



"My dad got shingles,
my wife got whooping
cough, that's why
I'm getting the
vaccines I need."

Every year,
thousands of adults
in America suffer serious health
problems from diseases they could be
vaccinated against like shingles, whooping
cough, hepatitis A and B, flu, and
pneumococcal disease. Some even die.

**Talk with your healthcare professional
about which vaccines are recommended
to protect you and your loved ones.**

Learn more at
cdc.gov/vaccines/adults
or call **1-800-CDC-INFO**
(1-800-232-4636).

**DON'T WAIT.
VACCINATE!**



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention