ORS (Oral Rehydration Solution) for Symptoms of Ebola

Give ORS IMMEDIATELY if you see any of these symptoms of Ebola:

- Fever
- Vomiting
- Diarrhea

How to Safely Give ORS

1. Mix 1 ORS packet in 3 pints (1 liter) of safe drinking water.
2. Pour mixture into a cup (or bottle). Take care to avoid touching the patient cup, bottle, or other belongings. Do NOT share the ORS, cup, or bottle with others.
3. Encourage children and adults to drink ORS frequently if they have diarrhea or vomiting.
4. Store unused ORS in a covered container.
5. Throw away unused ORS each day.
6. Stop ORS when diarrhea and vomiting stops.

CALL 117 FOR HELP