



“My dad got shingles,  
my wife got whooping  
cough, that’s why  
I’m getting the  
vaccines I need.”

Every year,  
thousands of adults in  
America suffer serious health  
problems from diseases they could be vaccinated  
against like shingles, whooping cough, hepatitis  
A and B, flu, and pneumococcal disease.  
Some even die.

**Talk with your healthcare professional  
about which vaccines are recommended  
to protect you and your loved ones.**

Learn more at [cdc.gov/vaccines/adults](http://cdc.gov/vaccines/adults) or  
call **1-800-CDC-INFO (1-800-232-4636)**.

**DON'T WAIT.  
VACCINATE!**



U.S. Department of  
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Centers for Disease  
Control and Prevention

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