HELPING PEOPLE IN WEST AFRICA
Note to Parents
The Centers for Disease Control and Prevention has created this activity book to offer families and loved ones an interactive way to talk to their kids about deployment to West Africa. This activity book is recommended for children from 2-8 years old.
Ebola is making lots of people sick in parts of West Africa.
People from around the world are going to West Africa to help stop more people from getting sick.

THEY ARE HEROES!
Ebola is spread when the spit, blood, sweat, poop, or pee of a sick person gets in the eyes, nose, mouth, or cuts of a healthy person. Only a person sick with Ebola can make another person sick. People cannot get Ebola from the air, water, or food.
When you get sick, you go see a doctor. People that are sick with Ebola need to see a doctor, too.
Ebola helpers make sure people sick with Ebola go to the hospital. They also teach people how to protect themselves from Ebola and stay healthy.
One way to protect yourself is to wash your hands.
Helpers will have special clothes and tools to keep them extra safe from Ebola.

The helpers need you to find their protection tools! Circle the words below. The words can be across, down, or even diagonal.

APRON  GOGGLES
BLEACH  GOWN
BOOTS  HOOD
GLOVES  MASK
People who are sick need a little extra love and comfort.

Connect the dots to find a cuddly friend.
Draw the helpers a picture to remind them of home while they are away!
When the helpers are finished with their work, they have to pack to go home. Can you help them pack their suitcases?

**Color the things the helper needs to pack.**
If people ask you what Ebola helpers are doing in West Africa, tell them they are helping to save lives. We are so proud of the helpers and can’t wait for them to come home!
EBOLA HELPERS
ARE HEROES!

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention