PROTECT YOURSELF
PROTECT YOUR FAMILY
PROTECT YOUR COMMUNITY

from the Ebola virus

✓ DO

Always wash your hands with soap and

Always cook your food properly

Go to health facility anytime you have head ache, fever, pain, diarrhea, red eyes rash and vomiting

Tell everyone you meet about Ebola so they can be informed

Call for help or questions 0886520581 or 0886374733

✗ DO NOT

Do not touch people with signs of Ebola or have died of Ebola

Do not touch clothes & bed cloths of people who have died of Ebola

Do not touch vomit, saliva, urine, blood and poo poo of people who have signs and symptoms of Ebola

Do not play with monkeys and baboons

Do not eat bush meat

Do not eat plums eaten by bats

Let’s stop the spread of Ebola together