



Tobacco Use by Youth is Rising

Vital Signs – February 2019

- Youth tobacco product use in the US is increasing at an alarming rate and **you can help stop it**.
- In 2018, more than **1 in 4** high school students and about **1 in 14** middle school students used a tobacco product in the past 30 days.
- **38.3%** more high school students used any tobacco product in 2018 compared to 2017.
- E-cigarettes, specifically those shaped like USB flash drives, are the main reason for the increase.
- **1.5 million more** youth used e-cigarettes in 2018 compared to 2017.
- There was **no change** in the use of other tobacco products, including cigarettes, during 2017-2018.
- What can parents, educators, healthcare providers, and schools do to prevent and reduce youth use of tobacco products?
- Find answers at www.cdc.gov/vitalsigns