



“My dad got shingles,  
my wife got whooping  
cough, that’s why  
I’m getting the  
vaccines I need.”

Every year,  
thousands of adults  
in America suffer serious health  
problems from diseases they could be vaccinated against  
like shingles, whooping cough, hepatitis A and B, flu, and  
pneumococcal disease. Some even die.

**Talk with your healthcare professional about  
which vaccines are recommended to protect  
you and your loved ones.**

Learn more at [cdc.gov/vaccines/adults](https://www.cdc.gov/vaccines/adults) or  
call **1-800-CDC-INFO (1-800-232-4636)**.

**DON'T WAIT.  
VACCINATE!**



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention