ORS (Oral Rehydration Solution) for Symptoms of Ebola

Give ORS IMMEDIATELY if you see any of these symptoms of Ebola:

- Fever
- Vomiting
- Diarrhea

How to Safely Give ORS

1. Mix 1 ORS packet in 3 pints (1 liter) of safe drinking water.

2. Pour mixture into a cup (or bottle). Take care to avoid touching the patient cup, bottle, or other belongings. Do NOT share the ORS, cup, or bottle with others.

3. • Encourage children and adults to drink ORS frequently if they have diarrhea or vomiting.
   • Store unused ORS in a covered container.
   • Throw away unused ORS each day.
   • Stop ORS when diarrhea and vomiting stops.

CALL 115 FOR HELP

U.S. Centers for Disease Control and Prevention