

## What to Expect After Getting a COVID-19 Vaccine

1. Getting a COVID-19 vaccine will help keep you from getting COVID-19.
2. After getting vaccinated, you may have some side effects, which are normal signs that your body is building protection against COVID-19.
3. During clinical trials, common side effects included:
  - Pain
  - Chills
  - Swelling
  - Tiredness
  - Fever
  - Headache
4. These side effects may affect daily activities and may make you feel like you have the flu, but they should go away in a few days.
5. If you have pain or discomfort from fever, talk to your healthcare provider about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.
6. Use or exercise your arm and apply a clean, cool, wet washcloth over the area to reduce the pain and discomfort where you got the shot.
7. Drink plenty of fluids and dress lightly if a fever is causing you discomfort.
8. In most cases, discomfort from fever or pain is normal. Call your healthcare provider if redness or tenderness increases after 24 hours, if your side effects are worrying you, or if they do not seem to be going away after a few days.
9. If you experience any of these signs, call your healthcare provider right away:
  - Difficulty breathing
  - Swelling of face or throat
  - Fast heartbeat
  - Dizziness and weakness
10. After you're vaccinated, remember to get a second shot if one is required, continue to wear a mask in public, avoid crowds and stay 6 feet away from others, and wash your hands often.
11. For more information: [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).