



**"I have too much to do
to risk getting sick, so I'm
getting vaccinated."**

Every year, thousands of adults in America suffer serious health problems from diseases they could be vaccinated against like shingles, whooping cough, hepatitis A and B, flu, and pneumococcal disease. Some even die.

**Talk with your
healthcare professional
about which vaccines are
recommended to protect you
and your loved ones.**

Learn more at cdc.gov/vaccines/adults
or call **1-800-CDC-INFO (1-800-232-4636)**.

**DON'T WAIT.
VACCINATE!**



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention