WHAT YOU NEED TO KNOW ABOUT
RIFT VALLEY FEVER (RVF)
WITH GOOD KNOWLEDGE AND GOOD INFORMATION, WE CAN PREVENT
PEOPLE AND ANIMALS FROM GETTING RIFT VALLEY FEVER.

HOW TO PREVENT RVF
1. AVOID CONTACT WITH SICK ANIMALS AND MEAT OR MILK FROM SICK ANIMALS

WARNING
Call veterinarians if your animals are sick or have had an abortion

Wash your hands after touching raw meat or milk

Cook meat thoroughly; boil raw milk

2. AVOID MOSQUITO BITES

Use bednets to protect you from getting diseases from mosquitoes like Rift Valley Fever, malaria, and Yellow fever

Wear long clothing to cover the body

WHEN ANIMALS OR FAMILY MEMBERS ARE SICK:

• Report sick livestock, abortions, and unexpected deaths to the local veterinarian.
• Do not handle or bury dead livestock. Call the local veterinarian to dispose of the body correctly.
• If you feel sick, visit the local clinic or hospital.
• Seek care early to help your chances of survival if you become seriously ill.