



“I do a lot of things to stay healthy, including getting vaccinated.”

Every year, thousands of adults in America suffer serious health problems from diseases they could be vaccinated against like shingles, whooping cough, hepatitis A and B, flu, and pneumococcal disease. Some even die.

Talk with your doctor about which vaccines are right for you.

Learn more at cdc.gov/vaccines/adults
or call **1-800-CDC-INFO (1-800-232-4636)**.

**DON'T WAIT.
VACCINATE!**



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention