

# Index

## A

- AARP *See* American Association of Retired Persons
- Abdomen, 310
- Abdominal trauma, 281
- Abdominal aortic aneurysm, 14
- Abortion, spontaneous, 14, 272, 281–283, 307, 370
- abruptio placentae, 281
  - environmental tobacco smoke, 16, 364, 368, 372
  - infertility, 273, 276
  - risk, 304
- Abruptio placentae, 14, 279–281, 307, 370
- Abstinence, 581, 606; *See also* Smoking cessation
- lung cancer risk, 200
  - menstrual cycle, 559–560
- Academic performance, 66, 472
- Acculturation, 581–582
- ACS *See* American Cancer Society
- Action on Smoking and Health, 603
- Addiction *See* Nicotine dependence
- Adenocarcinoma, 201, 635
- cervical cancer, 220
  - diet and lung cancer, 208
  - esophageal cancer, 226
  - incidence, 202
  - oropharyngeal cancers, 225
  - urinary tract cancers, 228
- Adenoma, colorectal, 226
- Adipose tissue, nicotine metabolism, 339
- Adolescents
- body weight, 308
  - depression, 134, 333–334
  - dysmenorrhea, 561
  - lung growth, 370
  - nicotine dependence, 334, 557
  - promotions and smoking initiation, 504
  - restrictive tobacco policies, 593, 606
  - smoking cessation, 572–573, 606
  - smoking initiation, 63, 82, 453–477
  - smoking and lung development, 252, 261
  - smoking prevalence, 142, 635
  - tobacco advertisements, 511
  - tobacco marketing campaigns, 500–505
- Adult Use of Tobacco Surveys, 23, 28, 29, 553
- cigar use, 116–117
  - cigarette brand preference, 46
  - environmental tobacco smoke, 122
  - heavy smoking, 42
  - nicotine replacement therapy, 98, 99
  - physician advice about smoking, 112
  - pipe use, 118–119
  - smoking cessation, 96, 100, 106, 551
  - smoking continuum, 107, 108
- Adults, older, smoking cessation, 486–487, 562
- Advertising, 490–511; *See* Marketing
- awareness, 504
  - counteractivities, 603–605
  - direct, 521–522
  - gays and lesbians, 509
  - indirect, 521
  - power of, 497
  - restrictions, 515, 596–597
- Advocacy, anti-tobacco, 634
- programs, 600–606
- Advocacy Institute, 603
- Affect, 569
- negative, 331, 482, 483
- AFL-CIO, 602
- Africa, smoking prevalence, 136
- African American men *See* Black men
- African American women *See* Black women
- Age
- assisted reproduction, 273
  - atherosclerosis, 241
  - breast cancer risk, 212
  - chronic obstructive pulmonary disease prevalence, 257
  - cigar use, 116
  - cigarette brand preference, 47
  - coronary heart disease, 232, 233, 369
  - gestational *See* Gestational age
  - maternal *See* Maternal age
  - mortality risk, 184–186
  - pregnancy and smoking cessation, 484
  - smoking after pregnancy, 484
  - smoking cessation, 485–487, 386–387
  - smoking initiation, 74
  - stages of smoking cessation, 110
- Age factors
- older smokers, 554
  - smoking cessation, 553, 562
  - smoking cessation during pregnancy, 579
- Ageing, smoking cessation, 486–487, 562, 583–584
- Air pollution, 208, 261
- Airflow, expiratory, 249
- Airflow obstruction, 249
- Airline flights, 602
- Alaska Native girls
- physician advice about smoking, 115
  - smokeless tobacco, 121
  - smoking prevalence, 61
- Alaska Native women, 142
- birth weight, 302
  - cigar use, 117
  - current smoking, 39
  - environmental tobacco smoke, 123
  - ever smoking, 33
  - heavy smokers, 43–44, 45, 46
  - smokeless tobacco, 119
  - smoking cessation, 100, 101, 578, 582
  - smoking during pregnancy, 73
  - smoking prevalence, 11, 37, 40–41, 48, 635
  - smoking prevention, 636

- Alaska Native young women, current smoking, 49
- Alcohol consumption, 129, 130, 484, 486
- binge drinking, 130
  - combined with tobacco, 224–225
  - esophageal cancer, 226
  - laryngeal cancer, 225–226
  - liver cancer, 227
  - oropharyngeal cancers, 224–225
  - ovarian cancer, 220
  - pancreatic cancer, 228
  - smoking cessation, 485
  - smoking during pregnancy, 484
  - spontaneous abortion, 281
- Alcohol dependence, 16, 335, 336, 371
- Alpha-tocopherol, 208
- Altitude, 281
- Alzheimer's disease, 16, 336–337, 372
- Amenorrhea, 266, 370
- American Association of Retired Persons study, smoking cessation attempts, 96
- American Cancer Society, 26, 184; *See* Cancer Prevention Study I; Cancer Prevention Study II
- community intervention programs, 589
- American Cancer Society survey
- ever smoking, 59
  - physician advice about smoking, 112, 115
  - smoking cessation, 95
- American College of Chest Physicians, 601
- American College of Obstetricians and Gynecologists, 601
- American Indian girls
- current smoking, 59
  - physician advice about smoking, 115
  - smokeless tobacco, 121
  - smoking intensity, 62
  - smoking prevalence, 61
- American Indian infants, sudden infant death syndrome, 306
- American Indian women *See Also* Canadian Indian women; Cherokee tribe; Hopi women; Lumbee tribe
- cigar use, 117
  - current smoking, 39
  - environmental tobacco smoke, 123
  - ever smoking, 33
  - heavy smokers, 43–44, 45, 46
  - smokeless tobacco, 119
  - smoking cessation, 100, 101, 578, 582
  - smoking cessation during pregnancy, 111
  - smoking during pregnancy, 73
  - smoking prevalence, 11, 37, 40–41, 48, 142, 635
  - smoking prevention, 636
- American Indian Women's Health Education Resource Center, 601
- American Indian young women, current smoking, 49
- American Lung Association, nicotine replacement therapy, 98, 99
- American Medical Women's Association, 601, 605
- American Nurses Association, 601
- American Public Health Association, 603, 605
- American Stop Smoking Intervention Study, 589
- American Tobacco Company, 493, 494, 495, 510
- Amniotic fluid, 278
- Ampulla of Vater, 228
- Anal atresia, 306
- Anaplastic thyroid cancer *See* Thyroid cancer
- Androgen, 217, 265, 311
- Androstenedione, 265
- Anencephaly *See* Neural tube defects
- Anger, 473
- Ankle brachial pressure index, 245
- Antidepressants, 556, 557, 569–570
- Antioxidants, cervical cancer, 223
- Antismoking campaign, effect on prevalence, 29
- Antismoking materials, 523
- Anxiety, 473
- Anxiety disorders, 16, 334–335, 336, 371
- Anxiolytics, 556, 557
- Aortic aneurysm, abdominal, 247, 248, 370
- Aortic atherosclerosis, 247
- Appetite, suppression, 475–476
- Arthritis, 15, 327–330, 371
- Asbestos, 207
- Ascorbic acid, maternal levels, 278
- Asia
- oral cancers, 225
  - smokeless tobacco use, 138
  - smoking prevalence, 136
- Asian or Pacific Islander girls
- physician advice about smoking, 115
  - smoking intensity, 62
  - smoking prevalence, 61
- Asian or Pacific Islander women, 44, 46
- current smoking, 39
  - environmental tobacco smoke, 123
  - ever smoking, 33
  - lung cancer incidence, 195
  - smokeless tobacco, 119
  - smoking cessation, 100, 583
  - smoking during pregnancy, 73
  - smoking prevalence, 11, 37, 41, 48, 142, 635
- Asian or Pacific Islander young women
- current smoking, 49
  - smoking prevalence, 50
- Association of Flight Attendants, 602
- Association of Professional Flight Attendants, 602
- Asthma, 249, 252, 258
- Athens, Greece, air pollution and lung cancer risk, 209
- Atherosclerosis *See* Carotid atherosclerosis
- Atherosclerosis Risk in Communities Study, 243
- Athletics, 600
- Atomic bomb survivors, lung cancer, 209
- Attention, 341, 560
- Attention deficit disorder, 15, 334–335, 336, 371
- Attitudes, 592, 594, 595
- Attorneys General settlement *See* Master Settlement Agreement

Australia  
 chronic obstructive pulmonary disease mortality, 261  
 community-based antismoking campaigns, 588  
 lung cancer, 210–211  
 smoking trends, 138  
 Australian National Women's Magazine Project, 604  
 Austria, lung cancer mortality, 211  
 Auto racing, sponsorship, 514  
 Autopsy, 350  
 AUTS *See* Adult Use of Tobacco Surveys

## B

Badge products, 492  
 Bailancho Saad, 526  
 Basic brand, advertising, 510  
 Beaver Dam (Wisconsin) Eye Study, 330  
 Behavioral control, smoking initiation among adolescents, 471  
 Behavioral programs, 566–567, 570  
 Behavioral Risk Factor Surveillance System, 23, 40–41, 42, 72  
 Behavioral training, smoking cessation, 584  
 Benign breast disease, 217  
 Benson & Hedges brand, 46, 47  
 advertising, 510, 521–522  
 international sponsorship, 523  
 Benzo[a]pyrene, 207  
 Benzodiazepines, 556  
 Bernays, Edward, 494, 495  
 Beta-blockers, 556  
 Beta-carotene, 208  
 cervical cancer, 223  
 Betelquid, 138  
 Bidis, 121, 147  
 Bile ducts, 228  
 Biliary tract cancer, 228  
 Billboards, 521  
 Binge drinking, 130, 472; *See also* Alcohol consumption  
 Biological factors, smoking initiation, 476–477  
 Biopsychosocial factors, 552, 606  
 smoking cessation, 17  
 Birth cohort studies, 28–29  
 Birth cohorts, 74–77  
 and ever smoking by age, 77–81  
 forced expiratory volume, 253  
 initiation, 142  
 lung cancer trends, 203  
 smoking cessation, 105, 553  
 smoking initiation, 74–77, 81, 499  
 smoking initiation and coronary heart disease, 233  
 Birth defects, 290, 303  
 Birth outcomes, 290–306  
 smoking cessation, 564  
 Birth weight 15, 296, 302–303, 371; *See also* Intrauterine growth retardation  
 environmental tobacco smoke, 357, 368, 372  
 low *See* Low birth weight  
 preterm delivery, 291  
 Bisexual women, current smoking, 42  
 Bisexual youth, smoking prevalence, 59  
 Black adolescents  
 emotional distress, 473  
 risk taking behavior, 472  
 smoking initiation, 470, 472  
 smoking prevalence, 635  
 Black boys, smoking prevalence, 61  
 Black children, maternal smoking and lung function, 251  
 Black girls  
 cigarette brand preference, 70  
 current smoking, 57, 58  
 ever smoking, 55, 59  
 physician advice about smoking, 115  
 smoking and body weight, 126  
 smoking intensity, 62–63  
 smoking prevalence, 7, 11–12, 57, 60, 61, 70, 142  
 weight control, 476  
 Black infants, sudden infant death syndrome, 306  
 Black men  
 chronic obstructive pulmonary disease mortality, 260  
 ever smoking, 49  
 lung cancer incidence, 194  
 smoking cessation, 106  
 smoking prevalence, 29  
 Black women  
 age at smoking initiation, 75, 76, 77, 80  
 birth weight, 302  
 body weight, 127  
 bone fractures, 311  
 breastfeeding, 484  
 chronic obstructive pulmonary disease mortality, 260  
 cigarette brand preference, 46  
 coronary heart disease risk, 232  
 current smoking, 39  
 environmental tobacco smoke, 123  
 ever smoking, 33, 78  
 first cigarette of the day, 83  
 forced expiratory volume impairment, 259  
 heavy smokers, 43, 45, 46  
 lung cancer, 194, 197, 200  
 neonatal mortality, 294  
 nicotine dependence, 88  
 physician advice about smoking, 113  
 preeclampsia risk, 288  
 pregnancy and smoking cessation, 483  
 relapse to smoking, 487  
 smokeless tobacco, 119  
 smoking cessation, 97, 100, 101, 106, 578, 579–580  
 smoking cessation during pregnancy, 111, 563, 577, 579  
 smoking cessation programs, 580  
 smoking continuum, 107  
 smoking during pregnancy, 71, 72, 73  
 smoking prevalence, 11, 27, 28–29, 35, 48, 142  
 stages of smoking cessation, 110

stillbirth, 291  
Black young women  
  current smoking, 49  
  ever smoking, 49  
  smoking cessation, 110  
  smoking prevalence, 50  
Blacks, television and smoking cessation, 577  
Bladder cancer, 13, 228, 231, 369  
Blood pressure *See* Hypertension  
Blood vessel diseases, 232  
Body fat distribution, 15, 310–311, 371  
Body image, 125, 134  
Body mass index, 329, 565; *See also* Body weight  
  maternal, 291  
Body weight, 15, 125–128, 134, 307–311, 371; *See also* Body mass index  
  bone density, 315, 317  
  endometrial cancer, 217  
  maternal, 303  
  nicotine effects, 341  
  osteoarthritis, 329  
  perceived, 126–128  
  smoking initiation, 125  
Bone density, 15, 311–318, 321, 371  
Bone fractures, 318–321  
  risk, 15, 321, 371  
Boredom, and smoking, 134  
Bowling, James, 498  
Boys  
  cigar use, 117  
  current smoking prevalence, 60, 61  
  depression, 341  
  maternal smoking and lung function, 251  
  religion and smoking, 67  
  restrictions to access, 595  
  senior class, 59  
  smokeless tobacco, 121  
  smoking initiation, 500  
  smoking prevalence, 142  
Brain, nicotine metabolism, 339  
Brand stretching, 522  
BRCA1 genes, 216  
BRCA2 genes, 216  
Breast cancer, 13, 212–217  
  correlations with male lung cancer, 216  
  environmental tobacco smoke, 216, 369  
  risk, 213, 224, 369  
  susceptibility, 634  
Breast disease, benign, 217  
Breastfeeding, 15, 306, 307, 371, 484, 488  
  relapse to smoking, 487  
  smoking cessation, 484, 577, 579  
BRFSS *See* Behavioral Risk Factor Surveillance System  
Brief interventions *See* Clinical interventions, minimal  
Brill, A.A., 494  
Bronchial hyperresponsiveness, 253  
Bronchiectasis, 249  
Bronchioles, 249  
Bronchioloalveolar regions, carcinogens, 203

Bronchitis, chronic, 249, 250  
Brown & Williamson, 506, 510, 511  
Buccal mucosa, 225  
Bulgaria, lung cancer mortality, 210–211  
Bulimia nervosa, 16, 334–335, 336, 371  
Bupropion, 556  
  pharmacology, 557  
  smoking cessation, 565, 570  
  weight control, 569  
Bureau of Indian Affairs, 56, 59  
Bus stops, advertising, 521

## C

Cadmium, 318  
  neonatal mortality, 365  
Caffeine, preterm delivery, 291  
Calcaneus, 312  
Calcitonin, 318  
Calcium, 315, 318  
California, tobacco control programs, 636  
California Department of Health Services, 603, 604  
California Environmental Protection Agency, lung cancer and environmental tobacco smoke, 344  
California Tobacco Survey, 587  
  promotions and smoking initiation, 504  
  susceptibility to smoking, 475, 504  
  tobacco product advertising, 455  
California Youth Tobacco Survey, smoking initiation, 472  
Camel brand, 46, 504  
  advertising, 494, 496–497, 509, 510  
  brand stretching, 522  
  preference among girls, 69, 70  
  promotions, 510  
Canada  
  chronic obstructive pulmonary disease mortality, 261  
  lung cancer, 209–211  
  smoking trends, 138  
Canadian Association for the Advancement of Women and Sport and Physical Activity, 600  
Canadian Indian women, smoking prevalence, 136  
Canadian Network of Women Against Tobacco, 605  
Cancer, 12–13, 193–231; *See also under* individual type  
  predisposition to, 205–207  
Cancer Prevention Study I, 26, 28, 37, 42  
  age at smoking initiation, 75, 76  
  aortic aneurysm mortality risk, 247  
  chronic obstructive pulmonary disease mortality, 260  
  coronary heart disease, 353  
  death rates, 186–187  
  lung cancer risk, 197, 200  
  multiple myeloma, 231  
  stroke mortality risk in former smokers, 239  
Cancer Prevention Study II, 42  
  age at smoking initiation, 75

- biliary tract cancer, 228
- bladder cancer mortality, 229
- breast cancer and environmental tobacco smoke, 216
- chronic obstructive pulmonary disease mortality, 260, 261
- coronary heart disease, 223, 233, 353
- death rates, 185–187
- esophageal cancer, 226
- laryngeal cancer, 226
- liver cancer mortality, 227
- low-tar cigarette preference, 48
- lung cancer, 200, 201
- lymphoid leukemias, 231
- multiple myeloma, 231
- non-Hodgkin's lymphoma, 231
- pancreatic cancer mortality, 228
- relative risk, 189–190
- risk and smoking cessation, 197–198
- smoking and breast cancer mortality, 215
- smoking risk in lung cancer, 197, 198
- spouse exposure to environmental tobacco smoke, 344
- stomach cancer, 226
- stroke risk, 240
- Cancer and Steroid Hormone Study, 213
  - ovarian study, 219–220
- Capri brand, 504, 508, 509
  - advertising restrictions, 525
  - appeal to women, 522
  - promotions, 510
- Carbon monoxide, 303, 340, 341, 573
  - congenital malformations, 304
  - fetal growth retardation, 364
  - neonatal mortality, 364
- Carboxyhemoglobin, 303
- Carcinogens, lung cancer, 203
- Carcinoma, adenosquamous, cervical cancer, 220
- Carcinoma, bronchioloalveolar, 201
- Carcinoma, large cell, 201, 208
- Carcinoma in situ, cervical, 220
- Carcinoma, small cell, 201, 202
  - diet and lung cancer, 208
- Carcinoma, squamous cell, 201, 202, 203
  - cervical cancer, 220
  - diet and lung cancer, 208
  - esophageal cancer, 226
- Cardiac birth defects, 304
- Cardiovascular defects, environmental tobacco smoke, 366
- Cardiovascular disease, 13–14, 232–238, 369
  - environmental tobacco smoke, 122, 123
  - mortality, 187
- Cardiovascular function markers, 356
- Caribbean Islands, smoking prevalence, 136
- Carlton brand, advertising, 509
- Carotenoids, 208, 223
- Carotid artery stenosis, 241–242
- Carotid atheromatous plaques, 242
- Carotid atherosclerosis, 14, 241–244, 248, 370
- Case-control studies
  - breast cancer, 212
  - coronary heart disease and environmental tobacco smoke, 353
  - environmental tobacco smoke, 345–350
  - ethnicity and lung cancer, 200
  - lung cancer, 198–200
- CASH *See* Cancer and Steroid Hormone Study
- Cataract, 15, 330, 331, 371
- Catecholamines, 265
- Cavalier brand, advertising, 497
- Censorship, 524
- Centers for Disease Control and Prevention
  - Office on Smoking and Health, 602
  - public health partnerships, 600
- Central American women, smoking during pregnancy, 73
- Central nervous system, congenital malformations, 303, 304
- Cerebral infarction *See* Stroke
- Cerebrovascular disease *See* Stroke
- Cervical cancer, 13, 220–224
  - risk, 224, 369
  - smoking and disease progression, 220
- Cervical dysplasia, 220
- Cervical epithelium, effects of smoking, 223
- Cervical incompetence, 278
- Cervical intraepithelial neoplasia, 220
- Cesarean section, placenta previa, 281
- Cessation *See* Smoking cessation
- Change, transtheoretical model, 474, 478
- Chelsea brand, 508
- Cherokee tribe, *See also* American Indian women
  - smokeless tobacco, 119
- Chesterfield brand, 46, 499, 500
  - advertising, 493, 494, 496, 498
- Children
  - cigarette advertising, 504
  - coronary heart disease and environmental tobacco smoke, 353, 355
  - environmental tobacco smoke, 345
  - forced expiratory volume, 251
  - nicotine dependence, 334
  - type 1 diabetes, 264
- China, 136, 138
  - air pollution and lung cancer risk, 208–209
  - environmental tobacco smoke, 345
- Chinese women, 41–42; *See also* Asian or Pacific Islander women
  - ethnicity and lung cancer, 200
  - lung cancer, 195, 211–212
  - smoking during pregnancy, 73
- Chinese young women, smoking prevalence, 50
- Cholecystectomy, 321
- Cholecystitis, 15, 323, 325, 371
- Cholelithiasis, 321, 323
- Cholesterol, 232, 247
  - lung cancer risk, 208

- Chromosomal abnormalities, 281, 283, 303
- Chronic obstructive lung disease *See* Chronic obstructive pulmonary disease
- Chronic obstructive pulmonary disease, 14, 249–262, 370
  - death rate, 250
  - diagnosis, 249
  - mortality, 259–261
  - prevalence, 257
  - risk, 250
  - risk and smoking intensity, 261
- Cigar use, 116
- Cigarette addiction *See* Nicotine dependence
- Cigarette advertisements, 490–511
- Cigarette brands
  - choices and advertising, 455
  - images, 490
  - loyalty, 491
  - preference, 46–48, 69–71
- Cigarette marketing *See* Marketing, 490–526
- Cigarette promotions *See* Promotions
- Cigarettes
  - brand stretching, 522
  - craving, 342
  - feminized, 522
  - filtered, 47, 99, 203, 554
  - first of the day, 82–85
  - generic, 47, 70
  - low-tar, 47, 116, 203
  - low-yield, 302
  - number smoked, 42, 482, 483; *See also* Smoking intensity
  - packaging, 492–493, 522
  - price, 454–455, 510, 594
  - reasons for use, 85–86
- Cigars, 12, 116–117, 142
  - marketing, 516–517
- Cimetidine, 324
- Circulatory anomalies, 303
- Civic improvement, tobacco sponsorship, 511
  - Clear Horizons*, 583, 584
  - Clearing the Air*, 584
- Cleft lip *See* Oral clefts
- Cleft palate *See* Oral clefts
- Clinical interventions, intensive, 555–556
  - pregnancy, 578
- Clinical interventions, minimal, 554–555, 556
  - pregnancy, 578
- Cliques, smoking initiation among adolescents, 469
- Clomiphene citrate challenge, 273
- Clonidine, 556, 557
- Cocaine use, 129, 130
- Cognitive readiness, 488
- Cohabitant *See* Partner
- Cohort studies
  - breast cancer, 212
  - coronary heart disease and environmental tobacco smoke, 351, 353
  - lung cancer, 196–198
  - lung cancer and environmental tobacco smoke, 344–345
  - mortality risk, 368
- Colitis, ulcerative, 15, 325, 371
- College students, 67, 565
- Colon cancer, 225, 226–227
- Colorectal cancer, 13, 226–227, 231, 369
- Commission for a Healthy New York, 602
- COMMIT *See* Community Intervention Trial for Smoking Cessation
- Community, Hypertension, Atherosclerosis, and Diabetes Program, 588
- Community Intervention Trial for Smoking Cessation, 558
  - brand preference, 47, 70
  - international programs, 588, 589
  - smoking after awakening, 83
  - smoking cessation, 482–483, 574
  - workplace policies, 587
- Community-based interventions, 581, 587–590, 598–599
- Compliance checks, 454
- Conception, delayed, 14, 15, 272–273, 276, 307, 371
  - environmental tobacco smoke, 16, 366, 368, 372
- Condylomata, 224
- Confidence, smoking cessation, 527
- Congenital malformations, 15, 303–306, 307, 371
  - environmental tobacco smoke, 366
- Conotruncal malformations, 304
- Consolidated Cigar Corporation, marketing, 516
- Contraception, spontaneous abortion, 281
- Copenhagen City Heart Study, 241
  - chronic obstructive pulmonary disease mortality, 261
- Coping skills, 474, 483
- Coronary Artery Surgery Study, 235
- Coronary heart disease, 232–238, 369
  - environmental tobacco smoke, 16, 343, 350–356, 372
  - hormone replacement therapy, 237–238
  - mortality, 233, 356
  - risk, 13, 232–235, 248, 353
- Coronary Risk Factor Study, 588
- Corpora lutea, 273
- Cortisol, 217, 265, 318
- Cotinine, 16, 83, 123, 372
  - birth weight, 302, 357, 362
  - blood pressure, 248
  - in cervical mucus, 223
  - fetal growth retardation, 364
  - infant lung development, 251
  - levels during pregnancy, 563
  - nicotine metabolism, 339
  - preterm delivery, 291
  - smoking intensity, 335
  - weight gain, 568
- Counteradvertising, 603

Covariate studies, 315  
 CPS-I *See* Cancer Prevention Study I  
 CPS-II *See* Cancer Prevention Study II  
 Craniosynostosis, 304  
 Craven "A" brand, 519  
 Craving, cigarette, 342  
 Crohn's disease, 15, 325, 371  
 Cross-sectional studies  
   bone density, 313–315  
   smoking initiation among adolescents, 454  
 Crow's foot area, 332  
 Cuban American women, 39, 45  
   cigarette brand preference, 47  
   smoking during pregnancy, 73  
 Cultural influences, 453  
 Current Population Survey, 23, 26, 46  
   age at smoking initiation, 75  
   cigar use, 117  
   smoking cessation, 101  
   smoking initiation, 74, 80, 81, 82, 499  
   smoking intensity, 44, 74  
   smoking prevalence, 26, 42  
   trends in smoking cessation, 100  
   workplace tobacco smoke exposure, 123  
 CYP1A1 genes, 216  
 Cystic fibrosis, 249  
 Czech Republic, smoking prevalence, 136

## D

D<sub>2</sub> dopamine receptors, 476  
*d*-Fenfluramine, weight control, 568–569  
 Dakota brand  
   advertising, 511  
   counteradvertising, 603  
 Dakota Papers, 603  
 Death, premature, 12  
 Death rate *See also* Mortality, 184–187  
   lung cancer, 197  
   smoking-specific, 184–186  
   temporal trends, 186–189  
 Deaths, smoking attributable, 190  
 Deaths, premature, 7, 194, 468  
 Decision making, 478  
 Dehydroepiandrosterone, 262  
 Delinquency, smoking initiation among adolescents, 472  
 Delivery, preterm, 15, 278, 290–291, 307, 371  
   abruptio placentae, 281  
 Demand for cigarettes, pricing, 455  
 Denmark  
   cigar use, 138  
   human papillomavirus infection, 223  
   lung cancer, 210–211  
   smoking prevalence, 136  
   smoking trends, 138  
 Dentists, advice about smoking, 555  
 Department of Defense Survey of Health Related Behaviors Among Military Personnel, 39  
 Depression, 15, 333–334, 336, 371, 473, 557  
   adolescents, 476  
   major depressive disorder, 569, 570  
   premenstrual dysphoric disorder, 561  
   smoking cessation, 486, 569–570, 571  
   smoking risk, 334  
   social support, 571  
 Depression and smoking, 15, 130, 134  
 Desogestrel, dose, 237  
 Detroit, Michigan, environmental tobacco smoke exposure, 347  
 Developed countries, 519  
   deaths from smoking, 190  
   lung cancer trends, 209–211  
   smoking behavior, 135  
 Developing countries  
   lung cancer mortality, 211–212  
   marketing, 520  
   smoking behavior, 135  
   smoking prevention, 637  
 DHEAS, pregnant smokers, 262  
 Diabetes mellitus  
   14, 264, 370; *See also* Gestational diabetes  
   preeclampsia, 288  
   smoking intensity, 264  
*Diagnostic and Statistical Manual of Mental Disorders*, 82, 86, 334–335, 561  
 Diet, lung cancer, 208  
 Dieting, 125, 565  
 Diffusion of innovations model, 471  
 Digestive malformations, 305–306  
 Disease outcomes, 634, 636  
 Displays, point-of-sale, 521  
 Distal influences, 453  
 District of Columbia Interagency Council on Smoking and Health, 604  
 DNAdamage, human papillomavirus infection, 223  
 Doctors Ought to Care, 604  
 Dopamine transporter gene, 476  
 Doral brand, advertising, 510  
 Dose-response relationship *See also* Smoking intensity  
   carcinoma, 202  
   carotid atherosclerosis, 241  
   coronary heart disease and environmental tobacco smoke, 353  
   depression, 333  
   emphysema, 250  
   limb reductions, 305  
   low birth weight, 302  
   lung cancer, 197  
   menopause, 269  
   neonatal mortality, 295  
   paternal smoking and congenital malformations, 366  
   preterm delivery, 290–291  
   smoking cessation and weight gain, 341–342

smoking intensity and stroke, 240  
spontaneous abortion, 281–283  
stomach cancer, 226  
sudden infant death syndrome, 307  
tar and lung cancer, 200  
urinary tract cancers, 229  
urinary tract malformations, 305  
Down syndrome, 305  
DRD4 gene, 334  
Drug use  
  intravenous, abruptio placentae, 281  
  smoking, 129–130, 134  
  smoking initiation, 130  
DSM *See Diagnostic and Statistical Manual of Mental Disorders*  
Dual photon absorptiometry, 312  
Dual X-ray absorptiometry, 312  
Duodenal ulcer *See Peptic ulcer*  
Duodenum, 324  
Dysmenorrhea, 14, 266, 272, 370, 561

## E

Eastern Europe, smoking prevalence, 136  
Eclampsia, 283, 288  
Ectopic pregnancy, 14  
Edema, 283  
Edinburgh Artery Study, 245  
Education  
  plans after graduation, 66, 71  
  tobacco control advocacy programs, 601–602  
Education level, 575–576  
  current smoking, 48  
  environmental tobacco smoke, 123  
  ever smoking, 33  
  heavy smoking, 46  
  maternal smoking, 73  
  parental, 64  
  physician advice about smoking, 113  
  pregnancy and smoking cessation, 484, 577, 579  
  smoking after pregnancy, 484  
  smoking bans, 123  
  smoking cessation, 101, 110, 483, 486, 488, 527  
  smoking cessation during pregnancy, 111  
  smoking prevalence, 11, 37, 42, 142  
  smoking prevalence among young women, 50, 50–51  
  stages of smoking cessation, 110  
  television and smoking cessation, 577  
  workplace exposure, 124  
Embassy brand, 519  
Emotions, 134, 473  
Emphysema, 249; *See also* Chronic obstructive pulmonary disease  
Emphysema Slims tennis tournaments, 604  
Employment  
  pregnancy, 288

  smoking cessation, 527  
Employment status, smoking cessation, 101, 102  
Encephalocele *See Neural tube defects*  
Endometrial cancer, 13, 217–218, 369  
  risk, 224  
Endometrial hyperplasia, 218  
Endometriosis, 269–271  
England, lung cancer, 210  
Entertainment, sponsorship, 492  
Environmental exposure *See Environmental tobacco smoke*  
Environmental factors, smoking initiation, 454–470  
Environmental Protection Agency, lung carcinogens, 344  
Environmental tobacco smoke, 7, 14, 122–125, 343–368, 487, 592–593, 636  
  breast cancer, 13, 216, 224, 369  
  cervical cancer, 224  
  childhood lung function, 14  
  children, 251–252, 345  
  conception delay, 368  
  coronary heart disease, 16, 350–356, 372  
  developing countries, 637  
  exposure indicators, 345  
  exposure levels, 345  
  home exposure, 122–123  
  infant pulmonary function, 250  
  lung cancer, 16, 372  
  lung development, 250, 370  
  maternal exposure and neonatal mortality, 364–365  
  perinatal effects, 357–366  
  reproductive outcomes, 16, 356–358, 372  
  smoking cessation, 484  
  sudden infant death syndrome, 306  
  in utero exposure, 217, 261  
  workplace, 123–125, 350  
Esophageal cancer, 13, 226, 231, 369  
Essence (magazine), 604  
Established Populations for Epidemiologic Studies of the Elderly, 223, 486  
Estradiol, 262  
  breast cancer risk, 212  
  cancer, 217  
  infertility, 273  
Estrinol, 217  
Estrogen, 212, 230; *See also* Hormone replacement therapy  
  bone density, 315  
  dose and stroke risk, 241  
  endometrial cancer, 218  
  excretion, 262  
  exogenous *See* Hormone replacement therapy  
  metabolism, 262, 370  
  oral, 237  
Estrogen replacement therapy *See* Hormone replacement therapy  
Estrogen-deficiency disorders, 14, 265, 370  
Estrogen-dependent disorders, 14, 265, 270, 370  
Estrogen-receptor tumors, 213–214  
Estrogens, 14  
Estrone, 212, 262



- Ethinyl estradiol, 562  
 dose, 236, 237
- Ethnicity  
 age at smoking initiation, 76  
 cigarette brand preference, 70  
 lung cancer, 200  
 smoking prevalence during pregnancy, 73
- Europe  
 environmental tobacco smoke exposure, 348  
 esophageal cancer incidence, 226  
 lung cancer rates, 210  
 smoking prevalence, 136
- European Union 1998 Directive, advertising restrictions, 525
- Eve brand, 506  
 product placement, 523
- Ever smoked, 142  
 by age, 77–81  
 breast cancer risk, 216  
 trends, 29–34  
 young women, 48
- Exercise, 315  
 smoking cessation, 584
- Exercise programs, 567
- Experimental smoking, 474
- Expiratory flow rates, 251
- Extroversion, smoking cessation, 482
- Eye disease, 15, 330–331, 371
- F**
- 
- Facial wrinkling, 15, 332, 371
- Fagerström Tolerance Questionnaire, 574
- Fallopian tubes, 273, 276
- Family conflict, smoking initiation, 455, 468
- Family history, 205–207
- Fashion, cigarette advertising, 497
- Fat, dietary, lung cancer risk, 208
- Fat distribution *See* Body fat distribution
- Fatalism, smoking initiation among adolescents, 471–472
- Fecundity, environmental tobacco smoke, 366–368
- Federation Internationale de Football Association (FIFA), 600
- Female cancers, 13, 212–224, 369; *See also* Breast cancer; Cervical cancer; Endometrial cancer; Ovarian cancer; Vulvar cancer
- Fertility  
 environmental tobacco smoke, 366–368  
 smoking cessation, 552
- Fertilization rates, 273
- Fertilization, in vitro, 273
- Fetal growth, 303, 357
- Fetal hypoxia, 303  
 congenital malformations, 304  
 nicotine, 364
- Fetal hypoxia-ischemia, 294
- Fetal loss, 291  
 environmental tobacco smoke, 357, 364–365
- Fetal malpresentation, placenta previa, 281
- Fetal morbidity and mortality *See* Neonatal morbidity; Neonatal mortality
- Fetal nutrition, 303
- Fetuses, multiple, 288
- FEV *See* Forced expiratory volume
- Fibroadenoma, 217
- Fibrocystic disease, 217
- Fighting, 472
- Filipino women *See also* Asian or Pacific Islander women  
 lung cancer, 195, 200  
 smoking during pregnancy, 73
- Filipino young women, smoking prevalence, 50
- Film, 521
- Finland  
 lung cancer, 210–211  
 smoking trends, 138
- Flair brand, 506
- Flight attendant associations, 602
- Flight Attendant Non-Smokers, 602
- Florida, environmental tobacco smoke, 345
- Fluoxetine hydrochloride, weight control, 568
- Folic acid, 303
- Follicular atresia, 269
- Follicular fluid, 273
- Follicular phase  
 smoking cessation, 560  
 withdrawal symptoms, 559
- Follicular thyroid cancer *See* Thyroid cancer
- Forced expiratory volume, 249, 252, 253  
 smoking cessation, 253, 257
- Forced vital capacity, 249, 252
- Forearm, 312
- Fortuna brand, brand stretching, 522
- Fortune Magazine* survey, 23, 26
- Four A's protocol, 579–580
- Framework Convention for Tobacco Control, 637
- Framingham Study, 26  
 bone density, 315  
 carotid atherosclerosis, 241  
 gallbladder disease, 323  
 menopause, 268  
 osteoarthritis, 329  
 peripheral vascular disease risk, 245  
 smoking cessation, 103  
 type 2 diabetes, 264
- France  
 lung cancer, 209, 210–211  
 smoking prevalence, 136  
 smoking trends, 138
- Freedom from Smoking for You and Your Family*, 566
- Friends *See* Peers
- Frontier Menthol Slims brand, advertising restrictions, 525
- FVC *See* Forced vital capacity

## G

- Gallbladder, 228  
Gallbladder disease, 321–324, 325, 371  
Gallstones, 15, 321, 325, 371  
Gallup Poll, 26  
Gamete interaction, 273  
Gastric mucosa, 324  
Gastric ulcer *See* Peptic ulcer  
Gastrointestinal abnormalities, 303, 305–306  
Gastrointestinal diseases, 15, 321–327, 371  
Gastroschisis, 306  
Gauloises Blondes brand, direct advertising, 521  
Gay men  
    HIV disease, 331  
    targeted advertising, 509  
Gender  
    acculturation, 581–582  
    adolescent smoking, 66  
    Alzheimer's disease, 337  
    attitudes towards smoking, 475  
    chronic obstructive pulmonary disease, 249, 250  
    cigarette advertising, 509  
    depression, 371  
    depression and adolescents, 333, 334  
    dieting among college students, 565  
    esophageal cancer incidence, 226  
    first cigarette of the day, 83  
    inflammatory bowel disease, 325  
    intensive clinical interventions, 555–556  
    laryngeal cancer, 225  
    lung cancer, 201, 203, 209  
    lung function, 253  
    nicotine dependence, 88, 91, 142, 342  
    nicotine intake, 372  
    nicotine pharmacology, 339, 476  
    nicotine replacement therapy, 556  
    physician advice about smoking, 112  
    reasons to quit smoking, 572  
    relapse to smoking, 107  
    restrictions on youth access, 595  
    risk for urinary tract cancers, 228  
    schizophrenia, 335  
    smokeless tobacco, 120  
    smoking cessation, 102–106, 482, 483, 550–552  
    smoking cessation among adolescents, 111  
    smoking cessation among older smokers, 583–584  
    smoking cessation methods, 553, 554, 588, 606  
    smoking and disease outcomes, 634  
    smoking initiation among adolescents, 454  
    smoking prevalence, 11–12, 142  
    social support, 571–572  
    stages of smoking cessation, 110  
    taxation policies, 594  
    television and smoking cessation, 576  
    tobacco-related policies, 591–592  
    in utero lung development, 251  
    weight gain, 565  
Gender susceptibility, lung cancer, 201  
Genetic polymorphisms, breast cancer risk, 216  
Genetic predisposition, lung cancer, 205  
Genetics, 476  
    Mendelian inheritance, 206  
    psychiatric disorders, 336  
Genital warts, 224  
Genitourinary defects, environmental tobacco smoke, 366  
Germany  
    environmental tobacco smoke exposure, 349  
    lung cancer mortality, 210–211  
Gestational age, 290  
    birth weight and environmental tobacco smoke, 357  
    preterm delivery, 291  
Gestational age, small, 15, 290, 296, 303, 307, 370  
Gestational diabetes, 14, 265, 370; *See also* Diabetes mellitus  
Gestational hypertension, 283  
Gestodene, dose, 237  
Gingival recession, 116  
Girl Scouts of the USA, 601  
Girls, *See also under* entries at Alaska Native, American Indian, Asian or Pacific Islander, Black, Hispanic, Latin American, Mexican American, Navajo, and White  
    attitudes about smoking, 67–69  
    cigar use, 117  
    cigarette brand preference, 69–71  
    cigarette smoking, 52–70  
    current or ever smoking, 59  
    current smoking, 56–61, 59–61  
    depression, 333  
    emotions and smoking, 134  
    ever smoking, 54, 55  
    first cigarette of the day, 83–85  
    lung function, 261, 370  
    lung growth, 14  
    nicotine dependence, 82, 88  
    other drug use, 129–131, 134  
    physician advice about smoking, 115  
    pregnant, 71–73, 111  
    psychosocial problems and smoking, 134  
    reasons for cigarette use, 86  
    restrictions to access, 595  
    senior class, 59–61  
    smokeless tobacco, 121  
    smoking cessation, 17, 111, 115  
    smoking initiation, 16, 500, 527  
    smoking intensity, 62–63, 70, 82  
    smoking and lung function, 14  
    smoking prevalence, 7, 11–12, 70, 142  
    weight, 125–126, 527  
Girls Incorporated of Alameda County, 601  
Girls organizations, tobacco control advocacy programs, 601  
Glaucoma, 15, 331, 371  
Glucose regulation, 14, 265, 370

Glucose tolerance, 265  
 Goiter, 230, 263  
 Golden Handcuffs Challenge, 604  
 Golden Tobacco Company, targeting women, 526  
 Gonadotropins, 269, 273  
 Graves' disease, 263  
   with ophthalmopathy, 263, 265, 370  
 Graves' ophthalmopathy, 14  
 Great Britain *See* United Kingdom  
 Greece  
   air pollution and lung cancer risk, 209  
   lung cancer mortality, 210–211  
   smoking prevalence, 136  
   smoking trends, 138  
 GSTM1 genes, 216  
 Gudakhu, 138  
 Gynecologic conditions, benign, 14, 266–272, 370

## H

Harbin, China, environmental tobacco smoke exposure, 345  
 Harvard Six Cities Study, air pollution and chronic obstructive pulmonary disease, 261  
 Hawaiian women *See also* Asian or Pacific Islander women  
   lung cancer, 195, 200  
   smoking during pregnancy, 73  
 Health consequences of smoking, 12, 475, 633, 635  
 Health consequences of smoking for women, 549  
 Health motives, smoking cessation, 550  
 Health Promotion and Disease Prevention Supplement, 553  
 Health promotion strategies, 17  
 Health Resources and Services Administration, Maternal and Child Health Bureau, 602  
 Healthy Worker Project, 586  
 Heart, nicotine metabolism, 339  
 Heart defects, 304  
   conotruncal, environmental tobacco smoke, 366  
 Heart disease *See* Cardiovascular disease  
 Heel, 312  
*Helicobacter pylori*, 325  
 Hematologic cancers, 13, 231, 369  
 Hemoglobin, fetal growth retardation, 364  
 Hemoglobin A<sub>1c</sub>, 265  
 Hemorrhage  
   intracerebral, 240  
   postpartum, 281  
 Hepatitis B infection, liver cancer, 227  
 Hepatocellular carcinoma, 227  
 Herstories, 602  
 HHANES *See* Hispanic Health and Nutrition Examination Survey  
 High school drop outs, 66  
 Hill, George Washington, 493  
 Hip, 312  
   osteoarthritis, 329  
   Hip fracture, 15, 371  
     mortality, 311  
     risk, 318–319, 321  
 Hispanic adolescents, risk taking behavior, 472  
 Hispanic girls  
   cigarette brand preference, 70  
   current smoking, 56  
   ever try smoking, 55, 56  
   physician advice about smoking, 115  
   smoking and body weight, 126  
   smoking intensity, 62–63  
   smoking prevalence, 61  
 Hispanic Health and Nutrition Examination Survey, 229  
   cigarette preference, 47  
   environmental tobacco smoke, 122  
   smoking prevalence, 39  
 Hispanic men  
   smoking cessation, 106  
   smoking prevalence, 29  
 Hispanic women  
   age at smoking initiation, 77, 80  
   body weight, 127  
   cigarette preference, 47  
   current smoking, 39  
   environmental tobacco smoke, 122, 123  
   ever smoking, 33  
   heavy smokers, 45, 46  
   lung cancer, 195, 200  
   nicotine dependence, 88  
   physician advice about smoking, 113  
   smokeless tobacco, 119  
   smoking cessation, 97, 100, 101, 106, 578, 581–582  
   smoking continuum, 107  
   smoking during pregnancy, 71, 73  
   smoking prevalence, 11, 27, 28–29, 37, 48, 71, 142, 635  
 Hispanic young men, ever smoking, 49  
 Hispanic young women  
   current smoking, 49  
   ever smoking, 49  
   smoking cessation, 110  
   smoking prevalence, 50  
 HIV-1 infection, 15  
 HMO study, lung cancer risk, 201  
 Hodgkin's disease, mortality, 231  
 Home exposure  
   environmental tobacco smoke, 122–123, 353  
   smoking bans, 123  
 Homosexual men  
   HIV-1 disease, 331  
   targeted advertising, 509  
 Hopelessness, 473  
 Hopi women *See also* American Indian women  
   smoking prevalence, 40  
 Hormone replacement therapy, 15, 217, 218; *See also* Estrogen  
   breast cancer risk, 213  
   coronary heart disease, 237–238, 369  
   ovarian cancer, 220

sex hormones, 262  
smoking cessation, 562  
stroke, 241, 248, 370  
stroke risk, 14  
thyroid cancer risk, 230  
Hormones, smoking cessation, 558  
Hostility, 473  
Household structure, 71  
    and smoking, 63  
HPV *See* Human papillomavirus infection  
Human chorionic gonadotropin hormone, 281  
Human immunodeficiency virus, 15, 331, 371  
Human papillomavirus infection, 13, 223, 369  
    cervical cancer, 220  
    vulvar cancer, 224  
Humerus, fractures, 319  
Hungary, lung cancer, 210–211  
25-Hydroxy vitamin D<sub>3</sub>, 318  
2-Hydroxyestradiol, 262  
2-Hydroxyestrones, 217  
Hyperinsulinemia, 265  
Hypertension, 232, 240, 247–248  
    abruptio placentae, 281  
    pregnancy, 283, 288–290  
Hyperthyroidism, 263  
Hypothalamic-pituitary axis, effects of smoking, 561  
Hypothyroidism, 263  
Hysterectomy, 269

## I

---

Image, 475  
Imipramine hydrochloride, 569  
Immunosuppression, human papillomavirus, 220  
IMPACT, 589  
Implantation rates, 273  
Income  
    adolescent personal, 66  
    family, 64  
    smoking prevalence, 42  
Income level, 71; *See also* Poverty  
    self-help programs, 554  
    smoking cessation, 101, 563, 579  
    smoking prevalence, 38  
    television and smoking cessation, 577  
Income status, ever smoking, 33  
India  
    community-based interventions, 589  
    oral cancers, 225  
    smokeless tobacco use, 139  
Indian Health Clinics, smoking cessation project, 582  
Indoor air laws, 592  
    cigarette demand, 455  
Industrialized countries *See* Developed countries  
Infection, during pregnancy, 278  
Infertility, 14, 15, 273–276, 307, 370, 371  
    endometrial cancer, 217  
Inflammatory bowel disease, 325

Inhalant use, 130  
Initiation *See* Smoking initiation  
Initiatives to Mobilize for the Prevention and Control of Tobacco Use, 589  
Insulin, 265  
Integumental anomalies, 303  
Intelligence, smoking initiation among adolescents, 472  
Intention to smoke, 474  
Intermittent claudication, 244  
*International Classification of Diseases*, ninth revision, 249  
International Conference on Tobacco and Health, 605  
International Conference on Women and Smoking, 605  
International Network of Women Against Tobacco, 526, 602, 605  
International Union Against Cancer, 605  
Internet marketing, 516  
Interventions  
    brief *See* Clinical interventions, minimal  
    population-based, 558  
Intracerebral hemorrhage, 369  
Intrauterine devices, 277  
Intrauterine growth retardation, 16, 290, 362–364, 372, 564  
    environmental tobacco smoke, 368  
INWAT *See* International Network of Women Against Tobacco  
Iowa Women's Health Study, pancreatic cancer mortality, 228  
Ireland, *See also* United Kingdom  
    lung cancer, 210–211  
    pancreatic cancer, 228  
    smoking trends, 138  
Irritability, 473, 551  
Ischemic heart disease, fatal, 240  
Ischemic stroke *See* Stroke  
Italy  
    esophageal cancer, 226  
    lung cancer, 211  
    smoking prevalence, 136

## J

---

Japan  
    biliary tract cancer, 228  
    bladder cancer, 229  
    lung cancer, 211  
    pancreatic cancer, 228  
    smoking prevalence, 136  
    smoking trends, 138  
Japan Tobacco International, 523  
Japanese men, arsenic in drinking water, 208  
Japanese women, *See also* Asian or Pacific Islander women  
    arsenic in drinking water, 208  
    lung cancer, 195  
    pregnancy, 73  
    smoking prevalence, 41–42  
Japanese young women, smoking prevalence, 50

Jasira Warriors, 601  
 JCAHO *See* Joint Commission on the Accreditation of Health Care Organizations  
 Job stress, 486  
   smoking after pregnancy, 484  
 Joe Camel, 500, 510  
   recognition among children, 504  
 Joint Commission on the Accreditation of Health Care Organizations, 592  
 Josephine Camel, 510

## K

Kaiser Permanente Medical Care Program cohort study, 188–189, 261  
 Kaiser Permanente Medical Health Care Program Study, lung cancer risk, 197, 198  
 Kent brand  
   advertising, 498  
   brand stretching, 522  
 Khaini, 138  
 KICKIT!, 580  
 Kidney, nicotine metabolism, 339  
 Kidney cancer, 13, 231, 369  
   mortality, 229  
 Kidney malformations, 305  
 Kim brand  
   appeal to women, 522  
   sponsorship, 511  
 Knee, osteoarthritis, 329  
 Kobe Declaration, 637  
 Kool brand, 46, 47, 504  
   sponsorships, 511  
 Korea  
   smoking prevalence, 136  
   smoking trends, 138  
 Korean women *See also* Asian or Pacific Islander women  
   lung cancer, 195  
   smoking prevalence, 41  
 Korean young women, smoking prevalence, 50  
 Kreteks, 116, 122, 148  
 Kreyberg type II carcinoma *See* Carcinoma, bronchioloalveolar

## L

L&M brand  
   advertising, 497, 498  
   appeal to women, 522  
 Lactation, 306  
 Langerhans' cells, 223  
 Lark brand  
   advertising, 498  
   product placement, 523  
 Laryngeal cancer, 13, 225–226, 231, 369  
 Lasker, A.D., 494  
 Latin America  
   smoking and cervical cancer, 223

  smoking prevalence, 136  
 Latin American girls  
   smoking intensity, 62  
   smoking prevalence, 61  
 Latin American Women Association on Smoking Control, 605  
 Learning, nicotine effects, 341  
 Leiomyomas *See* Uterine fibroids, 271  
 Leisure World Cohort Study, 233  
 Lesbian women  
   current smoking, 42, 51  
   smoking prevalence, 59, 635, 636  
   targeted advertising, 509  
 Leukemia, acute myeloid, 13, 231, 369  
 Leukoplakia, 116  
 Life expectancy, 368  
   U.S. women and smoking, 193  
 Life Skills Training Project, 598  
 Liggett & Myers, 494, 498, 506  
   product placement, 523  
 Lilith Fair concerts, 603  
 Limb-reduction defects, 305  
   environmental tobacco smoke, 366  
 Linked Telephone Survey, smoking cessation during pregnancy, 111  
 Lipid Research Clinics Follow-up Study, coronary heart disease, 232  
 Lipoprotein lipase, 311  
 Liver, nicotine metabolism, 339  
 Liver cancer, 13, 227–228, 231, 369  
 Locus of control, smoking initiation among adolescents, 471–472  
 Loneliness, and smoking, 134  
 Longitudinal studies, 315  
 Lorillard, 506, 508  
   sponsorship, 511  
 Low birth weight, 15, 290, 296, 362–364, 371, 564  
   environmental tobacco smoke, 362–364  
   smoking cessation, 564  
 Lucky Strike brand, 46, 499, 500  
   advertising, 493, 494, 495  
 Lumbee tribe, *See also* American Indian women  
   smokeless tobacco, 119  
   smoking cessation, 582  
 Lung, nicotine pharmacology, 339  
 Lung cancer, 7, 13, 193–212, 369; *See also* Adenocarcinoma; Carcinoma, large cell; Carcinoma, small cell; Carcinoma, squamous cell  
   differences by gender, 200–201  
   environmental tobacco smoke, 16, 122, 123, 207, 343–350, 372  
   epidemiologic studies, 344–350  
   gender, 194, 209  
   genetic predisposition, 205–207  
   international trends, 13, 209–212, 369  
   mortality *See* Lung cancer mortality  
   survival rates, 195  
 Lung cancer histology, dose-response rate relative risk, 202

Lung cancer mortality, 197, 209–211, 369  
age-standardized rates, 211  
developing countries, 211–212  
international, 212  
in men, 211  
Lung cancer risk, 196–205, 209  
case-control studies, 198–200  
duration of smoking, 198  
nonsmokers and environmental tobacco smoke, 343  
risk factors, 207–209  
Lung function, 14, 250–257, 370  
decline in, 252  
smoking cessation, 14  
in utero exposure to maternal smoking, 261  
Lung Health Study, 253, 555, 575, 583  
smoking cessation among heavy smokers, 575  
weight gain, 309–310  
Lung parenchyma, 249  
Lupus *See* Systemic lupus erythematosus  
Luteal phase  
smoking cessation, 560  
withdrawal symptoms, 559  
Lymphoma, non-Hodgkin's, 231  
Lymphoproliferative cancers, 13, 231, 369

## M

Macroalbuminuria, 264  
Macular degeneration, 15, 330–331, 371  
Magazines  
advertising, 505–510, 517–519, 521  
counteradvertising, 603–604  
Major depressive disorder *See* Depression  
Mania, 131  
Manitoba Health Services Commission, 258  
Maori women *See also* Asian or Pacific Islander women  
smoking prevalence, 136  
Marijuana, 129, 130, 472  
Marital status, smoking after pregnancy, 485  
Marketing, 490–521; *See also* Advertising  
international, 519–526  
restrictions, 515, 524–525, 596–597  
targeting of women, 526, 527  
strategies, 520–524  
Marlboro brand, 46, 47, 500, 504  
advertising, 493, 510–511  
brand stretching, 522  
international advertising, 520  
international sponsorship, 523  
nitrosamine content, 205  
preference among girls, 69, 70  
product placement, 523  
promotions, 510  
sponsorship, 511, 514  
Mass media  
counteradvertising, 603  
smoking cessation, 576–577  
Massachusetts Tobacco Survey, 587, 594  
Master Settlement Agreement, 515–516, 597  
Maternal age  
abruptio placentae, 281  
birth weight, 302  
congenital malformations, 303  
placenta previa, 281  
preterm delivery, 290  
stillbirth, 291  
Maternal and Child Health Block Grant programs, 602  
Maternal and Child Health Bureau, Health Resources and Services Administration, 602  
Maternal smoking  
birth outcomes, 290–306  
childhood lung function, 251–252  
diabetes in children, 264  
infant lung function, 14, 261  
smoking cessation, 551  
smoking initiation among adolescents, 468–469  
sudden infant death syndrome, 306  
in utero lung development, 250–251, 370  
Maudsley Personality Inventory, 482  
Mecamylamine, 556, 557  
Media  
advertising, 521  
self-censorship, 517–519  
tobacco advertising, 527  
Media censorship, 524  
Medullary thyroid cancer *See* Thyroid cancer  
Membrane rupture, premature, 20  
Membranes, preterm premature rupture, 278–279, 307, 370, 371  
Memory, nicotine effects, 341  
Memphis Health Project, 454  
Men, *See also under* Asian Pacific Islander, Black, Hispanic, and White  
body weight, 127  
bone density, 315  
cigar use, 117  
diabetes risk, 265  
gallstone, 321  
HIV-1 infection, 331  
international lung cancer mortality, 211  
lung cancer, 201, 216, 343, 369  
nicotine, 339  
nicotine nasal spray, 340  
physician advice about smoking, 112–113  
smoking cessation, 102–106, 486  
vertebral fractures, 319  
Menopausal hormones *See* Hormone replacement therapy  
Menopause, 14, 268–269, 272, 370, 371  
bone density, 315  
hormone replacement therapy, 262  
perimenopausal symptoms, 561  
smoking cessation, 552, 562  
Menopause status  
benign breast disease, 217

- bone density, 313–314
- breast cancer, 213, 216
- endometrial cancer, 217, 224
- hormone levels, 262
- ovarian cancer, 220
- sex hormones, 262
- vertebral fractures, 319
- Menses, 560
- Menstrual cycle, 552
  - irregularity, 266, 269, 370
  - nicotine, 558, 559
  - smoking cessation, 558–561
  - withdrawal and abstinence, 559–560
- Menstrual disorders, smoking and endometrial cancer, 217
- Menstrual function, 14, 266–268, 272, 370
- Mental health, and smoking, 131–135
- Mental illness, smoking prevalence, 333
- Merit brand, advertising, 509
- Meta-analyses
  - coronary heart disease studies, 356
  - lung cancer and environmental tobacco smoke, 344
- Methacholine, 253
- Methodologic issues, smoking studies, 52
- 4-(Methylnitrosamino)-1-(3-pyridyl)-1-butanone, 204
- Mexican American girls, smoking intensity, 62
- Mexican American women
  - age at smoking initiation, 77
  - birth weight, 302
  - body mass index, 128
  - cigarette brand preference, 47
  - environmental tobacco smoke, 122
  - ever smoking, 33
  - heavy smokers, 45
  - pregnancy, 73
  - smoking prevalence, 29, 39
- Mexican Americans, smoking cessation, 106
- Mexican girls, smoking prevalence, 61
- Microalbuminuria, 264
- Middle East, smoking prevalence, 136
- Midwestern Prevention Project, 598, 599
- Mila Schön brand, promotions, 522
- Military women, 39
  - smokeless tobacco, 120
  - smoking and body weight, 128
- Milwaukee Journal* surveys, 26, 42
- Mineral supplements, 291
- Minimal contact *See* Clinical interventions, minimal
- Minnesota Heart Health Program, 599
  - coronary heart disease, 588–589
  - gender and smoking cessation, 554
  - health behavior, 473
  - smoking prevention, 599
  - smoking reduction, 99
- Minnesota Heart Survey, black women, 579
- Minnesota Nursing Network for Tobacco Control, 601
- Minnesota Smoking Prevention Program, 598
- Minority women, smoking cessation, 578–584, 606
- Miscarriage *See* Abortion, spontaneous
- Mishri, 138
- Misty brand
  - advertising, 509
  - promotions, 510
- Mobilization, tobacco control advocacy programs, 601–602
- Molecular genetics, depression, 334
- Monitoring the Future Surveys, 23, 52, 54, 57
  - academic performance, 66
  - attitudes about smoking, 67, 68
  - cigarette brand preference, 69, 70
  - current smoking among girls, 58
  - current smoking prevalence, 60, 61
  - daily smoking, 60
  - household structure, 63
  - other drug use, 130
  - parental education and smoking initiation, 471
  - personal income, 66
  - religion, 66
  - smokeless tobacco, 121
  - smoking cessation, 95, 111
- Mood, 135
  - adolescents, 476
  - dysphoric, 333
  - menstrual cycle, 560
  - negative, 473
  - nicotine, 341
- Mood disorders, behavioral interventions, 570
- Morbidity
  - coronary heart disease, 356
  - fetal, 290
  - neonatal, 290
- More brand, 506
  - appeal to women, 522
  - sponsorship, 511
- Mormon women, cervical cancer, 223
- Mortality, 12, 13, 183–193, 368; *See also* Death rate; Neonatal mortality; Perinatal mortality
  - Alzheimer's disease, 338
  - chronic obstructive pulmonary disease, 14, 250
  - coronary heart disease, 233, 351, 356
  - fetal, 290
  - Parkinson's disease, 336
  - peptic ulcers, 324
  - perinatal, 15, 370
  - smoking intensity, 188–189
  - smoking-related, 193
  - temporal trends, 186–189
- Mothers, self-help programs, 554
- Motor performance
  - menstrual cycle, 560
  - nicotine effects, 341
- Mouth cancer, 224–225
- Ms. brand
  - appeal to women, 522
  - targeting women, 526
- MTF *See* Monitoring the Future Surveys
- Multiparity *See* Parity

Multiple births, stillbirth risk, 291  
Muscle, skeletal, nicotine metabolism, 339  
Musculoskeletal anomalies, 303  
Myeloid leukemia, 13  
Myeloma, multiple, 231  
Myocardial infarction, 232  
    oral contraceptives, 237

## N

*N*-acetyltransferase 2 genes, 216  
*N*<sup>o</sup>-nitrosoanabasine, 204–205  
*N*<sup>o</sup>-nitrosoanatabine, 204–205  
*N*<sup>o</sup>-nitrososornicotine, 203–205  
Nasal spray, nicotine, 340  
Nass, 138  
Naswar, 138  
*NAT1* genes, 216  
*NAT2* genes, 216  
National Association of African Americans for Positive Imagery, 602  
National Association of Flight Attendants, 602  
National Association of Public Health Policy, 601  
National Cancer Institute, 193  
    community intervention programs, 589  
    Four A's protocol, 579–580  
    public health partnerships, 600  
National Comorbidity Survey, smoking prevalence, 333  
National Health Interview Surveys, 23, 257  
    age at smoking initiation, 223  
    Cancer Control Supplement, 550  
    risk taking behaviors, 472  
    smoking initiation, 499  
    tobacco product pricing, 455  
National Health and Nutrition Examination Survey  
    Epidemiologic Followup Study, 324, 486  
National Health and Nutrition Examination Survey I, weight gain, 309, 310  
National Health and Nutrition Examination Survey III, 23  
    body mass index, 128  
    environmental tobacco smoke, 123  
    smoking and body weight, 128  
    workplace exposure, 124  
National Hospital Ambulatory Medical Care Survey, 257  
National Hospital Discharge Survey, 257, 258  
National Household Surveys on Drug Abuse, 23, 46, 52  
    binge drinking, 130  
    cigar use, 117  
    current smoking, 39  
    current smoking among girls, 56–63, 57, 58  
    ever smoked, 33, 53, 54, 595  
    ever smoking by age, 78  
    frequent smoking, 62  
    high school drop outs, 66  
    nicotine dependence, 86, 88, 89, 91, 338, 556–557  
    other drug use, 129–130, 130  
    smokeless tobacco use, 119  
    smoking among high school senior girls, 59  
    smoking cessation, 101  
    smoking cessation among young women, 110  
    smoking during pregnancy, 73  
    smoking prevalence among young women, 50  
    young women, 49  
National Household Surveys on Drug Abuse, cigarette brand preference, 69  
National Institute for Occupational Safety and Health, 123  
    environmental tobacco smoke and lung cancer, 343  
National Longitudinal Study of Adolescent Health, 334  
National Maternal and Infant Health Survey, 71, 111  
National Natality Survey, 71  
National Organization of School Nurses, 601  
National Organization for Women, 601, 602, 603, 605  
National Park Service, 604  
National Pregnancy and Health Survey, 71  
National Smoking Cessation Campaign for African American Women, 602  
National Survey of Family Growth, 71, 272  
National Survey of Health and Development, 482  
National Teenage Tobacco Surveys, 23, 52, 54, 59  
National Vital Statistics Systems, 257  
National Youth Risk Behavior Survey *See* Youth Risk Behavior Survey  
National Youth Tobacco Survey, 23, 52, 54–56, 67, 68, 69  
    bidis, 121  
    cigars, 117–118  
    physician advice about smoking, 115  
    pipes, 119  
    smokeless tobacco, 121  
    smoking cessation, 95  
Native American *See under* entries at American Indian  
Nauru, *See also* Asian or Pacific Islander women  
    type 2 diabetes, 264  
Navajo girls, *See also* American Indian girls  
    current smoking, 59  
    smokeless tobacco, 121  
Navajo students, smoking prevention, 598  
Navajo women, *See also* American Indian women, 40  
Neonatal morbidity, 290  
Neonatal mortality, 290, 294–296; *See also* Perinatal mortality  
    environmental tobacco smoke, 364–365, 372  
Neoplasia, cervical intraepithelial, 220  
    environmental tobacco smoke, 224  
Nervousness, 473  
Netherlands  
    lung cancer mortality, 210–211  
    smoking trends, 138  
Neural tube defects, 303, 304  
    environmental tobacco smoke, 366  
Neurologic diseases, 15, 336–338, 372  
Neuroticism, 482  
Neurotransmitters, 570  
Never active smokers, breast cancer risk, 213, 216  
New Mexico, air pollution and lung cancer risk, 208  
New Zealand  
    lung cancer trends, 210–211



- smoking prevalence, 136
  - smoking trends, 138
  - New Zealand, Toxic Substances Board, 525
  - Newport brand, 46, 504
    - advertising, 498
    - preference among girls, 69, 70
    - sponsorship, 511
  - NHANES *See* National Health and Nutrition Examination Survey
  - NHIS *See* National Health Interview Surveys
  - NHSDA *See* National Household Surveys on Drug Abuse
  - Nicotine, 83, 273, 303
    - antidepressive effects, 333
    - birth weight, 364
    - breast fluid, 212
    - cervical mucus, 223
    - clearance, 339
    - congenital malformations, 304
    - effect on sex hormones, 269
    - hair samples, 364
    - hormones, 558
    - inflammatory bowel disease, 325
    - low-nicotine content, 506
    - osteoblasts, 318
    - pharmacology, 338–342, 372
    - physical dependence, 342
    - psychoactive effects, 340–342
    - reduced content, 97
    - self-medication, 333
    - stillbirth, 294
    - tolerance, 342
    - transdermal system, 342
  - Nicotine dependence, 12, 16, 17, 82–93, 142, 334, 372
    - anxiety disorders, 334
    - gender, 91, 606
    - heavy smoking, 574
    - indicators, 86, 89
    - pharmacologic processes, 16, 478
    - pharmacotherapy, 556–558
    - smoking cessation, 552
    - teens, 74
    - treatment methods, 552–558
  - Nicotine gum, 342, 556, 584
    - weight control, 566, 567–568
  - Nicotine inhalers, 556
    - weight control, 568
  - Nicotine intake, 342
  - Nicotine metabolism, 552
    - gender differences, 476
  - Nicotine nasal spray, 340, 556
  - Nicotine patch, 556, 557
    - pregnancy, 557
    - weight control, 568
  - Nicotine replacement therapy, 98, 555, 556–557
    - depression, 333
    - gender, 342
    - weight control, 567–568
  - Nicotine withdrawal, 335, 338, 342
    - symptoms in girls, 93
  - NIOSH *See* National Institute for Occupational Safety and Health
  - Nonsmokers
    - chronic obstructive pulmonary disease, 259
    - congenital malformations, 366
    - coronary heart disease, 351, 356, 372
    - environmental tobacco smoke, 123
    - hormone replacement therapy, 237
    - lung cancer, 197, 343, 372
    - lung function, 252
    - maintaining status, 469
    - risk of death, 12
  - Norms, social, 469
  - North Africa, smoking prevalence, 136
  - North Carolina, oral cancers, 225
  - North Karelia Youth Project, 588, 598
  - Northwest Portland Area Indian Health Board, 602
  - Nortriptyline, 334, 556, 557, 570
  - Norway
    - bladder cancer, 229
    - lung cancer, 210–211
    - pancreatic cancer, 228
    - smoking prevalence, 136
  - NTTS *See* National Teenage Tobacco Surveys
  - Nulliparity *See* Parity
  - Nurses, *See also* U.S. Nurses' Health Study
    - self-help programs, 554
    - weight gain and smoking cessation, 565
  - Nurses' Health Study *See* U.S. Nurses' Health Study
- 
- O**
- Obesity *See* Body weight
  - Obstructive airways disease *See* Chronic obstructive pulmonary disease
  - Occupation
    - lung cancer risk, 208
    - smoking status, 486
  - Occupational exposure, environmental tobacco smoke, 123
  - Occupational settings *See* Worksite smoking cessation programs
  - Occupational status, 39, 576
  - Office on Smoking and Health, Centers for Disease Prevention and Control, 602
  - Old Gold brand, advertising, 494
  - Older smokers, cessation, 554
  - Ontario, Canada, air pollution and lung cancer risk, 208
  - Oocytes, 273
  - Oophorectomy, 269
  - Ophthalmopathy, in Graves' disease, 263
  - Oral cancer, 13, 116, 224–225, 369
    - smokeless tobacco, 231
  - Oral clefts, 305
    - environmental tobacco smoke, 366
  - Oral contraceptives
    - breast cancer, 213
    - coronary heart disease, 236–237, 369

- coronary heart disease risk, 248
- ectopic pregnancy, 277
- heart disease risk, 13–14
- nicotine, 561–562
- smoking cessation, 552
- stroke, 241, 248, 370
- stroke risk, 14
- thyroid cancer, 230
- Organisation for Economic Co-operation and Development, 597
- Oropharyngeal cancer, 231, 369
- Oslo Youth Study Smoking Prevention Program, 598
- Osteoarthritis, 15, 329, 330, 371
- Osteoblasts, 318
- Osteoporosis, 311, 317, 583
- Ovarian atresia, 219
- Ovarian cancer, 13, 219–220
  - risk, 223, 369
- Ovarian cysts, 272
- Ovarian function, 269
- Ovarian pathology, 273
- Ovulation frequency, cancer risk, 219
- Oxford Family Planning Contraceptive Study, 321

## P

---

- p53-Tumor-suppressor gene, 207
- p53 Positive tumors, 216
- Pacific Islands, smoking prevalence, 136
- Pack-years, 198
  - carotid atherosclerosis, 241
  - chronic obstructive pulmonary disease, 261
  - coronary heart disease risk, 353
  - environmental tobacco smoke, 344, 353
  - lung cancer, 201
  - menopause, 269
  - oocytes, 273
  - rheumatoid arthritis, 328
- Pall Mall brand, advertising, 498
- Pancreatic cancer, 13, 228, 231, 369
- Panic disorders, 131
- Papillary thyroid cancer *See* Thyroid cancer
- Parathyroid hormone, 318
- Parental, smoking, 468–469, 470
- Parental education, smoking initiation, 471
- Parental smoking, 252, 468–469, 470; *See also*
  - Maternal smoking
    - diabetes in children, 264
- Parents, smoking initiation, 455, 468–469
- Parity, 483
  - low birth weight, 296
  - placenta previa, 281
  - preeclampsia, 288
  - smoking cessation, 579
  - stillbirth, 291
- Parkinson's disease, 16, 338, 372
- Parliament brand, advertising, 497, 509
- Partner *See also* Spouse
  - smoking status and smoking after pregnancy, 483–485
- Passive smoking *See* Environmental tobacco smoke
- Paternal smoking
  - birth weight, 364
  - congenital malformations, 366
  - neonatal mortality, 365
- Pawtucket Heart Health Program, 589
- Peers, 67
  - attitudes toward smoking, 470
  - smoking initiation among adolescents, 469
- Pelvic inflammatory disease, 276, 278
- Peptic ulcers, 15, 324–325, 371
- Peribronchiolar alveoli, inflammation, 249
- Perinatal mortality, 15, 290, 303, 307, 368, 370, 372; *See also*
  - Neonatal mortality
    - environmental tobacco smoke, 16
- Periodontitis, 116
- Peripheral vascular disease, 244
  - atherosclerosis, 14, 370
  - smoking cessation, 248
  - subclinical, 247
- Personal characteristics, 478
  - smoking initiation, 471
- Personal influences, 453
- Personality disorders, 131
- Peter Stuyvesant brand, brand stretching, 522
- Pharmacologic approaches
  - smoking cessation, 556–558
  - weight control, 567–569
- Pharmacologic processes, 486–487
- Pharyngeal cancer, 13, 224–225
- Phenylpropanolamine gum, 569
- Philip Morris, 490, 498
  - advertising, 510, 520, 521, 524
  - cigarette brand, 46
  - international sponsorship, 523
  - product placement, 523
  - promotions, 510
  - sponsorship, 513–514
- Physical activity, 486
- Physician intervention, 554
- Physicians, advice about smoking, 112–115, 116
- Pima Indian women, *See also* American Indian women
  - type 2 diabetes, 264
- Pipes, 12, 118–119, 132
- Placental abnormalities, 291
- Placenta previa, 14–15, 281, 307, 370
- Plaque thickness, 243
- Players Navy Cut brand, 519
- Pneumonia, 252
- Polacrilex gum, 332, 556; *See also* Nicotine gum
- Poland
  - air pollution and lung cancer risk, 209
  - lung cancer, 209, 211
- Policy, smoking cessation, 584–597
- Polycyclic aromatic hydrocarbons, 219, 269, 273
- Polymorphism, 476

- Population attributable risk, 190
- Portugal  
 lung cancer, 209, 211  
 smoking prevalence, 136  
 smoking trends, 138
- Postpartum period, 564  
 relapse to smoking, 487, 555
- Poverty, 575; *See also* Income level  
 smoking cessation, 101  
 smoking prevalence, 42
- Predictor variables, 479
- Predictors, smoking cessation, 483
- Preeclampsia, 15, 283, 288, 307, 370
- Pregnancy, 8, 12, 71–73, 142  
 adverse outcomes, 288  
 bleeding during, 278  
 diabetes in children, 264  
 ectopic, 276, 277–278, 307, 370  
 estriol levels, 262  
 estrogen levels, 262  
 gallstones, 321  
 maternal smoking and infant lung development, 251  
 nausea and vomiting, 561  
 nicotine replacement therapy, 557  
 prenatal smoking, 484  
 self-help programs, 554  
 smoking, 71–73  
 smoking cessation, 17, 111–112, 483–485, 552, 555, 562–564, 606  
 smoking cessation among black women, 579–580  
 smoking cessation among low income women, 575  
 smoking prevalence, 73  
 smoking reduction, 602  
 socioeconomic status and smoking cessation, 577–578
- Pregnancy rates, 273
- Pregnancy Risk Assessment Monitoring System, 73
- Premature rupture of membranes, 290
- Premenstrual distress, smoking cessation, 560
- Premenstrual dysphoric disorder, 561
- Premenstruum  
 nicotine intake, 559  
 withdrawal symptoms during, 560
- Prenatal smoking, 484
- Press *See* Media
- Preterm delivery *See* Delivery, preterm
- Preterm premature rupture of membranes, 14, 15, 278–279, 307, 370, 371
- Prevalence *See* Smoking prevalence
- Price, tobacco, 510
- Print media, 521
- Proctitis, ulcerative, 325
- Product packaging, 492–493
- Product placement, 523
- Progestins, 236, 262
- Progestogen, 217
- Project ALERT, 598
- Project SHOUT, 598
- Project SMART, 598
- Project Towards No Tobacco Use, 598
- Prolactin, 306
- Promotions, 490, 491–492, 509–511  
 restrictions, 524–526
- Proteinuria, 283, 288
- Proximal duodenum, 324
- Proximal humerus, fractures, 319
- Proximal influences, 453
- Prozac *See* Fluoxetine hydrochloride
- Psychiatric disorders, 15–16, 131, 333–336, 371
- Psychological disturbances, 473
- Psychosocial problems and smoking, 134
- Psychosocial resources, smoking after pregnancy, 484
- Psychosocial variables, smoking cessation, 552
- Public attitudes, 592
- Public health initiatives, 599–600
- Public Health Service Update (2000), 555
- Public health settings, smoking cessation, 576
- Public transportation, 521
- Pueblo students, *See also* American Indian girls  
 smoking prevention, 598
- Puerto Rican American girls  
 smoking intensity, 62  
 smoking prevalence, 61
- Puerto Rican American women, 39  
 cigarette brand preference, 47  
 environmental tobacco smoke, 122  
 heavy smokers, 45  
 smoking during pregnancy, 73  
 smoking prevalence, 29
- Puff volume, 330
- 
- Q**
- 
- Quangzhou, China, environmental tobacco smoke exposure, 345
- Quit ratio, 100
- Quit Victoria, 604
- Quitting smoking *See* Smoking cessation
- 
- R**
- 
- Race  
 age at smoking initiation, 76  
 birth weight, 302  
 cigarette brand preference, 70  
 lung cancer, 200  
 preeclampsia, 288  
 relapse to smoking, 487  
 smoking among girls, 60, 61  
 smoking prevalence, 57, 73  
 spontaneous abortion, 281  
 stillbirth, 291
- Radiation  
 congenital malformations, 303  
 ionizing, 209

thyroid cancer, 230  
Radio, 521  
Radius, 312  
Radon, 207  
    lung cancer, 209  
Rancho Bernardo Heart and Chronic Disease Study, 253  
Ranitidine, 324  
Rate difference, smoking status and mortality, 186  
Rebelliousness, smoking initiation among adolescents, 472  
Receptors, D<sub>2</sub> dopamine, 476  
*Reducing Tobacco Use*, 556  
Reemtsma R1 Minima brand, appeal to women, 522  
Refusal skills, 474  
Regent brand, advertising, 496  
Reinforcers, conditioned, 342  
Relapse to smoking *See* Smoking, relapse to  
Relative risk, defined, 184  
Relaxation, smoking, 473  
Religion, 66, 67, 71  
Religiousness, 473  
Renal cell cancer, 228  
Renal parenchyma, 228  
Renal pelvis cancer, 228  
Report on Carcinogens, 344  
Reproduction  
    assisted, 273  
    environmental tobacco smoke, 343  
Reproductive age, smoking prevalence, 35–36  
Reproductive history, smoking, 219  
Reproductive outcomes, 14, 272–307, 370–371  
    and environmental tobacco smoke, 16  
    environmental tobacco smoke, 356–368, 372  
Research, 636  
    smoking prevention, 597–600  
Respiratory anomalies, 303  
Respiratory tract, lower, 252  
Restaurants, smoking restrictions, 593  
Restlessness, and smoking, 134  
Retinol, 208  
Rheumatoid arthritis, 15, 327–329, 330  
Risk behavior syndrome, 472  
Risk factors  
    other than smoking, 189–190  
    postpartum relapse, 564  
Ritz brand, 506  
R.J. Reynolds, 490, 506, 508  
    advertising, 510  
    counteradvertising, 603  
    international sponsorship, 523  
    promotions, 510  
    sponsorship, 511, 513–514  
RJR Nabisco *See* R.J. Reynolds  
Robert Wood Johnson Foundation  
    cigar use, 118  
    community intervention programs, 589  
Robert Wood Johnson Youth Access Survey, 595

Romania, lung cancer mortality, 211  
*Rompa con el Vicio: Una Guía Para Dejar De Fumar*, 582  
Rural population, smoking cessation among blacks, 581

## S

---

Safe@Work coalition, 513  
Saint Laurent, Yves, 506; *See also* Yves Saint Laurent brand  
Salem brand, 46, 47  
    advertising, 506  
    international sponsorship, 523  
Salivary gland tumors, 225  
SAMMEC *See* Smoking Attributable Mortality, Morbidity, and Economic Costs  
Satin brand, 506  
Schizophrenia, 16, 131, 335, 336, 371  
School grade, 56  
    current smoking, 58, 59  
School-based interventions, 597–598  
Schools  
    smoking cessation programs, 572  
    smoking initiation, 472  
    smoking restrictions, 593  
Scotland, lung cancer in women, 210  
Seizures, 288  
Selenium, 208  
Self-efficacy, 470, 483, 488  
Self-esteem, 473  
Self-help programs, 553–554, 564, 581  
    black women, 579  
Self-image, 490  
    tobacco advertising, 504  
Self-medication, 15, 333, 336, 340  
    smoking and depression, 471  
Self-report, smoking during pregnancy, 563  
Sensation seeking, 472  
Sensory cues, 342  
Sensory motivation, 482  
Sensory performance, nicotine effects, 341  
Sex hormone-binding globulin, 218  
    body fat distribution, 311  
Sex hormones, 14, 230, 262–263, 370  
    effects of nicotine, 269  
    oxidase systems, 217  
Sexual behavior, 223  
Sexual intercourse, smoking and cervical cancer, 220  
Sexually transmitted diseases, 223, 277, 331  
Shenyang, China, air pollution and lung cancer risk, 208  
Sibling smoking, smoking initiation among adolescents, 469  
Silk Cut brand, brand stretching, 522  
Silver acetate, 556  
Singapore, smoking prevalence, 136  
Single photon absorptiometry, 312

- Skeleton, axial, 312
- SLC6A3-9*, 476
- Sleeping position, infant, 306
- Smoke *See* Environmental tobacco smoke; Tobacco smoke
- Smoke inhalation
  - aortic aneurysm, 247
  - cancer risk, 202
  - cervical cancer, 220
- Smoke-free policies, 123–124
- SmokeFree Kids & Soccer Campaign, 600
- SmokeLess States program, 589
- Smokeless tobacco, 12, 116, 142
  - cessation programs, 549–550
  - international use, 138–139
  - marketing, 516–517
  - oral cancer, 225, 231
  - prevalence, 122
  - use by women, 119–121
- Smokers, current
  - benign breast disease, 217
  - breast cancer, 212, 215
  - cervical cancer, 223
  - chronic obstructive pulmonary disease, 259
  - dysmenorrhea, 266
  - endometrial cancer, 369
  - gestational diabetes, 265
  - hip fractures, 318
  - inflammatory bowel disease, 325
  - intermittent smoking, 100
  - lung function, 250, 252
  - mental illness, 333
  - peripheral vascular disease, 247
  - risk of death, 12
  - stroke risk, 240
  - ulcerative colitis, 371
  - weight gain, 565
- Smokers, former
  - benign breast disease, 217
  - body weight, 311
  - breast cancer risk, 212
  - chronic obstructive pulmonary disease, 250, 261, 370
  - diabetes risk, 264
  - dysmenorrhea, 266
  - endometrial cancer, 369
  - facial wrinkling, 332
  - gestational diabetes, 265
  - hip fracture, 318
  - infertility, 273–276
  - inflammatory bowel disease, 325
  - lung cancer risk, 13, 200, 209, 369
  - lung function, 252
  - spontaneous abortion, 282
  - stroke risk, 230
  - ulcerative colitis, 325
- Smoking
  - acute myeloid leukemia, 231
  - age at initiation, 12
    - antiestrogenic effects, 217, 230, 262
    - aortic atherosclerosis, 247, 248
    - birth cohorts, 27
    - blood pressure, 247, 248
    - body weight, 125–128
    - breast cancer, 212–217, 224
    - calming effects, 85
    - cervical cancer, 220–224
    - combined with alcohol, 224–225, 226
    - coronary heart disease, 232–238
    - current, 34–42
    - daily *See* Smoking, current
    - depression risk, 334
    - disease outcomes, 634
    - endometrial cancer risk, 224
    - escalation to, 454
    - esophageal cancer, 226
    - experimental, 67, 474; *See also* Smoking initiation
    - frequent, 62
    - goiter, 263
    - heavy *See* Smoking intensity
    - impact on women's health, 633
    - insulin resistance, 265
    - laryngeal cancer, 225–226
    - lung cancer, 209
    - oral cancer risk, 225
    - oral contraceptives, 236–237
    - oropharyngeal cancers, 224–225
    - ovarian cancer, 219–220, 224
    - perceived norms, 469
    - peripheral vascular disease, 244–247
    - pharyngeal cancer risk, 224–225
    - relapse to, 485, 487–488, 551–552
    - relaxing effects, 85
    - stomach cancer, 226
    - transition from, 479–487
    - trends, 34–39
    - type 2 diabetes risk, 264
    - uterine fibroids, 271–272
    - vulvar cancer risk, 224
    - young women, 49–51
- Smoking abstinence
  - chronic obstructive pulmonary disease, 250
  - coronary heart disease risk, 233
  - lung function, 252
  - stroke risk, 248
- Smoking, age at initiation
  - breast cancer risk, 213
  - coronary heart disease, 233, 233
- Smoking Attributable Mortality, Morbidity, and Economic Costs, 190
- Smoking behavior, research, 635
- Smoking cessation 8, 12, 17, 115, 142, 477–488; *See also*
- Smoking reduction
  - abruptio placentae, 281
  - adolescent girls, 572–573
  - adults, 485–486
  - age groups, 482–487

alcohol consumption, 485  
antidepressive drug treatment, 334, 336  
attempts, 16, 93–99, 96, 479, 485  
birth weight, 303  
body weight, 125, 309–310  
bone density, 315  
carotid atherosclerosis, 248, 370  
chronic obstructive pulmonary disease, 250, 253, 261  
community studies, 588–590  
conception delay, 307  
coronary heart disease, 233, 248, 369  
demographic characteristics, 101–102  
depression, 333, 372  
duration of abstinence, 488  
economic benefits, 564  
gender, 102–106, 551  
girls, 86, 95–96  
infertility, 307  
innovations, 550  
issues for women, 558–564  
liver cancer risk, 228  
low birth weight, 307  
lung cancer risk, 369  
lung function, 262, 370  
mass media approach, 576–577  
menstrual cycle, 560–561  
methods, 17, 96–99, 116, 549–558  
mood disorders, 372  
neonatal mortality, 295  
nicotine dependence, 88  
nicotine dependence treatment methods, 552–558  
older adults, 486–487, 562  
older women, 583  
overweight women, 127  
peptic ulcers, 324  
peripheral vascular disease, 244, 370  
pharmacological treatments, 636  
predictive variables, 86, 487  
predictors, 485, 488, 527, 553  
pregnancy, 15, 111–112, 471, 483–485, 562–564  
premature death risk, 368  
preterm delivery, 291, 307  
preterm premature rupture of membranes, 279, 307  
programmatic and policy approaches, 584–597  
psychiatric disorders, 16  
psychosocial predictors, 482  
public health settings, 576  
reasons, 106  
research, 635  
stages, 109–110  
stroke, 248  
stroke risk, 240, 370  
study population, 479  
trends, 100–101  
unassisted, 552–553, 574  
weight gain, 309, 311, 431, 371  
worksite activities, 584–585  
young persons, 482–483

*Smoking Cessation, Clinical Practice Guideline*, Agency for Health Care Policy and Research, 555  
Smoking continuum, 115  
  ever smoking, 107–109  
Smoking duration  
  aortic aneurysm risk, 247  
  chronic obstructive pulmonary disease, 370  
  coronary heart disease, 232  
  lung cancer, 202  
  lung cancer risk, 198  
  mortality, 193, 368  
Smoking initiation, 74–82  
  age at, 198  
  among adolescents, 63  
  biological factors, 476–477  
  birth cohorts, 77–81  
  body weight, 308  
  cigarette price, 454–455  
  decision to smoke, 455  
  environmental factors, 453–470  
  influencing factors, 454–477  
  lung cancer, 198  
  mood, 476  
  other drug use, 130, 134  
  perceived approval, 470  
  personal factors, 475–476  
  predictors, 454, 527  
  prevention, 549  
  rate, 81–82  
  smoking duration risk, 198  
  social factors, 454–470  
  stages, 474  
  tobacco marketing, 498–505, 527  
Smoking intensity 12, 13, 62–63, 193, 372; *See also* Cigarettes, number smoked; Dose-response relationship  
  abruptio placentae, 281  
  all-cause death rates, 186  
  among girls, 70  
  birth weight, 303  
  body weight, 308  
  breastfeeding, 306  
  chronic bronchitis, 250  
  chronic obstructive pulmonary disease, 13, 261, 370  
  coronary heart disease, 233, 233  
  diabetes mellitus, 264  
  dysmenorrhea, 266  
  environmental tobacco smoke, 344, 353  
  fertility, 276  
  gallstones, 321  
  heavy, 42–46, 48, 574  
  hip fracture, 318  
  human immunodeficiency virus, 331  
  human papillomavirus, 223  
  intermittent, 42, 100  
  liver cancer, 227–228  
  low birth weight, 302  
  lung cancer, 197, 198, 200, 368

- macular degeneration, 330
- mortality risk, 188–189, 368
- nicotine dependence, 88, 89, 142, 372
- nicotine exposure, 340
- osteoarthritis, 329
- ovarian cancer, 219
- pancreatic cancer, 228
- pregnancy, 563
- pregnant women, 73
- preterm delivery, 290
- smoking cessation, 86, 100, 482, 485, 486, 488, 527
- stroke risk, 240
- trends, 42–46
  - women and smoking cessation, 573
- Smoking intention, 470
- Smoking maintenance, 477–488
  - study populations, 479
- Smoking policies, 17
  - restrictive, 585–586, 587, 592
- Smoking, pregnancy, 564
- Smoking prevalence, 7, 11, 28–29, 39–42, 48
  - among high school senior girls, 60
  - among men, 29
  - during pregnancy, 73
  - ethnicity, 635
  - international patterns, 135–139
  - international trends, 12, 138, 142
  - lung cancer, 203
  - mental illness, 333
  - perceived norms, 469
  - race, 635
  - sexual orientation, 635
  - socioeconomic status, 635
- Smoking prevention, 597–600, 606
  - research, 635
- Smoking reduction, 8, 12, 11
- Smoking reduction, 17, 86, 88, 97, 99, 636; *See also* Smoking cessation
- Smoking, relapse to, 107, 551, 552
  - body weight, 125
  - menstrual cycle, 560–561
  - mental health, 131
  - postpartum period, 564
  - pregnancy, 563–564
- Smoking status
  - attitudes, 67
  - benign breast disease, 217
- Smoking trends, 138
  - historical, 23–28
- Sociability, smoking initiation among adolescents, 471
- Social acceptability, 521
- Social bonding, relationship to smoking, 63
- Social class, spontaneous abortion, 281
- Social desirability of smoking, 67
- Social factors, 453, 478
  - smoking cessation, 551
  - smoking initiation, 454–470
- Social network, pregnancy and smoking cessation, 484
- Social reality, 491
- Social strata, 486
- Social support, 570–572
  - smoking cessation, 488, 527
- Sociodemographic factors, 65–66, 71
- Socioeconomic status, 575–576
  - cessation activities at work, 578
  - lung development, 251
  - relationship to smoking, 63–67
  - smoking cessation, 575
  - smoking initiation among adolescents, 471
- Somatostatin, 265
- South Africa
  - smokeless tobacco use, 139
  - smoking prevalence, 136
- South African women, smoking prevalence, 136
- South American women, smoking during pregnancy, 73
- Southwest Cardiovascular Curriculum Project, 598
- Spain
  - lung cancer, 211
  - smoking prevalence, 136
  - smoking trends, 138
- Special Lights brand, international sponsorship, 523
- Sperm, environmental tobacco smoke, 366
- Spina bifida *See* Neural tube defects
- Spine, 312
- Spirometry, 249, 253
- Sponsorship, 490, 492, 511–515, 633
  - counteractivities, 604–605
  - international, 522–523
  - restrictions, 515
  - women's tennis, 604–605
- Sporting events, sponsorship, 492
- Spousal smoking, 350
  - coronary heart disease, 353, 372
  - delayed conception, 366
  - environmental tobacco smoke, 356
- Spouse
  - environmental tobacco smoke, 343, 344
  - smoking after pregnancy, 485
- Spud brand, advertising, 494
- Squamous intraepithelial neoplasms, 220
- Stages-of-change model, 109–110, 478
- Stanford Five-City Project, 36, 588–589
  - smoking intensity, 45
- Stanford Three-Community Study, 588
- Stillbirth, 15, 291–294, 304, 307, 370
  - environmental tobacco smoke, 364
- Stimulation, nicotine, 341
- Stomach cancer, 13, 226, 231, 369
- Strategic Coalition of Girls and Women United Against Tobacco, 601, 605
- Stress, 473, 557
  - nicotine, 341
- Stress reduction, 569
  - smoking, 473
- Stroke, 14, 232, 238–241, 369
  - hemorrhagic, 240

ischemic, 240  
risk, 248  
Students, restrictive smoking policies, 593  
Study of Osteoporotic Fractures, 315  
Style brand, 508  
Subarachnoid hemorrhage, 14, 369  
    oral contraceptives, 241  
    risk, 240, 248  
Substance abuse, adolescents, 573  
Sudden infant death syndrome, 15, 290, 306–307, 370  
Sun exposure, 332  
Survey of American Indians and Alaska Natives of the  
    National Medical Expenditure Survey (1987), 40  
Surveys, public tobacco-related attitudes, 592  
Survival rates, lung cancer, 195  
Susceptibility to smoking, 474  
Sweden  
    beauty pageant, 606  
    bladder cancer, 229  
    lung cancer mortality, 210–211  
    pancreatic cancer, 228  
    smokeless tobacco use, 138  
    smoking trends, 138  
Swedish National Institute of Public Health, 606  
Swedish Nurses Against Tobacco, 601  
Switzerland, lung cancer mortality, 210–211  
Systemic lupus erythematosus, 15, 329–330, 371

## T

Take Heart project, 586  
TAPS I *See* Teenage Attitudes and Practices Survey I  
TAPS II *See* Teenage Attitudes and Practices Survey II  
Tar content  
    adenocarcinoma, 203  
    low, 48, 97, 506  
    lung cancer risk, 200  
Tareyton brand, advertising, 494  
Task Force on Women & Girls, Tobacco & Lung  
    Cancer, 601  
Taxation policies, 594–595  
Tecumseh Community Health Study  
    coronary heart disease, 232  
    type 2 diabetes, 264  
Teenage Attitudes and Practices Survey I, 23, 52  
    body weight, 126  
    cigarette brand preference, 70, 500  
    depression in girls, 134  
    emotions, 134  
    ever smoked, 55  
    smokeless tobacco, 121  
    smoking cessation among girls, 111  
    smoking cessation attempts, 95  
    weekly income, 66  
Teenage Attitudes and Practices Survey II, 23, 52  
    cigarette brand preference, 69, 500  
    depression in girls, 134  
    emotions, 134  
    ever smoked, 54  
    first cigarette of the day, 84  
    nicotine dependence indicators, 91  
    nicotine withdrawal, 88–89, 91, 93  
    reasons for smoking, 85  
    smokeless tobacco, 121  
    smoking cessation among girls, 111  
    weekly income, 66  
Television, 521  
Temporal trends, smoking-associated risks, 202–203  
Tennis, tobacco company sponsorship, 511, 604–605  
Tennis Legends Tour, 604  
Testosterone  
    body fat distribution, 311  
    maternal levels, 477  
    metabolism, 262–263  
Tetralogy of Fallot, environmental tobacco smoke, 366  
Thailand, smoking prevalence, 136  
Thiocyanate, 263  
    levels during pregnancy, 563  
Throat irritation, 494, 495, 498  
Thyroid cancer, 13, 230–231, 369  
Thyroid disorders, 74, 263–264, 370  
Thyroid hormones, 74, 263, 265, 370  
Thyroid nodules, 230  
Thyroid volume, 263  
Thyroid-stimulating hormone, 230, 263  
Thyroiditis, autoimmune, 263  
Thyrototoxicosis, 230  
Thyroxine, 263  
Tobacco company sponsorship *See* Sponsorship  
Tobacco control, women's leadership, 605–606  
Tobacco control advocacy programs, 600–606  
Tobacco control programs, 636  
Tobacco industry, 8  
    marketing, 16–17  
    promotion, 524  
    targeted advertising, 633–634  
Tobacco Institute, sponsorship, 514  
Tobacco Institute in Japan, advertising restrictions, 525  
Tobacco prevention strategies, 600  
Tobacco products  
    accessibility, 454  
    advertising and promotion, 455  
    price, 510  
    sales to minors, 454  
Tobacco settlement *See* Master Settlement Agreement  
Tobacco smoke, 273; *See also* Environmental tobacco  
    smoke  
        exposure and gender, 202  
        inhaled, 198  
        lung cancer histology, 201–202  
Tobacco Society for Voice Culture, 494  
Tobacco use, 16  
    patterns, 11–12  
    twin studies, 476  
Tobacco-related policies, 591–597  
Tobacco-specific nitrosamines, 203–205, 635



Toluene, neonatal mortality, 365  
 Tongue cancer, 225  
 Tooth loss, 110  
 Transdermal nicotine patch *See* Nicotine patch  
 Transforming growth factor alpha, 305, 366  
 Transient ischemic attack, hormone replacement therapy, 241  
 Transtheoretical model of change, 474, 478  
 Treatment approaches, older women, 583–584  
 Trends *See* Smoking trends  
 Triiodothyronine, 263  
 TSNAs *See* Tobacco-specific nitrosamines  
 Tucson Epidemiologic Study of Obstructive Lung Diseases, 249, 252  
 Tucson Epidemiological Study of Airways Obstructive Disease, 253  
 Tumor-suppressor genes, 216  
 Twin studies
 

- bone density, 315
- gallstones, 322
- peptic ulcers, 324
- rheumatoid arthritis, 328
- tobacco use, 476

 Type 1 diabetes *See* Diabetes mellitus  
 Type 2 diabetes *See* Diabetes mellitus

## U

---

Ultimate influences, 453  
 Underreporting, 53, 58
 

- smoking during pregnancy, 73

 Unemployment, 486  
 United Kingdom
 

- advertising, 519
- counteradvertising, 603
- lung cancer, 209, 210–211
- smoking trends, 138

 United States
 

- lung cancer in developed countries, 209–211
- smoking trends, 138

 United States Tobacco Company, 490  
 Uranium miners, lung cancer, 209  
 Urinary tract cancers, 228–230  
 Urinary tract malformations, 305–306  
 Urogenital malformations, 303, 305–306  
 U.S. Department of Defense survey, smokeless tobacco, 120  
 U.S. Environmental Protection Agency, 122  
 U.S. Food and Drug Administration, Drug Abuse Advisory Committee, 99  
 U.S. Nurses' Health Study
 

- body weight, 308
- cataract, 330
- cerebral hemorrhage, 240
- coronary heart disease, 232, 233, 234, 353
- duration of smoking, 188–189
- environmental tobacco smoke, 353
- ever smoking by age, 78

- gallstones, 322
- menopause, 269
- mortality risk, 189
- pancreatic cancer, 228
- polymorphism and breast cancer, 216
- rheumatoid arthritis, 327
- smoking cessation, 485, 487
- systemic lupus erythematosus, 330
- type 2 diabetes, 264
- weight gain, 310

U.S. Women's National Soccer team, 600  
 Uterine fibroids, 14, 271–272, 370  
 Uteroplacental circulation, 303

## V

---

Variables, dependent, 454  
 Vascular disruption, congenital malformations, 304  
 Vasoconstriction, fetal growth retardation, 364  
 Vegetable intake, 486  
 Vertebral fractures, 319  
 Victorian Smoking and Health Program, 604  
 Video, 521  
 Vietnamese women, *See also* Asian or Pacific Islander women
 

- lung cancer incidence, 195

 Virginia Slims brand, 504–506, 508
 

- advertising, 510, 521, 525
- appeal to women, 522
- nitrosamine content, 203, 205
- promotions, 509
- sponsorship, 511
- tennis tournament, 604

 Vitamin A, 208  
 Vitamin C, 208
 

- cervical cancer, 223

 Vitamin E, 208  
 Vitamin supplements, 291  
 Vlagtwedde-Vlaardingen study, 253  
 Vogue brand, appeal to women, 521  
 Vulvar cancer, 13, 224, 369

## W

---

WAGAT *See* Women And Girls Against Tobacco  
 Waist-to-hip ratio, 310, 315  
 Wales, lung cancer, 210  
 Walnut Creek Study, coronary heart disease, 232  
 Waterloo Smoking Prevention Project, 598  
 Weight *See* Body weight  
 Weight control, 475, 488, 527, 565–569
 

- cigarette advertising, 494
- smoking initiation, 16

 Weight gain, 15, 309, 311, 551, 565, 606
 

- pregnancy, 288
- smoking cessation, 17, 486

 Weight loss, 15, 134, 311, 371  
 Well-being, 333

- Western countries *See* Developed countries
  - Wheezing, 251, 252
  - White adolescents
    - emotional distress, 473
    - risk taking behavior, 472
    - smoking prevalence, 635
    - weight control, 475
  - White boys, smoking prevalence, 61
  - White girls
    - cigarette brand preference, 70
    - current smoking, 58
    - ever smoked, 55, 56, 59
    - physician advice about smoking, 115
    - smoking intensity, 62–63
    - smoking prevalence, 7, 11–12, 57, 60, 67, 70, 142
    - weight control, 476
  - White men
    - chronic obstructive pulmonary disease mortality, 260
    - lung cancer incidence, 194
    - smoking cessation, 106
    - smoking prevalence, 29
  - White women
    - age at smoking initiation, 74, 76, 77, 80
    - birth weight, 302
    - body mass index, 128
    - body weight, 127
    - bone fractures, 311
    - chronic obstructive pulmonary disease mortality, 260
    - cigarette brand preference, 46
    - coronary heart disease risk, 232
    - current smoking, 39
    - environmental tobacco smoke, 123
    - ever smoking, 33, 78
    - facial wrinkling, 332
    - first cigarette of the day, 83
    - heavy smokers, 43, 45, 46
    - hip fracture risk, 318
    - lung cancer, 193, 197, 200
    - neonatal mortality, 294
    - nicotine dependence, 88
    - pregnancy and smoking cessation, 483, 577
    - relapse to smoking, 487
    - smokeless tobacco, 119
    - smoking cessation, 97, 100, 101, 105, 110
    - smoking cessation during pregnancy, 111, 484
    - smoking continuum, 107
    - smoking during pregnancy, 71, 73
    - smoking initiation rate, 82
    - smoking prevalence, 11, 28–29, 35, 48, 142
    - stillbirth, 297
  - White young men, ever smoking, 49
  - White young women
    - current smoking, 49
    - ever smoking, 49
    - smoking cessation, 110
    - smoking prevalence, 50
  - WHO Collaborative Study, oral contraceptives and
    - myocardial infarction, 237
  - WHO MONICA survey, smoking prevalence, 136
  - Winston brand, 46, 47, 504
    - sponsorship, 514
  - Withdrawal symptoms, 86, 88, 557
    - gender differences, 476
    - menstrual cycle, 559–560
    - pharmacology, 557
  - Women, *See under* entries at Alaska Native, American Indian, Asian or Pacific Islander, Black, Canadian Indian, Chinese, Cuban American, Filipino, Hispanic, Hopi, Japanese; entries at Korean, Maori, Military, Navajo, Puerto Rican American, South African, and White
  - Women And Girls Against Tobacco, 603, 604, 605
  - Women Talk to Women About Smoking, 602
  - Women United Against Tobacco Workshop, 605
  - Women vs. Smoking Network, 603
  - Women's Action on Smoking, 526
  - Women's Health Equity Act, 514
  - Women's Health Initiative, 237, 562
  - Women's magazine projects, 603–604
  - Women's magazines *See* Magazines
  - Women's organizations
    - tobacco control advocacy programs, 601–602
    - tobacco sponsorship, 511, 513
  - Working Well Trial, 586–587, 593
  - Workplace
    - environmental tobacco smoke, 123–125, 350, 353
    - pregnancy and smoking cessation, 484
  - Workplace exposure
    - coronary heart disease, 353
    - low birth weight, 362
  - Worksite
    - smoking cessation, 578
    - smoking restriction policies, 593
  - Worksite smoking cessation programs, 575, 584–587
    - efficacy, 586–587
  - World Conference on Smoking and Health, 605
  - World Conference on Tobacco OR Health, 600, 605
  - World Health Organization, 605, 637
    - Collaborative Study, 237
    - MONICA survey, 136
    - Regional Office for the Western Pacific, 525
    - SmokeFree Soccer campaign, 600
  - World Smoking and Health*, 602
  - Wrinkling *See* Facial wrinkling
- 
- ## Y
- Years of potential life lost, 190–191
    - U.S. women, 193
  - Young adults
    - attitudes about smoking, 67
    - smoking cessation, 485–486
    - smoking initiation rates, 82
  - Young men
    - ever smoking, 49

sexual orientation, 59  
 smoking initiation, 82, 500  
 smoking prevalence, 51  
 Young women, *See also under* entries at Alaska Native, American Indian, Asian or Pacific Islander, Black, Chinese, Filipino, Hispanic, Japanese, Korean, and White  
     cigarette smoking, 48–51  
     current smoking, 49–51  
     drug use, 129–130  
     first cigarette of the day, 83–85  
     nicotine dependence, 89, 91  
     other drug use, 130  
     physician advice about smoking, 115  
     reasons for cigarette use, 86  
     sexual orientation, 59  
     smoking cessation, 110–111  
     smoking initiation by age, 80  
 Young Women’s Christian Association, 601  
 Youth *See* Adolescents  
 Youth, bisexual, 59  
 Youth Access Survey, 595  
 Youth Risk Behavior Survey, 23, 52, 129–130, 472  
     binge drinking, 130  
     body weight, 125–126

cigar use, 118  
 current smoking, 57  
 ever smoked, 54, 56  
 frequent smoking, 63  
 sexual orientation, 59  
 smokeless tobacco, 121  
 smoking cessation attempts, 95–96  
 smoking initiation rates, 82  
 YPLL *See* Years of potential life lost  
 YRBS *See* Youth Risk Behavior Survey  
 Yves Saint Laurent brand *See also* Saint Laurent, Yves  
     appeal to women, 522  
     international advertising, 520

## Z

---

Zinc, maternal levels, 278  
 Zyban *See* Bupropion