Motor vehicle crashes and their resulting injuries are preventable; state-level changes are especially effective for prevention.

**TAKING ACTION CAN SAVE LIVES**

In 2018, 150 people in Maine were killed in motor vehicle traffic crashes. Maine can consider the following proven strategies, and the enforcement of related policies, to save lives and money:

- **Child passenger safety laws** that require proper car seat and booster seat use until at least age 9
- **Ignition interlock devices** required for all (including first-time) offenders convicted of alcohol-impaired driving
- **A graduated driver licensing (GDL) system** that includes:
  - A minimum age of 16 for obtaining a learner's permit
  - A mandatory learner's permit holding period of 12 months
  - Restrictions against nighttime driving between 10:00 pm and 5:00 am (or longer)
  - A minimum age of 18 for lifting both nighttime driving and young passenger restrictions

**COST OF TRAFFIC DEATHS BY TYPE OF ROAD USER**

- **Motor Vehicle Occupants**: $159M (76%)
- **Motorcyclists**: $34M (16%)
- **Pedestrians**: $7M* (3%)
- **Bicyclists**: $8M* (4%)

*Cost is based on fewer than 20 deaths and may be unstable.

**COST OF TRAFFIC DEATHS BY AGE GROUP**

- **Children**: 76%
- **Teens**: 16%
- **Young Adults**: 3%
- **Older Adults**: 4%

*Cost is based on fewer than 20 deaths and may be unstable.

Working together, we can help keep people safe on the road—every day.

www.cdc.gov/motorvehiclesafety/statecosts
The best way to reduce motor vehicle crash costs is to prevent crashes. Some effective strategies for preventing crashes include:

- automated red-light and speed-camera enforcement
- comprehensive graduated driver licensing systems
- publicized sobriety checkpoints
- mandatory ignition interlocks for all (including first-time) offenders convicted of alcohol-impaired driving

For more information about these and other effective programs, visit [www.cdc.gov/motorvehiclesafety](http://www.cdc.gov/motorvehiclesafety).

The next best way to reduce costs is to prevent injuries when crashes occur. Proven ways to prevent injuries during a crash include:

- high-visibility enforcement of seat belt and child restraint laws
- primary seat belt laws for all seating positions
- laws that require car seat or booster seat use for children until at least age 9
- distribution plus education programs for car seats and booster seats
- bicycle helmet laws for children

For more information about these and other effective programs, visit [www.cdc.gov/motorvehiclesafety](http://www.cdc.gov/motorvehiclesafety).

**CDC’S COST ESTIMATE TOOLS**

CDC’s interactive calculator, MV PICCS (Motor Vehicle Prioritizing Interventions and Cost Calculator for States), was designed to help decision makers prioritize and select from a suite of 14 effective motor vehicle injury prevention interventions. At the state level, MV PICCS calculates the expected number and monetized value of injuries prevented and lives saved and the costs of implementation, while taking into account available resources. Visit [www.cdc.gov/motorvehiclesafety/calculator](http://www.cdc.gov/motorvehiclesafety/calculator).

CDC’s Web-based Injury Statistics Query and Reporting System (WISQARS) is an online, interactive system that provides reports of injury-related data. To find the costs of various injury deaths and nonfatal injuries, visit [www.cdc.gov/injury/wisqars](http://www.cdc.gov/injury/wisqars).