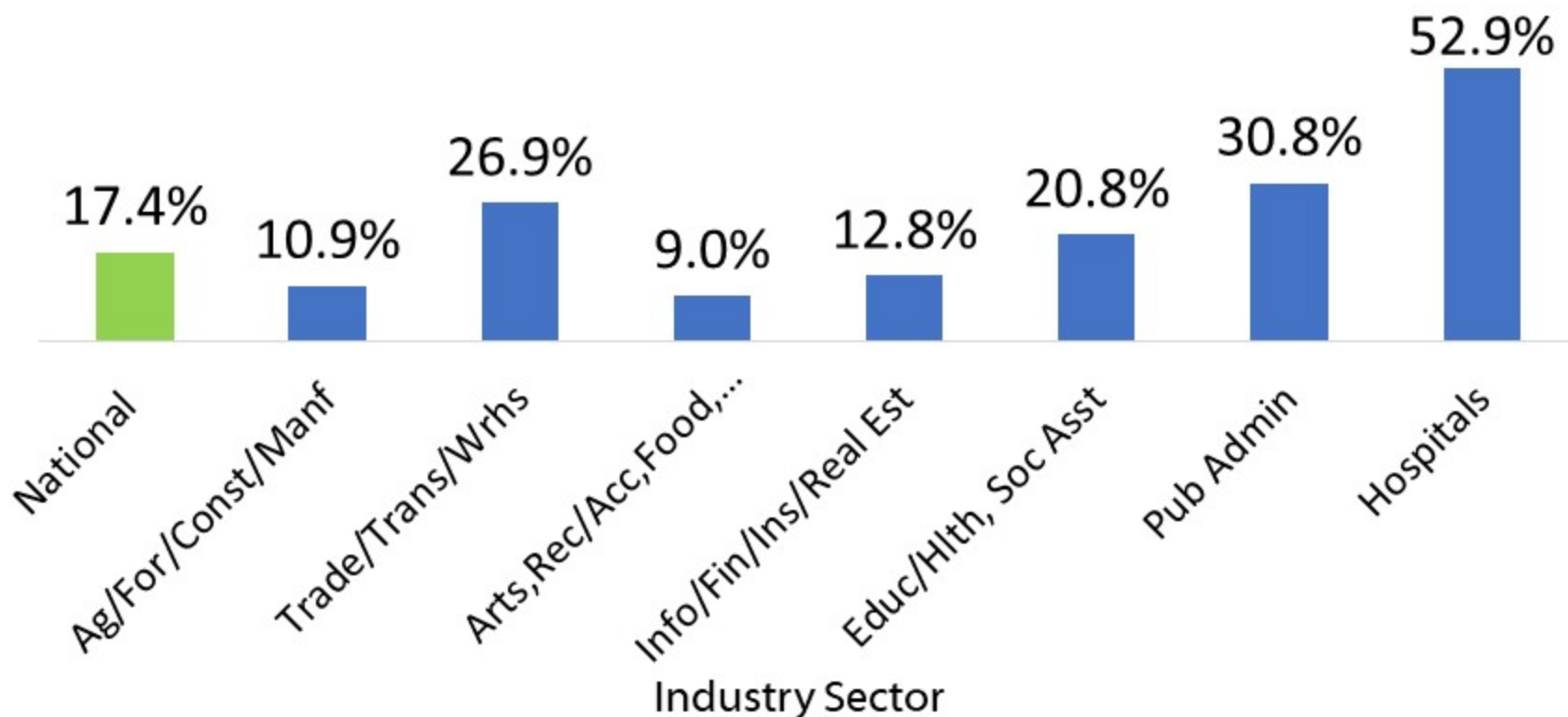


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered an Obesity/Weight Management Program by Industry Group, 2017



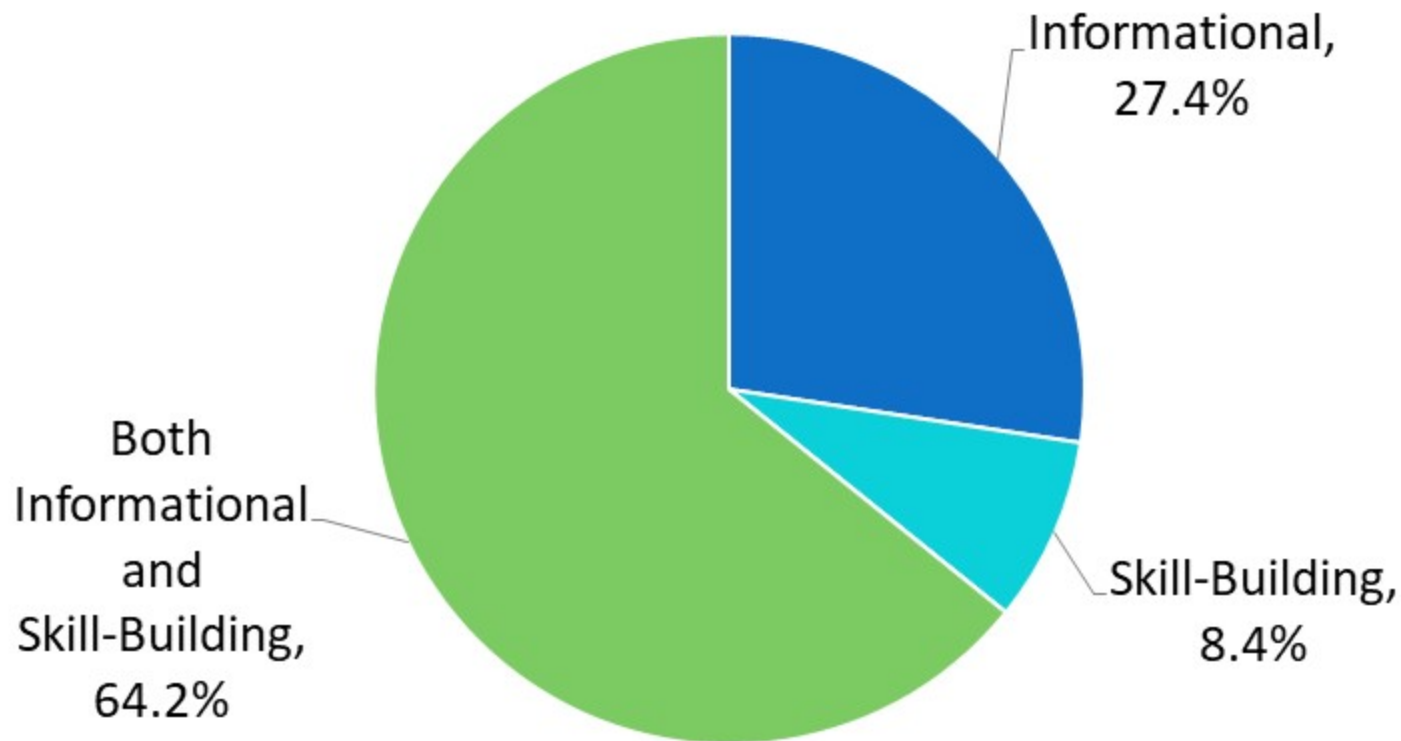
Note: Ag/For/Const/Manf = Agriculture, Forestry, Fishing; Mining; Utilities; Construction; Manufacturing  
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 Management; Administration Support; Waste Management  
 Educ/Hlth, Soc Asst = Education Services; Health Care & Social Assistance  
 Pub Admin = Local, State, and Federal Public Administration.  
 Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Type of Worksite Obesity/Weight Management Programs Offered to Employees, 2017

Among U.S. worksites with an obesity/weight management program

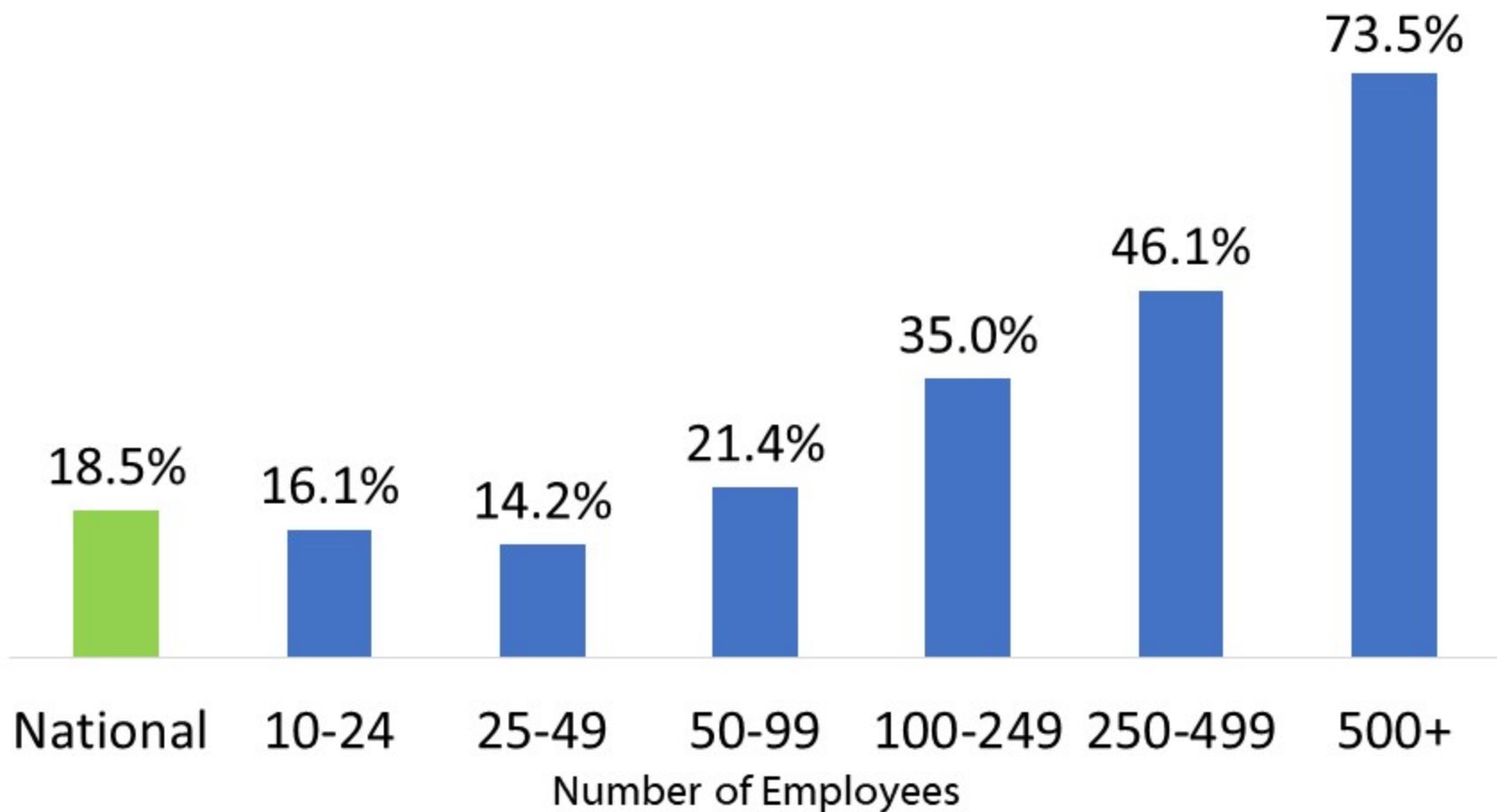


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered a Tobacco Cessation Program by Worksite Size, 2017



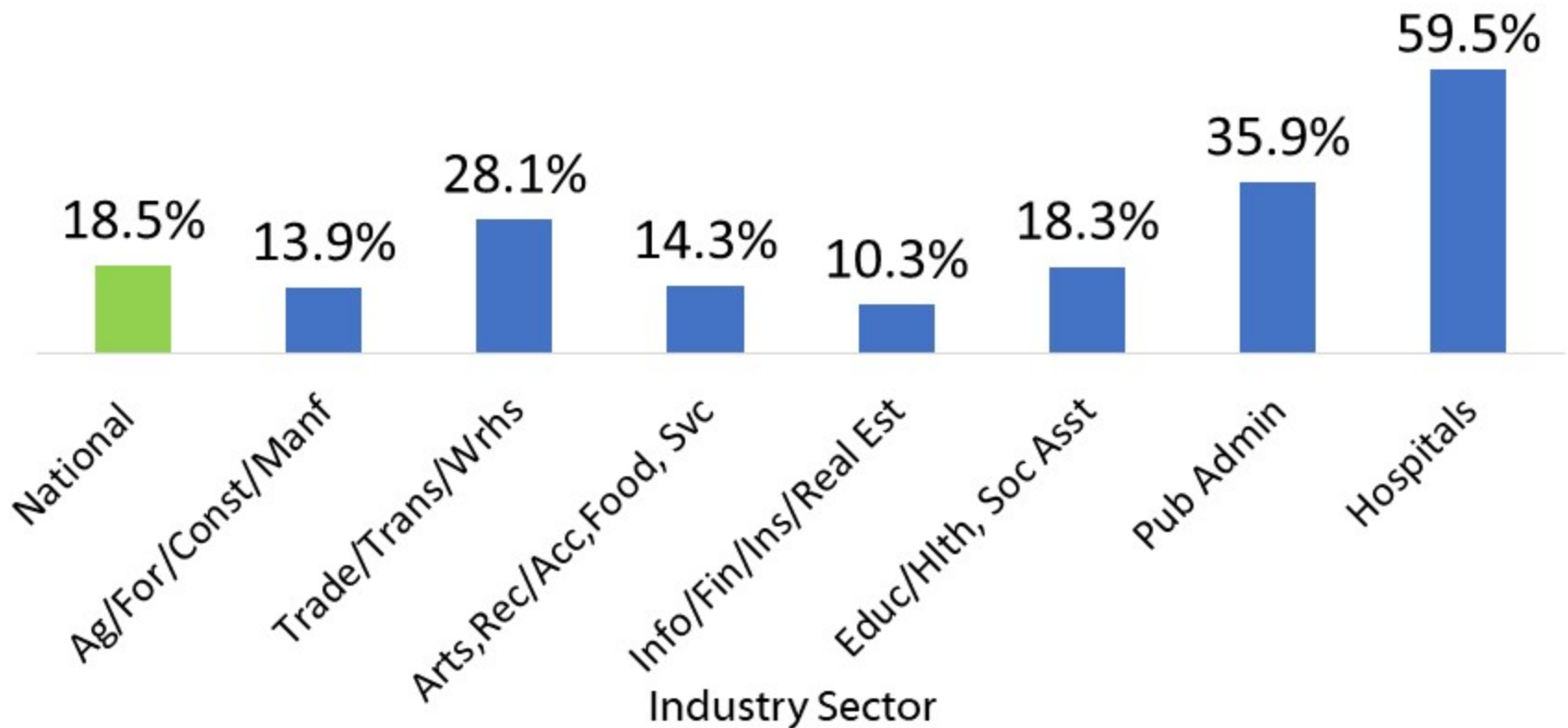
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017





# Percentage of U.S. Worksites that Offered a Tobacco Cessation Program by Industry Group, 2017

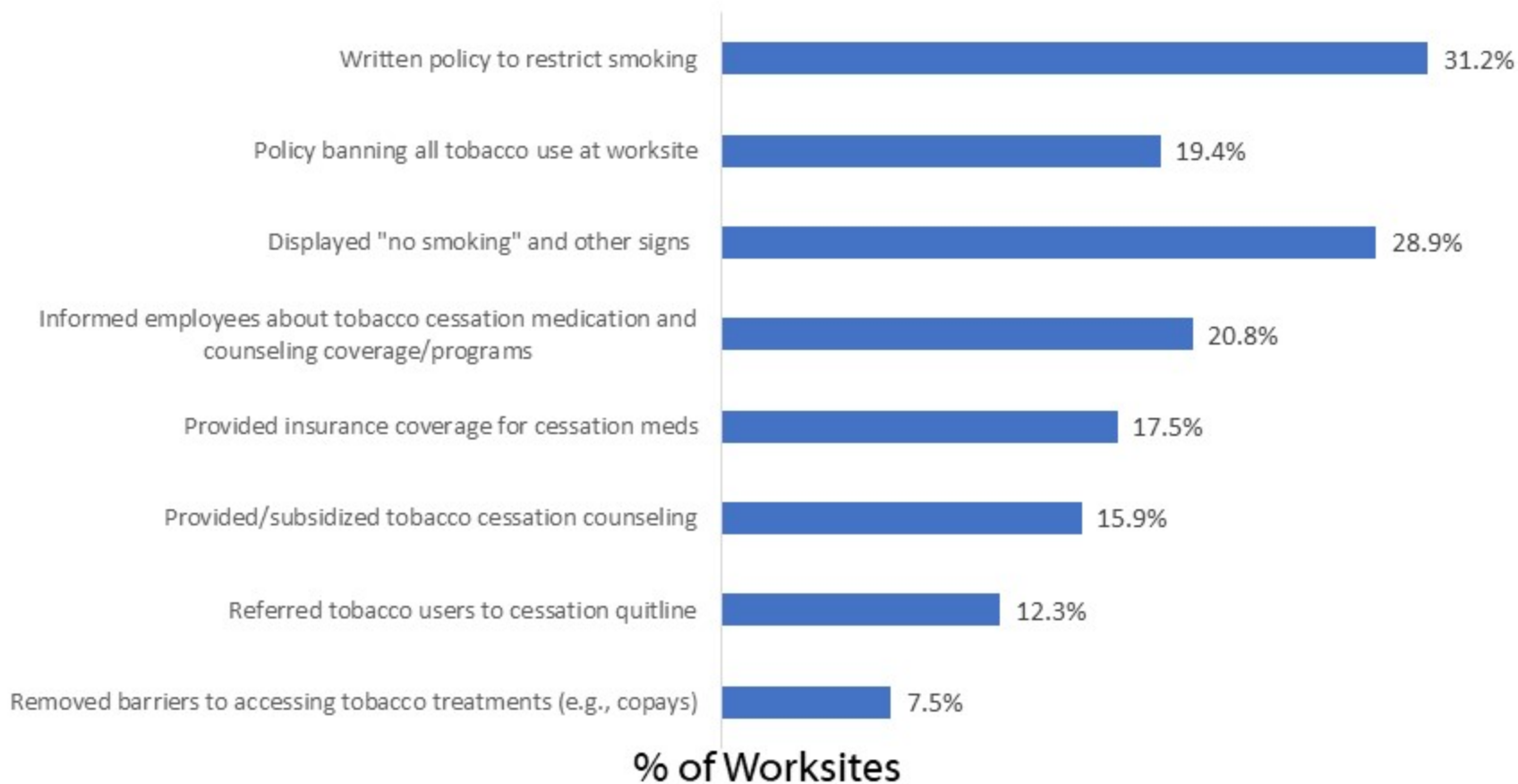


Note: Ag/For/Const/Manf = Agriculture, Forestry, Fishing; Mining; Utilities; Construction; Manufacturing  
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Educ/Hlth, Soc Asst = Education Services; Health Care & Social Assistance  
Pub Admin = Local, State, and Federal Public Administration.  
Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Offering Evidence-Based Strategies to Help Employees Stop Using Tobacco, 2017



Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered Programs to Address Excessive Alcohol and/or Excessive Drug Misuse by Worksite Size, 2017

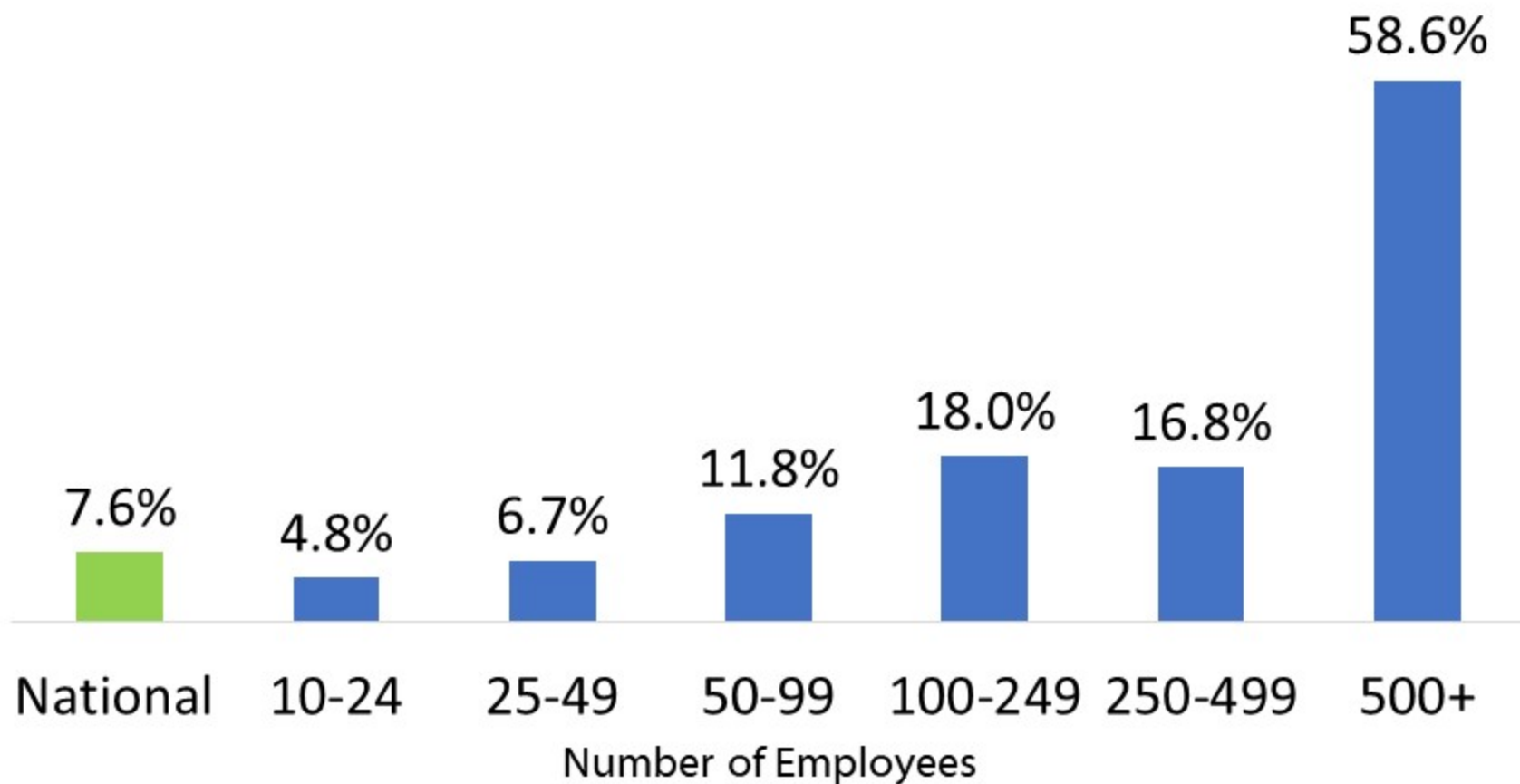


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites that Offered Lactation Support Programs by Worksite Size, 2017

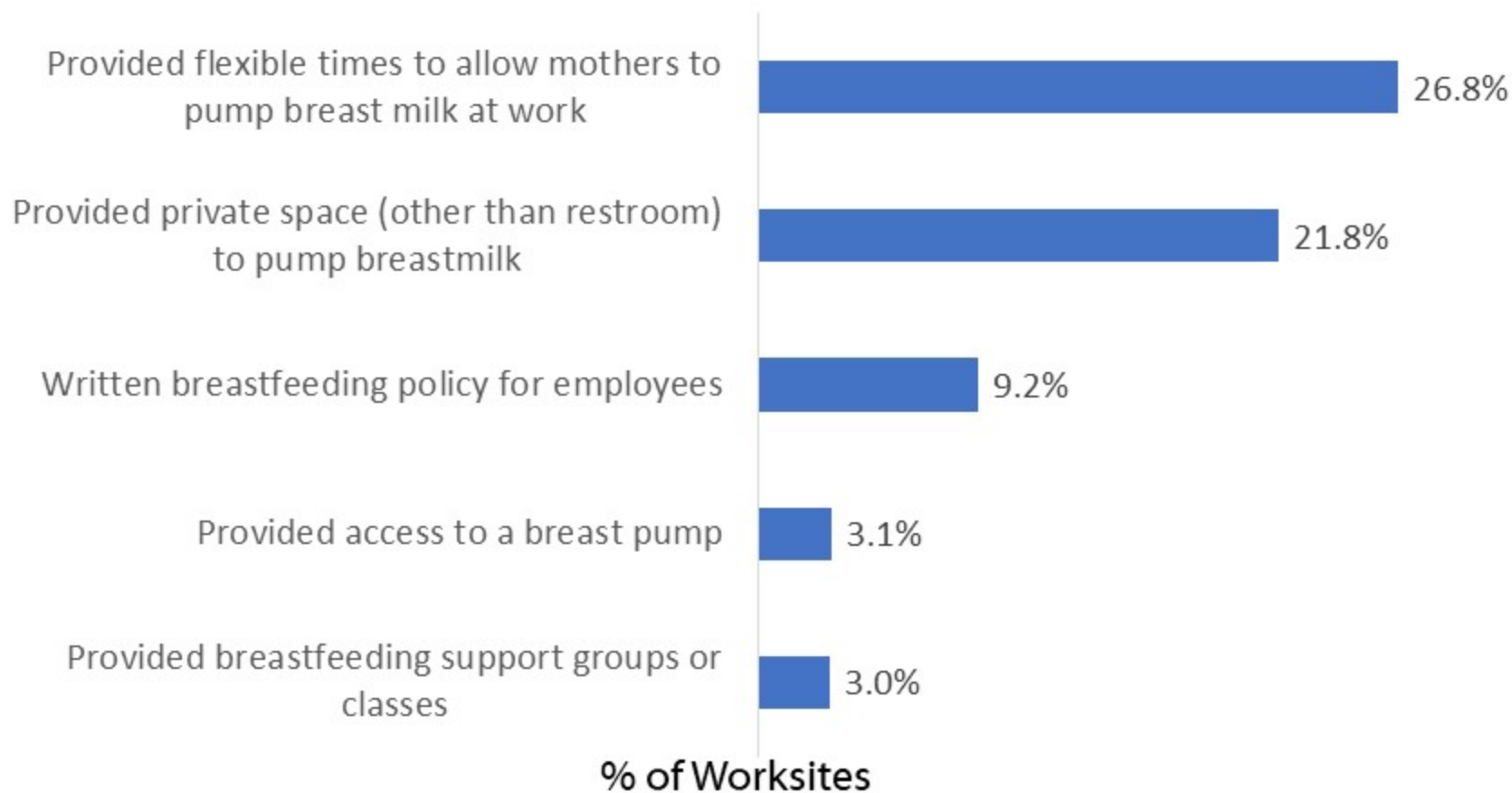


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



## Percentage of U.S. Worksites Offering Evidence-Based Strategies to Support Lactation, 2017



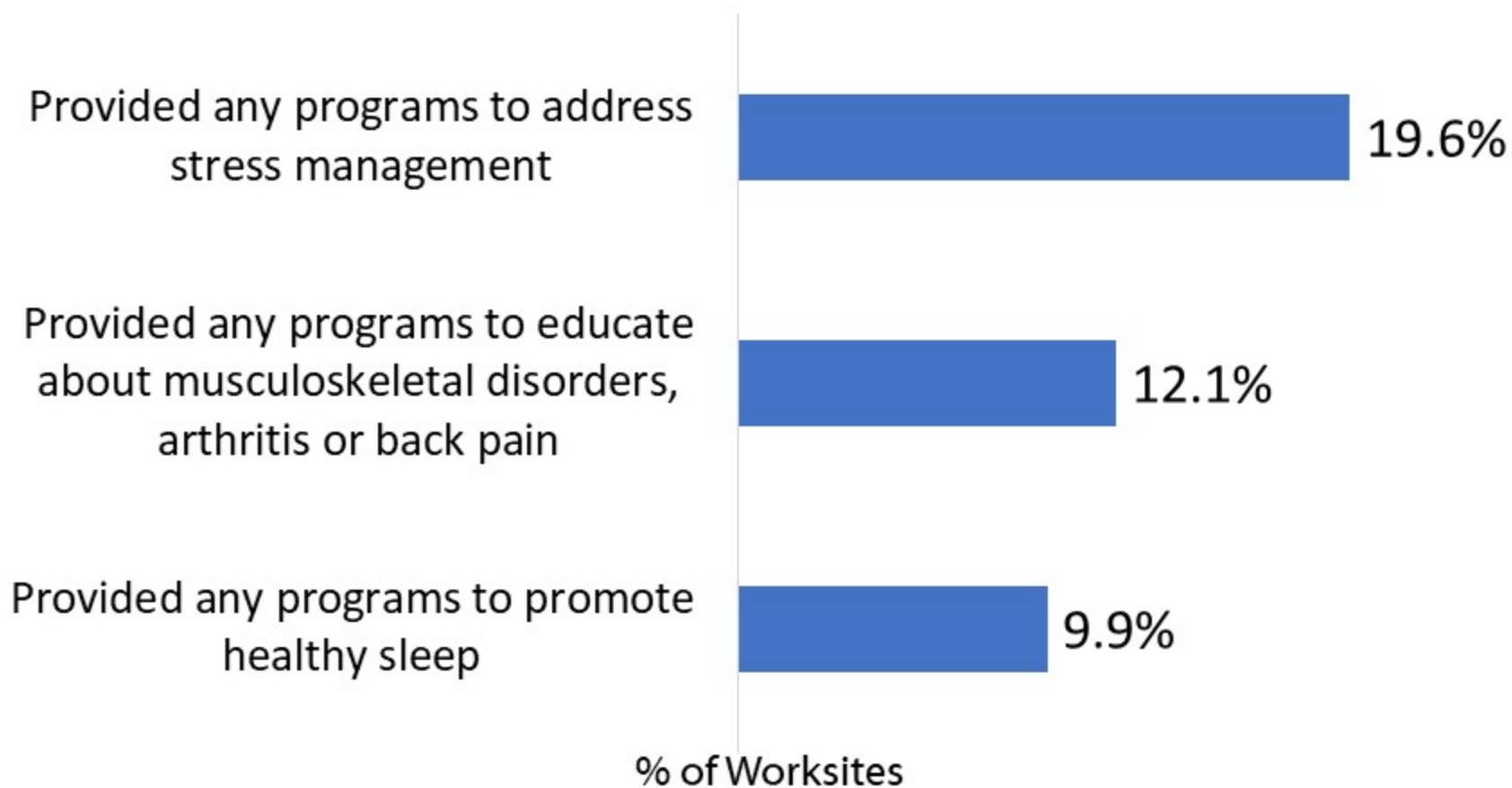
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017





## Percentage of U.S. Worksites Addressing Other Health Topics, 2017

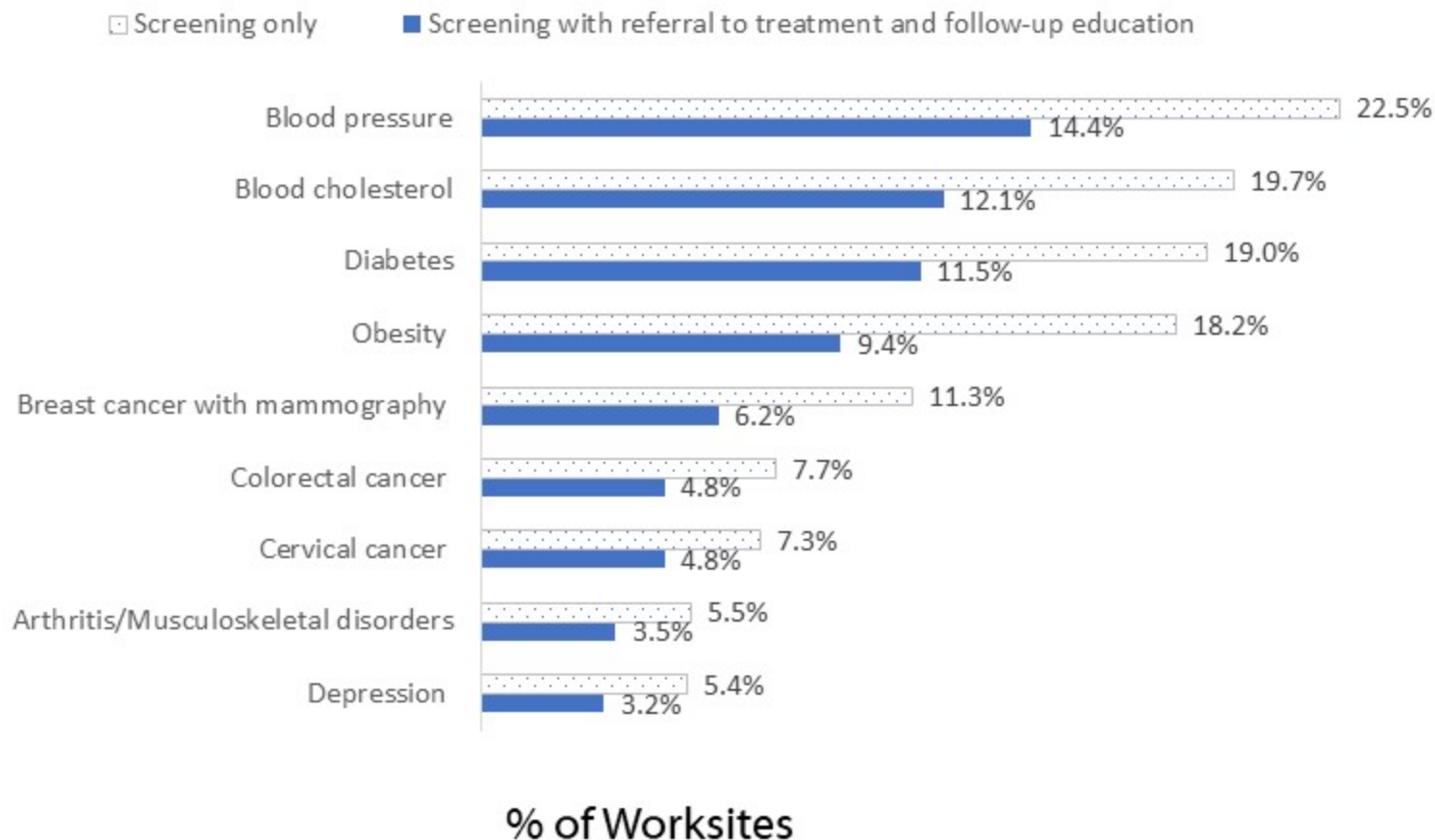


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Offering Health Screenings and Referral to Treatment/Follow-Up Education for High-Risk Employees by Health Condition, 2017



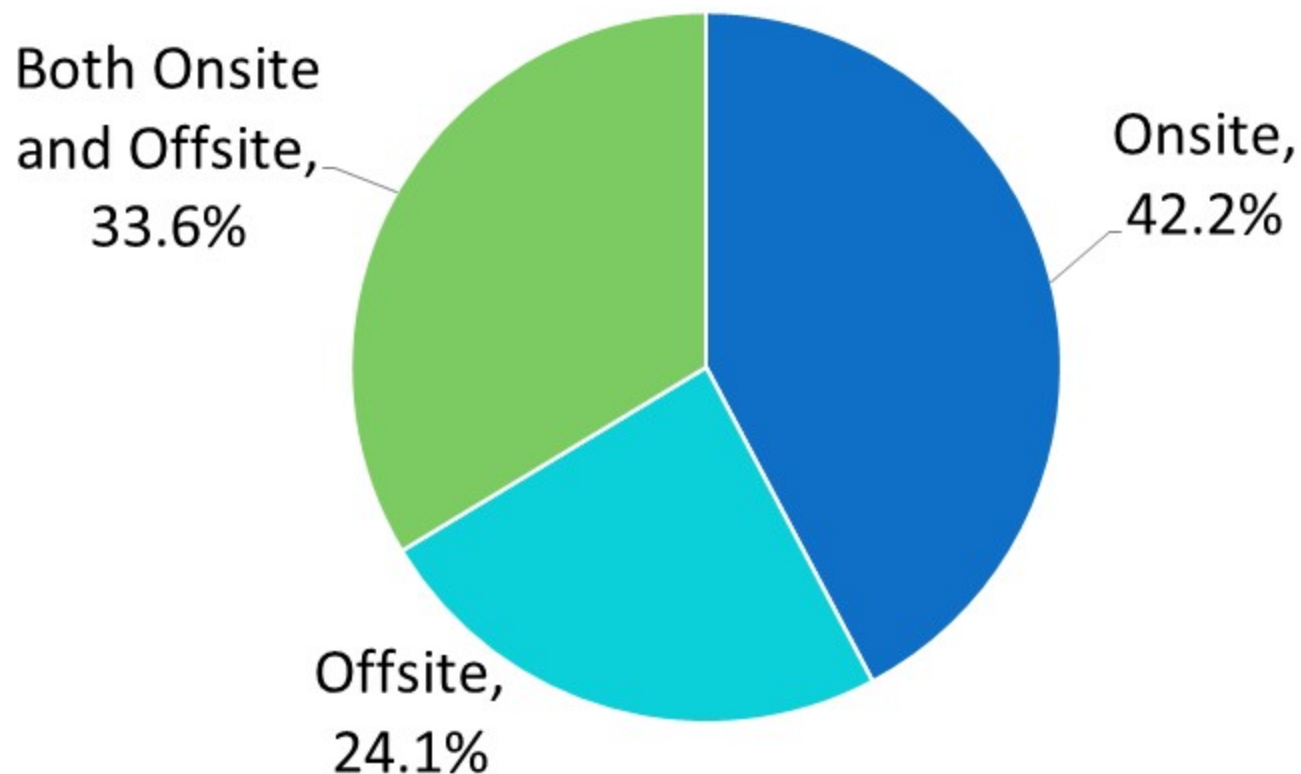
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Usual Location Where Health Screenings Were Offered to Employees, 2017

Among U.S. worksites that offer some type of health screening



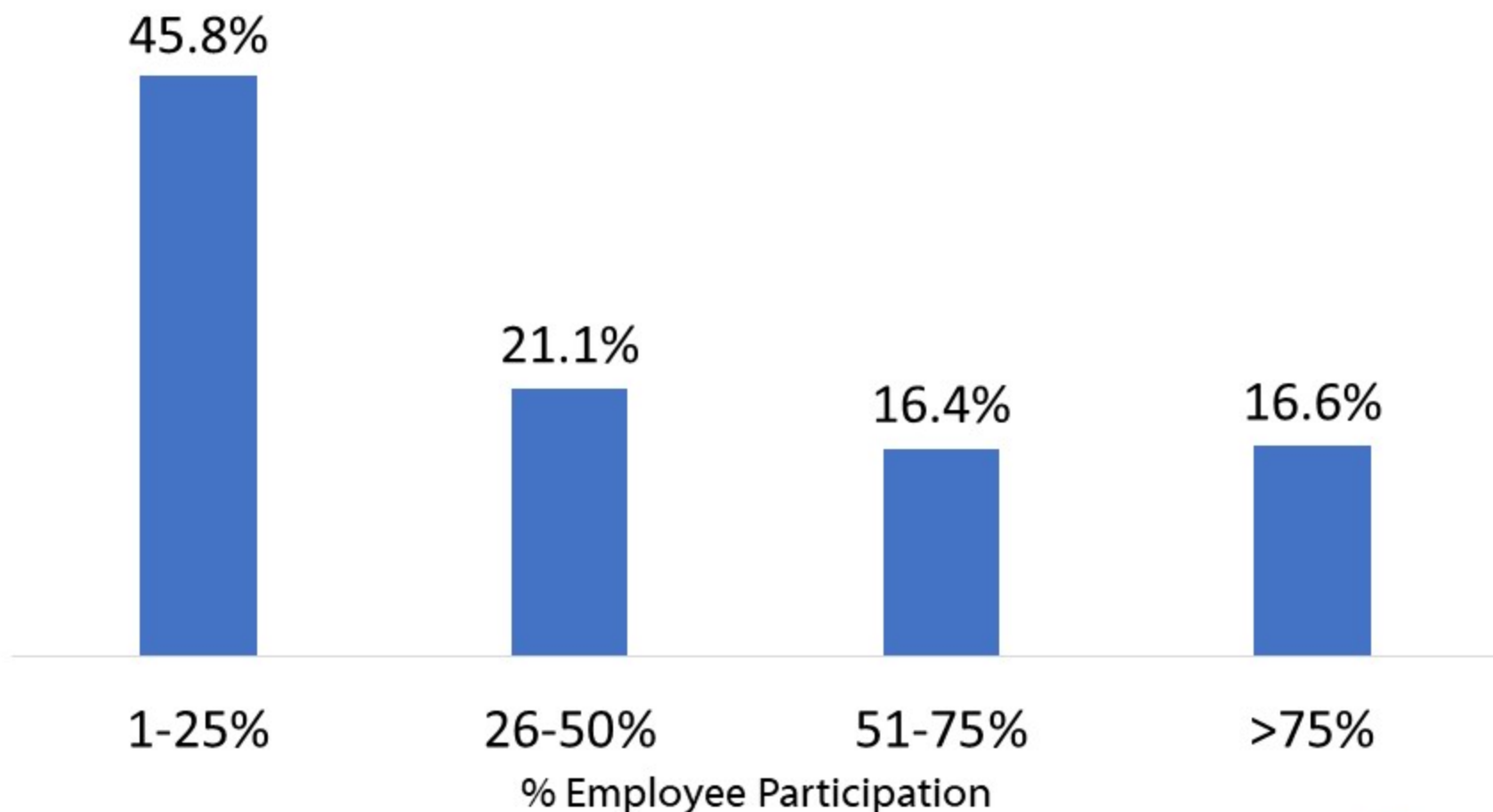
Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017



# Estimated Usual Employee Participation in Health Screenings Offered by U.S. Worksites, 2017

Among U.S. worksites that offer some type of health screening

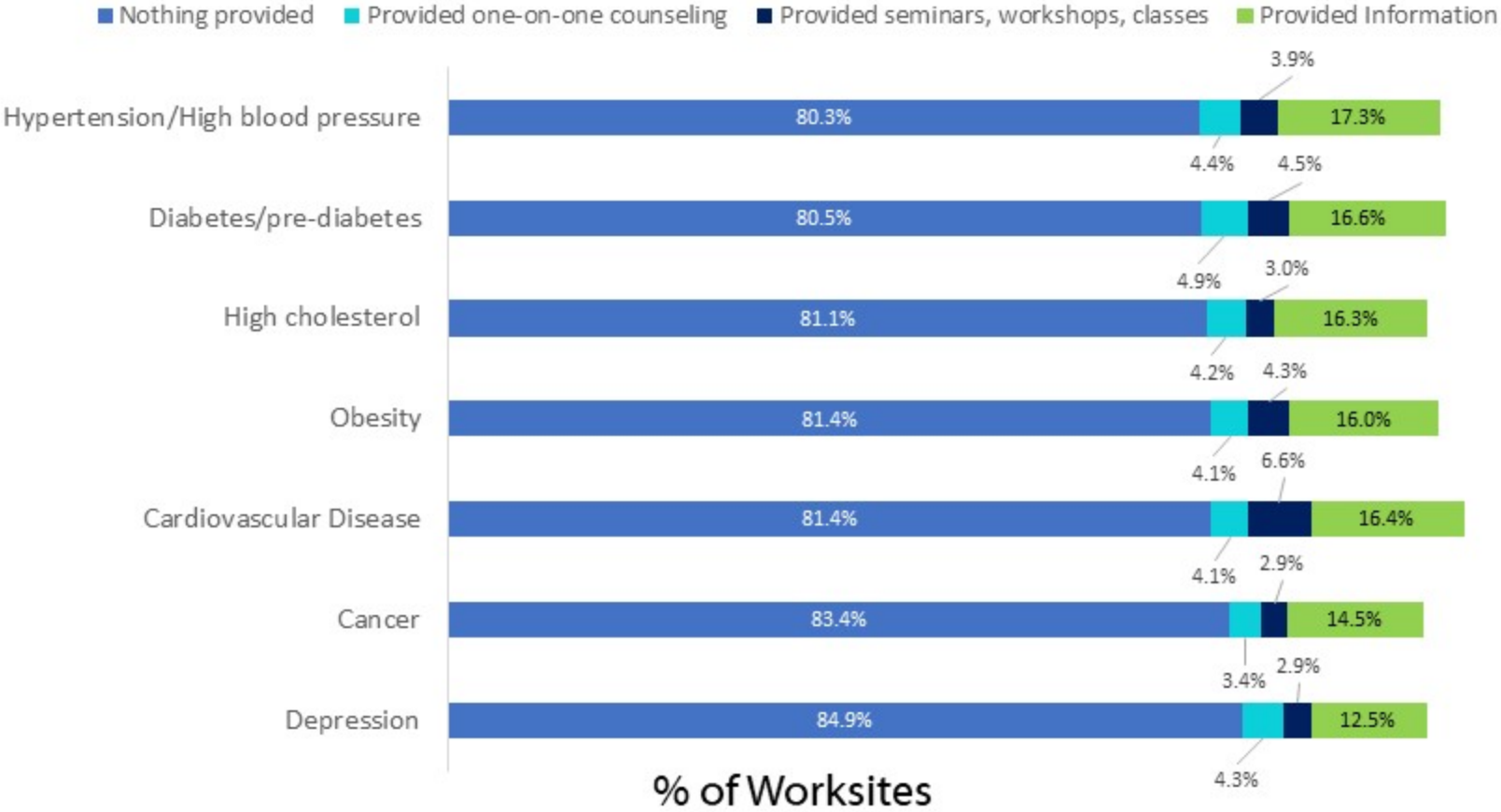


Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites with Disease Management Programs by Health Condition, 2017



Note: Percentages based on weighted estimates. Respondents could select multiple disease management program delivery types (counseling; seminars/workshops/classes; and/or information).

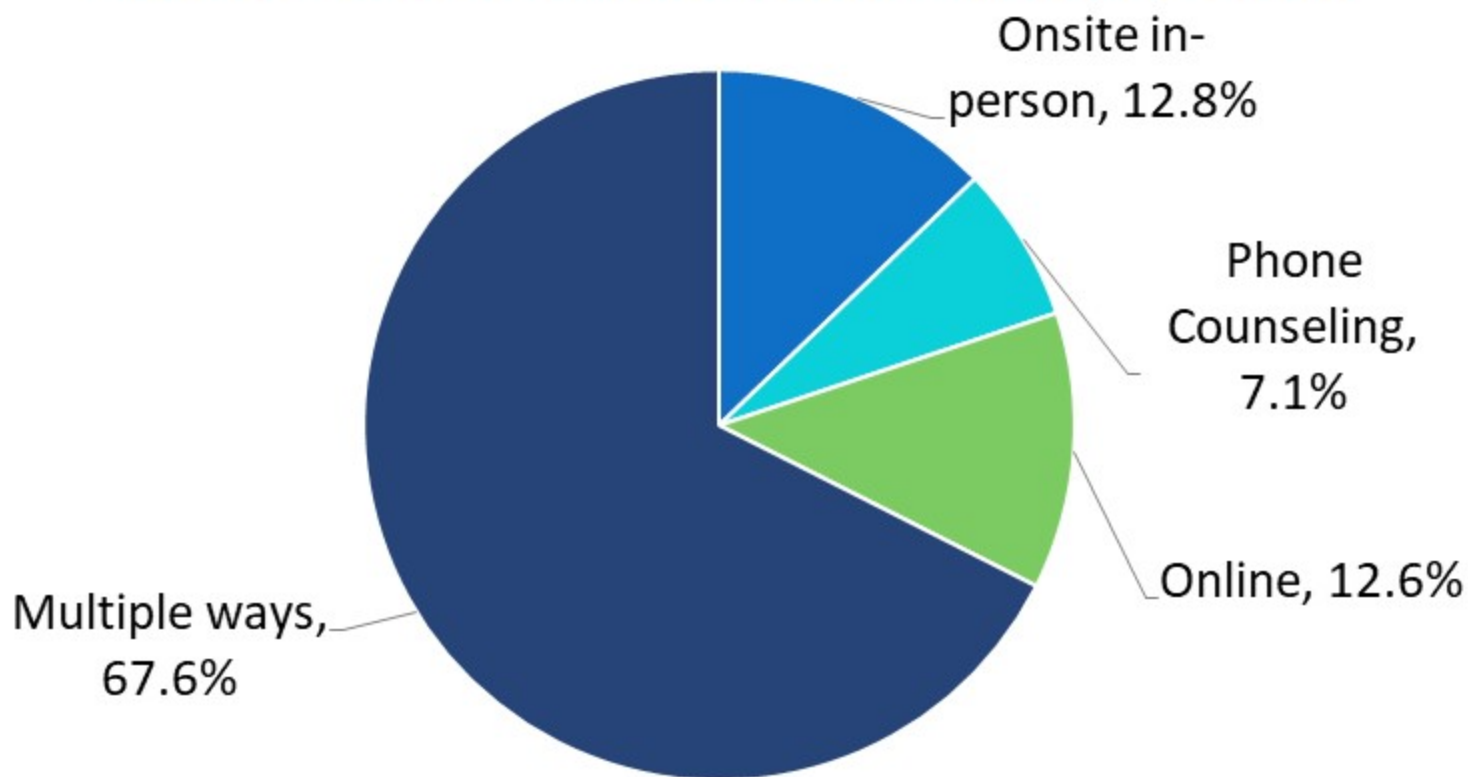
Source: CDC Workplace Health in America Survey, 2017





# Usual Method for Disease Management Program Delivery to Employees, 2017

Among U.S. worksites with a disease management program

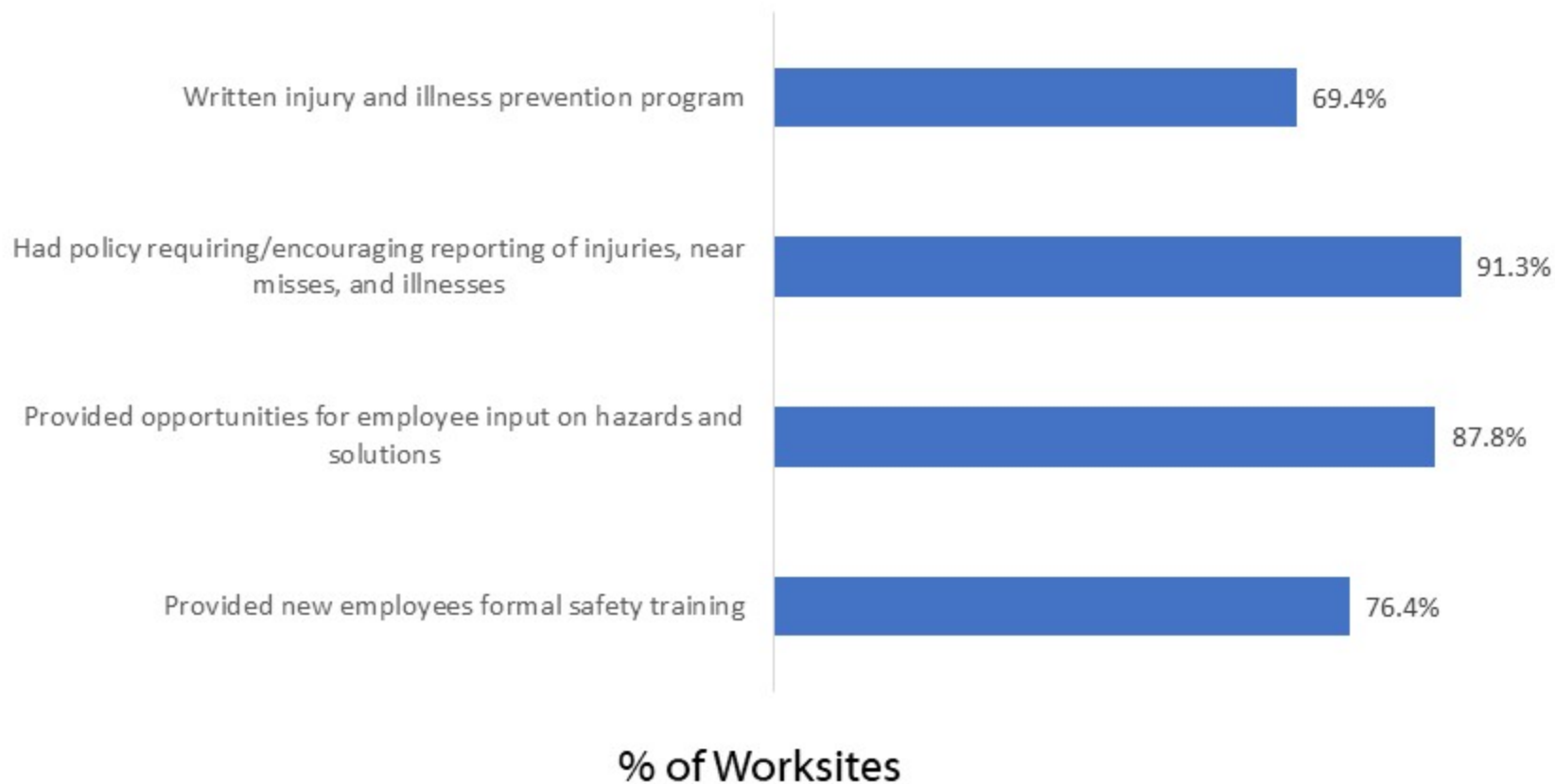


Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Offering Occupational Safety and Health Strategies, 2017



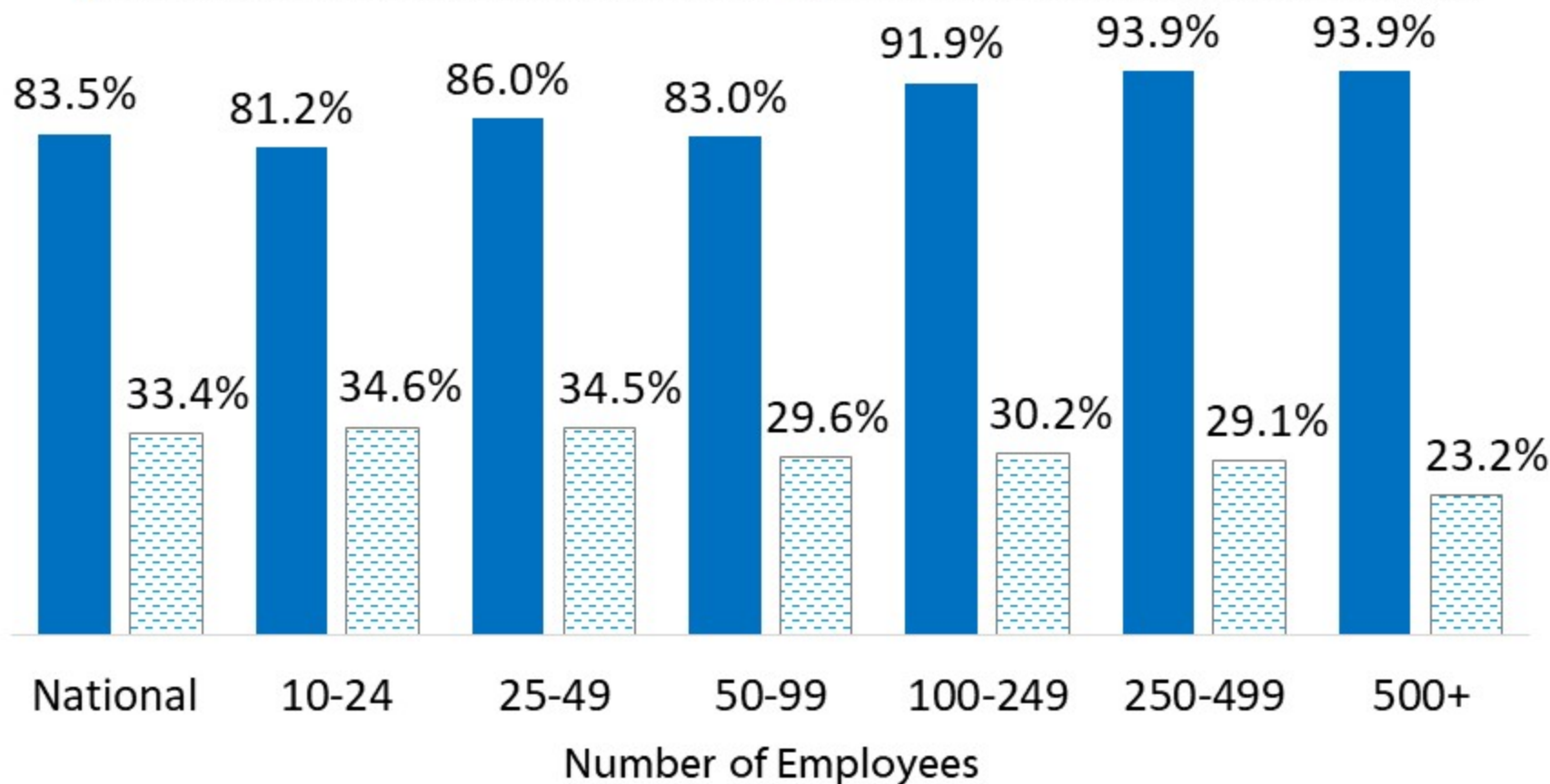
Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites with At Least One Person Responsible for Employee Safety by Worksite Size, 2017

■ At least one person responsible for employee safety □ Safety person also responsible for health promotion

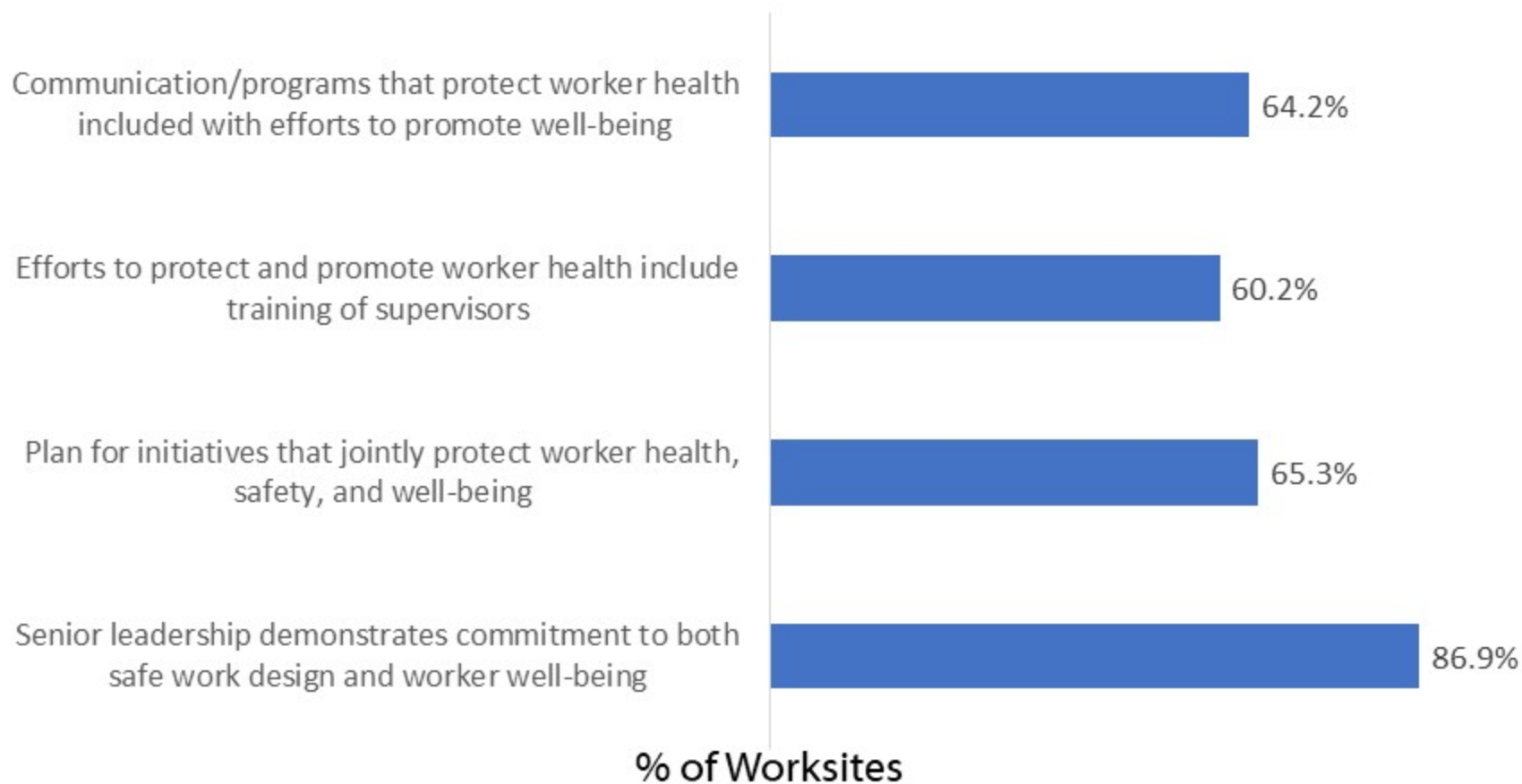


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Integrating Health Promotion with Occupational Safety and Health Efforts, 2017

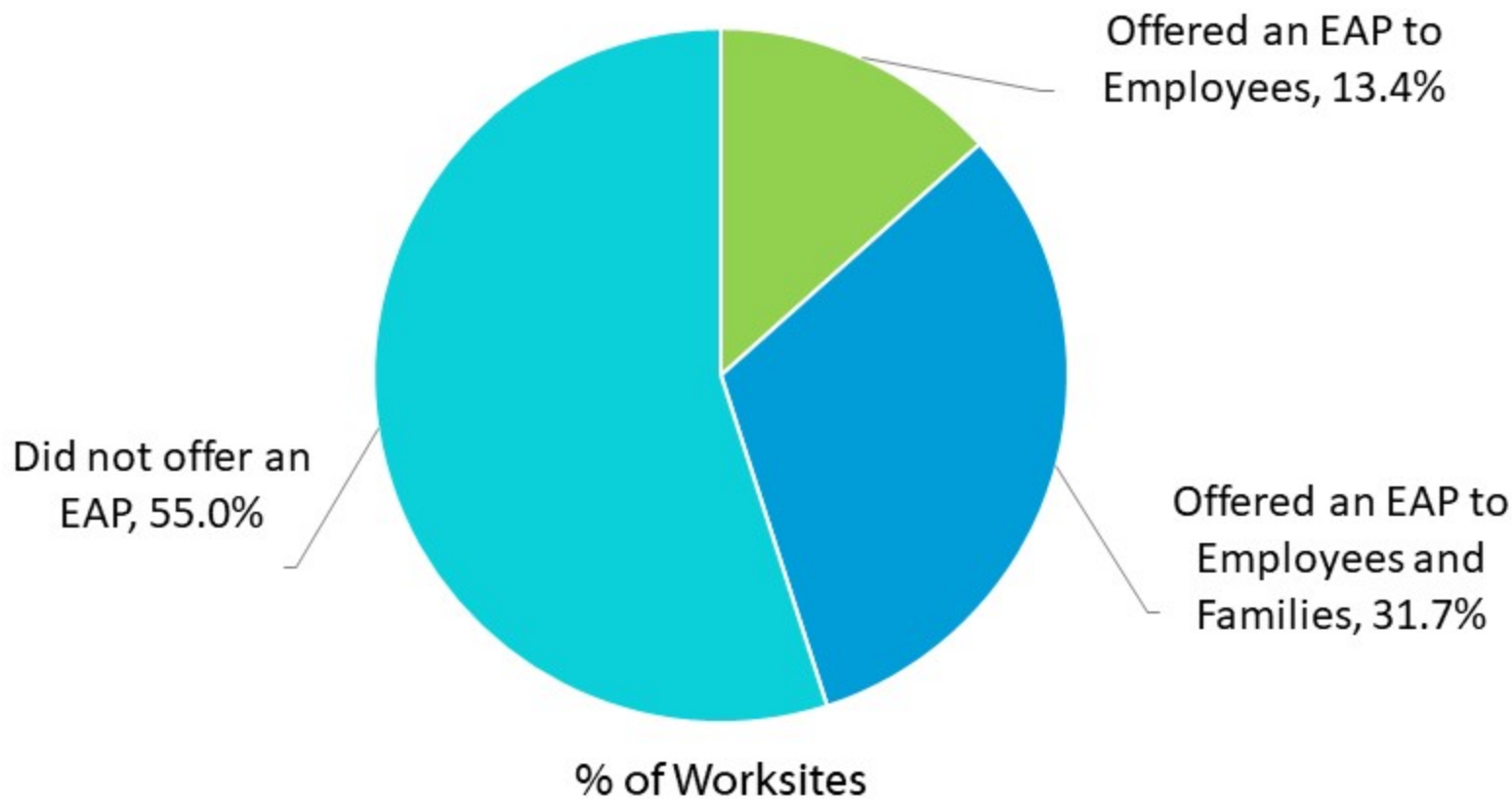


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Percentage of U.S. Worksites Offering Employee Assistance Programs (EAPs), 2017



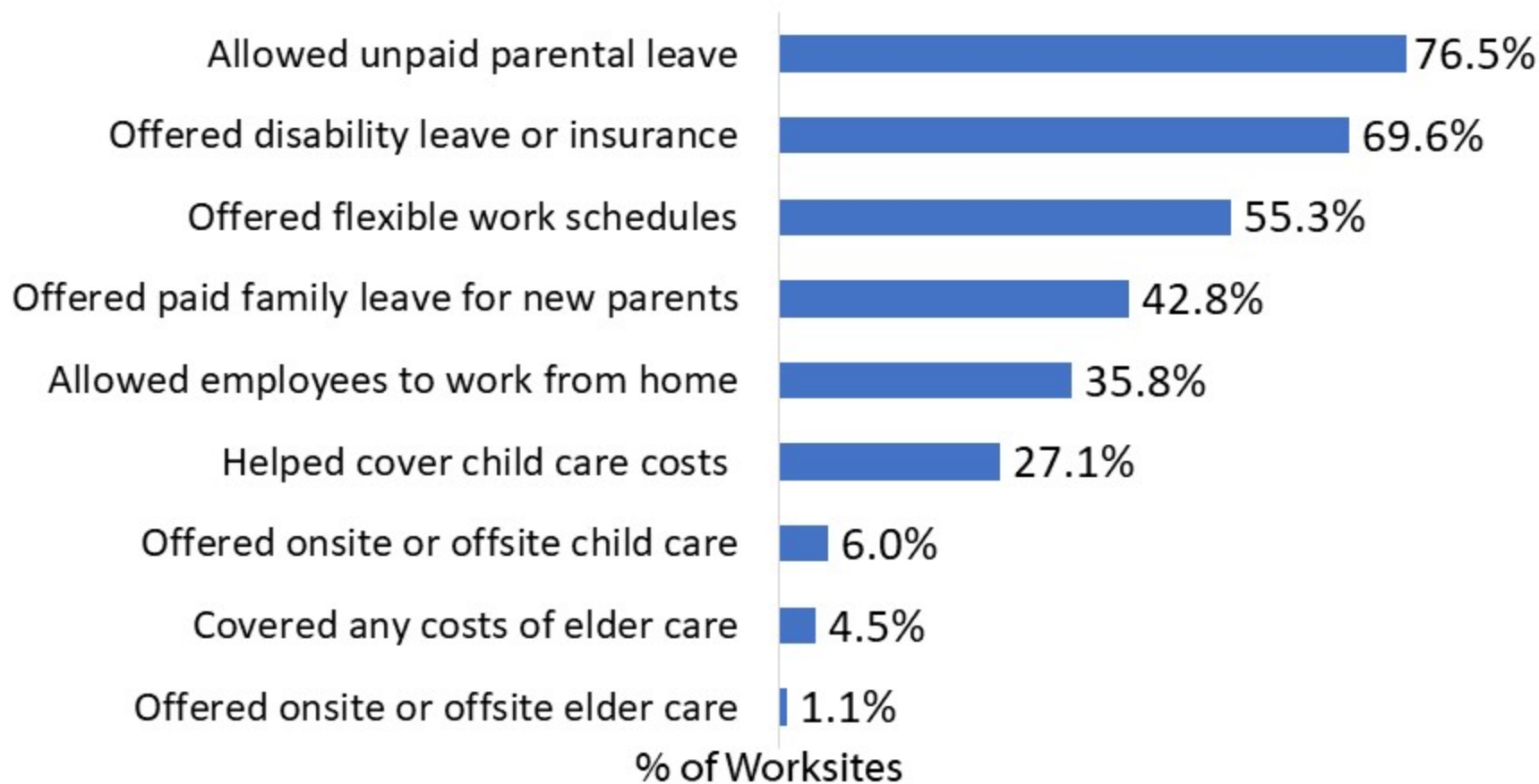
Note: Percentages based on weighted estimates.  
Percentages do not equal 100% due to rounding.

Source: CDC Workplace Health in America Survey, 2017





## Percentage of U.S. Worksites with Work-Life Policies and Benefits, 2017

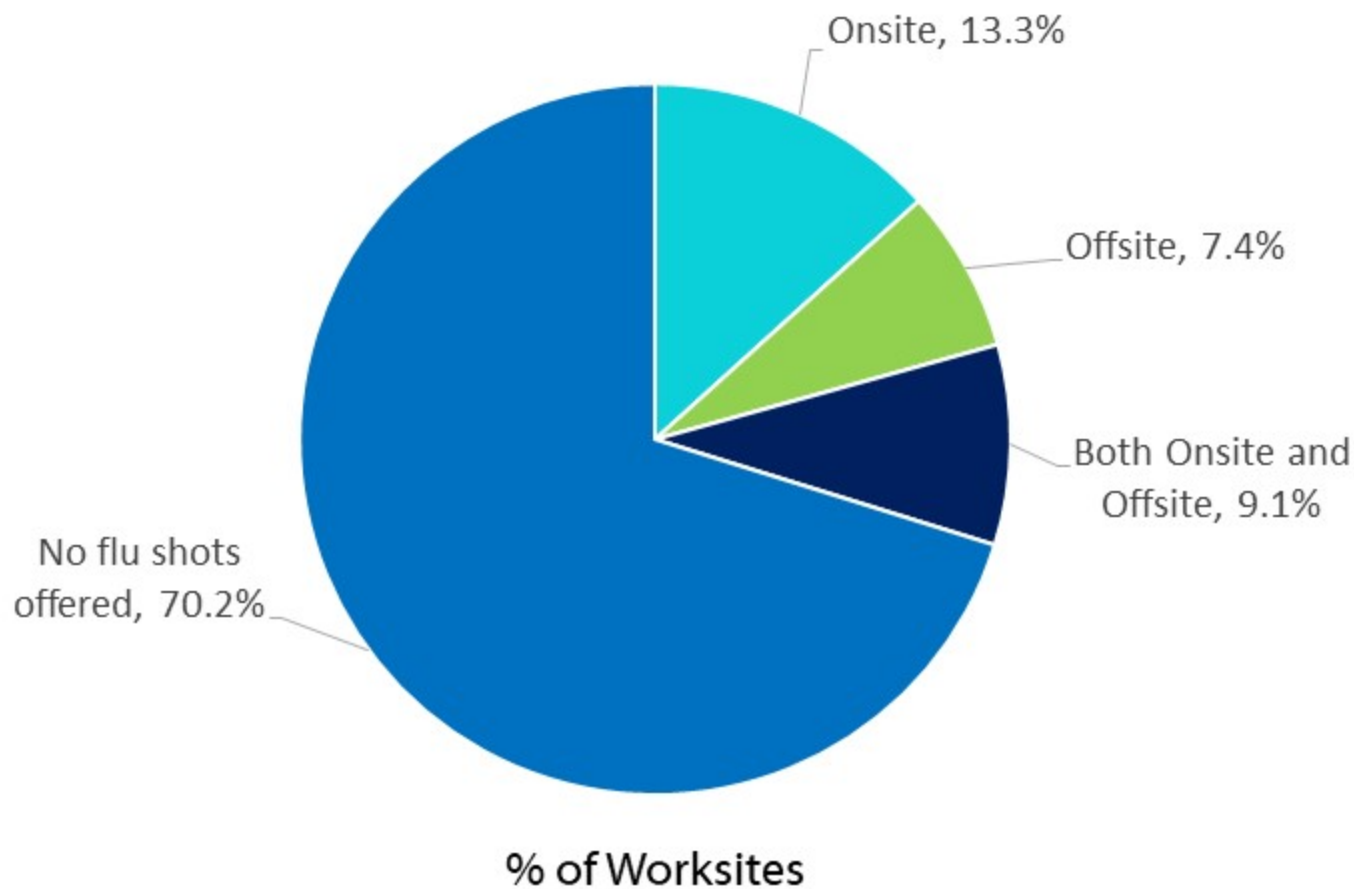


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



## Percentage of U.S. Worksites Offering On or Offsite Flu Shots, 2017

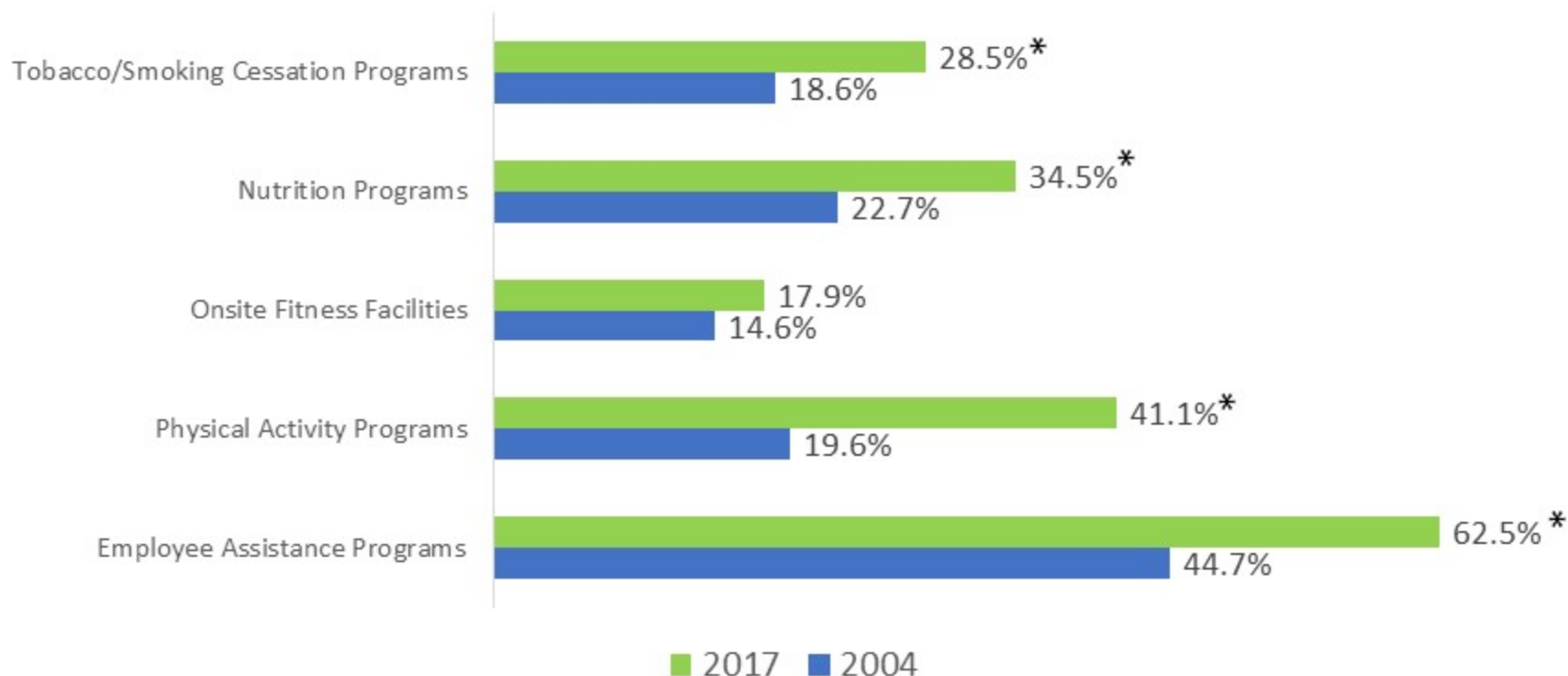


Note: Percentages based on weighted estimates.

Source: CDC Workplace Health in America Survey, 2017



# Comparing U.S. Worksites with Specific Health Programs between 2004 and 2017



Note: Percentages based on weighted estimates.

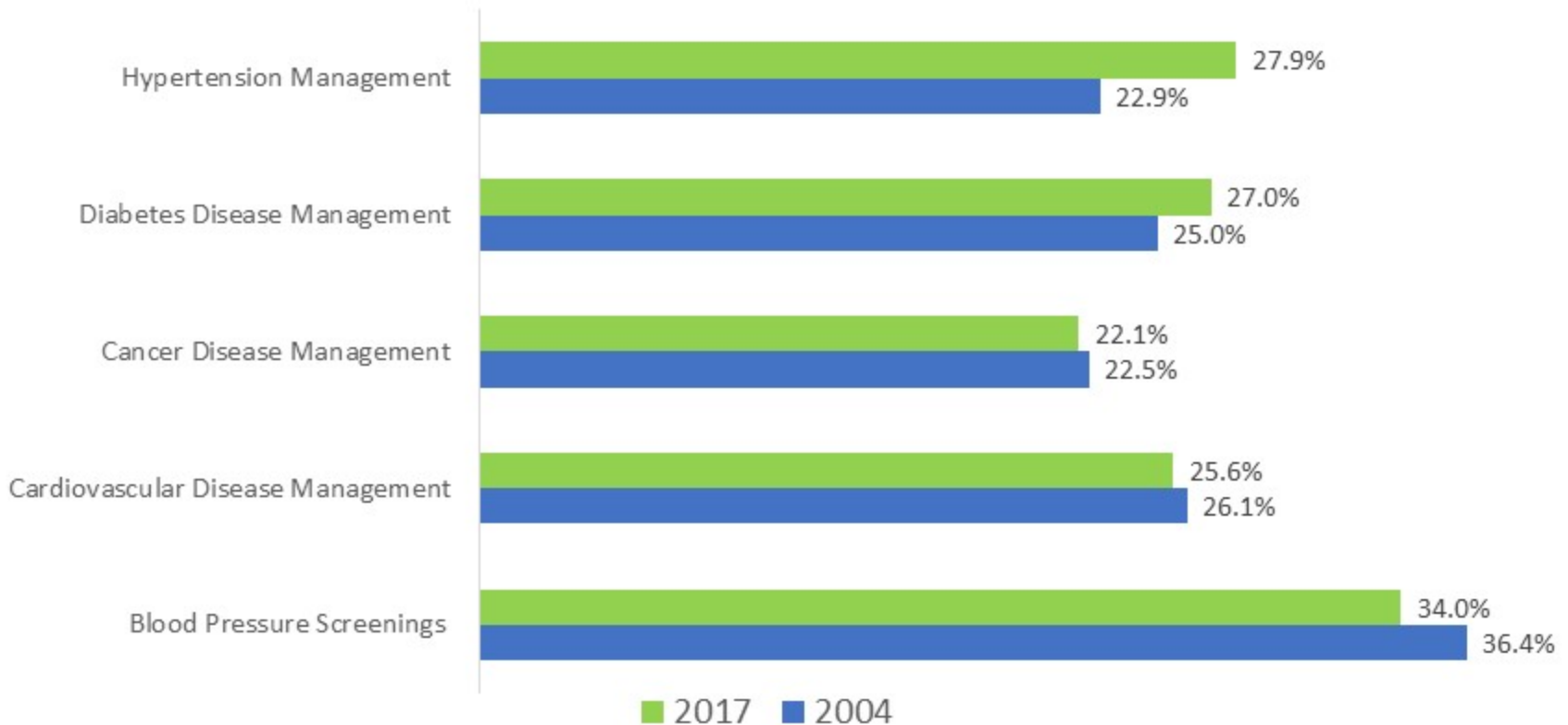
\* Estimate is significantly different from previous year shown ( $p < .05$ ).

The 2017 sample was adjusted to be comparable to the 2004 national worksite health promotion survey results by removing worksites with fewer than 50 employees and those in the public administration industry group.

Source: CDC Workplace Health in America Survey, 2017  
National Worksite Health Promotion Survey, 2004



# Comparing U.S. Worksites with Health Screening and Disease Management Programs between 2004 and 2017



Note: Percentages based on weighted estimates.

No significant differences between 2004 and 2017 for any activity listed.

The 2017 sample was adjusted to be comparable to the 2004 national worksite health promotion survey results by removing worksites with fewer than 50 employees and those in the public administration industry group.

Source: CDC Workplace Health in America Survey, 2017  
National Worksite Health Promotion Survey, 2004



## Questions

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The findings and conclusions in this presentation are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.