



v-safeSM
after vaccination
health checker



What is v-safe?

V-safe is a quick and easy way to share with CDC how you, or your dependent, feel after getting a COVID-19 or mpox vaccine. It takes just a few minutes to enroll, and then you will receive text messages to complete **short, confidential health check-ins**. Your participation in v-safe helps CDC monitor the safety of vaccines for everyone.

V-safe features:

- **Receive health check-ins via text** after vaccination
- **Enroll your dependents** and complete check-ins on their behalf
- **Share** how you feel **after any vaccine dose**

How can I enroll and how does it work?

You can enroll in v-safe after you get any dose of COVID-19 or mpox vaccine by going to vsafe.cdc.gov.

During the first week after vaccination, you will receive a daily text message that asks how you feel. After that, you will receive **occasional check-ins** that you can opt out of at any time. Depending on your answers, **someone from CDC may call** to get more information. **Your personal information in v-safe is protected so it's safe and private***.

How can I enroll my child or dependent?

To enroll a child or dependent (family member or friend) in v-safe, **add them to your existing account** or create a new account if you don't have one yet. Children under 16 years old need to be added to a parent or guardian's v-safe account. Enrolling a dependent does not require you to enter your own vaccination information or complete health check-ins for yourself.

Need step-by-step instructions? Go to: www.cdc.gov/vsafe

New!

People who receive a COVID-19 or mpox vaccine can enroll in **v-safe!**

Sign up with your smartphone's browser at vsafe.cdc.gov

OR

Aim your smartphone's camera at this code



Need help with v-safe?
Call 800-CDC-INFO (800-232-4636)
TTY 888-232-6348

Visit www.cdc.gov/vsafe

*v-safe uses existing information systems managed by CDC. These systems use strict security measures to keep information confidential. These measures comply, where applicable, with the following federal laws, including the Privacy Act of 1974; standards enacted that are consistent with the Health Insurance Portability and Accountability Act of 1996 (HIPAA); the Federal Information Security Management Act, and the Freedom of Information Act.

