There’s no such thing as a

**NO SMOKING**

section

No Amount of secondhand smoke is safe!

Here are some unexpected ways you may breathe secondhand smoke every day:

- Sitting in the “no smoking” section, even if it doesn’t smell smoky

- Riding in a car while someone else is smoking, even if a window is open

- Being in a house where people are smoking, even if you’re in another room

- Working in any restaurant, warehouse, or building that allows smoking inside, even if there is a filter or ventilation system

Secondhand smoke
It hurts you. It doesn’t take much. It doesn’t take long.