PASSPORT TO HEALTHY TRAVEL

Get up-to-date info and learn how you can prevent Zika on your next trip by using the resources listed in this card.
#ViajoSinZika

FIND THE LATEST ZIKA INFORMATION FOR YOUR NEXT TRIP
cdc.gov/ViajoSinZika

RECEIVE UP-TO-DATE TRAVEL ALERTS VIA EMAIL

PREGNANT WOMEN SHOULD NOT TRAVEL TO AN AREA WITH A RISK OF ZIKA

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HAVING TRAVEL-RELATED QUESTIONS?
CALL 800-CDC-INFO (232-4636)

PLAN FOR SAFE AND HEALTHY INTERNATIONAL TRAVEL WITH THE TravWell app
Available on Google Play and the App Store

Don't put illness on the itinerary. Download the Can I Eat This? app from Google Play and the App Store

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Pregnant women should not travel to an area with a risk of Zika. Zika infection during pregnancy can cause birth defects.

Check out more ways to stay healthy at cdc.gov/ViajoSinZika.