

# Towards a Violence-Free Generation

Using science to fuel action and end violence against children

More than 1 billion children—half of all the children in the world—are victims of violence every year.

A first step in preventing this violence, is better understanding its magnitude, nature, and consequences. CDC's Violence against Children Surveys (VACS) measure physical, emotional, and sexual violence against girls and boys. These surveys have been completed in eight countries, and are underway in six more.



In every country surveyed, more than **1 in 4** girls experienced **sexual violence**.



## Percentage of individuals who experienced...

### physical violence



53%	Cambodia	54%
61%	Haiti	57%
66%	Kenya	73%
42%	Malawi	65%
50%	Nigeria	52%
55%	Tanzania	53%
64%	Zimbabwe	76%



### emotional violence



19%	Cambodia	25%
35%	Haiti	27%
26%	Kenya	32%
20%	Malawi	29%
17%	Nigeria	20%
26%	Swaziland	*
24%	Tanzania	28%
29%	Zimbabwe	38%



...as a child.

### DATA SPOTLIGHT: SWAZILAND

#### Increased risk of negative health conditions associated with exposure to childhood sexual violence

Reported by females 13-24

HIV/STIs	3.7x
Pregnancy Complications	3.5x
Alcohol Use	3.0x
Unwanted Pregnancy	2.9x
Feeling Depressed	2.3x
Suicidal Ideation	2.3x
Attempted Suicide	2.0x
Difficulty Sleeping	1.8x
Cigarette Use	1.2x

### DATA SPOTLIGHT: ZIMBABWE

#### Percentage of girls who experienced specific types of sexual violence as a child

Reported by females 18-24

Unwanted sexual touching	20%
Attempted unwanted sex	15%
Coerced sex	7%
Forced sex	9%

\* Total percentages exceed 33% reported above because girls often experience more than one type of sexual violence.

# Turning data into action

The Violence against Children Surveys (VACS) systematically measure physical, emotional, and sexual violence against girls and boys, and identify risk and protective factors and health consequences, as well as use of services and barriers to seeking help. Children who experience violence are at greater risk for common and destructive yet preventable consequences, including HIV, chronic diseases, crime and drug abuse, as well as serious mental health problems. Findings from VACS enable countries to better allocate limited resources to develop, launch, and evaluate violence prevention programs and child protection systems. A group of policies and programs that are effective in preventing violence is outlined in the THRIVES core package, which includes: **T**rainning in parenting; **H**ousehold economic strengthening; **R**educed violence through legal protection; **I**mproved services; **V**alues and norms that protect children; **E**ducation and life skills; and **S**urveillance and evaluation.



## ACTION SPOTLIGHT: TANZANIA

### Tanzania improves programs and services to prevent violence against children

Sparked by the high rates of violence identified by VACS, the Government of Tanzania developed a multi-sector National Response Plan to prevent violence against children that focuses on education, social welfare, legal, justice, public health, and community. The Plan pays particular attention to sexual violence, the vulnerability of girls, and the health consequences of violence.

To see results, Tanzania is launching several new programs and policies, including

- A new child protection training manual and trainings for government ministries on prevention of gender-based violence and survivors of violence
- Guidelines for budgeting for child protection at the local government level, including child protection guidelines for schools
- A revised national code of conduct for teachers
- A comprehensive pilot program to address child violence in three districts, focusing on school- and community-based prevention, and bringing together police, justice and social welfare for response services

In addition, CDC's office in Tanzania has identified the "Families Matter!" program, an evidence-based intervention designed to promote positive parenting practices and effective parent-child communication about sexuality and sexual risk reduction for parents of 9-12 year olds, as a platform for preventing and responding to childhood sexual violence.

## Global partners

VACS is part of the *Together for Girls* partnership (TfG) which focuses on conducting national surveys to document the magnitude and impact of sexual violence, supporting a coordinated response to strengthen violence prevention, and leading global advocacy to promote evidence-based solutions.

These partners include:

- Becton, Dickinson and Company (BD)
- CDC Foundation
- Centers for Disease Control and Prevention (CDC)
- Grupo ABC
- Nduna Foundation
- United Nations Children's Fund (UNICEF)
- Joint United Nations Programme on HIV/AIDS (UNAIDS)
- United Nations Population Fund (UNFPA)
- UN Women
- World Health Organization (WHO)
- U.S. Department of State
- U.S. Agency for International Development (USAID)
- U.S. President's Emergency Plan for AIDS Relief (PEPFAR)

The surveys are implemented under the leadership of country governments with participation from in-country partners and with support from UNICEF and TfG partners. CDC receives financial support for VACS from PEPFAR and from foundation partners through the CDC Foundation.



For more information on VACS, visit: [www.cdc.gov/violenceprevention/globalviolence](http://www.cdc.gov/violenceprevention/globalviolence)