This document contains sexually graphic images and may not be suitable for some audiences.
EBOLA SURVIVORS: HOW TO USE A MALE CONDOM

1. Carefully open and remove the condom.
2. Use the condom when the penis is hard.
3. Place condom on penis head.
4. Pinch air out of the tip of the condom.
5. Unroll the condom all the way down the penis.
6. Use a condom every time you have sex.
7. After sex, the survivor should hold condom on the bottom of the penis and pull out of the vagina.
8. The survivor should remove the condom and throw it away.

- After sex, **only** the Ebola survivor should touch the used condom.
- After touching used condoms, wash your hands with soap and water for 40-60 seconds. You can use an alcohol-based hand rub for 20-30 seconds if soap and water are not available. If hands are visibly dirty, use soap and water.
- **Never** reuse condoms. **Never** use two condoms at the same time.
- If any symptoms of Ebola develop within 21 days after contact with semen from a man who has had Ebola, **get care immediately**.

Using condoms is important because in some people Ebola can stay in semen for more than a year.

U.S. Centers for Disease Control and Prevention