

Young people have
SUICIDAL THOUGHTS & EXPERIENCES

especially lesbian, gay, and bisexual

LGB YOUTH

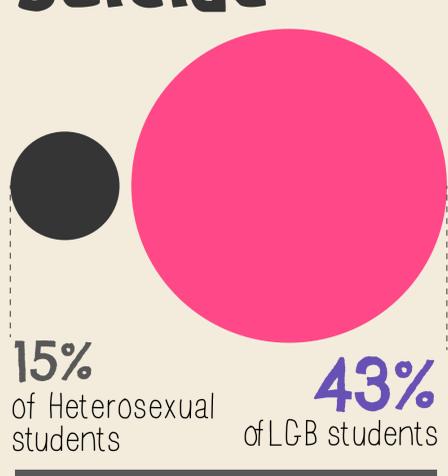


It could be someone you
KNOW. TEACH. LOVE.

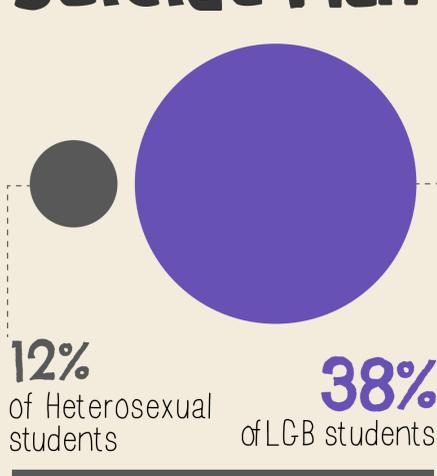


Students reported they...

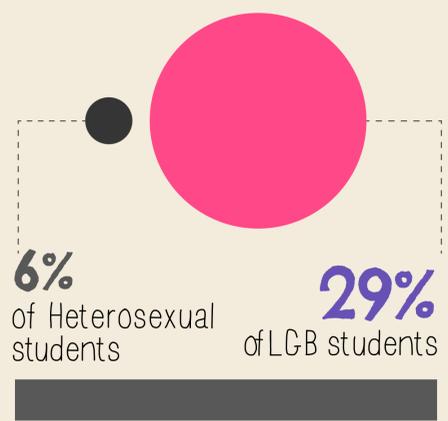
Seriously Considered Attempting Suicide*



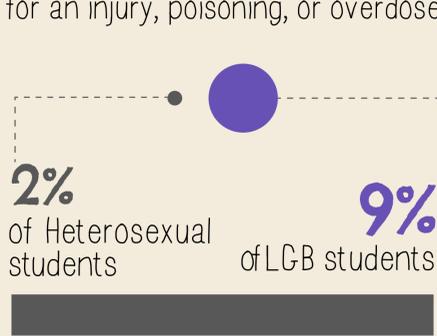
made a Suicide Plan*



attempted Suicide* at least once



attempted Suicide and Received Treatment* by a Doctor or Nurse* for an injury, poisoning, or overdose



* During the 12 months before the survey

Prevention is possible!

Be the change in your community.

- Enhance safety for all students.
- Implement and enforce a school-wide anti-bullying policy.
- LGB youth who attend schools with such a policy have a **LOWER RISK OF SUICIDE.**
- Encourage help-seeking behaviors.
- Ensure school staff care about who students are and what they learn.
- Improve supervision of students.
- Use school rules and classroom behavior monitoring.
- Engage parents and caregivers.

SAFE AND SUPPORTIVE

relationships and environments improve
EDUCATION, SAFETY, AND HEALTH
— for every student.

HELP IS AVAILABLE.

National Suicide Lifeline

CALL OR CHAT

1-800-273-TALK

(8255)

suicidepreventionlifeline.org



www.cdc.gov/violenceprevention
www.cdc.gov/healthyyouth

For the 2015 national Youth Risk Behavior Survey, 15,713 questionnaires were completed in 125 public and private schools.

Source: Kann, L; Olsen, EO; McManus, T; et al., Sexual Identity, Sex of Sexual Contacts, and Health-Related Behaviors Among Students in Grades 9–12 – United States and Selected Sites, 2015. MMWR Surveill Summ 2016; 65 (No. SS-9): 1-202.

